# State of Rhode Island and Providence Plantations



**Division of Emergency Medical Services** 

## Prehospital Care Protocols and Standing Orders

**EFFECTIVE JUNE 30, 2007** 

## State of Rhode Island and Providence Plantations Department of Health

## Safe and Healthy Lives in Safe and Healthy Communities

## State of Rhode Island and Providence Plantations Department of Health, Division of Emergency Medical Services

These protocols and standing orders are established by the Division of Emergency Medical Services of the Rhode Island Department of Health, and the Rhode Island Ambulance Service Advisory Board, pursuant to the authority conferred under sections, 23-4. 1-4 and 23-17.6-4 of the Rhode Island General Laws.

These protocols and standing orders shall supersede all protocols and standing orders previously established and promulgated by the Division of Emergency Medical Services of the Rhode Island Department of Health or the Rhode Island Ambulance Service Coordinating Board.

Contains all protocols effective June 30, 2007

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## Instructions for Use of the Protocols

#### Levels of care

Except as specifically indicated, each protocol represents the standard of care that applies to all EMTs. In general, each protocol begins with **basic** assessment and treatment measures required of all levels of prehospital personnel. In addition, there may be advanced care practices specified for "ALS personnel". A double-bordered box surrounds measures specific to the practice of an EMT-C or an EMT-P, as shown in the example below:

#### **▼ ALS PERSONNEL**

Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

Monitor ECG

Although most of the standards are intended for all EMTs, some entire protocols apply exclusively to ALS personnel. These are indicated by a title that includes [ALS]. In addition, a few measures are specific to the practice of EMT-Ps. Such practices are indicated by "*EMT-Ps only*", as shown in the example below:

7. **EMT-Ps only**: Consider transcutaneous pacing, if available.

(External Pacing)

#### Consent

A patient has the right to decide whether to consent to care or to refuse care. Under ordinary circumstances, the health care provider will inform the patient of the need for recommended care, and the possible risks to health if care is not provided. This enables the patient to make an informed decision to consent to, or to refuse, the recommended care. However, when EMTs recognize that a life-threatening medical emergency exists, they ordinarily start to treat the patient immediately, unless the patient actually refuses care. This "implied consent" permits prompt care to be delivered, without the time-consuming discussion required for the patient to make an informed decision.

Therefore, the first steps of the protocol for *Standard Management of All Patients* direct the EMT to secure a safe scene and "perform a primary survey, to identify and treat life-threatening problems", without requiring the EMT to obtain the patent's informed consent. For life-threatening emergencies, this directive applies to all patients. Further steps in the protocol direct the EMT to perform specified assessments, and to provide care following the protocols. With the exception of life-threatening emergencies, the protocols also direct the EMT to obtain valid consent (through contact with a parent or Medical Control) for further prehospital care and transportation of patients less than sixteen years of age.

#### • Care of Pediatric Patients

Throughout these protocols, whenever the care of **pediatric patients** differs from the care of adults (or requires special attention), the steps specific to pediatric management are identified by the national EMS for Children (EMS-C) logo and surrounded by a *box*, as shown in the example below. There are also a few protocols that apply only to pediatric patients. These are indicated by a title that includes the EMS-C logo and (Pediatric).



9.3.2

Pediatric patients <5 feet tall (<35 kg/75 lbs): shock at 4 joules/kg (~2 joules/lb).

4 joules/kg

• Combining Protocols

There are many occasions when care must be guided by more than one protocol. EMTs are expected to use common sense and reasonable judgement to apply more than one protocol in the care of a patient, and to begin at an appropriate step when switching among protocols or utilizing more than one.

#### Medical Control

All patient care protocols require EMTs to "contact medical control" during prehospital care. Unless the communication is a routine pre-arrival *notification*, direct voice contact between the EMT and physician is required. In the rare circumstance in which direct access to a physician is not feasible, communication may be relayed *through a licensed health care professional*.

In addition to the standing orders for EMTs, many protocols provide suggested treatment measures that the Medical Control physician may choose to order. EMTs are expected to provide further care consistent with the verbal orders issued by the Medical Control physician, including treatment, medications, or dosages that differ from the measures suggested in the protocols. As always, EMTs are expected to provide care that is permitted by their education, training, and scope of practice, and to use common sense and reasonable judgement in following Medical Control direction.

#### Quick Reference notes

Along the right edge of many protocols is a *Quick Reference* column. The brief notes in this area are intended to provide a rapid reminder for the field EMT, or a studying aid for those who are learning the protocols. Refer to the example below:

TREATMENT	Quick Reference
Assess patient, obtain initial vital signs, and frequently reassess patient's condition.	Physical Exam & Vital Signs

## Standard Management Of All Patients

- 1. Secure the scene and ensure that it is safe. Non-latex gloves and proper size N95 mask (or better) are required for assessment and care of all patients with possible infectious disease.
  - 1.1 Determine the number of patients/potential patients.
    - 1.1.1 Determine whether the *Comfort One* protocol applies.
    - 1.1.2 Determine whether the *Biological Death* protocol applies.
    - 1.1.3 A pediatric patient is one who is less than 16 years of age. Determine whether adult or pediatric protocols and standards apply.
    - 1.2 Consider mechanism(s) of injury.
    - 1.3 Request assistance, as necessary.
- 2. Perform a primary survey, to identify and treat life-threatening problems.
  - 2.1 Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to identify and treat life-threatening and critical conditions.
- 3. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
  - 3.1 Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to perform the following:
    - 3.1.1 appropriate physical examination and medical history.
    - 3.1.2 assessment of vital signs (including respiratory rate, heart rate, and blood pressure), with frequent monitoring and/or reassessment.
      - 3.1.2.1. Abnormal vital signs for children and adults are shown in the table below.

#### **Abnormal Vital Signs**

Age	Respiratory Rate		Heart Rate		Systolic BP	
	TOO SLOW	TOO FAST	TOO SLOW	TOO FAST	TOO LOW	NOTE:
Newborn (birth-1 month)	<30	>80	<100	>200	<40	absent
Infant (1 month-1 year)	<20	>70	<80	>180	<60	radial
Pre-School (1–6 years)	<16	>40	<70	>160	<75	pulse
School Age (6–12 years)	<12	>30	<60	>140	<85	indicates
Adolescent (12–16 years)	<10	>24	<60	>120	<90	hypotension
Adult (= 16 years)	<10	>24	<60	>120	<90	



3.1.2.2 Core temperature measurement and regulation should be considered while caring for pediatric patients. Attempt to measure the temperature of any pediatric patient who may have a fever, cold exposure, or seizure. Pediatric patients, especially newborns, easily lose heat. Covering the head, heating the patient compartment, and using warmed IV fluids increase or maintain body temperature.

3.1.2.3. Use patient monitoring equipment, such as pulse oximeter and ECG monitor, if available.

- 4. Provide treatment, stabilizing or supportive care.
  - 4.1 Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to provide indicated treatment and psychological support.



- 4.2 If a person who is (or appears to be) <16 years old presents to EMS personnel with a condition that may reasonably be believed to require prehospital care and/or care at a <a href="https://example.com/html/memory-reasonably-be-believed">https://example.com/html/memory-reasonably-be-believed to require prehospital care and/or care at a <a href="https://example.com/html/memory-reasonably-be-believed">https://example.com/html/memory-be-believed</a> to require prehospital care and/or transportation of the child.
  - 4.2.1 If unable to contact the legal guardian, or if child abuse or neglect is suspected, contact Medical Control for authorization to provide prehospital care and transportation, and request assistance from local or state police (per section 40-11-5 RIGL).
  - 4.2.2 If child abuse or neglect is suspected, transfer the child to the care of <a href="https://hospital.com
- 4.3 For pediatric patients up to 5 feet tall (<35 kg/75 lbs), use the Broselow<sup>®</sup> tape approved by the Division of EMS to estimate patient weight; to determine appropriate equipment sizes; and to determine pre-calculated doses for most medications to be administered under standing orders.
  - 4.3.1 Use adult protocols and standards for any pediatric patients beyond the range of the tape (>5 feet tall or >35 kg/75 lbs)
  - 4.3.2 For small infants who weigh <3 kg/6.5 lbs, EMTs who are trained and licensed/certified by the RI Department of Health to perform endotracheal intubation are to use the following guidelines :

Approximate Weight	Gestational Age	ET Tube Size
<1500 grams (<3.5 lbs)	<30 weeks	2.5 mm
1500-2500 grams (3.5-5.5 lbs)	30-36 weeks	3.0 mm
>2500 grams (>5.5 lbs)	>36 weeks	3.5 mm

- 4.3.3 For the few medications not included on the Broselow<sup>®</sup> tape, and in case the tape is unavailable, pediatric drug dosages may be calculated using the patient's weight. IV admixtures and infusion rates may be calculated using the appropriate "Pediatric Rule of Sixes" (the formulas on which the Broselow<sup>®</sup> tape's calculations are based).
  - 4.3.3.1 When necessary, the weight of a pediatric patient may be estimated, using the method shown below:

Weight (in kilograms)  $\approx 2 \times age$  (in years) + 8

Example: Estimated weight of 4 year old:  $(2x4)+8 \approx 8+8 = 16$  kilograms

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4.3.3.2 Estimated weight may then be used in the "Pediatric Rule of Sixes", as follows:

#### Pediatric Rule of Sixes for DOPAMINE

# mg to mix with **NORMAL SALINE** for a total volume of 100 mL =  $6 \times 100 \text{ m}$  weight (kilograms)

Administration rate of 1 mL/hour =  $1 \times 100 \text{ m}$ 

Example: Preparation of a **DOPAMINE** infusion for 4 year old patient.

Weight of 4 year old?

weight  $\approx (2x4)+8 = 16 \text{ kg}$ 

# mg of **DOPAMINE** to mix with normal saline = 16 kg x 6 = 96 mg

Inject <u>96</u> mg **DOPAMINE** (2.4 mL of a 40 mg/mL solution) into 100 mL burette. Fill burette to 100 mL with **NORMAL SALINE**. Infusion rate of 5–20 mL/hour = 5–20 mcg/kg/min.

- Communicate with Medical Control.
  - 5.1 When the State of Rhode Island Prehospital Care Protocols and Standing Orders require the EMT to "contact Medical Control", such "contact" is to be either consultation or notification, as differentiated below.
    - 5.1.1 <u>Consultation</u> with Medical Control: Direct voice contact between the EMT and physician is required. In the rare circumstance in which direct access to a physician is not feasible, communication may be relayed *through a licensed health care professional*.
      - 5.1.1.1 All EMTs are **permitted** to consult directly with a Medical Control physician at any time they feel such communication might be helpful in the care of a patient.
      - 5.1.1.2 All EMTs are <u>required</u> to consult directly with a Medical Control physician when caring for any patient whose condition includes any of the following:
        - (a) impaired consciousness;
        - (b) any age-related abnormal heart rate, respiratory rate, or blood pressure, as defined in the table of Abnormal Vital Signs;
        - (c) poisoning or overdose;
        - (d) deterioration from a previously stable condition.
      - 5.1.1.3 For any direct **consultation**, the EMT shall:
        - 5.1.1.3.1 request Medical Control;
        - 5.1.1.3.2 communicate directly with a designated Medical Control physician;

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- 5.1.1.3.3 provide a brief report that includes at least the following:
  - (a) EMS unit identification and level (BLS or ALS)
  - (b) patient's sex, approximate age and weight
  - (c) a statement of the chief complaint or apparent problem(s)
  - (d) a brief history of the present illness or injury
  - (e) a brief summary of the patient's relevant medical history
  - (f) a report of the physical assessment, including vital and diagnostic signs
  - (g) a summary of prehospital care provided
  - (h) an estimated time until arrival

#### 5.1.2. Notification of Medical Control

- 5.1.2.1 Many cases require only routine assessment, treatment, and transportation. For cases that meet all of the following criteria, direct consultation with a Medical Control physician is not required, and once en route the EMT may notify the destination hospital staff of the nature of the case and estimated time until arrival:
  - (a) the patient is fully conscious; and
  - (b) the patient has no age-related abnormal vital or diagnostic signs; and
  - (c) the patient's condition does not include poisoning or overdose; and
  - (d) the patient has not deteriorated from a previously stable condition.

#### 5.1.2.2 The EMT responsible for such <u>notification</u> shall:

- 5.1.2.2.1 indicate that the contact is for notification;
- 5.1.2.2.2 communicate directly with the triage nurse or designated health care provider; and
- 5.1.2.2.3 provide a brief summary report that includes at least the following:
  - (a) EMS unit identification and level (BLS or ALS)
  - (b) patient's sex, approximate age, and approximate weight
  - (c) a statement of the chief complaint or apparent problem(s)
  - (d) a statement that the patient's vital signs are within normal age-related limits
  - (e) a summary of pre-hospital care provided
  - (f) an estimated time until arrival

- 6. Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to transport the patient without delay to the appropriate <u>HOSPITAL EMERGENCY FACILITY</u>, except as specified below:
  - 6.1 Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the <a href="mailto:nearest">nearest</a> HOSPITAL EMERGENCY FACILITY, unless specifically directed to another destination by Medical Control.
  - 6.2 For all patients with unrelieved airway obstruction, <u>contact Medical Control</u> for guidance. Medical Control may direct transport to the <u>nearest HOSPITAL</u> or <u>NON-HOSPITAL EMERGENCY FACILITY</u>.



- 6.3 The signs and symptoms of pediatric patients developing serious illness or injury are often subtle. Therefore, all EMTs are required to transport all pediatric patients to a <a href="https://hospital.com/hospi
  - 6.3.1 An informed refusal of EMS transport is provided by the patient (if = 16 years of age, or married, as provided by section 23-4.6-1 RIGL), or on the patient's behalf by a legal guardian (if patient <16 years of age); or
  - 6.3.2 Medical Control, in direct consultation with the EMT, specifically authorizes the EMT to release the patient; or
  - 6.3.3 For all patients with unrelieved airway obstruction, <u>contact Medical Control</u> for guidance. Medical Control may direct transport to the <u>nearest HOSPITAL</u> or <u>NON-HOSPITAL EMERGENCY FACILITY</u>.
- 6.4 All EMTs are required to transport pediatric patients in an appropriate child passenger restraint system or safety belt, unless
  - 6.4.1 care of the patient requires immobilization of the spinal column, pelvis, or lower extremities; or
  - 6.4.2 the patient requires resuscitation or active management of a critical problem.
- 7. Document all incident information by completing the RI EMS Ambulance Run Report.

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## **Airway Management and Respiratory Support**

#### RECOGNITION

Patients with decreased level of consciousness resulting in inability to protect the airway, increased or ineffective respiratory effort, hypoxia, respiratory arrest or other need for airway management. Airway obstruction, if suspected from history or efforts to ventilate, should be managed in conjunction with the Foreign Body Airway Obstruction protocol. Conditions causing need for airway management should be managed following all appropriate protocols.

#### **TREATMENT**

- 1. Provide initial airway management following the American Heart Association (AHA) BLS guidelines.
  - 1.1 If mild obstruction is present and the patient is coughing forcibly, do not interfere with the patient's spontaneous coughing and breathing efforts.

    Attempt to relieve the obstruction only if signs of severe obstruction develop: the cough becomes silent, respiratory difficulty increases and is accompanied by stridor, or the victim becomes unresponsive.
  - 1.2 Assume cervical spinal injury for all patients with sustained or suspected trauma, or impaired consciousness. In such cases stabilize the patient's head and cervical spine in the neutral position, and use the jaw-thrust maneuver without head-tilt
  - 1.3 Insert an oropharyngeal airway or nasopharyngeal airway of the appropriate size as an airway maintenance adjunct.
    - 1.3.1 Attempt to insert a nasopharyngeal airway in patients who reject an oropharyngeal airway, unless contraindicated.
  - 1.4 Suction as necessary.



- 1.5 For pediatric patients <5 feet tall (<35kg/75lbs) who demonstrate respiratory distress from suspected upper airway swelling, administer **EPINEPHRINE** as indicated below. BLS personnel must <u>contact</u> Medical Control for authorization.
  - 1.5.1 Administer **EPINEPHRINE** 5 mL of 1:1000 solution, by nebulizer over 5-15 minutes. May repeat once if necessary.

- 1.6 If airway obstruction by a foreign body is suspected, perform basic life support maneuvers according to AHA guidelines and follow the Foreign Body Airway Obstruction protocol.
- 1.7 If epiglottitis or another medical cause (croup, abcess, etc.) is suspected in a patient who remains conscious, allow the patient to chose a comfortable position and avoid painful or anxiety-provoking procedures if possible.
- 2 Provide **OXYGEN** to all patients with signs of serious illness or injury. Use the administration device and flow rate that provide the highest concentration of **OXYGEN** available, as tolerated by the patient.



- 2.3 Pediatric patients <5 feet tall (<35kg / 75lbs): Use of warmed, humidified **OXYGEN** is preferred, whenever possible.
- Ventilate (or assist the ventilations of) any patient with ineffective or absent respirations. Use high-flow supplemental **OXYGEN**, and ventilate at the appropriate rate, as shown in the table that follows.
  - 3.3 All patients: ventilate using one or more of the following devices of the proper size and settings for the patient age and weight:
    - 3.3.1 Mouth-to-mask.
    - 3.3.2 Bag-valve-mask (BVM) device capable of providing >75% oxygen concentration; 2-EMT technique preferred.
    - 3.3.3 Ventilation device designed for use with a mask or advanced airway device.

#### **Ventilation Guidelines**

Age	Respiratory Rate		Respiratory Rate Ventilation (To Chest Rise)		Suggested Bag Size	Approx. Tidal Volume
	Too Slow	Too Fast	BREATHS/MINUTE			
Newborn (birth-1 month)	<30	>80	40-60	Infant	50-100	
Infant (1 month – 1 year	<20	>70	30-40	Infant	100-200	
Pre-School (1-6 years)	<16	>40	20-30	Child	200-300	
School Age (6-12 years)	<12	>30	16-20	Child	300-400	
Adolescent (12-16 years)	<10	>24	12-16	Adult	400-500	
Adult (≥16 years)	<10	>24	12-16	Adult	500-600	

- 4 EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may attempt to intubate any patient > 1 month of age who is in respiratory or cardiac arrest:
  - 4.1 <u>EMT-Ps only</u> may attempt to intubate a patient for any of the conditions listed below. Other qualified EMTs must <u>contact Medical Control</u> for authorization:
    - 4.1.1 Respiratory distress with:
      - (a) bradycardia
      - (b) cyanosis despite supplemental oxygen
      - (c) impaired consciousness
    - 4.1.2 To protect the airway in cases of deep unconsciousness, absent gag reflex, or impending airway obstruction.

- 4.1.3 Newborn infants (<1 month of age).
- 4.1.4 In other situations as authorized by Medical Control.

- 5 <u>EMT-Ps only</u> may attempt cricothyrotomy (<u>surgical</u> for patients ≥ 8 years of age; <u>needle</u> for patients <8 years of age) if instrumental removal of the foreign body is unsuccessful, or if unable to ventilate, following the *Cricothyrotomy* protocol.
- 6 Contact Medical Control.
- 7 Transport the patient.
  - 7.1 Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the <u>nearest</u> appropriate <u>HOSPITAL EMERGENCY FACILITY</u>, unless specifically directed to another destination by Medical Control.
  - 7.2 For all patients with unrelieved airway obstruction <u>contact Medical Control</u> for guidance. Medical Control may direct transport to the <u>nearest HOSPITAL</u> or NON-HOSPITAL EMERGENCY FACILITY.
- 8 Document all incident information by completing the RI EMS Ambulance Run Report.

Effective: 1 July 1995

## **Biological Death**

#### **RECOGNITION OF BIOLOGICAL DEATH**

- An adult patient may be considered biologically dead if there is a lack of vital signs and at least one
  of the following:
  - 1.1 rigor mortis (rigid stiffness of the body)
  - 1.2 dependent lividity (purple/blue discoloration of those body areas closest to the ground)
  - 1.3 obvious injury incompatible with life (eg: decapitation)
  - 1.4 palpably cold body in the absence of any of the following:
    - 1.4.1 hypothermia from cold exposure
    - 1.4.2 cold water drowning
    - 1.4.3 drug overdose
  - 1.5 obvious changes of decomposition (ie: bloating, skin slippage, extensive green or black skin discoloration)



- A pediatric patient may be considered biologically dead if there is a lack of vital signs and at least one of the following:
  - 2.1 obvious injury incompatible with life (eg: decapitation)
  - 2.2 obvious changes of decomposition (ie: bloating, skin slippage, extensive green or black skin discoloration)
- 3. By recognizing the evidence of lifelessness (as specified in RECOGNITION items 1 and 2 above) the EMS rescue personnel have made the *determination* of death. This *determination* by a licensed EMT does not constitute a *pronouncement* or certification of death, which are the responsibilities of a licensed physician.
- 4. The responsibility for a patient who is biologically dead lies with the state or local Police Department. Accordingly, the police should be contacted immediately. The Police Department is responsible for contacting the Medical Examiner's Office. The body should not be removed from the scene and the scene should be disturbed as little as possible.
- 5. Document all incident information by completing the RI EMS Ambulance Run Report.
- 6. For patients who do not meet the criteria for biological death:
  - 6.1 Any adult patient who does not meet the criteria above for biological death should be considered alive and treated following the *Cardiac Arrest* protocol, and be transported to a *HOSPITAL EMERGENCY FACILITY*.



6.2 Any pediatric patient without signs of life, including a newborn or potential SIDS fatality, who does not meet the criteria above for biological death should receive full resuscitative measures and be transported to a <u>HOSPITAL EMERGENCY FACILITY</u>.

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6.3 For patients wearing a **COMFORT ONE** bracelet, follow the *Comfort One* protocol.

Biological Death

- 6.4 Transportation to a <u>HOSPITAL EMERGENCY FACILITY</u> is necessary only when resuscitation is undertaken. Follow the appropriate cardiac arrest protocol and contact Medical Control en route.
- 6.5. Document all incident information by completing the RI EMS Ambulance Run Report.

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### **Comfort One**

#### INTRODUCTION

Advances in home health and hospice care have resulted in more chronically and terminally ill patients living in private residences or in nursing homes. Many of these patients do not wish to have CPR performed and have made formal Living Will Declarations; executed Durable Power of Attorney documents; or have a physician's Do-Not-Resuscitate Order recorded in their medical records.

#### **LEGAL AUTHORITY**

23.4.1 to 23-4.1-14 RIGL (Emergency Medical Transportation Services)

23-4.10 to 23-4.10-12 RIGL (Health Care Power Of Attorney)

23-4.11-2 to 23-4.11-14 RIGL (Rights Of The Terminally III Act)

#### **PURPOSE**

- (1) To provide symptom control, patient care and comfort measures during the dying process for **COMFORT ONE** patients.
- (2) To avoid resuscitation of patients who have **COMFORT ONE** status.
- (3) To clarify the role and responsibilities of prehospital care providers at the scene and/or while providing transportation for **COMFORT ONE** patients.

#### **DEFINITIONS**

- (1) The COMFORT ONE protocol is a set of standardized, state-wide patient care orders to be followed by emergency medical services personnel when encountering a COMFORT ONE patient. The protocol emphasizes that the patient will receive palliative, supportive care; but <u>no</u> resuscitative measures.
- (2) A **COMFORT ONE** patient is a patient who:
  - 2.1 has executed a Living Will and/or Durable Power of Attorney, and
  - 2.2 has been diagnosed as having a terminal condition, and
  - 2.3 has been issued a **COMFORT ONE** Bracelet.
  - 2.4 This designation also applies to patients having a physician authorized **Do-Not-Resuscitate (DNR) Order** recorded in the patient's medical record or a DNR order received directly from a physician in compliance with the *Medical Control at the Emergency Scene* protocol.

#### **APPLICATION**

The COMFORT ONE protocol is applicable to emergency medical services personnel acting in the non-hospital setting.

#### **ACTIVATION/IDENTIFICATION**

- 1. The **COMFORT ONE** status of a patient is confirmed and this protocol is activated when prehospital personnel have been presented with:
  - 1.1 A **COMFORT ONE** Bracelet on the patient (no further **COMFORT ONE** identification is necessary).
    - 1.1.1 Determine that **COMFORT ONE** Bracelet is intact and not defaced or damaged. Location of bracelet: wrist or ankle; necklace if extremities not available (sealed and closed bracelet on necklace chain).

- 1.2 A written **Do-Not-Resuscitate Order** authorized by a physician and documented in the patient's medical record.
- 1.3 A **Do-Not-Resuscitate Order** received directly from a physician in compliance with the *Medical Control at an Emergency Scene* protocol may activate the *COMFORT ONE* protocol.

#### **EMS PROVIDER ACTIONS**

- Proceed with usual patient assessment and care <u>including</u> resuscitative measures <u>UNTIL</u>
   COMFORT ONE status is confirmed.
- 2. Upon verification of **COMFORT ONE** status:
  - 2.1 **DO NOT**:
    - 2.1.1 initiate CPR
    - 2.1.2 administer chest compressions
    - 2.1.3 intubate (ET or EOA)
    - 2.1.4 initiate cardiac monitoring
    - 2.1.5 start an IV for resuscitation
    - 2.1.6 administer cardiac resuscitation drugs
    - 2.1.7 defibrillate
    - 2.1.8 provide ventilatory assistance
  - 2.2 **DO** (as indicated by the patient's condition):
    - 2.2.1 suction airway
    - 2.2.2 administer oxygen
    - 2.2.3 position for comfort
    - 2.2.4 splint
    - 2.2.5 control bleeding
    - 2.2.6 provide emotional support
    - 2.2.7 if possible, determine if **Hospice** or **Home Health Agency** patient and contact appropriate agency
    - 2.2.8 contact the patient's attending physician or <u>Medical Control</u> for further orders
- If efforts are begun prior to confirmation of COMFORT ONE status, <u>discontinue</u> the resuscitative measures upon verification of COMFORT ONE status. EMS personnel will not continue:
  - 3.1 CPR
  - 3.2 ventilatory assistance
  - 3.3 administration of cardiac medications
  - 3.4 Do not initiate IV lines, EOA or Endotracheal Intubation.
    - 3.4.1 Note: established IV lines, EOA or ET tube should remain in place.

page 4-3

Effective: 1 July 1995

#### **REVOCATION**

- 1. <u>BY THE **PATIENT**</u>: Regardless of mental or physical condition, the patient may revoke his/her **COMFORT ONE** status by:
  - 1.1 Physical cancellation or destruction of the **COMFORT ONE** Bracelet by:
    - 1.1.1 the patient; or
    - 1.1.2 the patient's surrogate decision maker; or
    - 1.1.3 another in the patient's presence and at the patient's direction.
  - 1.2 Direct communication with the prehospital care provider or other licensed health care provider by:
    - 1.2.1 the patient; or
    - 1.2.2 the patient's surrogate decision maker; or
    - 1.2.3 another in the patient's presence and at the patient's direction.
  - 1.3 Direct communication with the prehospital care provider, physician or other licensed health care provider by any person who witnesses the revocation of **COMFORT ONE** status by a qualified patient.
    - 1.3.1 A revocation communicated by family or by another who did not witness the revocation is <u>not valid</u> in the emergency or transport setting.
- 2. BY A <u>PHYSICIAN</u>: A physician may revoke a **Do-Not-Resuscitate Order** by writing such a revocation in the patient's medical record, provided there is no **COMFORT ONE** Bracelet present.
- 3. BY <u>MEDICAL CONTROL</u>: A **Do-Not-Resuscitate Order** may be revoked directly by a physician in compliance with the *Medical Control at an Emergency Scene* protocol, provided there is no **COMFORT ONE** Bracelet present.
- 4. EMS personnel or other licensed health care providers, upon witnessing or verifying a **COMFORT ONE** revocation, must communicate that revocation in writing so as to include this information in the patient's medical record. For prehospital care providers, the revocation shall be documented on the standard *RI EMS Ambulance Run Report*.

#### **DOCUMENTATION**

- The minimum COMFORT ONE ambulance/rescue report information shall include:
  - 1.1 use of a standard *RI EMS Ambulance Run Report*. Indicate the use of **COMFORT ONE** in the space allotted.
  - 1.2 patient's name, gender, estimated age
  - 1.3 attending physician
  - 1.4 COMFORT ONE identification seen. Document method of identification (COMFORT ONE Bracelet or Do-Not-Resuscitate Order per medical record) that was used to confirm COMFORT ONE status. Note that COMFORT ONE Bracelet was intact, not defaced, not canceled, or not officially revoked. Include the name of the patient's attending physician.
  - 1.5 time, date, location of event
  - 1.6 description of event
  - 1.7 assessment findings
  - 1.8 care provided
  - 1.9 any **COMFORT ONE** revocation directly witnessed by EMS personnel or communicated to EMS personnel by family, surrogate decision maker or another who witnessed the revocation

- 2. If transporting the patient, keep <u>COMFORT ONE</u> <u>Bracelet (intact or removed)</u> <u>and/or Interagency Referral Form with the patient.</u>
- 3. If **COMFORT ONE** order was issued per *Medical Control at the Emergency Scene* protocol, provide date and physician's name as well as other pertinent information per protocol.

#### INTERACTION WITH FAMILY/BYSTANDER

- If family/bystanders request resuscitative efforts for a patient with COMFORT ONE status:
  - 1.1 Provide explanation, reassurance and support to family/bystanders.
  - 1.2 Do not initiate CPR.
  - 1.3 Provide palliative care and comfort to patient.
  - 1.4 If possible, determine if **Hospice** or **Home Health Agency** patient and contact appropriate agency.
  - 1.5 Contact Medical Control for guidance.

#### **GENERAL CONSIDERATIONS**

- 1. **COMFORT ONE** status means providing all possible comfort care. Treat both the patient and family with care and concern.
- 2. Consider COMFORT ONE status invalid if:
  - 2.1 No COMFORT ONE Bracelet is present.
  - 2.2 The **COMFORT ONE** Bracelet is not attached or has been tampered with.
  - 2.3 A written **Do-Not-Resuscitate Order** authorized by a physician and documented in the patient's medical record is <u>not</u> presented to prehospital care personnel.
- 3. If the patient has expired on arrival, comfort family and follow *Biological Death* protocol. Document all incident information by completing the *RI EMS Ambulance Run Report*.

Cardiac Arrest page 5-1

## **Cardiac Arrest Flowchart**

Assess responsiveness, airway, breathing, and circulation



Identify cardiac arrest



CPR or Defibrillation



Ventilate with high-concentration O<sub>2</sub> Consider advanced airway management



BLS Units: Transport to nearest hospital ED or obtain ALS unit



ALS Units: Follow appropriate protocols



**Contact Medical Control** 



Document

Cardiac Arrest page 5-2

### **Cardiac Arrest**

#### TREATMENT

1. Quickly check for unresponsiveness, airway patency, spontaneous respirations, and carotid pulses.

2. If there is a cardio-pulmonary arrest, immediately begin the Basic Life Support (CPR) sequence of the American Heart Association.

#### 2.1 **▼** BLS PERSONNEL

If defibrillation is available and indicated, follow the *Defibrillation Procedure: Manual* or *Defibrillation Procedure: AED protocol*.

#### 2.2 **▼** *ALS PERSONNEL*

If defibrillation is available and indicated, follow the *Ventricular Fibrillation and Pulseless Ventricular Tachycardia (ALS) protocol.* 

#### **▼** ALL EMTs

DO NOT INTERUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVMENT IF POSSIBLE.

- 3. CPR may be discontinued with authorization from a Medical Control physician.
- 4. Whenever possible, use high-concentration **OXYGEN** to ventilate the patient at the appropriate rate.
- 5. EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may consider advanced airway management as indicated in the *Airway Management and Respiratory Support* protocol.
  - 4.1 Use oropharyngeal, nasopharyngeal airway adjuncts or an EOA if unable to perform endotracheal intubation.
- 6. Basic Life Support units should transport the patient without delay to the nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u> or consider use of an Advanced Life Support unit, if one is available.

#### **▼** ALS PERSONNEL

7. Follow all appropriate protocols

#### **▼** ALL EMTs

- 8. Contact Medical Control.
- 9. Document all incident information by completing the RI EMS Ambulance Run Report.

Asystole (ALS) page 6-1

## **Asystole (ALS) Flowchart**

**CPR** 



Identify asystole Confirm pulselessness and asystole on ECG



Ventilate with high-concentration O<sub>2</sub>



IV: NS or LR Consider advanced airway management



**EPINEPHRINE** every 3-5 min



**ATROPINE** every 3-5 min



Transport to hospital ED



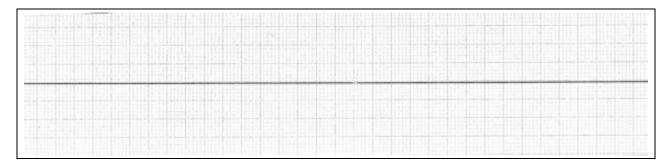
**Contact Medical Control** 



Document

Asystole (ALS) page 6-2

## Asystole (ALS)



#### **TREATMENT**

- 1. Begin the Basic Life Support (CPR) sequence of the American Heart Association.
  - 1.1 Do not cease CPR for more than 5 seconds, except for a maximum of 30 seconds to intubate or move the patient, until the patient has been stabilized, or until authorized by Medical Control to do so.



- 2. For infants up to 1 month of age, follow the *Newborn Resuscitation* protocol.
- 3. Check the pulse. Follow the *Asystole* protocol only if the pulse is absent.
- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Check the leads and monitor to assure that the unit is functioning properly.
- 6. If rhythm is unclear and possibly low amplitude ventricular fibrillation, follow the *Ventricular Fibrillation* protocol.
- 7. Start at least one IV access of **NORMAL SALINE** or **LACTATED RINGER'S** solution:
  - 7.1 Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20 ml/hr).
  - 7.2 If unable to establish IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the <u>nearest HOSPITAL EMERGENCY FACILITY</u> immediately. Any further attempt at IV placement must occur en route.

Asystole (ALS) page 6-3

8 Consider advanced airway management. When using an endotracheal tube or using the esophageal obturator airway, follow the *ET* or *EOA* protocol.

- 8.1 Whenever possible, ventilate the patient at the appropriate rate, using high concentration **OXYGEN.**
- 9 Administer **EPINEPHRINE** as indicated below:
  - 9.1 Adult patients: administer **EPINEPHRINE 1:10,000** 1.0 mg IV push; Repeat every 3-5 minutes if asystole persists.
    - 9.1.1 If unable to establish an IV, administer **EPINEPHRINE 1:1,000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube, Repeat every 3-5 minutes if asystole persists.



- 9.2 Pediatric patients <5 feet (<35 kg/75 lbs): administer **EPINEPHRINE** as indicated on Pediatric Dosing Device, and repeat every 3-5 minutes as necessary:
  - 9.2.1 IV Push Dose: **EPINEPHRINE 1:10,000** 0.01 mg/kg (0.1 mL/kg).
  - 9.2.2 Endotracheal doses: **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE**.
- 10 If still asystolic, administer **ATROPINE SULFATE** as indicated below:
  - 10.1 Adult patients: administer **ATROPINE SULFATE** 1.0 mg IV push. Repeat every 3-5 minutes if asystole persists, to a maximum of 3.0 mg.
    - 10.1.1 If unable to establish an IV, administer **ATROPINE SULFATE** 1-2 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if asystole persists, to a maximum of 3.0 mg.

- 11 Transport the patient without delay to nearest appropriate <u>HOSPITAL EMERGENCY</u> <u>FACILITY.</u>
- 12 Contact Medical Control
  - 12.1 With authorization from Medical Control, consider administration of **GLUCAGON**.
  - 12.2 *EMT-Ps only* with authorization from Medical Control may consider administration of **CALCIUM CHLORIDE**.
- 13. Document all incident information by completing the RI EMS Ambulance Run Report.



## Bradycardia (Symptomatic) [ALS] Flowchart

Assess patient and obtain initial VS Reassess frequently



High-concentration O<sub>2</sub>



Monitor and document ECG



IV: NS or LR



**ATROPINE** every 3-5 min



Transport to hospital ED



Consider transcutaneous pacing,



EMT-Ps only: Consider DOPAMINE drip



**Contact Medical Control** 



EMT-Cs: Per Med Control, DOPAMINE drip



EMT-Ps only: Per Med Control, EPINEPHRINE drip

Effective: June 30, 2007

## **Bradycardia (Symptomatic) [ALS]**

For pediatric patients < 5 feet tall (< 35 kg/75 lbs.) follow Bradycardia (Pediatric) protocol.



#### RECOGNITION

Ventricular rate <60 per minute in a suspected cardiac patient, with any of the following: chest pain; dyspnea; decreased level of consciousness; hypotension; shock; ventricular escape beats; or CHF.

#### **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
- 3. Administer **OXYGEN** with the highest-concentration device tolerated.
- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 mL/hour).
  - 5.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to <a href="https://example.com/HOSPITAL\_EMERGENCY\_FACILITY">HOSPITAL\_EMERGENCY\_FACILITY</a>. Any further attempt at IV placement must occur en route.
- 6. Administer **ATROPINE SULFATE** 0.5mg IV push. Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 3.0 mg.
  - 6.1 If unable to establish an IV and there is an endotracheal tube in place, administer **ATROPINE SULFATE** 1-2 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 3.0 mg.

- 7. Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
- 8. Consider use of either or both of the following:
  - 8.1 Perform transcutaneous pacing, if available. Consider sedation following *Pain Management* protocol.

#### EMT-Ps only:

- 8.2 Administer **DOPAMINE** HCI by IV infusion. Due to the high risk of side affects with incorrect dosage, **DOPAMINE** infusions may only be administered by IV Infusion Pump as indicated below:
  - 8.2.1 Administer **DOPAMINE HCI** at 2-20 mcg/kg/min IV (400 mg in 250 mL **D**<sub>5</sub>W or **NORMAL SALINE** = 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure > 90mm Hg.

#### 9. Contact Medical Control

- 9.1 With authorization from Medical Control, *EMT-Cs* may administer **DOPAMINE HCL** by IV infusion. Due to the high risk of side affects with incorrect dosage, **DOPAMINE** infusions may only be administered by IV Infusion Pump as indicated below:
  - 9.1.1 Administer **DOPAMINE HCI** at 2-20 mcg/kg/min IV(400mg in 250 mL **D**<sub>5</sub>**W** or **NORMAL SALINE** = 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure > 90 mm Hg.
- 9.2 <u>EMT-Ps only:</u> With authorization form Medical Control, may administer **EPINEPHRINE** by IV infusion. Due to the high risk of side affects with incorrect dosage, **EPINEPHRINE** infusions may only be administered by IV Infusion Pump as indicated below:
  - 9.2.1 Infuse **EPINEPHRINE** 0.05-0.20 mcg/kg/min. (Typical adult dose: 2-10mcg/min.).

Effective: June 30, 2007

10. Document all incident information by completing the RI EMS Ambulance Run Report

RI EMS Prehospital Care Protocols and Standing Orders



Bradycardia (Pediatric) page 8-1



## Bradycardia (Pediatric) Flowchart

(For newborns, infants, refer to Newborn Resuscitation protocol)



Assess patient; obtain initial VS /Treat shock, following Shock protocol



Airway Management High-concentration O<sub>2</sub>, Assist with BVM



Consider advanced airway management



HR  $\geq$ 60: BVM or supplemental O<sub>2</sub> HR  $\leq$ 60 with shock: CPR HR  $\geq$ 60



Monitor and document S<sub>p</sub>O<sub>2</sub> (if able) and ECG



IV: NS or LR



**EPINEPHRINE** every 3-5 min



Consider ATROPINE every 3-5 min



Consider transcutaneous pacing



Contact Medical Control

Bradycardia (Pediatric) page 8-2





#### RECOGNITION

A slow ventricular rate (as shown in the following table) accompanied by any of the following: chest pain; respiratory distress; decreased level of consciousness; hypotension; shock; CHF.

Note: Pediatric bradycardia is usually due to hypoxemia.

Age	Respiratory Rate		Heart Rate		Systolic BP	
	Too Slow	Too Fast	Too Slow	Too Fast	Too Low	NOTE:
Newborn (birth-1month)	<30	>80	<100	>200	<40	absent radial
Infant (1 month – 1 year)	<20	>70	<80	>180	<60	pulse
Pre-School (1-6 years)	<16	>40	< 70	>160	<75	suggests
School Age (6-12 years)	<12	>30	<60	>140	<85	hypotension
Adolescent (12-16 years)	<10	>24	<60	>120	<90	

#### **TREATMENT**

- 1. For newborn infants, refer to the *Newborn Resuscitation* protocol.
- 2. Perform a rapid exam, including assessment of the following:
  - a. Level of consciousness/responsiveness, airway maintenance;
  - b. Respiratory rate and effort, skin/mucous membrane color;
  - c. Heart rate, distal pulses, temperature, capillary refill, BP.
- 3. If there is evidence of shock, follow the *Shock* protocol.
- 4. Administer **OXYGEN** with the highest-concentration device tolerated.
  - 4.1 Children with impaired consciousness, cyanosis, or signs of shock require assisted ventilations with high-concentration **OXYGEN** and airway adjuncts.
    - 4.1.1 Consider advanced airway management, as indicated in the *Airway Management and Respiratory Support protocol*.

Bradycardia (Pediatric) page 8-3

4.2 Whenever possible, use high-concentration oxygen to ventilate the patient at the appropriate rate shown in the following table:

#### **Ventilation Guidelines**

	Age	Ventilation
		<b>BREATHS/MINUTE</b>
Newborn	(birth – 1 month)	-60
Infant	(1 month – 1 year)	-45
Pre-School	(1-6 years)	-45
School Age	(6 – 12 years)	-30
Adolescent	(12 – 16 years)	-30

- 5. Re-evaluate heart rate (monitor ECG, if able).
  - 5.1 If heart rate is ≥60/minute, continue assisted ventilations and/or resuscitation as needed for breathing (i.e., BVM ventilations or supplemental **OXYGEN**).
  - 5.2 If heart rate is <60/minute and there is evidence of shock despite supplemental oxygenation and ventilation, perform chest compressions at rate of at least 100/minute (infants <1 year old) or 80-100/minute (children ≥ 1 year old). Continue CPR until spontaneous heart rate ≥60/minute.
- 6. Monitor patient's oxygen saturation, if pulse oximeter is available.

## **▼** ALS PERSONNEL

- 7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 8. Establish at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution at keep vein open rate (~20 mL/hour).
  - 8.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u> immediately. Any further attempt at IV placement must occur en route.
  - 8.2 Prior to administration of any medication to a patient with an intracranial shunt, contact Medical Control.
- 9. Administer **EPINEPHRINE** as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:
  - 9.1 IV push dose: **EPINEPHRINE 1:10,000** 0.01 mg/kg (0.1 mL/kg)
  - 9.2 Endotracheal dose **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg)

Bradvcardia (Pediatric) page 8-4

10. If bradycardia continues, consider **ATROPINE SULFATE**, as indicated on Pediatric Dosing device, to treat increased vagal tone:

- 10.1 IV push dose: **ATROPINE SULFATE** 0.02 mg/kg (0.02 mL/kg); may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 1.0 mg (child) or 2.0 mg (adolescent).
- 10.2 Endotracheal dose: **ATROPINE SULFATE** 0.05 mg/kg (0.05 mL/kg) IV; may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 1.0 mg (child) or 2.0mg (adolescent).

Effective: June 30, 2007

11. Consider transcutaneous pacing, if available.

## **▼** ALL EMTs

- 12. Contact Medical Control.
- 13. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 14. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## **Chest Pain in a Suspected Cardiac Patient**

## RECOGNITION

Patient may exhibit severe, crushing chest pain; mild to severe substernal chest pain; diaphoresis; nausea; or vomiting. Pain may radiate to jaw, arms, or neck. Patient may have history of prior MI, cocaine/stimulant use, HTN, etc.

#### **TREATMENT**

- 1. Assess patient, obtain initial vital signs, place patient on cardiac monitor and frequently reassess patient's condition.
- 2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. <u>Hypotensive patients should be supine.</u>
- 3. Administer **OXYGEN** with the highest-concentration device tolerated.
- 4. Adult patients: administer **ASPIRIN** (160-325 mg).

#### **▼** BLS PERSONNEL

- 5. <u>Contact Medical Control</u> for authorization to perform the following:
  - 5.1 Adult patients with systolic BP ≥90 mm Hg: administer **NITROGLYCERIN** 0.4 mg (1/150 grain) sublingually, by tablet or oral spray, of the **patient's own** medication only. Monitor blood pressure every 3 minutes.

#### **▼** ALS PERSONNEL

- 6. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
  - 6.1 If trained and equipped to perform 12 lead ECG, and ECG indicates high likelihood of MI, contact Medical Control.
- 7. Start an IV access device or at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** to run at KVO rate.
  - 7.1 If an IV has been started, administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~ 20ml/ hour).
  - 7.2 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.

#### **▼** ALS PERSONNEL

- 8. Adult patients with systolic BP  $\geq$  90 mm Hg: administer **NITROGLYCERIN** 0.4 mg (1/150 grain) sublingually, by tablet or oral spray. Repeat every 5 minutes, as long as patient has chest pain and systolic blood pressure  $\geq$  90 mm Hg. Monitor blood pressure every 3 minutes.
  - 8.1 If unable to establish an IV, EMTs may still administer **NITROGLYCERIN** for patient with systolic BP > 150 mm Hg.
  - 8.2 If chest pain is unchanged, EMTs may administer **MYLANTA**® 30 mL, if available, by mouth after third dose of **NITROGLYCERIN**.



- 8.3 Pediatric patients < 5 feet tall (<35 kg/75 lbs): administration of **NITROGLYCERIN** requires authorization from Medical Control
- 9. Treat specific dysrhythmias, following all appropriate protocols.
- 10. Contact Medical Control for authorization to perform any of the following:
  - 10.1 Provide pain relief, following the *Pain Management and Sedation* protocol.
  - 10.2 Administer **LIDOCAINE HCL** 1.0-1.5 mg/kg IV push. Repeat at 10-minute intervals x2, at 0.5-0.75 mg/kg. Maximum total dose: 3 mg/kg.
  - 10.3 To administer MYLANTA® 30 mL, if available, by mouth, prior to administration of first three NITROGLYCERIN doses.

#### **▼** ALL EMTs

- 11. Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
- 12. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## **Congestive Heart Failure (Pulmonary Edema)**

## RECOGNITION

Respiratory distress with one or more of the following: heart rate > 120 (adult); respiratory rate > 30 (adult), hypoxia, jugular venous distention, rales, diaphoresis, past history of congestive heart failure but without upper airway obstruction or stridor.

## **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
- 3. Administer **OXYGEN** with the highest-concentration device tolerate. Assist ventilation as indicated.
- 4. Adult patients: administer **ASPIRIN** (160-325 mg)

#### **▼** BLS PERSONNEL

- 5. Contact Medical Control for authorization to perform any or all of the following:
  - 5.1 Adult patients with systolic BP  $\geq$  90 mmHg: administer **NITROGLYCERIN** 0.4 mg (1/150 grain) sublingually, by tablet, or by oral spray, of the **patient's own medication only.** Monitor blood pressure every 5 minutes.
  - 5.2 For patients who are **wheezing**, administer **ALBUTEROL** as indicated below:
    - 5.2.1 Adult Patients: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.



- 5.2.2 Patients  $\geq$  6 months of age: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
- 5.2.3. Patients < 6 months of age: administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x2 en route.

## **▼** ALS PERSONNEL

- 6. For patients who are wheezing and have a history of COPD/ Asthma, consider administration of **ALBUTEROL** as indicated below:
  - 6.1 Adult Patients: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.



- 6.2 Patients ≥ 6 months of age: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
- 6.3 Patients < 6 months of age: administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route
- 7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 8. Start an IV access device and run at KVO rate (~20 ml/hour).
  - 8.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 9. Adult patients with systolic BP ≥ 90 mmHg: administer **NITROGLYCERIN** 0.4 mg (1/150 grain) sublingually, by tablet or by oral spray. Repeat every 5 minutes, for as long as patient has respiratory distress and systolic blood pressure ≥ 90 mmHg. Monitor blood pressure every 3 minutes.
  - 9.1 If unable to establish an IV, EMTs may still administer **NITROGLYCERIN** for patient with systolic BP > 150 mmHg.



9.2 <u>Pediatric patients <5 feet tall (<35 kg/75 lbs); administration of</u> **NITROGLYCERIN** requires authorization from Medical Control

- 10. Treat specific dysrhythmias following all appropriate protocols.
- 11. Administer **FUROSEMIDE** (Lasix<sup>®</sup>) as indicated below:
  - 11.1 Adult patients who **do not** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) 40 mg IV over 2 minutes.
  - 11.2 Adult patients who <u>do</u> take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) IV at double the daily oral dose (not to exceed 240 mg); administer up to 100 mg IV push; administer the remainder (up to 140 mg) at a rate < 20 mg/minute.



- 11.3 Pediatric patients < 5 feet tall (<35 kg/75 lbs) who **do not** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) per Pediatric Dosing device: 1 mg/kg (not to exceed 20 mg), IV over 2 minutes.
- 11.4 Pediatric patients < 5 feet tall (<35 kg/75 lbs) who <u>do</u> take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) at double the daily oral dose (not to exceed 40 mg), IV over 2 minutes.

## 12. Contact Medical Control.

- 12.1 For patients exhibiting significant respiratory distress, administer **MORPHINE SULFATE**, following the *Pain Management and Sedation* protocol.
- 12.2 For patients exhibiting signs of shock consider administration of **DOPAMINE** and IV bolus of **NORMAL SALINE** or **RINGER'S LACTATE** solution as per Medical Control.

## **▼** ALL EMTs

- 13. Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*
- 14. Document all incident information by completing the *RI EMS Ambulance Run Report*.



## Pulseless Electrical Activity (PEA) [ALS] Flowchart

CPR / Airway Management



Monitor ECG; identify PEA Confirm pulselessness and PEA on ECG



Ventilate with high-concentration O<sub>2</sub>



IV: NS or LR



Consider Advanced Airway Management



**EPINEPHRINE** every 3-5 min



If ventricular rate is slow: ATROPINE every 3-5 min



If VFib occurs, follow VFib protocol



EMT-Ps only: pleural decompression



Transport to nearest hospital ED



**Contact Medical Control** 



## **Pulseless Electrical Activity (PEA) [ALS]**



## RECOGNITION

Unresponsive, apneic, pulseless patient with electrical activity other than **ventricular fibrillation** (VF) or **ventricular tachycardia** (VT).

**Note:** Causes of PEA include: acidosis; cardiac tamponade; hypothermia; hypovolemia; hypoxia; myocardial infarction; overdose; pulmonary embolus; shock; and tension pneumothorax.

#### **TREATMENT**

- 1. Begin Basic Life Support (CPR) using the current sequence of the American Heart Association.
  - 1.1 Do not interupt CPR for more than 5 seconds, except for a maximum of 30 seconds to intubate or move the patient until the patient has been stabilized, or until authorized by Medical Control to do so.
- 2. Check the pulse. Follow the *PEA* protocol only if the pulse is absent.
- 3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4. Start at least one IV access of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 ml/hour) for cardiac arrest not caused by hypovolemia.
  - 4.1 If hypovolemia is suspected, administer 500ml **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at wide-open rate.
  - 4.2 If unable to establish IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u> immediately. Any further attempt at IV placement must occur en route.



- 4.3 Pediatric patients < 5 feet tall (<35 kg/ 75 lbs.) administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20 ml/ hr.); or administer boluses of 20 ml/kg by rapid IV push if hypovolemia is suspected. Assess and re-bolus if indicated.
- 5. Consider advanced airway management as indicated in the *Airway Management and Respiratory Support* protocol.
- 6. Administer **EPINEPHRINE** as indicated below:
  - 6.1 Adult patients: administer **EPINEPHRINE 1:10,000** 1.0 mg IV push. Repeat every 3-5 minutes if PEA persists.
    - 6.1.1 If unable to establish an IV, administer **EPINEPHRINE 1:1,000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if PEA persists.



- 6.2 Pediatric patients <5 feet tall (<35 kg/75lbs): administer **EPINEPHRINE** as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:
  - 6.2.1 IV Push Dose: **EPINEPHRINE 1:10,000** 0.01 mg/kg (0.1 mL/kg)
  - 6.2.2 Endotracheal doses: **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE.**
- 7. If PEA involves a bradycardic rhythm, administer **ATROPINE SULFATE** as indicated below:
  - 7.1 Adult patients: administer **ATROPINE SULFATE** 1.0 mg IV push. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 3.0 mg
    - 7.1.1 If unable to establish an IV, administer **ATROPINE SULFATE** 1-2 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 3.0 mg.

8. If ventricular fibrillation occurs, follow *Ventricular Fibrillation* protocol.

- 9. *EMT-Ps only:* If PEA persists, may perform pleural decompression.
- 10. Transport the patient without delay to the nearest appropriate <u>HOSPITAL EMERGENCY</u> FACILITY.
- 11. Contact Medical Control.
  - 11.1 For certain conditions, Medical Control may authorize administration of **SODIUM BICARBONATE** 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.
- 12. Document all incident information by completing the RI EMS Ambulance Run Report.

## Premature Ventricular Complexes (PVCs) [ALS]



### RECOGNITION

Frequent PVCs (>6 per minute) with chest pain; dyspnea; decreased level of consciousness; hypotension; shock; or CHF in a suspected cardiac patient.

## **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
- 3. Administer **OXYGEN** with the highest-concentration device tolerated.
- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution and run at KVO rate (~20 ml/hour):
  - 5.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 6. Administer **LIDOCAINE HCL** as indicated below:
  - 6.1 Administer **LIDOCAINE HCL** 1.0-1.5 mg/kg IV push.
- 7. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 8. Repeat **LIDOCAINE HCL** at 10-minute intervals at 0.5-0.75 mg/kg. Maximum total dose: 3 mg/kg.

- 8.1 *EMT-Ps only:* may administer **LIDOCAINE HCL** infusion at 30-50 mcg/kg/minute. (2-4 mg/min).
  - 8.1.1 <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer <u>LIDOCAINE HCL</u> by Infusion Pump. Lower dosages should be used in patients with hepatic dysfunction or >70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.
- 9. <u>Contact Medical Control.</u>
  - 9.1 With authorization from Medical Control, *EMT-Cs* may administer **LIDOCAINE HCL** infusion at 30-50 mcg/kg/minute. (2-4 mg/min).
    - 9.1.1 <u>EMT-Cs</u> with Medical Control and IV Pump training <u>ONLY</u>: May administer LIDOCAINE HCL by Infusion Pump. Lower dosages should be used in patients with hepatic dysfunction or >70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear
- 10. Document all incident information by completing the RI EMS Ambulance Run Report.

## Supraventricular Tachycardia (SVT) [ALS] Flowchart

**Adult Patient, Conscious with Stable Vital Signs** 

Assess patient and obtain initial VS Reassess frequently



High-concentration O<sub>2</sub>



Monitor and document ECG



IV: NS or LR



**ADENOSINE** 



**Contact Medical Control** 



EMT-Ps only: Per Med Control, VERAPAMIL HCL or DILTIAZEM



If SVT continues **EMT-Ps only** per Medical Control **AMIODARONE** 



Transport to hospital ED



## Supraventricular Tachycardia (SVT) [ALS]

Patient Conscious, with Stable Vital Signs

For Pediatric patients <5 feet tall (35 kg/75 lbs), follow SVT (Pediatric) protocol.



## RECOGNITION

Conscious patient with heart rate of 140-220 beats per minute; QRS width <0.12 seconds. **Note:** If the QRS width >0.12 seconds, consider **ventricular tachycardia.** 

## **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
- 3. Administer **OXYGEN** with the highest-concentration device tolerated.
- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Encourage the patient to perform vagal maneuvers (e.g., bearing down, etc.).
- 6. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 mL/hour).
  - 6.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 7. Administer **ADENOSINE** (Adenocard®) as indicated below:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants as the effects may be prolonged and unpredictable

- 7.1 Administer **ADENOSINE** 6 mg, <u>rapid</u> IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RIGNER'S** solution.
- 7.2 If 6 mg dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 12 mg, <u>rapid</u> IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RINGER'S** solution. If 12 mg dose does not convert rhythm, repeat once in 1-2 minutes.
- 8. Contact Medical Control. <u>With authorization from Medical Control, EMT-Ps may perform the following:</u>
  - 8.1 Administer **VERAPAMIL HCI** (Calan<sup>®</sup>, Isoptin<sup>®</sup>) <u>or</u> **DILTIAZEM** (Cardizem<sup>®</sup>) as indicated below:
    - 8.1.1 Administer **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes if the adenosine did not work and the patient does not have CHF or significant ventricular dysfunction. If this dose does not convert rhythm within 15 minutes, repeat **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes **or**,
    - 8.1.2 Administer **DILTIAZEM** 10-20 mg IV over 2 minutes. If this does not slow or convert rhythm within 15 minutes, repeat **DILTIAZEM** 10-20 mg IV over 2 minutes.
    - 8.1.3 If, following dose of **VERAPAMIL** or **DILTIAZEM** the patient's systolic blood pressure drops below 100mgHG, administer **CALCIUM CHLORIDE** 500 mg IV slowly.
    - 8.1.4 If SVT continues following dose of VERAPAMIL HCL or DILTIAZEM, Medical Control may authorize administration of AMIODARONE 150 mg IV over 10 minutes. Due to the high risk of side effects AMIODARONE may only be administered by IV Infusion Pump. AMIODARONE must be mixed with DsW using a "PVC-free" bag and tubing and run as an isolated IV, not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution (Use caution if patient has history of CHF or ventricular dysfunction).
      - 8.1.4.1 <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer **AMIODARONE** by Infusion Pump at a rate as directed by Medical Control (typically 1- 15 mg/min. Faster rates are associated with a higher risk of hypotension).
- 9. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 10. Document all incident information by completing the RI EMS Ambulance Run Report.



## Supraventricular Tachycardia (SVT) [ALS] Flowchart

Adult Patient, Unconscious or with Unstable Vital Signs

Assess patient and obtain initial VS; reassess frequently



High-concentration O<sub>2</sub>



Monitor and document ECG



(Consider sedation; contact Med Control) Synchronized cardioversion



IV: NS or LR



**ADENOSINE** 



**Contact Medical Control** 



<u>EMT-Ps</u> only, per Med Control: VERAPAMIL HCL or DILTIAZEM



If SVT continues, <u>EMT-Ps only:</u> Per Medical Control, AMIODARONE



Transport to nearest appropriate hospital ED



## Supraventricular Tachycardia (SVT) [ALS]

Patient Unconscious, or with Unstable Vital Signs
For pediatric patients <5 feet tall (<35 kg/75lbs), follow SVT (Pediatric) protocol



## RECOGNITION

Patient with heart rate of 140-220 beats per minute; QRS width <0.12 seconds: **NOTE:** If the QRS width >0.12 seconds, consider **ventricular tachycardia.** 

#### **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2. Administer **OXYGEN** with the highest-concentration device tolerated.
- 3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4. Attempt to cardiovert the patient, as indicated below:
  - 4.1 For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* Protocol.
  - 4.2 Record initial ECG rhythm and attempted cardioversions; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
  - 4.3 Attempt synchronized cardioversion at 50 joules or manufacturer's biphasic setting. If unsuccessful, may repeat at increasing energy levels: 100 joules; 200 joules; 300 joules; 360 joules (or maximum energy) or manufacturer's biphasic setting.
- 5. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 mL/hour).
  - 5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.

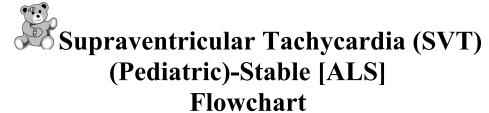
6. Administer **ADENOSINE** (Adenocard®) as indicated below:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants as the effects may be prolonged and unpredictable

- 6.1 Administer **ADENOSINE** 12 mg, <u>rapid</u> IV push (over 1-3 seconds), followed by rapid flush with 20mL **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 6.2 If 12 mg dose does not convert rhythm within 1-2 minutes, repeat ADENOSINE 12 mg, <u>rapid</u> IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution.
- 7. Contact Medical Control
  - 7.1 With authorization from Medical Control, <u>EMT-Ps only</u> may perform the following:
    - 7.1.1 Administer **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes. If this dose does not convert rhythm within 15 minutes, repeat **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes **or**
    - 7.1.2 Administer **DILTIAZEM** 10-20mg IV over 2 minutes. If this does not slow or convert rhythm within 15 minutes, repeat **DILTIAZEM** 10-20mg IV over 2 minutes.
    - 7.1.3 If, following dose of **VERAPAMIL HCL** or **DILTIAZEM** the patient's systolic blood pressure drops below 100mgHG, administer **CALCIUM CHLORIDE** 500mg IV slowly.
    - 7.1.4 If SVT continues following dose of VERAPAMIL HCL or DILTIAZEM, Medical Control may authorize administration of AMIODARONE 150 mg IV over 10 minutes. (Use caution if patient has history of CHF or ventricular dysfunction). Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D<sub>5</sub>W using a "PVC-free" bag and tubing and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER's solution).

- 8. Transport the patient without delay to the nearest appropriate <u>HOSPITAL</u> EMERGENCY FACILITY.
- 9. Document all incident information by completing the RI EMS Ambulance Run Report.





Stable Pediatric Patient without Impaired Consciousness, Respiratory
Distress or Shock

Assess patient; obtain initial VS



High-concentration O<sub>2</sub>



Monitor and document ECG



Vagal maneuvers



IV: NS or LR



**Contact Medical Control** 



Per Med Control, ADENOSINE



Transport to hospital ED



# Supraventricular Tachycardia (SVT) (Pediatric)-Stable [ALS]

Stable Patient without Impaired Consciousness, Respiratory Distress, or Shock



### **RECOGNITION:**

- 1. Clinical Indicators:
  - 1.1 Infant: Poor feeding, diaphoresis, irritability;
  - 1.2 Child: Rapid heart rate, fatigue, exercise intolerance;
- 2. ECG Recognition:
  - 2.1 If narrow complex tachycardia with regular and consistent rate >230/minute, suspect SVT.
  - 2.2 If narrow complex tachycardia with varied rate <200 minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

## **TREATMENT:**

- 1. Assess the patient, including:
  - a. Level of consciousness/responsiveness, airway maintenance;
  - b. Respiratory rate and effort, skin/mucous membrane color;
  - c. Heart rate, distal pulses, temperature, capillary refill, BP;
- 2. Administer **OXYGEN** with the highest-concentration device tolerated.
- 3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

- 4. As appropriate given patient age, encourage the patient to perform vagal maneuvers (e.g., bearing down or blowing through a small straw).
  - 4.1 In infants and children <8 years old: apply ice or ice water to the patient's face without occluding the airway for 30 seconds to 1 minute.
- 5. If SVT persists:
  - 5.1 Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20mL/hour).
    - 5.1.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 6. Contact Medical Control, for authorization to administer **ADENOSINE**:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.

- 6.1 Administer **ADENOSINE** (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 6.2 If the initial dose does not convert rhythm in 1-2 minutes, administer **ADENOSINE** (Adenocard®) 0.2 mg/kg (maximum dose 12 mg.), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution
- 7. If there is evidence of shock, follow the SVT- Unstable (Pediatric) and or Shock Protocol.
- 8. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 9. Document all incident information by completing the RI EMS Ambulance Run Report.



## Supraventricular Tachycardia (SVT) (Pediatric)-UnStable [ALS] Flowchart

Unstable Pediatric Patient: Impaired Consciousness, Respiratory Distress, or Shock

Assess patient; Obtain initial VS; Treat shock following Shock protocol



High-concentration O<sub>2</sub>, Assist with BVM Consider advanced airway management



Monitor and document ECG



(Consider sedation: Contact Med Control) Synchronized cardioversion



IV: NS or LR



Treat shock, following Shock protocol



Contact Medical Control



Per Med Control: ADENOSINE



Per Med Control: **EMT-Ps**: **AMIODARONE HCL** 



Transport to hospital ED



## Supraventricular Tachycardia (SVT) (Pediatric)-Unstable [ALS]

Unstable Patient, with Impaired Consciousness, Respiratory Distress, or Shock



## **RECOGNITION:**

- 1. Clinical Indicators:
  - 1.1 Infant: Poor feeding, diaphoresis, irritability, <u>respiratory distress</u>, <u>impaired consciousness</u>, <u>CHF</u>, or <u>evidence of shock</u>;
  - 1.2 Child: Rapid heart rate, fatigue, exercise intolerance, <u>impaired consciousness</u>, <u>syncope</u>, <u>respiratory distress</u>, <u>CHF</u>, or <u>evidence of shock</u>.
- 2. ECG Recognition:
  - 2.1 If narrow complex tachycardia with regular and consistent rate >230/minute, suspect SVT.
  - 2.2 If narrow complex tachycardia with varied rate <200/minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

## **TREATMENT**

- 1. Perform a rapid assessment to include the following:
  - a. level of consciousness/responsiveness, airway maintenance;
  - b. respiratory rate and effort, skin/mucous membrane color;
  - c. heart rate, distal pulses, temperature, capillary refill, BP.
- 2. Administer **OXYGEN** with the highest-concentration device tolerated.

- 2.1 Children with impaired consciousness, cyanosis, respiratory distress, or evidence of shock require assisted ventilations with high-concentration **OXYGEN** and airway adjuncts.
  - 2.1.1 <u>EMT-Ps only:</u> consider advanced airway mangement, as indicated in the *Airway Management and Respiratory Support* protocol.
- 3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4. Attempt synchronized cardioversion at **0.5 to 1** joule/kg or at manufacturer's biphasic setting. If unsuccessful, may repeat at **2** joule/kg or at manufacturer's biphasic setting.
  - 4.1 For patients who are conscious, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  - 4.2 Record ECG during attempted cardioversions, and attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
- 5. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 mL/hour).
  - 5.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 6. If there is evidence of shock, follow the *Shock* protocol.
- 7. Contact Medical Control, for authorization to administer **ADENOSINE**:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.

- 7.1 Administer **ADENOSINE** (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 7.2 If initial dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 0.2 mg/kg (maximum dose: 12 mg), <u>rapid</u> IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.

- 8. <u>EMT-Ps ONLY</u>: with authorization from Medical Control, may administer **AMIODARONE** as indicated below:
  - 8.1 <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer **AMIODARONE** at 5 mg/kg IV by Infusion Pump, <u>slowly</u> (over 20-60 minutes). Give more slowly if a perfusing rhythm is present. Faster rates are associated with a higher risk of hypotension. Due to the high risk of side effects with incorrect dosage, **AMIODARONE** infusions may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with **D**<sub>5</sub>W using a "PVC-free" bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER's** solution).
- 9. Transport the patient without delay to the nearest appropriate <u>HOSPITAL EMERGENCY</u> FACILITY.
- 10. Document all incident information by completing the RI EMS Ambulance Run Report.

## Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia (VT) [ALS] Flowchart

Confirm pulselessness and VFib/VTach on ECG



Witnessed Cardiac Arrest: Defibrillate using current sequence of the American Heart Association

Unwitnessed Cardiac Arrest: CPR using the current sequence of the American Heart Association



Cycles of Defibrillation/CPR



Attach cardiac monitor if not previously done and document ECG



IV: NS or LR



If unable to establish IV, <u>TRANSPORT</u>
If able to perform uninterrupted CPR and IV established, TRANSPORT



Consider advanced airway management



**EPINEPHRINE**/ Defibrillate



Cycles of EPINEPHRINE/ Defibrillation/ CPR



AMIODARONE or LIDOCAINE HCL



Medical Control



Consider maintenance doses of **AMIODARONE** or **LIDOCAINE** HCL
Consider **SODIUM BICARBONATE**EMT-Ps only: Consider **MAGNESIUM SULFATE** 



TRANSPORT

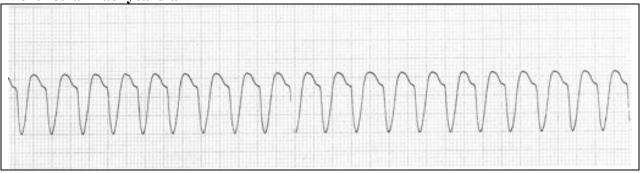


## Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia (VT) [ALS]

### Ventricular Fibrillation



## Ventricular Tachycardia



## RECOGNITION

Unconscious, pulseless patient with **ventricular fibrillation** (VF) or **ventricular tachycardia** (VT) on ECG and where the cardiac arrest may be witnessed or unwitnessed.

**EMS witnessed arrest**: In keeping with the time-to-defibrillation focus of the 2005 AHA Guidelines, a "Witnessed Cardiac Arrest" is one where the patient's collapse and pulslessness occur in the presence of the EMT *and* a defibrillator shock can be delivered within 30 seconds

<u>Unwitnessed arrest</u>: Other cardiac arrest situations where a defibrillator shock cannot be delivered within 30 seconds.

## **TREATMENT**

1. Check the pulse. Follow the *VF/Pulseless VT* protocol only if the pulse is absent. If at any time the patient shows signs of recovery and there is a return of pulse, follow all appropriate protocols.

- 2. If Unwitnessed Cardiac Arrest, begin CPR using the current sequence recommended by the American Heart Association and deliver about 5 cycles per 2 minutes of CPR while obtaining and preparing defibrillator.
  - 2.1 Continue cycles of CPR/ defibrillation according to AHA Guidelines.
  - 2.2 If Witnessed Cardiac Arrest, proceed to immediate defibrillation.
- 3. Confirm VF/VT on monitor/defibrillator.
  - 3.1 Immediately apply "quick-look" paddles or "hands-free" electrodes. Use adult standard paddles/pads for all patients ≥ 1 year old (10 kg.) and ensure adequate spacing (>3cm.) between paddles/pads. Use infant paddles/pads on patients < 1 year old. Anterior/posterior placement where possible is preferred.
  - 3.2 Identify VF or VT. Changing the location of the electrodes may reveal VF that at first appears to be asystole.
  - 3.3 Record initial ECG rhythm and attempted defibrillations; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation
- 4. Attempt to defibrillate.
  - 4.1 Adult patients:
    - 4.1.1 Check pulse and identify rhythm. If VF/VT persists, defibrillate at **360 joules** monophasic or manufacturer's biphasic setting.



- 4.2 Pediatric patients: defibrillate as indicated below. Use Pediatric Dosing Device to determine patient weight in kg.
  - 4.2.1 Check pulse and identify rhythm. If VF/VT persists, defibrillate at **2 joules/kg (~ 1 joule/ lb)** monophasic or manufacturer's biphasic setting.
  - 4.2.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.
  - 4.2.3 All subsequent defibrillations to be at **4 joules/kg** (~ **2 joules/lb**) monophasic or manufacturer's biphasic setting.

- 5. Check rhythm after performance of cycles of defibrillation and CPR according to the AHA Guidelines.
  - 5.1 If VF/VT is converted to another perfusing rhythm check pulse and reassess the patient and follow all appropriate protocols.
  - 5.2 If VF/VT persists, continue treatment as indicated below.
- 6. Begin or continue CPR sequence following current American Heart Association guidelines.
  - 6.1 DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVMENT IF POSSIBLE.
- 7. Place the patient on a cardiac monitor, if not previously done. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 8. Establish at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate, as indicated below:
  - 8.1 Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20 mL/hour).
  - 8.2 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
  - 8.3 If unable to establish an IV and patient movement/transport will require CPR interruption, perform ALS interventions prior to patient movement. If patient movement/ transport will not interrupt CPR, perform ALS interventions during patient transport.
- 9. Consider an advanced airway as indicated in the *Airway Management and Respiratory Support Protocol*.
  - 9.1 Whenever possible, ventilate the patient using high-concentration oxygen.

- 10. Administer **EPINEPHRINE** as indicated below (Use Pediatric Dosing device to determine pediatric patient weight in kg):
  - 10.1 Adult patients: administer **EPINEPHRINE 1:10,000** 1.0 mg IV push. Repeat every 3-5 minutes if VF/pulseless VT persists.
    - 10.1.1 If unable to establish an IV administer **EPINEPHRINE 1:1,000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if VF/pulseless VT persists.



- 10.2 Pediatric patients: administer **EPINEPHRINE** as indicated below and repeat every 3-5 minutes as necessary (Use Pediatric Dosing device to determine patient weight in kg):
  - 10.2.1 Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg (0.1 mL/kg) IV push.
  - 10.2.2 Endotracheal doses: **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE**
- 10.3 Continue CPR for 30-60 seconds after administration of **EPINEPHRINE**.
- 11. Attempt to defibrillate as indicated below:
  - 11.1.1 Adult patients: defibrillate at **360 joules** (maximum energy) monophasic or at manufacturer's biphasic setting.
  - 11.1.2 Pediatric patients defibrillate as indicated on pediatric dosing device:

    4 joules/kg (~2 joules/lb) monophasic or at manufacturer's biphasic setting.
- 12. If VF/VT persists, continue sequence of **EPINEPHRINE** administration –then Defibrillation every 3-5 minutes. While continuing this sequence, administer **AMIODARONE** or **LIDOCAINE HCL** as indicated below:
  - 12.1 Adult patients: <u>EMT-Ps only</u> (or <u>EMT-Cs</u> with Medical Control) administer **AMIODARONE** 300 mg IV bolus once.



12.2 Pediatric Patients: <u>EMT-Ps only</u> (or <u>EMT-Cs</u> with Medical Control) administer **AMIODARONE** 5 mg/kg IV bolus once (maximum dose: 300mg).

## <u>OR</u>

- 12.3 All patients: Administer **LIDOCAINE HCL** 1.0- 1.5 mg/kg IV push (or 2.0- 3.0 mg/kg by endotrachael tube), followed by **NORMAL SALINE** flush.
- 12.4 If VF/VT persists, repeat administration of **LIDOCAINE HCL** every 3-5 minutes to a maximum total of 3mg/kg of **LIDOCAINE HCL**.
- 13. For all patients: If VF/VT is converted to a perfusing rhythm contact Medical Control for permission to administer **AMIODARONE** or **LIDOCAINE HCL.** A loading dose may be considered if not already given with careful attention to the risk of side effects. Typically if a drug has already been administered, that same drug should be continued if maintenance infusion is administered. Due to the high risk of side effects with incorrect dosage, **AMIODARONE** or **LIDOCAINE HCL** infusions may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with **D**<sub>5</sub>**W** using a "PVC-free" bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER's** solution).
  - 13.1 <u>EMT-Cs</u> and <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer AMIODARONE by Infusion Pump at a rate as directed by Medical Control (typically 1- 15 mg/min – faster rates are associated with a higher risk of hypotension).

## OR

- 13.2 <u>EMT-Cs</u> and <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer LIDOCAINE HCL by IV Infusion Pump at a rate as directed by Medical Control (typically 1-4 mg/min/ 30-50 mcg/kg/min). Lower doses should be used in patients with hepatic dysfunction or > 70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.
- 14. For certain conditions, Medical Control may authorize administration of **SODIUM BICARBONATE** 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.
- 15. <u>EMT-Ps only</u>: For Torsades de Pointes, Medical Control may authorize administration of **MAGNESIUM SULFATE** 1 gram IV. Dose may be repeated once (max. dosage: 2 grams)
- 16. Transport the patient without delay to the nearest *HOSPITAL EMERGENCY FACILITY*.
- 17. Document all incident information by completing the RI EMS Ambulance Run Report.

## Ventricular Tachycardia (VT) [ALS] Flowchart

Patient Conscious, with Stable Vital Signs

Assess patient and obtain initial VS Reassess frequently



High-concentration O<sub>2</sub>



Monitor and document ECG



IV: NS or LR



**AMIODARONE** 

(By IV Infusion Pump Only)



Transport to hospital ED



Document

Effective: June 30, 2007

## Ventricular Tachycardia (VT) [ALS]

Patient conscious, with stable vital signs



#### RECOGNITION

Wide-complex tachycardia (ventricular rate usually <150 per minute) on ECG of patient who is conscious, <u>without</u> a history of SVT or any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension or shock.

#### **TREATMENT**

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition. If patient develops chest pain, dyspnea, decreased level of consciousness, hypotension or shock, follow all appropriate Protcols.
- 2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
- 3. Administer **OXYGEN** with the highest-concentration device tolerated.
- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution:
  - 5.1 Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20mL/hour).
  - 5.2 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.

#### 6. Contact Medical Control:

- 6.1 With authorization from Medical Control, *EMT-Cs and EMT-Ps* with IV Pump training **ONLY** may administer **AMIODARONE** by infusion pump. **AMIODARONE** must be mixed with **D**<sub>5</sub>W using a "PVC-free" bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER'S** solution). Due to the high risk of side effects with incorrect dosage, **AMIODARONE** infusions may only be administered by Infusion Pump as indicated below:
  - 6.1.1 Adult patients: *EMT-Cs* and *EMT-Ps* with IV pump training **ONLY** may administer **AMIODARONE:** 150 mg over 10 minutes (15 mg/minute) by IV Infusion Pump.



- 6.1.2 Pediatric Patients: *EMT-Cs* and *EMT-Ps* with IV pump training **ONLY** may administer **AMIODARONE**: 5 mg/kg over 20-60 minutes by IV Infusion Pump (maximum dose 150 mg).
- 7. If VT is converted to another rhythm, follow all appropriate protocols.
- 8. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 9. Document all incident information by completing the RI EMS Ambulance Run Report.



## Ventricular Tachycardia (VT) [ALS] Flowchart

Patient Unconscious, or with Unstable Vital Signs

Assess patient and obtain initial VS Reassess frequently



High-concentration O<sub>2</sub>



Monitor and document ECG



(Consider sedation) Synchronized cardioversion



IV: NS or LR



Transport to hospital ED



AMIODARONE or LIDOCAINE HCL



**ADENOSINE** 



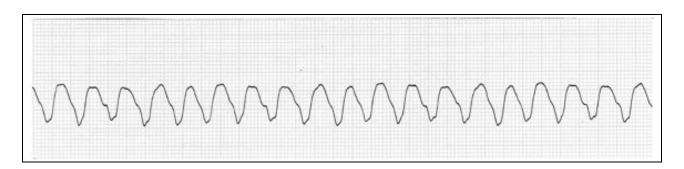
If VTach persists:
Contact Medical Control



Document

## Ventricular Tachycardia (VT) [ALS]

Patient unconscious, with a pulse, or with unstable vital signs



#### RECOGNITION

Wide-complex tachycardia (ventricular rate usually >150 per minute) on ECG of patient who is unconscious, or who has any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension, or shock.

#### **TREATMENT**

- 1 Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 2 Administer **OXYGEN** with the highest-concentration device tolerated. Assist ventilations as indicated
- 3 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4 Attempt to cardiovert the patient, as indicated below:
  - 4.1 For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  - 4.2 Record initial ECG rhythm and attempted cardioversions. Attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
  - 4.3 Attempt synchronized cardioversion; as indicated below:
    - 4.3.1 Adult patient: cardiovert at **50 joules**. If unsuccessful, may repeat at increasing energy levels: **100 joules**; **200 joules**; **300 joules**; **360 joules** (or maximum energy) or manufacturer's biphasic equivalent.

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- 4.3.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): attempt synchronized cardioversion at **0.5 joule/kg** (0.25 joule/lb). If unsuccessful, may repeat at increasing energy levels: **1.0 joule/kg** (0.5 joule/lb); **2 joules/kg** (1 joule/lb); **4 joules/kg** (2 joules/lb) or manufacturer's biphasic equivalent.
- 5 Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20 ml/hour):
  - 5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 6 Transport the patient without delay to the nearest appropriate <u>HOSPITAL EMERGENCY</u> FACILITY.
- 7 Contact Medical Control.
- 8 If VT persists, administer **AMIODARONE** or **LIDOCAINE** HCL as indicated below:
  - 8.1 Adult patients: <u>EMT-Ps only</u> (or <u>EMT-Cs</u> with Medical Control) administer **AMIODARONE** 150 mg IV bolus once.



8.2 Pediatric Patients: <u>EMT-Ps only</u> (or <u>EMT-Cs</u> with Medical Control) administer **AMIODARONE** 5 mg/kg IV bolus once (maximum dose: 150mg).

#### OR

- 8.3 All patients: Administer **LIDOCAINE HCL** 1.0- 1.5 mg/kg IV push (or 2.0- 3.0 mg/kg by endotrachael tube), followed by **NORMAL SALINE** flush.
- 8.4 If VF/VT persists, repeat administration of **LIDOCAINE HCL** every 3-5 minutes to a maximum total of 3mg/kg of **LIDOCAINE HCL**.

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- 9 For all patients: If VT is converted to a perfusing rhythm contact Medical Control for permission to administer **AMIODARONE** or **LIDOCAINE HCL.** A loading dose may be considered if not already given with careful attention to the risk of side effects. Typically if a drug has already been administered, that same drug should be continued if maintenance infusion is administered. Due to the high risk of side effects with incorrect dosage, **AMIODARONE** or **LIDOCAINE HCL** infusions may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with **D**<sub>5</sub>**W** using a "PVC-free" bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER's** solution).
  - 9.1 <u>EMT-Cs</u> and <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer AMIODARONE by Infusion Pump at a rate as directed by Medical Control (typically 1- 15 mg/min – faster rates are associated with a higher risk of hypotension).

#### <u>OR</u>

- 9.2 <u>EMT-Cs</u> and <u>EMT-Ps</u> with IV pump training <u>ONLY</u>: May administer **LIDOCAINE** HCL by IV Infusion Pump at a rate as directed by Medical Control (typically 1-4 mg/min/ 30-50 mcg/kg/min). Lower doses should be used in patients with hepatic dysfunction or > 70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.
- 10 With authorization from Medical Control, administer **ADENOSINE** (Adenocard®) as indicated below:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.

- 10.1 Adult patients: administer **ADENOSINE** 12 mg, <u>rapid</u> IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RINGER'S** solution.
  - 10.1.1 If initial dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 12 mg, rapid push (1-3 seconds), followed by rapid flush with 20 ml **NORMAL SALINE** or **LACTATED RINGER'S** solution.



- 10.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer **ADENOSINE** (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), <u>rapid</u> IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.
  - 10.2.1 If initial dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 0.2 mg/kg (maximum dose: 12 mg), <u>rapid</u> IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 11 If VT is converted to another rhythm, follow all appropriate protocols.
- 12 Document all incident information by completing the RI EMS Ambulance Run Report.



## **Abdominal Pain**

TRI	Quick Reference		
1.	Asse: condi	ss patient, obtain initial vital signs, and frequently reassess patient's tion.	Physical Exam & Vital Signs
	1.1	Attempt to determine the following:	Consider:
		1.1.1 nature, duration, location and radiation of pain	Pain
		1.1.2 associated symptoms or complaints	Symptoms
		1.1.3 related history (eg: trauma, ingestion, pregnancy, surgery)	History
	1.2	Examine abdomen for tenderness, guarding, masses.	Inspect & Palpate
2.		dominal pain is associated with abdominal trauma, follow the <i>Trauma</i> col, with specific reference to <b>Further Care of Abdominal Trauma</b> .	R/O trauma
3.		the patient to assume a comfortable position, unless contraindicated. on of the knees and hips may help decrease pain.	Patient comfort
4.	If the	re is evidence of shock, follow the <i>Shock</i> protocol.	Treat shock
5.	Admi	nister <b>oxygen</b> with the highest-concentration device tolerated.	High conc O <sub>2</sub>
<b>∇</b> A 6.	Cons initial rhyth	der placing the patient on a cardiac monitor. Observe and record the ECG rhythm, and any rhythm changes. Attach a copy of the initial m strip to the hospital copy of the RI EMS Ambulance Run Report.	Monitor ECG  IV Access
		R's to run at KVO rate.	or IV: NS or LR
	7.1	Adult patients: If an IV has been started, administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (20–30 mL/hour).	Adult: 20–30 mL/hr
	F		
	7.2	Pediatric patients <5 feet tall (<35 kg/75 lbs): If an IV has been started, administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10–20 mL/hour).	Pedi: 10–20 mL/hr
	7.3	If unable to establish IV in ≤2 attempts (<5 minutes) transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u> . Any further attempt at IV placement must occur en route.	
$\nabla A$	LL EN	TTS	
8.	Conta	<u>act Medical Control</u> .	Med Control
9.	Trans	port the patient without delay to a <u>HOSPITAL</u> <u>EMERGENCY</u> <u>FACILITY</u> .	Transport
10.	Docu <i>Repo</i>	ment all incident information by completing the RI EMS Ambulance Run rt.	Document



## **Anaphylaxis and Severe Bee Sting Allergy**

#### RECOGNITION

Exposure to a substance (e.g., bee sting, peanuts, penicillin, etc) to which the patient is profoundly sensitive, causing signs of shock, wheezing, respiratory distress or hives.

#### TREATMENT

- 1 Maintain a patent airway; assist ventilation as necessary.
- 2 Administer **OXYGEN** with the highest-concentration device tolerated.
- For patients with severe respiratory distress: Administer **EPINEPHRINE 1:1000** (1mg/mL) as indicated below. For patients over 50 years of age, or who have a known cardiac history, <u>contact Medical Control</u> prior to administration of **EPINEPHRINE**.
  - 3.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg (0.3mL) SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit<sup>®</sup>) or an **EpiPen**<sup>®</sup> auto injector.



- 3.2 Pediatric patients: Administer **EPINEPHRINE 1:1000** SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an **EpiPen**® auto injector, as specified below:
  - 3.2.1 Pediatric patients >20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.3 mL (0.3 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit<sup>®</sup>) or an **EpiPen**<sup>®</sup> auto injector.
  - Pediatric patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE** 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.2 mL (0.2 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or by an **EpiPen**® **Jr.** auto injector.
  - 3.2.3 Pediatric patients <10 kg (25 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.1 mL (0.1 mg) by drawing from ampules or vials or with a prefilled syringe (eg: Ana-Kit<sup>®</sup>).

Effective: June 30, 2007

4 Assess patient, obtain initial vital signs, and frequently reassess patient's condition.

Transport should not be delayed; administration of **EPINEPHRINE** and other interventions can be undertaken en route to a <u>HOSPITAL EMERGENCY FACILITY</u>.

#### **▼** ALS PERSONNEL

- 6 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
  - 7 Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution to run at KVO rate (~20 ml/hr). If unable to start an IV in 2 attempts or 5 minutes, transport to a *HOSPITAL EMERGENCY FACILITY*. Any further attempts must occur en route.
  - 8 If respiratory distress or shock do not improve, repeat **EPINEPHRINE 1:1000** (1 mg/mL):
    - 8.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg SQ.



- 8.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE 1:1000** as indicated below:
  - 8.2.1 Patients >20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01mL/kg (0.01 mg/kg) SQ to a maximum of 0.3 mL (0.3 mg).
  - 8.2.2 Patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.2 mL (0.2 mg).
  - 8.2.3 Patients <10 kg (25lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.1 mL (0.1 mg).
- 8.3 Alternate doses/routes of administration of **EPINEPHRINE** for patients with severe respiratory distress or hypotension:
  - 8.1.1 Adult patients: Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg to a maximum of 0.5 mg IV over 5-10 minutes.
  - 8.3.2 If unable to establish an IV, administer **EPINEPHRINE**1:1,000 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube.

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### **▼** *ALS PERSONNEL (CONT'D.)*



- 8.3.3 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE 1:10,000** 0.005-0.020 mg/kg (to a maximum of 0.5 mg) IV over 5-10 minutes.
- 8.3.4 If unable to establish an IV, administer **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE** by endotracheal tube.
- 9 Administer **DIPHENHYDRAMINE** (Benadryl®) as indicated below:
  - 9.1 Adult patients: Administer **DIPHENHYDRAMINE** (Benadryl®) 20-50 mg PO, IM, or IV.



- 9.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **DIPHENHYDRAMINE** (Benadryl®) 1 mg/kg PO, IM, or IV.
- 10 Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef<sup>®</sup>), as indicated below:
  - 10.1 Adult patients: Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 100 mg IV.



10.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 1-2 mg/kg IV.

#### **▼** *ALS PERSONNEL (CONT'D.)*

- 11 <u>EMT-Ps only</u> (with Infusion Pump training) may perform either or both of the following. <u>EMT-Cs</u> (with Infusion Pump training) must <u>contact Medical Control</u> for authorization to administer **DOPAMINE HCL** as indicated below. Due to the high risk of side effects due to incorrect dosages, **DOPAMINE HCL** may only be administered by Infusion Pump.
  - 11.1 Administer **DOPAMINE HCL** by IV infusion as indicated below:
    - 11.1.1 Adult patients: Administer **DOPAMINE HCL** at 2-20 mcg/kg/min IV by Infusion Pump (preparation: 400 mg in 250 mL NS yields 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure >90 mm Hg.



11.1.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **DOPAMINE HCL** as indicated on a pediatric dosing device, at 2-20 mcg/kg/min by IV Infusion Pump and titrate the rate to achieve a systolic blood pressure above the appropriate agerelated value (refer to the following table).

AGE	GE Systolic BP	
Newborn (birth-1 month)	>40	NOTE:
Infant $(1 \text{ month} - 1 \text{ year})$	>60	absent
Pre-School (1-6 years)	>75	radial pulse
School Age (6-12 years)	>85	suggests
Adolescent (12-16 years)	>90	hypotension
		-

- 11.2 <u>EMT-Ps only</u> (with Infusion Pump training and with authorization from Medical Control) may administer EPINEPHRINE by IV infusion. Due to the high risk of side effects due to incorrect dosages, EPINEPHRINE may only be administered by an IV Infusion Pump as indicated below:
  - 11.2.1 Infuse **EPINEPHRINE** 0.05-0.20 mcg/kg/min by IV Infusion Pump. Typical adult dose: 2-10 mcg/min.



11.2.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Infuse **EPINEPHRINE** 0.05-0.20 mcg/kg/min by IV Infusion Pump. Typical pediatric dose: 0.1-1 mcg/min.

#### **▼** ALL EMTs

- 12 <u>Contact Medical Control.</u>
- 13 Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 14 If further respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.
- 15 If signs of shock are present, follow the *Shock* protocol.
- 16 Document all incident information by completing the RI EMS Ambulance Run Report



## Asthma (COPD)

#### RECOGNITION

Shortness of breath; difficulty breathing manifested by use of ancillary muscles of respiration; flaring nostrils, intercostal, supra-clavicular, or sternal retractions (child); musical wheezes; respiratory rate >30 (adult); prolonged expiratory phase of respiration; previous history of asthma or COPD (Chronic Obstructive Pulmonary Disease).

#### **TREATMENT**

- 1. Maintain a patent airway; assist ventilation if needed.
- 2. Administer **OXYGEN** with the highest-concentration device tolerated.
- 3. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 4. For patients with severe respiratory distress, administer **EPINEPHRINE 1:1000** (1 mg/mL) as indicated below. For patients over 50 years of age, or who have a known cardiac history, <u>contact Medical Control</u> prior to administration of **EPINEPHRINE**.
  - 4.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg (0.3 mL) SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an **EpiPen®** auto injector.



- 4.2 Pediatric patients: Administer **EPINEPHRINE 1:1000** SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an **EpiPen**® auto injector, as specified below:
  - 4.2.1 Pediatric patients >20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01mL/kg (0.01 mg/kg) SQ, to a maximum of 0.3 mL (0.3 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an **EpiPen**® auto injector.
  - 4.2.2 Pediatric patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.2 mL (0.2 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or by an **EpiPen® Jr.** auto injector.
  - 4.2.3 Pediatric patients <10 kg (25lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.1 mL (0.1 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana Kit®)

5. If further respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.

- 6. <u>Contact Medical Control</u>, for authorization to administer bronchodilator therapy as indicated below:
  - 6.1 All patients ≥ 6 months of age: Administer 2.5 mg of **ALBUTEROL** (Proventil®, Ventolin®) 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5-15 minutes. May repeat x 2 en route.



For pediatric patients < 6 months: Administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

#### **▼** ALS PERSONNEL

- 7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 8. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (~20 ml/hour)
  - 8.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a *HOSPITAL EMERGENCY FACILITY*.

#### **▼** ALL EMTS

9. If respiratory distress or shock do not improve, repeat **EPINEPHRINE 1:1000** (1 mg/mL).

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9.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg SQ.



9.2 Pediatric patients < 5 feet tall (<35kg/75lbs): Administer **EPINEPHRINE 1:1000**, as indicated below:

- 9.2.1 Patients > 20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.3 mL (0.3 mg)
- 9.2.2 Patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.2 mL (0.2 mg).
- 9.2.3 Patients < 10 kg (25 lbs): Administer **EPINEPHRINE 1:1000**, 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.1 mL (0.1 mg).

#### **▼** ALS PERSONNEL

- 10. Alternate doses/routes of administration of **EPINEPHRINE** for patients with severe respiratory distress or hypotension:
  - 10.1 Adult patients: Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg to a maximum of 0.5 mg IV over 5-10 minutes.
    - 10.1.1 If unable to establish an IV, administer **EPINEPHRINE 1:1000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube.



- 10.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE**1:10,000 0.005-0.020 mg/kg (to a maximum of 0.5 mg) IV over 5-10 minutes.
  - 10.2.1 If unable to establish an IV, administer **EPINEPHRINE 1:1000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE** by endotracheal tube.
- 11. As an alternative to **EPINEPHRINE**, administer **TERBUTALINE** (Brethine®, Bricanyl®) as indicated below:
  - 11.1 Adult patients: Administer **TERBUTALINE** (Brethine®, Bricanyl®) 0.25 mg SQ.



11.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **TERBUTALINE** (Brethine®, Bricanyl®) 0.01 mg/kg SQ, to a maximum of 0.25 mg/dose.

- 12. Administer **ALBUTEROL** (Proventil®, Ventolin®) as indicated below:
  - 12.1 All patients ≥ 6 months of age: Administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5-15 minutes. May repeat x 2 en route.



- 12.2 For pediatric patients < 6 months: Administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
- 13. Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), as indicated below:
  - 13.1 Adult patients: Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®) 100 mg IV.



Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 1-2 mg/kg

IV.

#### **▼** ALS PERSONNEL

- 14. Contact Medical Control.
  - 14.1 With authorization from Medical Control, *EMT-Ps only* with IV pump training **ONLY** may administer **EPINEPHRINE** by Infusion Pump. Due to the high risk of side effects with incorrect dosages **EPINEPHRINE** infusions may only be administered by IV Infusion Pump as indicated below:
    - 14.1.1 Infuse **EPINEPHRINE** 2-10 mcg/min by IV Infusion Pump.

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#### **▼** ALL EMTs

- 15. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>.
- 16. Document all incident information by completing the *RI EMS Ambulance Run Report*.

Burns Page 23-1

## Burns

#### **TREATMENT**

- 1 **Stop the burning process.** Remove smoldering, non-adherent clothing.
- Assess the airway and follow the *Airway Management and Respiratory Support* protocol, if necessary. Check for breathing and pulse. If not present, start CPR.
- Remove the patient's clothing and rings (but **do not** pull off skin or tissue).
- 4 Suspect an inhalation injury if any of the following is present on assessment:
  - 4.1 Closed space burn (facial burn; singed nasal hairs, beard or mustache)
  - 4.2 Sooty or bloody sputum
  - 4.3 Difficulty breathing or brassy cough
- Assist ventilation with a bag-valve-mask device and high-flow **OXYGEN**, if necessary; or administer **OXYGEN** by highest-concentration device tolerated if respirations are normal.
  - 5.1 Do not use an esophageal obturator airway.
  - 5.2 <u>EMT-Ps only</u>: Consider early intubation for patients with signs of inhalation injury or respiratory distress due to increased incidence of obstruction from airway edema.



- 5.1 For pediatric patients <5 feet tall (<35 kg/75 lbs) who demonstrate respiratory distress from suspected upper airway swelling, administer **EPINEPHRINE** 1:1000 as indicated below. BLS personnel must contact Medical Control for authorization.
  - 5.1.1 Administer **EPINEPHRINE** 5 mL of 1:1000 solution by nebulizer over 5-15 minutes. May repeat once if necessary.
- 6 Assess for any trauma that may not have been suspected initially.
- Wash chemical burns with copious amounts of clean water, **NORMAL SALINE** or other appropriate solutions/decontaminants.
  - 7.1 For exposure to hydrofluoric acid (HF), apply **CALCIUM GLUCONATE** 2.5% topical gel, if available, directly to the exposed area.

Burns Page 23-2

In burns of <10% of body surface area, apply moist saline dressings to comfort the patient. (Third degree burns are not usually painful).

- 8.1 Use aseptic technique as much as possible.
- 8.2 Cover burned areas >10% of body surface area with sterile dressings or sheets.
- 9 Do not allow the patient to consume any food or liquids.

#### **▼** ALS PERSONNEL

- For any patient with a serious burn (2<sup>nd</sup> and/or 3<sup>rd</sup> degree >20% of the body surface area), start a large bore IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution, as indicated below.
  - 10.1 Adult patients: Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at 300mL/hour; or "wide open" if there is evidence of shock.



- 10.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer NORMAL SALINE or LACTATED RINGER'S solution, 20 mL/kg/hr; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.
- 10.3 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.

Effective: June 30, 2007

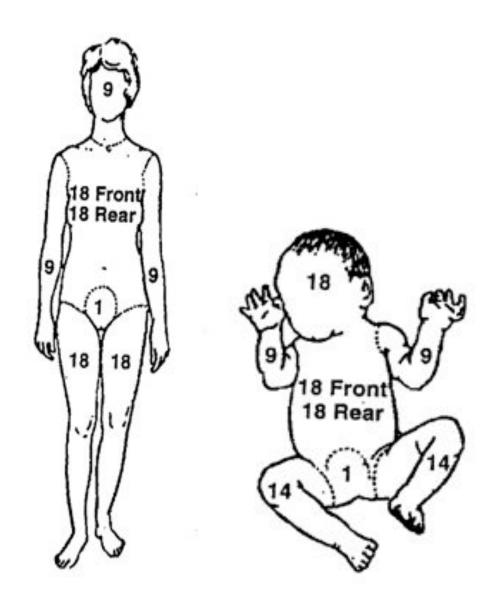
11 <u>Contact Medical Control</u>. For patients exhibiting moderate to severe pain, Medical Control may authorize ALS personnel to administer **MORPHINE SULFATE**, following the *Pain Management and Sedation* protocol.

#### **▼** ALL EMTs

- Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY</u>. Under certain circumstances, transport by air ambulance may be indicated. Refer to *Air Ambulance* protocol.
- For any serious burn of the body and for all inhalation injuries, <u>contact Medical Control</u> en route. Refer to *Burn Injury Chart*.
- 14 Re-evaluate and monitor for airway distress.
- Document all incident information by completing the *RI EMS Ambulance Run Report*.

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## **Burn Injury Chart**



Children ≥ 8 Years & Adults

**Infants & Children < 8 Years** 

Effective: June 30, 2007

Numbers represent percentage of body surface area (BSA).

The area of the patient's palm (hand without fingers) = 1% of the body surface area.



## Cold Exposure - Frostbite

#### **TREATMENT**

- 1. Assess patient; obtain initial vital signs; determine mental status; frequently reassess patient's condition. If patient may be hypothermic, follow the *Cold Exposure-Hypothermia* protocol.
- 2. Avoid trauma to injured areas (do not rub; do not break blisters).
- 3. Apply dry sterile dressings as padding over injured areas and splint, avoiding pressure or constriction. Do not allow the patient to use injured parts.
- 4. Do not apply snow or ice; but do not thaw injured areas if there is a chance that they may refreeze before reaching the hospital.
- 5. Keep the frozen part away from direct heat, but keep the patient warm.
- 6. Contact Medical Control.
- 7. Transport the patient without delay to a <u>HOSPITAL</u> <u>EMERGENCY FACILITY</u>.
- 8. Document all incident information by completing the *RI EMS Ambulance Run Report*.

#### Quick Reference

Physical Exam Mental Status, & Vital Signs

Move patient

Immobilize injury

Don't thaw if refreezing possible

Warm patient

Med Control

**Transport** 

Document

Effective: 1 July 1995



Effective: June 30, 2007

## **Cold Exposure – Hypothermia**

#### RECOGNITION

Patients with history of or exposure to conditions that may lead to local (extremities, ears, tip of nose etc.) or generalized drop in body temperature sufficient to cause alteration in mental status, vital signs, or damage to body tissues. Note that hypothermia and cold injury often occur at temperatures above freezing and that patients at extremes of age and patients taking some medications are at particular risk for cold injury and hypothermia.

#### **TREATMENT**

- 1. Perform a primary survey. Handle hypothermic patients gently; jarring movements can cause cardiac arrest.
  - 1.1 If the patient is unconscious, not breathing, and pulseless (check for 30-45 seconds as hypothermia may cause extreme bradycardia), follow the *Cardiac Arrest* protocol and the current guidelines of the American Heart Association for care of hypothermic patients. Note that defibrillation sequence may be different for patients with severe hypothermia (Defibrillation may be delayed until the patient is warmed).
  - 1.2 Secure the airway. Suction as necessary. If the patient has signs of respiratory distress follow the *Airway Management and Respiratory Support* protocol.
  - 1.3 Administer **OXYGEN** with the highest concentration device tolerated; assist ventilations as necessary. When ever possible, use warmed (40-42° C, 104-107° F) humidified **OXYGEN**.
- 2. Assess the patient, obtain initial vital signs, and frequently reassess the patient's condition.
  - 2.1 If indicated, remove wet clothing by cutting to limit patient movement.
  - 2.2 Prevent heat loss by covering the patient with dry blankets (or sleeping bags, etc.) and providing a warmed environment for the patient as soon as possible. If available, place heat sources (warmed IV bags, wrapped hot packs, etc.) at the patient's neck, armpits, and groin.

#### **▼** ALS PERSONNEL

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

- 4. Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution, to run at KVO (~20ml/hour). Use warmed IV fluids (40-42° C, 104-107° F) whenever possible.
  - 4.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 5. <u>Contact Medical Control prior to</u> any drug administration in cases of severe hypothermia (core temperature <29.4° C [85°F]).
- 6. Contact Medical Control.
- 7. Transport the patient without delay to a <u>HOSPITAL EMERGENCY FACILITY.</u>
- 8. Document all incident information by completing the RI EMS Ambulance Run Report.

Effective: June 30, 2007 rev.1

# **Dyspnea (Shortness of Breath) Without Airway Obstruction**

#### **TREATMENT**

- 1. Allow patient to chose a comfortable position, unless hypotensive. Hypotensive patients should be supine. Assist ventilation, as necessary.
- 2. Administer **OXYGEN** with the highest-concentration device tolerated.
- 3. Assess patient; obtain initial vital signs; frequently reassess patient's condition.
  - 3.1 If dyspnea is secondary to another apparent condition, such as asthma, COPD, CHF, trauma, chest pain or, allergic reaction, follow all appropriate protocols.
  - 3.2 For patients who demonstrate severe dyspnea with stridor from suspected upper airway swelling, administer **EPINEPHRINE 1:1000** as indicated below:
    - 3.1.2. (BLS personnel with Medical Control ONLY) Administer EPINEPHRINE 1:1000 5 ml by nebulizer over 5- 15 minutes. May repeat once if necessary.

#### **▼** ALS PERSONNEL

- 4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 5. Start and IV access device or at least one IV of **NORMAL SALINE** or **LACATATED RINGER'S** to run at KVO rate (~20ml/hour).
  - 5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a *Hospital Emergency Facility*. Any further attempt at IV placement must occur en route.

#### **▼** ALL EMTs

- 6. If there is evidence of respiratory failure (adult respiratory rate <10 or >30, marked effort to breathe, cyanosis, change in mental status, or lethargy), follow the *Airway Management and Respiratory Support protocol:* 
  - 6.1 Assist ventilations.
  - 6.2 Consider advanced airway management.
- 7. Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
- 8. Contact Medical Control.
- 9. Document all incident information by completing the RI EMS Ambulance Run Report.



## Heat Cramps and Heat Exhaustion

#### **RECOGNITION**

- 1. Profuse sweating with or without adequate replacement of water but with inadequate replacement of salt.
- 2. Severe painful muscular cramping of leg and abdominal muscles.
- 3. The mental state is clear in heat cramps; mental status may be agitated (but not confused) in heat exhaustion.
- 4. Skin wet and warm with normal color, progressing to moist, cool and pale in heat exhaustion.
- 5. Core temperature normal or slightly elevated.
- 6. Generalized weakness, headache, and nausea/vomiting may be present with heat exhaustion.

TRE	TREATMENT	
1.	Assess patient; obtain initial vital signs; determine mental status; frequently reassess patient's condition.	Physical Exam Mental Status & Vital Signs
2.	Move patient to a cooler area.	Move patient
3.	Loosen or remove non-essential clothing.	Aid heat loss
4.	If there is evidence of shock, elevate the patient's legs and follow the <i>Shock</i> protocol.	Treat shock
5.	Give water or oral rehydration/electrolyte solution (eg: Gatorade®) PO, if patient is alert and swallows easily.	PO fluids
6.	Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.	Transport
7.	Contact Medical Control.	Med Control
8.	Document all incident information by completing the RI EMS Ambulance Run Report.	Document



## **Heat Stroke**

#### RECOGNITION

- 1. Air temperature usually 90° F (32.2° C) or above, with high humidity.
- 2. Usually affects elderly people or those with medical problems.
- 3. Core temperature 103° F (39.4° C) to 106° F (41.1° C).
- Absence of sweating (but patients with exertional heat stroke may still be sweating). 4.
- 5. Skin warm, red and dry (except in exertional heat stroke).
- 6. Blood pressure is low in 50% of patients.
- Patients demonstrate confusion or impaired consciousness, or become comatose. 7.
- 8. Rapid breathing.

reassess patient's condition.  2. Provide rapid cooling as soon as possible.  2.1 Remove to cool place; open windows; use fans if available.  2.2 Keep patient wet with cool water.  3. Administer OXYGEN with the highest-concentration device tolerated.  Wals Personnel  4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.  5. Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:  5.1 Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.  5.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.	Quick Reference	FREATMENT
2.1 Remove to cool place; open windows; use fans if available.  2.2 Keep patient wet with cool water.  3. Administer OXYGEN with the highest-concentration device tolerated.    Valsa   Valsa	Physical Exam, /S & Mental Status	person from the engine, actominio montar status, modustrity
2.2 Keep patient wet with cool water.  3. Administer OXYGEN with the highest-concentration device tolerated.    Wals Personnel	Rapid cooling	Provide rapid cooling as soon as possible.
<ol> <li>Administer OXYGEN with the highest-concentration device tolerated.</li> <li>High</li> <li>V ALS PERSONNEL</li> <li>Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.</li> <li>Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:         <ul> <li>Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.</li> </ul> </li> <li>Pediatric patients &lt;5 feet tall (&lt;35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.</li> </ol>	Convection	2.1 Remove to cool place; open windows; use fans if available.
<ul> <li>✓ ALS PERSONNEL</li> <li>4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the <i>RI EMS Ambulance Run Report</i>.</li> <li>5. Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:         <ul> <li>5.1 Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.</li> </ul> </li> <li>5.2 Pediatric patients &lt;5 feet tall (&lt;35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.</li> </ul>	Evaporation	2.2 Keep patient wet with cool water.
<ol> <li>Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the <i>RI EMS Ambulance Run Report</i>.</li> <li>Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:         <ul> <li>Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.</li> </ul> </li> <li>Pediatric patients &lt;5 feet tall (&lt;35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.</li> </ol>	High conc O <sub>2</sub>	Administer <b>OXYGEN</b> with the highest-concentration device tolerated.
5.1 Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.  5.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.	Monitor ECG	Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the
solution at 200 mL/hour, or "wide open" if there is evidence of shock.  5.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.	V: NS or LR	. Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:
SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.		The second secon
SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.		
5.3 If unable to establish IV in <2 attempts (<5 minutes) transport the		SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or as 20
patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.		5.3 If unable to establish IV in ≤2 attempts, (<5 minutes) transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u> . Any further attempt at IV placement must occur en route.

- Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY. 6.
- 7. Contact Medical Control.

8. Document all incident information by completing the RI EMS Ambulance Run Report.

Transport

Med Control

Document



# **Impaired Consciousness**

TR	EATMENT	Quick Reference
1.	Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.	? Trauma: Immobilize
2.	Perform initial assessment while protecting the airway with appropriate maneuver.	Initial Survey
3.	Position on left side (unless contraindicated), and remove secretions if needed.	Left lateral Position.
4.	Administer <b>OXYGEN</b> with the highest-concentration device tolerated; assist ventilations as necessary.	High conc O <sub>2</sub>
5.	If further respiratory or ventilatory problems arise, follow the <i>Airway Management and Respiratory Support</i> protocol.	
6.	Obtain history from family and/or bystanders including medications.	Obtain history
7.	Assess the patient; determine level of consciousness with the <b>AVPU</b> method or <b>Glasgow Coma Scale</b> .	Physical Exam LOC
	7.1 Obtain initial vital signs; frequently reassess patient's condition.	Vital Signs
	7.1.1 Evaluate pupillary response and size.	Pupils
	7.1.2 Check for breath odors (alcohol or acetone).	Breath odors
	7.1.3 Examine for needle tracks.	Needle tracks
	7.1.4 Examine for medic-alert tags.	Medic-alert
8.	If signs of shock are present, follow the Shock protocol.	Treat Shock
$\nabla E$	ELS PERSONNEL	
9.	If electronic glucose meter is available, determine blood glucose (bG) concentration. Contact Medical Control and report bG level. If bG is <60 mg/dl or unknown, with authorization from Medical Control, EMTs may administer GLUCAGON, as indicated below:	Med Control (Glucagon)
24444444444	9.1 Adult patients administer <b>GLUCAGON</b> , if available, 1 mg (1 unit) <b>IM</b> or SQ.	Adult: 1 mg
	9.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer GLUCAGON, if available, 0.1 mg/kg, to a maximum of 1 mg (1 unit), IM or SQ.	Pedi: 0.1 mg/kg

Place rhythr	the patier m, and any	Monitor ECG	
Start	an IV of <b>N</b> C	DRMAL SALINE or LACTATED RINGER'S solution:	IV: NS or LR
11.1			
11.2	SALINE O	r LACTATED RINGER'S solution at KVO (10–20 mL/hour); or	
11.3	patient to	a <u>HOSPITAL EMERGENCY FACILITY</u> . Any further attempt at IV	
Draw may b	a sample se done wh	of the patient's blood for blood glucose (bG) analysis. This ile starting the IV.	Draw blood
		ucose meter is available, determine blood glucose (bG)	(Check bG)
		th bG <60 mg/dL, as determined by electronic glucose meter,	Adult Pt:
14.1	Administe	r <b>THIAMINE HCI</b> 100 mg IV push or <b>I</b> M.	Thiamine
14.2			D <sub>50</sub> W
	14.2.1	<u>Do not administer DEXTROSE to a pregnant patient.</u> Administer GLUCAGON 1 mg (1 unit) IM or SQ, in place of DEXTROSE.	(Pregnant Patient: Glucagon)
	14.2.2	If unable to establish an IV, administer <b>GLUCAGON</b> 1 mg (1 unit) <b>IM</b> or SQ.	(Glucagon)
SQ).	Repeat at	3 minute intervals until narcotic overdose is reversed, to a	Adult Pt: Naloxone
15.1	(Narcan®)	0.4 mg IV push (or IM, SQ). Repeat at 1 minute intervals	
15.2	administer	NALOXONE HCI (Narcan®) 2.0 mg diluted in 10 mL NORMAL	
	Place rhything the horizontal the ho	Place the patier rhythm, and any the hospital copy Start an IV of NC 11.1 Adult paties solution at solution.  11.2 Pediatric SALINE of administer shock.  11.3 If unable patient to placement to placement to placement at solution.  Adult patients with or unknown:  14.1 Administer Repeat or 14.2.1  14.2.2  Adult patients: a SQ). Repeat at maximum total do 15.1 Alternative (Narcan®) until narcolution at solution at	SALINE or LACTATED RINGER'S solution at KVO (10–20 mL/hour); or administer boluses of 20 mL/kg over 5–10 minutes for patients in shock.  11.3 If unable to establish IV in ≤ 2 attempts, (<5 minutes) transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.  Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.  If electronic glucose meter is available, determine blood glucose (bG) concentration.  Adult patients with bG <60 mg/dL, as determined by electronic glucose meter, or unknown:  14.1 Administer THIAMINE HCI 100 mg IV push or IM.  14.2 Administer DEXTROSE (D <sub>50</sub> W) 25 gm (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.  14.2.1 Do not administer DEXTROSE to a pregnant patient. Administer GLUCAGON 1 mg (1 unit) IM or SQ, in place of DEXTROSE.  14.2.2 If unable to establish an IV, administer GLUCAGON 1 mg (1 unit) IM or SQ.  Adult patients: administer NALOXONE HCI (Narcan®) 2.0 mg IV push (or IM, SQ). Repeat at 3 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.  15.1 Alternative method of administration: administer NALOXONE HCI (Narcan®) 0.4 mg IV push (or IM, SQ). Repeat at 1 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.

# 7 ALS PERSONNEL 16. Pediatric patients <5 feet tall (<35 kg/75 lbs) with bG <60 mg/dL or unknown: <ul> 16.1 Administer DEXTROSE. Use D<sub>25</sub>W (may be prepared by diluting D<sub>50</sub>W 1:1 with sterile water or NS) and administer as indicated on Broselow<sup>®</sup> Tape, at 2 mL/kg (0.5 gm/kg) over 5 minutes. 16.2 If narcotic overdose is suspected, administer NALOXONE HCI (Narcan<sup>®</sup>) as indicated on Broselow<sup>®</sup> Tape, at 0.1 mg/kg IV push (or IM, SQ, by ETT). Repeat at 3 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.

#### **∇ ALL EMTS**

17. Contact Medical Control.

18. Transport the patient without delay to a <u>HOSPITAL</u> <u>EMERGENCY</u> <u>FACILITY</u>, bringing all available medications, vials, and needles.

19. Document all incident information by completing the *RI EMS Ambulance Run Report*.

Med Control Transport

Document



Drowning Page 30-1

# **Drowning**

#### RECOGNITION

Water submersion with an altered mental status and respiratory distress or a cessation of vital functions. Note: for hypothermic patients, the carotid pulse should be palpated for 30-45 seconds prior to initiation of CPR. If a slow pulse is present, CPR is not necessary.

#### **TREATMENT**

- 1. Coordinate the rescue response to rapidly gain access and remove the victim from the water utilizing sufficient personnel and equipment to ensure safe adherence to protocol.
- 2. If the victim is unresponsive, not breathing, and has no carotid pulse, rapidly remove the victim from the water while controlling the cervical-spine with manual stabilization. Place victim on a long spineboard, clear the airway, begin cardiopulmonary resuscitation, and apply a cervical collar. Follow the *Cardiac Arrest* protocol.
- 3. Spinal injury should be suspected for an unwitnessed event, an unconscious patient, or if traumatic water entry occurred prior to the event. If there is any question of water entry injury, and adequate resources are available, utilize manual stabilization to immobilize and C-spine while in the water and place victim on a submerged long spineboard. Apply a cervical collar.
- 4. Maintain a patent airway; be prepared for vomiting; suction the patient as required.
  - 4.1 If signs of upper airway obstruction are present, follow the *Airway Management and Respiratory Support* protocol.
- 5. Administer **OXYGEN** with the highest-concentration device tolerated; assist ventilations as necessary.
- 6. If the victim was subject to cold-water immersion, follow the *Cold Exposure-Hypothermia* protocol.
- 7. If the victim was involved in underwater diving with diving equipment, <u>contact Medical Control</u>.
  - 7.1 With authorization from Medical Control, contact the National **Divers' Alert Network** (919-684-8111 or 919-684-2948) for consideration of transport to a

    HYPERBARIC TREATMENT FACILITY.

Drowning Page 30-2

- 7.1.1 Evaluate pupillary response and size.
- 7.1.2 Check for breath odors (alcohol or acetone).
- 7.1.3 Examine for needle tracks.
- 7.1.4 Examine for Medic-Alert® tags.
- 8. <u>Contact Medical Control</u>
- 9. Transport patient without delay to the appropriate <u>HOSPITAL EMERGENCY</u>
  <u>FACILITY</u> or <u>HYPERBARIC TREATMENT FACILITY</u> as directed by Medical Control.
- 10. Document all incident information by completing the RI EMS Ambulance Run Report

Newborn Resuscitation Page 31-1



#### RECOGNITION

Infants <u>NOT</u> in need of resuscitation can usually be identified by having <u>ALL</u> of the following: Full-term gestation, clear amniotic fluid, breathing or crying, good muscle tone. Infants missing <u>ANY</u> of these four characteristics, or with other signs of distress, should be evaluated and treated as indicated below

#### **TREATMENT**

- 1. Provide warmth and minimize heat loss from the infant.
- 2. If infant is **not vigorous** (HR<100, poor muscle tone, poor respiratory effort or color), and the amniotic fluid is not clear, manage the airway as below:
  - 2.1 Suction the infant's mouth then nose using a bulb syringe. Suctioning should be limited to less than 5 seconds to avoid hypoxia or bradycardia.
  - 2.2 Provide positive pressure ventilation using BVM technique following the American Heart Association (AHA) guidelines.
  - 2.3 *EMT-Ps* only: Perform endotracheal intubation and tracheal aspiration prior to stimulating the infant. Use Pediatric Dosing Device to estimate patient weight based upon length and the following table guidelines for proper endotracheal tube size and depth of insertion.

Weight kg	Gestational Age	Laryngoscope	Endotracheal	Depth of
	weeks	Blade Size	Tube Size	Insertion from
				Upper Lip
<1	<28	0	2.5	6.5-7.0
1-2	28-34	0	3.0	7.0-8.0
2-3	34-38	0-1	3.5	8.0-9.0
>3	>38	1	3.5-4.0	>9.0

Newborn Resuscitation Page 31-2

- 3. Further minimize heat loss from the infant:
  - 3.1 Dry the infant thoroughly.
  - 3.2 Cover the infant's head.
  - 3.3 Wrap the infant in plastic wrap and blankets or towels.
  - 3.4 Increase the temperature in the room (and ambulance) as much as possible.
- 4. Position the infant to establish and maintain a patent airway.
- 5. Evaluate respiratory rate, skin color and heart rate.
  - 5.1 If the infant is <u>apneic or has weak or gasping respirations</u>, provide positive pressure ventilations with BVM and 100% **OXYGEN** at 40-60 respirations/minute according to the American Heart Association (AHA) guidelines..
  - 5.2 If breathing is <u>adequate</u>, evaluate color. If cyanotic or in respiratory distress, administer **OXYGEN** by "blow-by" method and monitor continuously.
  - 5.3 Evaluate heart rate (brachial, umbilical, or apical pulse) and <u>monitor</u> continuously to guide resuscitation.
    - 5.3.1 If the heart rate is <60, provide positive pressure ventilation with 100% **OXYGEN** and chest compressions according to the American Heart Association (AHA) guidelines.
      - 5.3.1.1 *EMT-Ps only:* Consider endotracheal intubation if chest compressions or assisted ventilations are required for more than 90 seconds. Use the table above in section 2.3 as a guide.
    - 5.3.2 If the heart rate is between 60 and 100, provide positive pressure ventilation with BVM and 100% **OXYGEN** according to the American Heart Association (AHA) guidelines.
    - 5.3.3 If the heart rate is >100, maintain warmth and reassess frequently.

#### **▼** ALS PERSONNEL

6. Place the patient on a cardiac monitor (and pulse oximeter if available). Observe and record the initial ECG rhythm, and any rhythm changes (and pulse oximetry reading if available). Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

Newborn Resuscitation Page 31-3

6.1 If heart rate remains <100 or the patient has signs of shock or as directed by Medical Control, consider obtaining IV access according to the *IV Access and Admixtures (ALS)* protocol.

- 6.1.2 <u>EMT-Ps only</u>: consider obtaining IV or IO access according to the *IV* Access protocol. IO is the preferred route, followed by umbilical vein and then peripheral vein.
- 6.2 If the infant has signs of shock, administer **NORMAL SALINE** 10 mL/kg IV push. This may be repeated twice if signs of shock persist.
- 6.3 If the heart rate remains <60 despite assisted ventilations and chest compressions, administer **EPINEPHRINE 1:10,000** 0.01-0.03 mg/kg IV. May repeat every 3-5 minutes, if bradycardia or asystole persist.
  - 6.3.1 **EMT-Ps only:** If the heart rate remains <60 despite assisted ventilations and chest compressions, administer **EPINEPHRINE 1:10,000** 0.01-0.03 mg/kg IV or IO (preferred route) **OR** 0.1 mg/kg by endotracheal tube. May repeat every 3-5 minutes, if bradycardia or asystole.

#### **▼** ALL EMTs

- 7. Assess patient; obtain initial vital signs; frequently reassess patient's condition en route.
  - 7.1 Calculate the APGAR scores at 1 and 5 minutes of life. Determination of the APGAR scores should not delay resuscitation.

#### **APGAR Scoring System**

PHYSICAL SIGN	0 POINTS	1 POINT	2 POINTS
Heart rate	Absent	<100	>100
Respiratory effort	Absent	Slow, irregular (or	Normal (or strong
		weak cry)	cry)
Muscle tone	Limp	Some flexion	Active motion
Reflex irritability	No response	Grimace; some	Cough or sneeze;
		motion	vigorous cry
Color	Blue, pale	Mucus membranes	Mucus membranes
		pink; nail beds blue	and nail beds pink

- 8. Contact Medical Control.
- 9. Transport the infant to the nearest appropriate <u>HOSPITAL EMERGENCY FACILITY</u> without delay.

Effective: June 30, 2007

10. Document all incident information by completing the *RI EMS Ambulance Run Report*.



# **Obstetrical Assistance**

TR	Quick Reference			
1.	Asse	ss patient;	; obtain initial vital signs; frequently reassess patient's condition.	Physical Exam & Vital Signs
	1.1	Evaluate	e the vital signs, especially blood pressure.	Evaluate VS
		1.1.1	If there is evidence of shock, follow the Shock protocol.	Treat shock
		1.1.2	If swelling and/or high blood pressure are present, be prepared for possible seizure activity (eclampsia).	Possible seizures
	1.2	Examine	the perineum:	Exam:
		1.2.1	Check for vaginal bleeding.	? bleeding
		1.2.2	Check for crowning during contraction.	? crowning
		1.2.3	Check for abnormal presentation (eg: hand, umbilical cord).	? abnormal presentation
	1.3	Attempt	to determine the following information about labor:	Labor info
		1.3.1	What is the length of time between contractions?	
		1.3.2	Have the membranes ruptured? When?	
		1.3.3	Is there any bleeding? How much?	
		1.3.4	Has the baby's head or any other part appeared?	
	1.4	Attempt	to determine the following information about the pregnancy:	Pregnancy info
		1.4.1	Have there been any problems or complications?	
		1.4.2	Has the mother delivered any other babies?	
		1.4.3	How close to the due date?	
		1.4.4	Is there more than one fetus?	
		1.4.5	Has there been any drug use?	
2.	Deter	mine whe	ther to assist at scene, or transport.	? Stay or transport
	2.1	If patient of comfo		
	2.2			
∇ A	<b>LS PE</b> 2.3.		The starting an IV access device or an IV of NORMAL SALINE or ED RINGER'S solution to run at KVO rate (20–30 mL/hour).	IV Access or IV: NS or LR

Obstetrical Assistance Page 32-2

#### ∇ ALL EMTs

3. To assist in a normal delivery, follow the *Newborn Resuscitation protocol*, and provide the following care:

Follow Newborn Resuscitation

3.1. Administer **OXYGEN** with the highest-concentration device tolerated.

High conc O2

3.2 Position mother for delivery

Position

3.3 Whenever possible, use sterile or aseptic technique.

Aseptic tech.

3.4 Apply gentle pressure against the baby's head to guide and control delivery.

Gentle pressure

3.5 Support the head and thorax as they appear.

Support body

3.6 Apply two clamps to cord, approximately 8 inches from baby's abdomen. Cut cord between the clamps.

Clamp and cut

3.7 If no active resuscitation is required:

3.7.1 Dry the infant, cover its head, and wrap the baby to minimize heat loss.

Dry and warm infant

3.7.2 Encourage the mother to nurse, to assist uterine contractions.

Mother to nurse

4. Transport the mother and the infant(s) without delay to a <u>HOSPITAL EMERGENCY</u> FACILITY.

Transport

4.1 Unless active resuscitation is required, the infant(s) is (are) to be transported in an appropriate child passenger restraint system.

5. Contact Medical Control.

Med Control

6. Document all incident information by completing the RI EMS Ambulance Run Report.

Document

# Pain Management and Sedation (Optional) [ALS]

TREATMENT					Quick Reference
1.		For patients exhibiting moderate to severe pain or pulmonary congestion, and with authorization from Medical Control, provide treatment as follows:			Med Control
	1.1	Assess a	nd record th	e following signs, and reassess frequently:	Monitor:
		(a)	level of c	onsciousness	LOC
		(b)	heart rate	e, respiratory rate, blood pressure	HR, RR, BP
		(c)	ECG		ECG
		(d)	oxygen s	aturation, if pulse oximeter is available	(S <sub>p</sub> O <sub>2</sub> )
	1.2	Administe	er <b>MORPHINE</b>	SULFATE (MSO <sub>4</sub> ) as indicated below:	Morphine
		1.2.1		ts $\geq$ 6 months of age (~7 kg/15 lbs): administer <b>MORPHINE</b> 0.1 mg/kg IV over 2 minutes, with a maximum initial dose	IV over 2 min.
			1.2.1.1	If unable to establish an IV, administer <b>MORPHINE SULFATE</b> 0.1 mg/kg SQ or IM, with a maximum initial dose of 6 mg.	SQ or IM
			1.2.1.2	Administer additional doses of 0.05 mg/kg (adult patients: 1–3 mg) IV over 2 minutes (or SQ, IM) at 5–30 minute intervals, until pain is relieved.	(Repeat doses)
		1.2.2 Pediatric patients <6 months of age (~7 kg/15 lbs): administer  MORPHINE SULFATE 0.05 mg/kg IV over 2 minutes.			IV over 2 min
			1.2.2.1	If unable to establish an IV, administer <b>MORPHINE SULFATE</b> 0.05 mg/kg SQ or IM.	SQ or IM
			1.2.2.2	Administer additional doses of 0.05 mg/kg IV over 2 minutes (or SQ, IM) at 5–30 minute intervals, until pain is relieved.	(Repeat doses)
	1.3			authorize the administration of subsequent doses at 5 chieve effect.	(Additional doses)
	1.4		order if pa d conscious	ntient develops respiratory depression, hypotension, or ness:	Treat respiratory depression, LOC
		1.4.1	Provide a	ppropriate airway and ventilatory support.	Manage A-B-C
		1.4.2	(diluted ir dose is therapeut	er NALOXONE HCI 0.01 mg/kg IV push (or IM, SQ, or NORMAL SALINE) by endotracheal tube, PRN). (Note: This appropriate to reduce the side effects induced by ic narcotic use, in contrast to the dose used to reverse overdose, 0.1 mg/kg.)	Naloxone: Low doses to reduce side effects

2.			are to be cardioverted or intubated; or others who would benefit from authorization from Medical Control, provide treatment as follows:	Sedation
	2.1	Assess and	d record the following signs, and reassess frequently:	Monitor:
		(a)	level of consciousness,	LOC
		(b)	heart rate, respiratory rate, blood pressure	HR, RR, BP
		(c)	ECG	ECG
		(d)	oxygen saturation, if pulse oximeter is available	(S <sub>p</sub> O <sub>2</sub> )
	2.2	Administer	DIAZEPAM (Valium®) as indicated below:	Diazepam
2,,,,,,,,,,	٠	2.2.1	Adult patients: administer <b>DIAZEPAM</b> 5–15 mg IV, at a rate not to exceed 5 mg per minute.	
		2.2.2	Pediatric patents <5 feet tall (<35 kg/75 lbs): administer DIAZEPAM as indicated on Broselow <sup>®</sup> Tape, at 0.05–0.2 mg/kg IV, at a rate not to exceed 5 mg per minute.	Diazepam per Broselow <sup>®</sup> Tape
i	••••••••	2.2.3	Allow 5–10 minutes for effect.	,
	2.3	As an alt	ernative to $ extstyle{ t DIAZEPAM}$ , administer $ extstyle{ t MIDAZOLAM}$ $ extstyle{ t HCI}$ ( $ extstyle{ t Versed}^{ extstyle{ t Q}}$ ) as	Midazolam
		2.3.1	Administer MIDAZOLAM 0.05-0.1 mg/kg IV over 1 minute, or IM. Adult maximum: 5 mg; pediatric maximum: 2.5 mg.	MacLoidin
		2.3.2	Allow 2 minutes for effect (10 minutes for IM). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.	
	2.4		levelops respiratory depression or hypotension, provide appropriate piratory and ventilatory support.	Treat respiratory depression, LOC Manage A-B-C
3.			from Medical Control for certain patients, administer both MORPHINE ZOLAM (which may be combined in the same syringe).	
4.		ment proced <i>Ambulance l</i>	ures to provide pain management and sedation by completing the <i>RI</i> Run Report.	Document

# Poisoning and Overdose

TREATMENT					Quick Reference
1.	If the	? Impaired Consciousness			
2.				enter for Poison Control & Prevention (1-800-682- Control. As directed, perform one of the following:	Poison Control (Med Control)
	2.1		iter ACTIVA sorbitol.	TED CHARCOAL 1 gm/kg (0.5 gm/lb) PO, mixed with	Activated Charcoal
		2.1.1	Adminis conscio	ster <b>ACTIVATED CHARCOAL</b> only if the patient is fully us, or has an endotracheal tube in place.	
		2.1.2		s only: administer ACTIVATED CHARCOAL by ric or nasogastric tube, if unable to administer PO.	
		2.1.3	<u>Do</u> <u>not</u> <u>ingeste</u> substar	administer ACTIVATED CHARCOAL if patient has disable a hydrocarbon, petroleum distillate, or a caustic ce.	
	2.2	Adminis	ter <b>SYRUP</b>	OF IPECAC as indicated below:	Ipecac
		2.2.1	Patients 30 mL ( water.	8 8 years of age: administer SYRUP OF IPECAC 22 tablespoons) PO, followed by at least 8 ounces of	
	30				
	******************************	2.2.2	For pat (1 table	ients <8 years of age, <b>SYRUP OF IPECAC</b> 15 mL spoon) PO, followed by at least 4 ounces of water.	
	-	2.2.3	Do not	administer SYRUP OF IPECAC if:	Contraindications
	<ol> <li>2.2.3.1 the patient has no gag reflex, or is actively seizing or vomiting.</li> </ol>		gag reflex, Sz, vomiting		
			2.2.3.2	the patient has ingested a sharp object; hydrocarbon; petroleum distillate; or a caustic substance (acid or alkali).	ingestion: sharp object, petroleum distillate, caustic
	2.2.3.3 the patient has a bleeding disorder.		bleeding disorder		
		2.2.4		for vomiting by having large emesis container and equipment ready.	Suction ready

11 _	ALS P		
3.	Start	an IV of NORMAL SALINE or LACTATED RINGER'S solution:	IV: NS or LR
	3.1	Adult patients: administer <b>NORMAL SALINE</b> or <b>LACTATED RINGER'S</b> solution at KVO (20–30 mL/hour), or "wide open" if there is evidence of shock.	
	e de la companya de l		
	3.2	Pediatric patients <5 feet tall (<35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10–20 mL/hour); or administer boluses of 20 mL/kg boluses by rapid IV push if there is evidence of shock.	
	3.3	If unable to establish IV in 2 attempts, (<5 minutes) transport the patient to a <u>HOSPITAL</u> <u>EMERGENCY</u> <u>FACILITY</u> . Any further attempt at IV placement must occur en route.	
4.	rhythr	the patient on a cardiac monitor. Observe and record the initial ECG m, and any rhythm changes. Attach a copy of the initial rhythm strip to ospital copy of the <i>RI EMS Ambulance Run Report</i>	Monitor ECG
_	ALL EI	WTS	
5.	Trans bringi	Transport Bring clues	
6.	Conta	act Medical Control.	Med Control
7.	Docui Repo	ment all incident information by completing the RI EMS Ambulance Run rt.	Document

## **Radiation Exposure**

#### TREATMENT

- Contact Medical Control by radio or telephone while en route to the scene. Relay the available information and estimated time of arrival of your unit. Further instructions for decontamination of the patient, your vehicle and yourself will be given to you by Medical Control.
- 2. Use common sense. The time you are exposed and the distance you are away from the source are the exposure factors for contaminants. Once separated from the source, an exposed (not contaminated) person is not a risk to you.
- 3. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 4. If patient's clothing has not been removed by the initial responders, <u>contact</u> <u>Medical Control</u> for guidance on removal of clothing.
- 5. Responsibility for patient:
  - 5.1 Give lifesaving emergency assistance, as needed.
  - 5.2 Secure pertinent information from appropriate bystanders.
  - 5.3 If patient has a wound, cover it with clean dressings using gauze or elastic bandage (not adhesive tape).
  - 5.4 Cover stretcher, including pillow, with an open blanket, then wrap the patient in the blanket to limit spread of contamination.
- 6. Transport the patient without delay to a <u>HOSPITAL</u> <u>EMERGENCY FACILITY</u>.
- 7. Document all incident information by completing the *RI EMS Ambulance Run Report*.

#### Quick Reference

Contact Medical Control while en route to scene

Common sense: time, distance

Physical Exam & Vital Signs

? Pt's Clothing

Manage A-B-C

Bystander info

Bandage without tape

Contain contamination

Transport

Document

Effective: 1 July 1995



## Seizures/Postictal State

For pediatric patients <5 feet tall (<35 kg/75 lbs.), follow Seizures (Pediatric) protocol.

#### RECOGNITION

**Seizure**: A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal muscles.

**Postictal:** Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy or remain

unconscious for hours.

TREAT	TMENT	Quick Reference	
1.		unable to rule out trauma, stabilize neck and spine with cervical collar and oard as soon as possible.	? Trauma: -Immobilize
2.	Perforr	m initial assessment while protecting the airway with an appropriate airway.	Initial Survey
3.	Protect	t patient from sustaining any injuries.	Protect Patient
4.	Positio	n on left side (unless contraindicated), and remove secretions if needed.	Left Lateral Position
5.		ister <b>OXYGEN</b> with the highest concentration device tolerated; assist tion's as necessary.	High conc 02
6.		s of ventilatory problems arise, follow the Airway Management and atory Support protocol.	
7.		history from family and/or bystanders including medications. Determine, if e, any previous history of seizure activity.	Obtain history
8.		the patient; determine the level of consciousness with the <b>AVPU</b> method scow Coma Scale.	Physical Exam, LOC
9.	If elect	cronic glucose meter is available, determine blood glucose (bG)	Glucose Meter
10.	of hypopatient	oG concentration is <60 mg/dl or if the patient has signs and/or symptoms oglycemia regardless of the availability of bG measurement, and the 's mental status is "alert" A or becomes alert to "verbal" V stimuli, then ster an ORAL GLUCOSE product, if available, as indicated below:	
	10.1	Administer an <b>ORAL GLUCOSE</b> with approximately 15 grams of <b>GLUCOSE</b> (e.g. Glucola, Glutose 15™, InstaGlucose).	Oral Glucose
	10.2	<b>Do not</b> administer an <b>ORAL GLUCOSE</b> product to a patient who is vomiting, nauseated, or not fully awake.	
	10.3	Repeat administration of <b>ORAL GLUCOSE</b> product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after the first dose.	
	10.4	Contact Medical Control for authorization to administer GLUCAGON 1 mg (1 unit) IM or SQ, if available.	Glucagon Adult 1 mg

T ALC DEDGO	AINIPI			
<ul><li>∇ ALS PERSONNEL</li><li>11. If seizure activity persists, or if the patient has impaired consciousness: ? Uns</li></ul>				
11.1	Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the <i>RI EMS Ambulance Run Report</i> .	Monitor ECG		
11.2	Start an IV of <b>NORMAL SALINE</b> or <b>LACTATED RINGER'S</b> solution at KVO rate (20-30 ml per hour).	IV: NS or LR		
	11.2.1 If unable to start an IV in $\leq$ 2 attempts, ( $<$ 5 minutes) transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u> . Any further attempt at IV placement must occur en route.			
11.3	Draw a sample of the patients blood for blood glucose (bG) analysis. This may be done while starting the IV.	Draw blood		
11.4	Patients with bG $<$ 60 mg/dL as determined by electronic glucose meter, or unknown:	? Hypoglycemia		
	<ul> <li>11.4.1 Administer THIAMINE HCI 100 mg IV push or IM.</li> <li>11.4.2 Administer DEXTROSE (D<sub>50</sub>W) 25 gm (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.</li> </ul>	Thiamine D <sub>50</sub> W		
	11.4.2.1 <u>Do not administer <b>DEXTROSE</b> to a pregnant patient.</u> Administer <b>GLUCAGON</b> 1 mg (1 unit) IM or SQ, in place of <b>DEXTROSE</b> .	(Pregnant Pt: Glucagon)		
	11.4.2.2 If unable to establish an IV, administer <b>GLUCAGON</b> 1 mg (1 unit) IM or SQ.	(Glucagon)		
11.5	Administer <b>NALOXONE HCI</b> (Narcan®) 2.0 mg IV push (or IM, SQ). Repeat at 3 minute intervals until narcotic overdose is reversed or to a maximum total dose of 10 mg.	Naloxone		
	<ul> <li>11.5.1 Alternative method of administration: administer NAXOLONE HCI (Narcan®) 0.4 mg IV push (or IM, SQ). Repeat at 1 minute intervals until narcotic overdose is reversed or to a maximum total dose of 10 mg.</li> <li>11.5.2 Alternative method of administration: If endotracheal tube is in place, administer NAXOLONE HCI (Narcan®) 2.0 mg diluted in 10 ml NORMAL SALINE, by endotrachael tube.</li> </ul>			
11.6	EMT-P's: If seizures continue, administer DIAZEPAM (Valium®) or MIDAZOLAM (Versed®) as indicated below. EMT-C's must contact Medical Control for authorization to administer DIAZEPAM (Valium®) or MIDAZOLAM ( Versed®).	? Continued Sz Diazepam or Midazolam		
	11.6.1 Administer <b>DIAZEPAM</b> (Valium®), if available, 5-10 mg IV over 1-2 minutes. Repeat at 5-15 minutes X2, as needed or	(Diazepam)		
	to a maximum total dose of 30 mg, or 11.6.2 Administer <b>MIDAZOLAM</b> (Versed®), if available, 2.5-5.0 mg IV over 1-2 minutes or IM (or 2.5-5.0 mg by ETT diluted in 10 ml <b>NORMAL SALINE</b> ). Repeat at 5-15 minutes X2, as needed or to a maximum total dose of 10 mg.	(Midazolam)		

#### $\nabla$ ALL EMT'S

12. Contact Medical Control

Med Control

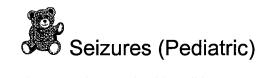
13. Transport patient without delay to a *Hospital Emergency Facility*.

Transport

14. Document all incident information by completing the RI EMS Ambulance Run Report.

Document





#### RECOGNITION

Seizure: A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal

muscles.

**Postictal:** Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy or remain unconscious for hours.

TREA	Quick Reference	
1.	Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.	? Trauma: -Immobilize
2.	Perform initial assessment while protecting the airway with an appropriate maneuver.	Initial Survey
3.	Protect patient from sustaining any injuries.	Protect patient
4.	Position on left side (unless contraindicated), and remove secretions if needed.	Left lateral position.
5.	Administer <b>OXYGEN</b> with the highest-concentration device tolerated; assist ventilations as necessary.	High conc O <sub>2</sub>
6.	If signs of ventilatory problems arise, follow the Airway Management and Respiratory Support protocol.	
7.	Obtain history from family and/or bystanders, including medications. Determine, if possible, any previous history of seizure activity.	Obtain history
8.	Assess the patient; determine level of consciousness with the AVPU method or Pediatric Glasgow Coma Scale.	Physical Exam LOC
9.	If rectal temperature exceeds 38.9° C (102° F) rectal or equivalent, administer <b>ACETAMINOPHEN</b> (Tylenol®) suppository per rectum, 15 mg/kg (7 mg/lb).	(Acetaminophen)
10.	If electronic Glucose meter is available, determine blood Glucose (bG) Concentration	Glucose meter
11.	If the bG concentration is <60 mg/dl or if the patient has signs and/or symptoms of hypoglycemia, and the patient's mental status is "alert" A or becomes alert to "verbal" V stimuli, then administer an ORAL GLUCOSE product, if available, as indicated:	Oral glucose
	11.1 Administer an <b>ORAL GLUCOSE</b> product with approximately 15 grams of <b>GLUCOSE</b> (e.g. Glucola, Glutose 15™, InstaGlucose)	
	11.2 For pediatric patients younger than 1 year of age (<10 kg), Contact  Medical Control. With authorization from Medical Control, EMTs may administer an ORAL GLUCOSE product as directed by Medical Control.	Medical Control

- 11.3 **Do not** administer an **ORAL GLUCOSE** product to a patient who is vomiting, nauseated, or not fully awake.
- 11.4 Repeat administration of **ORAL GLUCOSE** product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after first dose.
- 11.5 <u>Contact Medical Control</u> for authorization to administer GLUCAGON 1 mg (1 unit) IM or SQ, if available.

Glucagon

11.5.1 Pediatric patients <5 feet tall (<35 kg/75 lbs) administer **GLUCAGON** 0.1 mg/kg, to a maximum of **1 mg** (1 unit), IM or SQ.

Pedi: Glucagon

#### **∇ ALS PERSONNEL**

12. If seizure activity persists, or if the patient has impaired consciousness:

? Sz/Imp Cons:

12.1. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

Monitor ECG

12.2. Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:

IV: NS or LR

- 12.2.1 Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (10–20 mL/hour); or administer boluses of 20 mL/kg over 5–10 minutes for patients in shock.
- 12.2.2 If unable to establish IV in  $\leq$  2 attempts, (<5 minutes) transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 12.3. Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.

Draw blood

13. EMT-Ps If patient has demonstrated persistent seizure activity for more than 15 minutes; or has airway compromise with cyanosis or bradycardia, administer DIAZEPAM (Valium®) or MIDAZOLAM (Versed®) as indicated below. EMT-Cs must contact Medical Control for authorization to administer DIAZEPAM (Valium®) or MIDAZOLAM (Versed®).

Diazepam or Midazolam per Broselow<sup>®</sup> Tape

13.1 Administer **DIAZEPAM** (Valium<sup>®</sup>), if available, as indicated on Broselow<sup>®</sup> Tape:0.1–0.3 mg/kg IV over 2 minutes to a maximum of 10 mg, or

Diazepam

13.2 Administer MIDAZOLAM (Versed®), if available, as indicated on Broselow® Tape:0.05-0.1 mg/kg IV over 1-2 minutes or IM, (or 0.05-0.1 mg/kg by ETT diluted in 5 ml NORMAL SALINE) to a maximum of 2.5 mg, or

Midazolam

13.3 Administer DIAZEPAM SOLUTION (Valium®) or GEL (Diastat), if available, 0.5 mg/kg per rectum to a maximum of 20 mg.

Diastat

- 13.4 If seizure activity persists, repeat administration of **DIAZEPAM** (Valium<sup>®</sup>), if available, (IV preferred, rectal, if IV not available) once in 5 minutes to a maximum of 10 mg, or
- 13.5 Repeat administration of **MIDAZOLAM** (Versed®) 0.05-0.1 mg once in 5 minutes to a maximum of 2.5 mg.

14.	If seiz	Cont Sz or low bG		
	14.1	D <sub>25</sub> W per Broselow <sup>®</sup> Tape		
		14.1.1	Do not administer <u>DEXTROSE</u> to a <u>pregnant patient</u> . Administer <u>GLUCAGON 1 mg (1 unit) IM or SQ, in place of DEXTROSE</u> .	(Pregnant Pt: Glucagon)
		14.1.2	If unable to establish an IV, administer <b>GLUCAGON</b> 0.1 mg/kg, to a maximum dose of 1 mg (1 unit) IM or SQ.	(Glucagon)

15. If	-Ps onLy seizures HENOBAR	? Continued Sz Med Control		
15	15.1 Administer PHENOBARBITAL 20 mg/kg IV, at a rate <50 mg/min.			(Phenobarb per Broselow <sup>®</sup> Tape)
	15	5.1.1	May administer additional doses of 5 mg/kg every 20 minutes, as necessary, to control seizure activity.	
15		prepare	ed to provide appropriate airway management and ventilatory	Monitor airway and breathing

∇ ALL EMTS					
16. Contact Medical Control.	Med Control				
17. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.	Transport				
18. Document all incident information by completing the RI EMS Ambulance Run Report.	Document				



### SPECIALIZED PATIENT CARE

#### RECOGNITION

- 1. A patient who needs specialized healthcare should have an Emergency Care Plan developed in conjunction with their physician and filed with the Department of Health. The patient should make the plan available to responding EMS providers through various means and the EMS provider should refer to the treatment described in the Emergency Care Plan.
- 2. If an Emergency Care Plan is not provided, then a patient who needs specialized care may be recognized through the presence of equipment, medications or other circumstances not familiar to the EMT through training or protocol.

#### TREATMENT - EMERGENCY CARE PLAN PRESENT

- 1. An Emergency Care Plan should be sought in patients with observed need for specialized care. The Plan may be referred to in bracelet, wallet card or other EMS notification. It must include:
  - 1. Patient identification, including photograph
  - 2. A brief description of the patient's specialized care needs
  - 3. Instructions for care in anticipated emergency situations
  - 4. Reference numbers for further information
  - 5. Filing and effective date from the Department of Health
- 2. The EMS provider should follow the Emergency Care Plan. While reviewing the Plan, <u>CONTACT MEDICAL CONTROL</u> and other references noted in the Plan. MEDICAL CONTROL should be requested to provide guidance and an explanation of equipment and medications referenced in the Emergency Care Plan. If available, attempt to contact or locate the person most knowledgeable about the patient's specialized health care needs.
- Transport the patient without delay to a <u>HOSPITAL EMERGENCY</u>
  <u>FACILITY</u>, maintaining contact with MEDICAL CONTROL. In transporting the patient, keep the Emergency Care Plan with the patient. If available, transport should include the person most knowledgeable about the patient's specialized health care needs.
- 4. Document all incident information by completing the RI EMS Ambulance Run Report.

QUICK REFERENCE

EMERGENCY CARE PLAN?

-IDENTIFICATION
-DESCRIPTION
-INSTRUCTION
-REFERENCE
-FILED WITH DOH

**FOLLOW PLAN** 

**MED CONTROL** 

**TRANSPORT** 

DOCUMENT

#### TREATMENT - NO EMERGENCY CARE PLAN

- 1. <u>CONTACT MEDICAL CONTROL.</u> Attempt to contact or locate the person most knowledgeable about the patient's specialized healthcare needs in order to obtain advice during the care and transport process.
- 2. If the patient is attached to portable special medical equipment that appears to be working properly, transport it with the patient.
- 3. If the patient is attached to specialized medical equipment that is either too large to transport or does not appear to be working properly, disconnect it as safely as possible from the patient and provide alternative support as indicated.
- 4. If a patient has a specialized health care need not related to equipment, follow the instructions of the person most knowledgeable with the advice of MEDICAL CONTROL in providing treatment and transport.
- 5. Transport the patient without delay to a <u>Hospital Emergency Facility</u>, maintaining contact with Medical Control. If available, transport should include the person most knowledgeable about the patient's specialized health care needs.
- 6. Document all incident information by completing the RI EMS Ambulance Run Report.

NO EMERGENCY CARE PLAN?

MED CONTROL

EQUIPMENT OK? TRANSPORT WITH PATIENT

EQUIPMENT NOT OK?
DISCONNECT AND PROVIDE SUPPORT

**MED CONTROL** 

**DOCUMENT** 

## STROKE (CVA)

#### RECOGNITION

Unilateral paralysis, unilateral numbness, language disturbance, monocular blindness, vertigo or ataxia without impaired consciousness.

Note: If a patient is suspected of having a stroke, DO NOT ADMINISTER ASPIRIN; no further medications should be administered without contacting MEDICAL CONTROL.

#### TREATMENT

- 1. Perform initial assessment while protecting the airway.
- 2. If the patient has any impaired consciousness, follow the *Impaired Consciousness Protocol*.
- 3. Obtain vital signs and frequently reassess patient's condition.
- 4. Obtain history from patient, family and/or bystanders to include:
  - 4.1 When was the patient last known to be without symptoms?
  - 4.2 Did the patient have a seizure or head injury at the time of onset?
  - 4.3 Did the patient complain of a headache, neck pain or neck stiffness prior to onset?
  - 4.4 Did the patient undergo any recent surgery?
  - 4.5 Does the patient take any anticoagulant medications?
- 5. Perform the Prehospital Stroke Scale to determine treatment priority.
- 6. Transport the patient without delay to a <u>HOSPITAL EMERGENCY</u>
  <u>FACILITY</u> and CONTACT MEDICAL CONTROL. Every effort should be made to notify the receiving facility as soon as possible.
- 7. Administer **OXYGEN** with the highest concentration device tolerated, assist ventilation's as necessary.

#### **Quick Reference**

Initial Survey

LOC

Vital signs Reassessment

**Obtain History** 

- ? Onset
- ? Seizures/Trauma
- ? Headache
- ? Neck Pain or Stiffness
- ? Surgery
- ? Anticoagulants

Prehospital Stroke Scale

Transport
Med Control

High Concentration O2

▼ ALS	PERSONEL		
8.	Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Atach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.	Monitor/ECG	
9.	Start an IV access device or an IV of <b>NORMAL SALINE</b> solution only. <i>Attempts should occur during transport.</i>		
	9.1 Adult patients: start an IV of <b>NORMAL SALINE</b> solution at KVO (20-30 ml/hr).	IV Normal Saline	
	9.2 Pediatric Patients < 5 feet tall (<35kg/75 lbs.): Start an IV of <b>NORMAL SALINE</b> solution at KVO (10-20 ml/hour).		
10.	Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.	Draw Blood	
11.	If electronic glucose is available, determine blood glucose concentration. Patients with bG < 60 mg/dl, as determined by electronic glucose meter, refer to the <i>Impaired Consciousness Protocol</i> .	Check Blood Glucose	
▼ ALL EM	TS		

#### ▼ ALL EMTS

12. Document all incident information by completing the *RI EMS Ambulance Run Report*.

Document

## **Shock**

#### RECOGNITION

Shock is a state of decreased tissue perfusion that can result from a large variety of causes. Consider the diagnosis of shock for any patient with:

- 1. Altered mental status
- 2. Impaired consciousness; restlessness; coma
- 3. Pale, cool, clammy (diaphoretic) skin
- 4. Abnormal vital signs, as shown in the table below:

#### ABNORMAL VITAL SIGNS

Age	Respiratory Rate		Heart Rate		Systolic BP	
	Too Slow	Too Fast	Too Slow	Too Fast	Too Low	NOTE:
Newborn (birth-1month)	<30	>80	<100	>200	<40	Absent
Infant $(1 \text{ month} - 1 \text{ year})$	<20	>70	<80	>180	<60	Radial Pulse
Pre-School (1-6 years)	<16	>40	< 70	>160	<75	suggests
School Age (6-12 years)	<12	>30	<60	>140	<85	Hypotension
Adolescent (12-16 years)	<10	>24	<60	>120	<90	
Adult $(\geq 16 \text{ years})$	<10	>24	<60	>120	<90	

5. Significant hypotension, as indicated for **adult** patients in the table below:

If unable to palpate pulse at:	Systolic BP is probably:		
radial artery	<90 mm Hg		
brachial artery	<80 mm Hg		
femoral artery	<70 mm Hg		
carotid artery	<60 mm Hg		

#### **TREATMENT**

- Perform initial assessment while protecting the airway with appropriate maneuver.
- 2 Control external bleeding by direct pressure or pressure points.
- Administer **OXYGEN** with the highest-concentration device tolerated; assist ventilations necessary.
- 4 If respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.

Effective: June 30, 2007 rev.1

- 5 Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- 6 Attempt to determine cause of shock:

6.1 If shock is secondary to trauma: Transport as soon as possible; <u>contact</u> <u>Medical Control</u>; and follow the *Trauma* protocol. Elevate patient's legs, unless contraindicated.

- 6.2 If shock is secondary to anaphylaxis (eg: bee sting allergy), follow the *Anaphylaxis* protocol, and then continue as below. Elevate patient's legs, unless contraindicated.
- 7 Consider use of pneumatic anti-shock garment following the *PASG* protocol.

#### **▼** ALS PERSONNEL

- Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 9 Start a large bore IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution:
  - 9.1 For all forms of shock except cardiogenic:
    - 9.1.1 Adult patients: Administer IV "wide open" until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.
      - 9.1.1.1 If transport time will be longer than 15 minutes, start a second IV at a different site.



- 9.1.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above agerelated hypotensive value (refer to table).
  - 9.1.2.1 For pediatric patients with evident or suspected intraabdominal injury, attempts to start IVs should be made above the diaphragm.
  - 9.1.2.2 If transport time will be longer than 15 minutes, start a second IV.

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9.1.3 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. any further attempt at IV placement must occur enroute.

#### **▼** *ALS PERSONNEL (CONT'D.)*

- 9.2 For **cardiogenic shock**:
  - 9.2.1 Adult patients: Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (20-30 mL/hour).
    - 9.2.1.1 If transport time will be longer than 15 minutes, start a second IV at a different site.



- 9.2.2 Pediatric patients <5 feet tall(<35 kg/75 lbs.): Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (10-20 ml/hour).
  - 9.2.2.1 If transport time will be longer than 15 minutes, start a second IV at a different site.
- 9.2.3 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a *HOSPITAL EMERGENCY FACILITY*. Any further attempt at IV placement must occur enroute.
- 9.2.4 Consider a fluid challenge of **NORMAL SALINE** or **LACTATED RINGER'S** solution IV:
  - 9.2.4.1 Administer 500mL "wide open" until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.



9.2.4.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push.

Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).

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9.3 <u>EMT-Ps only</u> (with Infusion Pump training): May administer **DOPAMINE HCL** by IV infusion as indicated below. *EMT-Cs* (with Infusion Pump training) may administer **DOPAMINE HCL** by IV infusion pump with authorization from Medical Control. Due to the high risk of side effects due to incorrect dosing, **DOPAMINE HCL** may only be administered by Infusion Pump as indicated below:

#### **▼** ALS PERSONNEL (CONT'D.)

9.3.1 Adult patients: Administer **DOPAMINE HCL** (400 mg in 250 mL NS) by IV Infusion Pump at 5-20 mcg/kg/min. Titrate the rate to achieve a systolic blood pressure >90 mm Hg.



- 9.3.2 Pediatric patients <5 feet tall (<35 kg/75 lbs.): Administer **DOPAMINE HCL** as indicated on a pediatric dosing device at 2-20 mcg/kg/min by IV Infusion Pump, and then titrate the rate to achieve a systolic blood pressure above the age –related value ( refer to table).
- If patient is wearing a Medic Alert® or equivalent identification stating "adrenal insufficiency", administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®) as indicated below:
  - 10.1 Adult patients: Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®) 100mg IV.



10.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 1-2 mg/kg IV.

#### **▼** ALL EMTs

- 11 Contact Medical Control.
- 12 Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
- Document all incident information by completing the *RI EMS Ambulance Run Report*.

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Trauma Page 39-1

## Trauma

#### **DEFINITIONS**

<u>Level I Trauma Center:</u> A hospital emergency facility verified by the American College of Surgeons as a Level I Trauma Center for adult and/ or pediatric patients. For a list of ACS-verified Level I Centers in or near Rhode Island, see Appendix (pp. 39-7).

#### **PRINCIPLES**

- 1. Rapid initial assessment is essential. Access to the patient for the initial assessment and initial treatment should take precedence over complete extrication.
- 2. Transport should always occur as soon as possible after immobilization (ideally, in less than 10 minutes at the scene). Further treatment should be given en route.

#### **TREATMENT**

- Stabilize the patient's neck and spine and immobilize with cervical collar and spineboard as soon as possible.
- Follow the *Airway Management and Respiratory Support* protocol to manage the airway and to ensure oxygenation and ventilation.
  - 2.1 Use the jaw-thrust without head-tilt, taking care to avoid movement of the cervical spine.
  - 2.2 Clear upper airway manually or by suction, as necessary.
  - 2.3 Administer **OXYGEN** with the highest-concentration device tolerated.
  - 2.4 If respirations are absent or ineffective, ventilate or assist, as needed.
  - 2.5 Control bleeding by direct pressure. Do not remove penetrating objects unless authorized by Medical Control.
- If the patient is unconscious and pulseless, determine if the *Biological Death or Comfort One* protocol applies. If criteria for *Biological Death* or *Comfort One* are not met, start basic life support and follow *Cardiac Arrest* protocol.
- 4 Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
- Determine the patient's initial trauma score. Refer to *Revised Trauma Score (Adult)* and *Trauma Score (Pediatric)* tables.
  - 5.1 Transport without delay and <u>contact Medical Control</u> as soon as possible.
  - Adult patients: If the trauma score <11, or the patient's "situation of injury" includes any of the trauma factors identified on the *RI EMS Ambulance Run Report*, and you are within 30 minutes ground transport time to an Adult Level I Trauma Center, transport to that trauma center's emergency

Trauma Page 39-2

department, unless an airway emergency exists. If an airway emergency exists, follow the *Airway Management and Respiratory Support* protocol.

- 5.2.1 If the scene time and/or ground transport time will be <u>more than</u> 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to an Adult Level I Trauma Center. Follow the *Air Ambulance* protocol.
- 5.2.2 If you are <u>beyond</u> 30 minutes ground transport time to an Adult Level I Trauma Center, transport to the nearest <u>HOSPITAL EMERGENCY</u> FACILITY.



- 5.3 If a pediatric patient's trauma score ≤ 10, transport without delay; <u>contact Medical</u> Control as soon as possible.
- Pediatric patients <5 feet tall (<35 kg/75 lbs): If the pediatric trauma score is <9 or the patient's "situation of injury" includes any of the trauma factors identified on the *RI EMS Ambulance Run Report*, and you are within 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to that trauma center's emergency department, unless an airway emergency exists. If an airway emergency exists, follow the *Airway Management and Respiratory Support* protocol.
  - 5.4.1 If the scene time and/or ground transport time will be more than 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to a Pediatric Level I Trauma Center. Follow the *Air Ambulance* protocol.
  - 5.4.2 If you are <u>beyond</u> 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to the nearest *HOSPITAL EMERGENCY FACILITY*.

- Transport the patient without delay to an appropriate <u>HOSPITAL EMERGENCY</u> FACILITY and contact Medical Control en route.
- If the patient is pregnant and no contraindications exist, elevate the patient's right side (or tilt spineboard to the left) during transport.
- If signs of shock are present, priority should be given to early contact with Medical Control and to rapid transport to the appropriate facility. Follow the *Shock* protocol en route.
  - 8.1 Apply and inflate the Pneumatic Anti-Shock Garment, following the *PASG* protocol.

#### **▼** ALS PERSONNEL

8.2 Start at least one large-bore IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution:

- 8.2.1 Adult patients: Administer IV "wide open" until there is an improvement in systolic BP to a value >90 mm Hg or until clinical signs of CHF develop.
  - 8.2.1.1 If transport time will be will be longer than 15 minutes, start a second IV at a different site.



- 8.2.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses, as necessary, to achieve systolic BP above age-related hypotensive value (refer to table).
  - 8.2.2.1 For pediatric patients with evident or suspected intra-abdominal injury, attempts to start IVs should be made above the diaphragm.
  - 8.2.2.2 If transport time will be longer than 15 minutes, start a second IV at a different site.
- 9 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

### **▼** ALL EMTS

- 10 Continue further therapy as indicated for specific injuries.
- 11 Document all incident information by completing the RI EMS Ambulance Run Report.

### FURTHER TREATMENT OF CHEST TRAUMA

- Administer **OXYGEN** with the highest-concentration device tolerated; assist ventilations as necessary.
- 13 Flail chest (paradoxical movement of a portion of the chest wall).
  - 13.1 Position patient with injured side down, unless contraindicated.
  - 13.2 Provide manual stabilization of flail segment or splint, as needed.
- Open pneumothorax (sucking chest wound)
  - 14.1 Close on three sides by any appropriate means available (eg: gauze pad with Vaseline®; plastic wrap; defibrillator pad; etc.)

- 14.2 Monitor the patient closely for evidence of developing tension pneumothorax.
- Tension pneumothorax (increasing ventilatory impairment; distended neck veins; absent breath sounds with hyper-resonance on one side of the chest; tracheal deviation away from the side without breath sounds)
  - 15.1 If present, after closure of a sucking chest wound, remove the dressing to convert it to a simple open pneumothorax again.
  - 15.2 *EMT-Ps only* may attempt pleural decompression.

#### FURTHER TREATMENT OF ABDOMINAL TRAUMA

- 16. Closed (blunt)
  - 16.1. Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated.
- 17. Open (penetrating)
  - 17.1. Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated
  - 17.2. Cover wound with sterile dressing and stabilize any impaled object.
    - 17.2.1. If evisceration is present, moisten sterile dressing with sterile saline.

### FURTHER TREAMENT OF HEAD/SPINAL INJURIES

- 18. Establish airway, and maintain with appropriate maneuver following the *Airway Management and Respiratory Support* protocol.
- 19. Stabilize neck and spine with cervical collar and spineboard as soon as possible.
- 20. Control scalp bleeding by direct pressure unless obvious fracture of skull is present.
- 21. Assess the patient's neurologic status using the **AVPU** method or **Glasgow Coma Scale**, and repeat en route.
- 22. For an unconscious patient, ventilate with high-concentration **OXYGEN** following the *Airway Management and Respiratory Support* protocol. Hyperventilate only if there are signs of impending brain herniation.

#### **▼** ALS PERSONNEL

- 23. Maintain IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution as indicated below:
  - 23.1. Adult patients: In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER'S** IV to KVO rate (20-30mL/hour). If there is evidence of shock, administer IV fluid "wide open."

### **▼** *ALS PERSONNEL (CONT'D.)*



23.2. Pediatric patients <5 feet tall (<35 kg/75 lbs): In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER'S** solution IV to KVO rate (10-20 mL/hour). If there is evidence of shock, administer boluses of 20 ml/kg/dose by rapid IV push.

# **FURTHER TREATMENT OF EXTREMITY TRAUMA (Amputation, Fracture)**

- 24. Document any unusual circumstance involving the injury (eg: Gross contamination; movement from the original position prior to your arrival) by completing the *RI EMS Ambulance Run Report*.
- 25. Cover open (compound) fractures or amputation stumps with sterile dressings, then immobilize the limb. Elevation of an immobilized extremity is often helpful in controlling bleeding.
- 26. Immobilize an apparent fracture, dislocation, or amputation in the position found with appropriate splinting devices, unless:
  - 26.1. There are no pulses distal to injury site. <u>Contact Medical Control</u> if distal pulses are absent. Medical Control may authorize movement of the extremity.
  - 26.2. The extremity is angulated and interferes with safe transport.
  - 26.3. There is an apparent fracture of the shaft of the femur.
    - 26.3.1. Adult patients: Apply a traction splint.
    - 26.3.2. Pediatric patients <5 feet tall (<35 kg/75 lbs): Apply a pediatric traction splint, if available.
- 27. Place amputated parts in a sterile dressing moistened with **STERILE SALINE**. Place the dressing that contains the amputated part(s) in a towel or a plastic bag, then on an ice pack, if available. Do not place the amputated parts directly on ice or in any liquids.

#### **▼** ALS PERSONNEL

- 28. Maintain IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution as indicated below:
  - 28.1. Start IV(s) in uninvolved extremities or proximal to fracture sites (in cases of multiple fractures).

28.1.1. Adult patients: In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER'S** solution IV to KVO rate (20-3 ml/hour) If there is evidence of shock, administer IV fluid "wide open."



28.2. Pediatric patients <5 feet tall (<35 kg/75 lbs): In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER'S** solution IV to KVO rate (10-20 mL/hour). If there is evidence of shock, administer boluses of 20mL/kg/dose by rapid IV push.

#### FURTHER TREATMENT OF EYE TRAUMA

- 29. Check for pain, loss of vision, and eye muscle function (side-to-side and up-and-down motions of the eyes).
- 30. Manage eye trauma by:
  - 30.1. Irrigation of chemical or small foreign body injuries for at least 15 minutes, using at least 500 mL of LACTATED RINGER'S or NORMAL SALINE.
    - 30.1.1. *EMT-Ps only*: For chemical or small foreign body injuries only, may instill **TETRACAINE HCL** 0.5% solution, 1-2 drops into affected eye. May repeat every 5-10 minutes to a maximum of 3 doses.

- 30.2. Only in cases where irrigation of liquid injuries (chemical or hot liquids) is required, trained personnel may use a soft contact lens-type irrigation system (Morgan Lens® or equivalent) using at least 500ml of LACTATED RINGER'S or NORMAL SALINE solution.
- 30.3. Protecting traumatized eye by applying an appropriate dressing and protective eye shield. <u>Do not apply pressure or dressings directly to the eyeball (globe).</u>
- 30.4. Covering both eyes to limit sympathetic movement of the injured eye.
- 31. Document the type of injury (e.g., Contusion, laceration, chemical, foreign body) by completing the *RI EMS Ambulance Run Report*.

## **APPENDIX**

# **Level I Trauma Centers**

# **Rhode Island and Contiguous**

## **Massachusetts and Connecticut**

## Providence, RI

Rhode Island Hospital Adult & Pediatric

## Boston, MA

Beth Israel Deaconess Medical Center Adult
Boston Medical Center Adult
Brigham & Women's Hospital Adult
Children's Hospital of Boston Pediatric
Massachusetts General Hospital Adult
Massachusetts General Hospital for Children Pediatric
The Floating Hospital for Children Pediatric

## New Haven, CT

Yale New Haven Medical Center Adult & Pediatric

Effective: June 30, 2007

# Hartford, CT

Hartford Hospital Adult



Medications Page 40-1

# **Medications**

# (Listed by Generic Names)

# **Including Optional Medications**

Gei	neric Name (Familiar Chemical Name)	Common Trade Names
A	Acetaminophen (APAP)	Tylenol®
	Activated charcoal	Actidose®, Charcodote®
	Adenosine	Adenocard®
	Albuterol	Ventolin®, Proventil®
	Amiodarone	Cordarone®
	Antacid	Mylanta®
	Aspirin (ASA)	(aspirin)
	Atropine (atropine sulfate)	(atropine)
C	Calcium chloride	Calcium Chloride®
	Calcium Gluconate	Calcium Gluconate
D	Dextrose 25% (D25W, D25)	(25% dextrose)
	Dextrose 50% (D50W, D50)	(50% dextrose)
	Diazepam rectal gel preparation	Diastat®
	Diazepam	Valium®
	Diltiazem	Cardizem®
	Diphenhydramine (Diphenhydramine HCL) [injectable]	Benadryl®
	Diphenhydramine (Diphenhydramine HCL) [oral]	Benadryl®
	Dopamine (dopamine HCL)	Intropin®
E	Epinephrine 1:10,000 (epinephrine HCL)	Adrenalin® 1:10,000
	Epinephrine 1:1000 (epinephrine HCL)	Adrenalin® 1:1000
F	Furosemide	Lasix®
G	Glucagon	(glucagon)
	Glucose, oral	Glucola®, Glutose®, InstaGlucose®
Н	Hydrocortisone Sodium Succinate	Solu -Cortef®
I	Ipecac (syrup of ipecac)	(syrup of ipecac)
L	Lidocaine (lidocaine HCL)	Xylocaine®
M	Magnesium Sulfate	(magnesium sulfate)
	Midazolam	Versed®
	Morphine (morphine sulfate, MSO4)	(morphine)
N	Naloxone (naloxone, HCL)	Narcan®
	Nitroglycerine	Nitrobid®
	Nitrospray	Nitrobid®
	Oxygen (02)	(oxygen)
P	Phenobarbital (Phenobarbital sodium)	(phenobarbital)
S	Sodium bicarbonate (NaHC03)	(sodium bicarbonate)
T	Terbutaline (terbutaline sulfate)	Brethine®, Bricanyl®
	Tetracaine HCL	Pontocaine®
	Thiamine (thiamine HCL)	(thiamine)
V	Verapamil (verapamil HCL)	Calan®, Isoptin®

# **Pediatric Drug Reference**

	Generic Name	Protocol	Initial Dose Pediatric	Units	5 Kg	10 Kg	15 Kg	20 Kg	25 Kg	30 Kg	35 Kg
					~3 mos	∼1 yr	2-3 yrs	4-6 yrs	7-9 yrs	10-11	12-14
										yrs	yrs
Α	acetaminophen	Seizures (Pedi)	15 mg/kg by suppository	#mg	75	150	225	300	375	450	525
	activated charcoal	Poisoning and OD	1 gm/Kg PO	#grams	5	10	15	20	25	30	35
	adenosine	SVT (Pedi), VT	0.2 mg/kg IV rapid push	#mg	1.0	2.0	3.0	4.0	5.0	6.0	7.0
	albuterol	Asthma, CHF	1.20-2.5 mg by nebulizer	#mg	1.25	2.5	2.5	2.5	2.5	2.5	2.5
	Amiodarone	SVT (Unstable)	5mg/kg over 20-60 MINUTES IV	#mg	25	50	75	100	125	150	175
	antacid (Mylanta®)	Chest pain in a Susp Cardiac Pt.	30mL PO	#ml					30	30	30
	atropine	Bradycardia (Pedi)	0.02 mg/kg IV push	#mg	0.1	0.2	0.3	0.4	0.5	0.6	0.7
D	dextrose 25% (D25W)	Imp Consciousness, Sz (Pedi)	2mL/kg (0.5 mg/kg) IV	#ml	10	20	30	40	50	60	70
	Diazepam	Seizures (pedi)	0.1-0.3 mg/kg IV	#mg	0.5-1.5	1.0-3.0	1.5-4.5	2.0-6.0	2.5-7.5	3.0-9.0	3.5-10.5
	Diazepam	Pain Management and Sedation	0.05-0.2 mg/kg IV	#mg	0.25-1.0	0.5-2.0	0.75-3.0	1.0-4.0	1.25-5.0	1.50-6.0	1.75-7.0
	Diastat	Seizures (Pedi)	0.5 mg/kg PR (round down)	#mg	2.5	5	7.5	10	12.5	15	17.5
	diphenhydramine	Anaphylaxis	1 mg/kg IV or IM or PO	#mg	5	10	15	20	25	30	35
	dopamine	Anaphylaxis, Shock	2-20 mcg/kg/min	mcg/min	10-100	20-200	30-300	40-400	50-500	60-600	70-700
E	epinephrine, 1:10,000	Asystole, PEA, VF/VT, Brady (Pedi)	0.01 mg/kg IV push	#mg	0.05	0.1	0.15	0.2	0.25	0.3	0.35
	epinephrine, 1:10,000	Anaphylaxis, Asthma	0.005-0.020 mg/kg IV	#mg	.025-0.1	0.05-0.2	0.075-0.3	0.1-0.4	0.125-0.5	0.15-0.6	0.175-0.7
	epinephrine, 1:1,000	Anaphylaxis, Asthma	0.01 mg/kg SQ, max=0.3 mg	#mg	0.05	0.1	0.15	0.2	0.25	0.3	0.3
	epinephrine, 1:1,000	Airway Mgmt, Burns, Dyspnea	5.0 mg nebulized	#mg	5.0	5.0	5.0	5.0	5.0	5.0	5.0
F	furosemide	CHF	1 mg/kg IV	#mg	5	10	15	20	20	20	20
G	glucagon	Imp Consciousness, Sz (Pedi)	0.1 mg/kg IM, SQ, max=1 mg	#mg	0.5	1	1	1	1	1	1
Н	hydrocortisone	Asthma, Shock,	1-2 mg/kg	#mg	5-10	10-20	15-30	20-40	25-50	30-60	35-70
I	ipecac	Poisoning and OD	15 or 30 mL PO	#ml	15	15	15	15	30	30	30
L	lidocaine	Chest pain in a Susp Cardiac Pt.	1-1.5 mg/kg IV push	#mg	5-7.5	10-15	15-22.5	20-30	23-37.5	30-45	35-52.5
	lidocaine	PVCs, VF/VT, VT Stable/Unstable	1-1.5 mg/kg IV push	#mg	5-7.5	10-15	15-22.5	20-30	23-37.5	30-45	35-52.5
M	magnesium sulfate	VF/VT/Torsades de point	25mg/kg IV to max 2gm	#grams	125mg	250mg	375mg	500mg	625mg	750mg	875mg
	midazolam	Pain Mgmt and Sedation, Sz	0.05-0.1 mg/kg IV or IM	#mg	0.25-0.50	0.50-1.0	0.75-1.5	1.0-2.0	1.25-2.5	1.5-3.0	1.75-3.5
	morphine	Burns, Chest Pain, CHF, Pain	0.05-0.1 mg/kg IV	#mg	.25	1	1.5	2	2.5	3	3.5
N	naloxone	Imp Consciousness	0.1 mg/kg IV push, IM/SQ	#mg	0.5	1	1.5	2	2.5	3	3.5
	naloxone	Pain Mgmt and Sedation	0.01 mg/kg IV push	#mg	0.05	0.1	0.15	0.2	0.25	0.3	0.35
	nitroglycerin	Chest Pain, CHF	Dose per Med Control	#mg		Dose per Med Control					
P	phenobarbital	Seizures (Pedi)	20 mg/kg IV	#mg	100	200	300	400	500	600	700
S	sodium bicarbonate	Asystole, PEA, VF/VT	1mEq/kg IV push	#mEq	5	10	15	20	25	30	35
T	terbutaline	Asthma	0.01 mg/kg SQ, max= 0.25 mg	#mg	0.05	0.1	0.15	0.2	0.25	0.3	0.35
	tetracaine	Eye Trauma	0.5%	drops	1	1	1	2	2	2	2



# **Air Ambulance (Helicopter)**

- 1. An air ambulance may be called to the scene in severe trauma cases if scene time and transport time will be prolonged and if a landing site is available. The air crew will determine which trauma center is appropriate to receive the patient.
- 2. An air ambulance may be called with authorization from Medical Control in cases of critical illness or injury. The air crew will determine which specialized care center is appropriate to receive the patient.
- 3. Listed below are the air ambulance services that are available for scene response. Their aircraft bases are noted to provide geographic reference, but estimated time of arrival to a request should be obtained by calling the individual service.

Air Ambulance Service	Telephone
Life Flight UMASS-Memorial (Worcester, Massachusetts)	1-800-343-4354
Life Star (Hartford and Norwich, Connecticut)	1-800-221-2569
Med Flight (Bedford and Plymouth, Massachusetts)	1-800-233-8998

#### **PROCEDURE**

- 1. Contact air ambulance service. <u>Note: If transport by air ambulance is to be undertaken</u>, early contact with an air ambulance service is essential. Care of the patient should not be interrupted.
- 2. Select, prepare, and approach the landing site only as directed by the air ambulance service.
- 3. Identify a landing area with a minimum open space of 60 feet by 60 feet (100 feet by 100 feet for night landings).
- 4. Inform the air ambulance service of any obstacles at the landing site (trees, telephone lines, antennas, etc.).
- 5. Secure the landing area to prevent unauthorized persons from approaching the air ambulance.
- 6. Keep the landing zone clear of loose articles and hazardous debris, and protect the patient from rotor wash.
- 7. Keep well clear of the landing area when the air ambulance is approaching or taking off.
- 8. Do not approach the air ambulance unless requested by the flight crew.
- 9. If requested, approach within the pilot's field of vision.
- 10. Carry equipment horizontally, below your waist level; never upright or over your shoulder.
- 11. Follow the suggestions of the flight crew when assisting near the air ambulance.
- 12. **No smoking** in or within 50 feet of the air ambulance.



# Cricothyrotomy [EMT-Ps only]

- 1. Indications: cricothyrotomy may be performed with authorization from Medical Control, <u>and as a standing order if unable to contact Medical Control</u>, in the following circumstances:
  - 1.1 for a patient with evidence of respiratory failure or apnea, when all other methods of opening and maintaining a patent airway have been attempted and have failed;
  - 1.2 when there is severe laryngeal trauma;
  - 1.3 when there is foreign body upper airway obstruction that cannot be removed with direct laryngoscopy.
- 2. Under no circumstances should transportation be delayed.
- 3. Unless contraindicated, place and maintain the patient's head in hyperextension to position the larynx as far anterior as possible.
- 4. Locate the cricothyroid membrane, between the thyroid and cricoid cartilages, and prepare the site with an antiseptic solution, using aseptic or sterile technique.
- 5. Surgical technique, for patients ≥8 years of age:
  - 5.1 Stabilize the site. Use a scalpel to make a small midline incision through the overlying skin.
  - 5.2 Within the surgical wound, use the scalpel to make a transverse incision through the cricothyroid membrane, taking care not to incise too deeply or too laterally.
  - 5.3 If necessary to widen the incision, invert the knife and rotate the handle.
  - 5.4 Insert an appropriate cannulating device (eg: tracheostomy or endotracheal tube) to maintain the patency of the surgical opening.
  - 5.5 Confirm placement and patency by observing chest rise with ventilation/inspiration; listening for air exchange through the surgical airway; and observing clinical improvements.
  - 5.6 Stabilize and secure the cannulating device.



- Percutaneous ("needle") technique for patients <8 years of age:</li>
  - 6.1 Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.
  - 6.2 Stabilize the site. While applying gentle suction to the syringe, angle the needle caudally, and puncture the skin and cricothyroid membrane.
  - 6.3 Confirm entry into the trachea by aspirating air. Advance the catheter while withdrawing the needle.
  - 6.4 Fit an adapter to the hub of the catheter (eg. a 3.0 or 3.5 mm ET tube adapter, or the barrel of a syringe).
  - 6.5 Confirm placement and patency by observing chest rise with ventilation/inspiration and observing clinical improvements.
  - 6.6 Apply intermittent positive-pressure or continuous high-flow oxygen, as indicated; pause for "passive exhalation" as indicated.
- 7. Stabilize and secure the cannulating device.
- 8. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.



# **Defibrillation Procedure: AED**

EMTs trained to use a semi-automatic or automatic external defibrillator (AED) are authorized to perform automated external defibrillation.

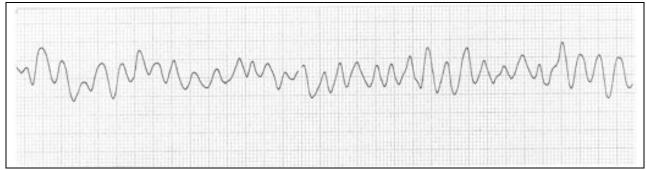
- 1. Use of fully automatic or semi-automatic defibrillators is permitted for all patients ≥ 1 year of age. Infant paddles and a manual defibrillator are indicated for patients <1 year of age ( see *Defibrillation Procedure: Manual Defibrillation* protocol).
  - 1.1 For patients between 1 and 8 years of age, it is highly recommended that fully automatic or semi-automatic defibrillators with a pediatric attenuator system be used. This decreases the delivered energy to doses suitable for children, and with particular capability that includes sensitivity and specificity for pediatric shockable rhythms.
- 2. Immediately upon arrival, verify cardiac arrest (unresponsive, no respirations, no pulse)
- 3. Initiate CPR if there is a delay in attaching the AED or if the cardiac arrest was not witnessed by the EMT. A Witnessed Cardiac Arrest is one where the patient's collapse and pulselessness occur in the presence of the EMT <u>and</u> a defibrillator shock can be delivered within 30 seconds.
- 4. Initiate AED when recommended by the 2005 AHA Guidelines (see appropriate protocols, may be after 2 minutes of CPR)
  - 4.1 Turn defibrillator power on (Note: recorder may be turned on separately).
  - 4.2 Begin verbal report, if applicable.
- 5. Attach electrode pads.
  - 5.1 Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes).
  - 5.2 Use pediatric paddles or self-adhering electrodes, if available, for patients between the ages of 1 and 8. Infant paddles and a **manual defibrillator** are indicated for patients <1 year of age. Use adult standard paddles/pads for all patients ≥1 year old (10 kg) and ensure adequate spacing (>3 cm) between paddles/pads. Anterior/posterior placement where possible is preferred.

- 5.3 Clear the patient.
- 5.4 Switch to "assess" mode
- 5.5 Follow directions of AED and the 2005 AHA Guidelines to deliver shocks.
- 6. If a pulse is restored after defibrillation, follow the *Chest Pain in a Suspected Cardiac Patient* or other appropriate protocol.
- 7. If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* or other appropriate protocol.
- 8. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

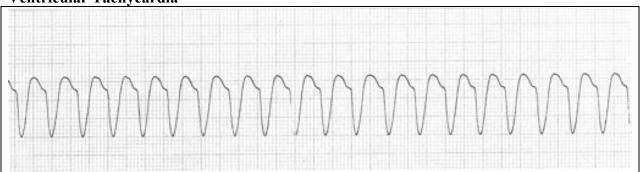
Safety Consideration: Stop the vehicle prior to all defibrillations using hand-held paddles and if necessary to assess the patient rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.

# **Defibrillation Procedure: Manual Defibrillation**

#### Ventricular Fibrillation



### Ventricular Tachycardia



#### RECOGNITION

Unresponsive, apneic, pulseless patient with either ventricular fibrillation (VF) or ventricular tachycardia (VT) on a cardiac monitor.

### **PROCEDURE**

- 1. Only EMTs who are trained and currently licensed/certified by the RI Department of Health to use a manual defibrillator may perform manual defibrillation during prehospital care.
  - 1.1 Use of defibrillators without low energy levels (5-200 joules monophasic) is permitted only for patients  $\geq 8$  years of age or whose weight is  $\geq 25$  kg/55 lbs.
  - 1.2 Use standard (adult) size paddles for all patient who weigh more than 10 kg (725 lbs); use "pedi" (ie: infant) paddles only for patients who weight less than 10 kg/25 lbs (about 1 year of age). Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes). Anterior/posterior placement where possible is preferred.

- 2. Check the pulse. Defibrillate only if the pulse is absent and the rhythm is ventricular fibrillation (VF) or ventricular tachycardia (VT).
  - 2.1 Record initial ECG rhythm and attempted defibrillations; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
- 3. Immediately attempt defibrillation as indicated below:
  - 3.1 Adult patients:
    - 3.1.1 Defibrillate at **360 joules** monophasic or manufacturer's biphasic setting (typically 200 Joules).
    - 3.1.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.
  - 3.2 Pediatric patients defibrillate as indicated below. Use Pediatric Dosing Device to determine patient weight in kg.
    - 3.2.1 Defibrillate at **2 joules/kg** (~1 joule/lb) monophasic or manufacturer's biphasic setting.
    - 3.2.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.
    - 3.2.3 All subsequent defibrillations to be at  $\geq$ 4 joules/kg (~ 2 joules/lb) monophasic or manufacturer's biphasic setting.
- 4. If the pulse is restored after defibrillation, follow the *Chest Pain in a Suspected Cardiac Patient* or other appropriate protocols.
- 5. If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* protocol.
- 6. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

Safety Consideration: Stop the vehicle prior to all defibrillations using hand-held paddles or if necessary to interpret the patient's rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.

# EMS Scene Photographs (Optional Procedure)

# Purpose:

Research shows that there is a direct correlation between severity of injury to car crash trauma patients and the amount and type of motor vehicle damage. This damage provides invaluable information about the mechanism of injury and can help medical personnel better diagnose and treat a victim's injuries.

### Procedure:

- 1. EMS personnel respond to call.
- 2. Provide patient care per protocol and transfer patient to rescue/ambulance.
- 3. Photograph maximum points of impact.
- 4. Photograph interior specifically where patient was located. **DO NOT PHOTOGRAPH THE PATIENT.**
- 5. Continue care and transport patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
- 6. Complete RI EMS Ambulance Run Report, and attach photos to the hospital copy.
- 7. Present RI EMS Ambulance Run Report and attached photos to medical personnel.
- 8. Check film status in camera and reload film if necessary.



Endotracheal Intubation page 46-1

# **Endotracheal Intubation**

1. <u>Only EMTs</u> who are licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation during prehospital care. <u>EMT-Ps only</u> may attempt to intubate newborn infants (<1 month old).

2. Use the following guidelines to select the appropriate size tube. When using cuffed endotracheal tubes, check to ensure that the cuff is intact, and does not leak air.

# 2.1 Adult Patients $\geq$ 16 years of Age

Gender	Age	Endotracheal Tube Size	
Male	≥ 16 years of age	8.0 mm	
Female	≥ 16 years of age	7.0 mm	

## 2.2 Pediatric Patients (Toddlers-Children <35 kg/75 lbs)

Use the endotracheal tube size recommended by the Pediatric Dosing Device. If the device is unavailable, use the following formula to determine the correct size:

ETT size (mm ID)	=	age (in years) 4	+4
Example: ETT size for 6 year old	=	<u>6</u> 4	+4
	<u>=</u>	1.5	+4
		5.5 mm ID	

# 2.3 EMT-Ps only Newborn Patients (Premature-Full Term Infants)

Weight kg	Gestational Age	Laryngoscope	Endotracheal	Depth of
	weeks	Blade Size	Tube Size	Insertion from
				Upper Lip
<1	<28	0	2.5	6.5-7.0
1-2	28-34	0	3.0	7.0-8.0
2-3	34-38	0-1	3.5	8.0-9.0
>3	>38	1	3.5-4.0	>9.0

Endotracheal Intubation page 46-2

3. If using a stylette, it should be placed inside the tube to one-half inch from end. It must not protrude beyond the end of the tube.

- 4. Prior to intubation, ventilate and oxygenate the patient whenever possible. Suction equipment should be available during intubation, and used to remove debris when necessary.
- 5. Unless C-spine trauma is suspected, place the patient in the "sniffing position". In this position, the <u>neck is flexed</u> (to elevate the occipital region), and the <u>head is hyperextended</u>. Insert the laryngoscope with the left hand. Place the blade to the right of the midline and push the tongue to the left, so that the blade rests in the midline.
  - 5.1 If C-spine trauma is suspected, an assistant should maintain the patient's head in the neutral anatomical position and perform a jaw thrust to open the patient's mouth. Attempt to intubate with care, to avoid moving the patient's head or neck.
- 6. Slowly advance the blade. A curved blade should enter the vallecula; a straight blade should rest beneath the epiglottis. Exert gentle traction upward; do not use the teeth as a fulcrum.
- 7. Visualize the vocal cords and insert the appropriate size endotracheal tube between the cords. Use the right hand to guide the tube from the right side of the mouth into the midline, and pass the tube through the vocal cords. Tube placement efforts may be repeated once during each intubation attempt. Each intubation attempt should not take more than 30 seconds. A second person should time the procedure and call out when 30 seconds have passed. After unsuccessful attempt resume ventilation with a bag-valve-mask device using high flow **OXYGEN**. This is best performed as a two-person procedure with one person assuring a mask seal while the other provides adequate ventilation volume. After the patient is re-oxygenated, a second attempt is permitted. Any further attempts at endotracheal intubation require the approval of Medical Control and must be undertaken while en route.
- 8. If a cuffed tube is used, inflate the cuff with enough air to occlude back flow when ventilating the patient. Avoid over-inflation as it causes tracheal damage.
- 9. Confirm proper tube placement through a combination of clinical and objective means. Observe the chest for a rise and fall with ventilations and observe the tube for condensation with each ventilation. Auscultate in six locations:
  - over the epigastrum to check for esophageal placement,
  - over both sides of the chest in two positions each to check for main stem intubation and other complications such as pneumothorax, and
  - over the lower anterior neck to check for air leak at the cuff.

All endotracheal intubations **must** also have placement confirmed with an objective tube placement verification device (Easy-Cap<sup>®</sup>, Tube-Check<sup>®</sup>, or end-tidal carbon dioxide detector) to confirm endotracheal placement.

Endotracheal Intubation page 46-3

10. Insert an oropharyngeal airway or other appropriate device as a bite-block to protect the tube. Secure the tube to prevent displacement and stabilize the head and neck to prevent motion that may dislodge the endotracheal tube (i.e. cervical collar and backboard).

11. When an endotracheal tube is in place, an EMT licensed/certified by the RI Department of Health to perform endotracheal intubation on patients of similar age must be in attendance continuously managing the airway.

#### **▼** ALS PERSONNEL

12. Medication may be administered through the endotracheal tube, as indicated in the *RI EMS Prehospital Care Protocols and Standing Orders*, using one of the following techniques. For medications to be administered through the ET tube, use 2.0-2.5 times the usual IV dose.

# 12.1 Dilution technique:

12.1.1 Adult patients: Add enough **NORMAL SALINE** to the medication to make a total volume of 10 mL. Inject the diluted medication down the ET tube.



12.1.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Add enough **NORMAL SALINE** to the medication to make a total volume of 3- 5 mL. Inject the diluted medication down the ET tube.

# 12.2. Flush technique:

12.2.1. Adult patients: After injection of the medication down the ET tube, inject 10 mL of **NORMAL SALINE** down the ET tube to flush the medication and then ventilate.



- 12.2.2 Pediatric patients <5 feet tall (<35 kg/75lbs): After injection of the medication down the ET tube, inject 3-5 mL of **NORMAL SALINE** down the ET tube to flush the medication and then ventilate.
- 13. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.



# **Esophageal Obturator Airway (EOA)**

- 1. <u>Only EMTs</u> who are trained and licensed/certified by the RI Department of Health to use the Esophageal Obturator Airway (EOA) may insert an esophageal obturator airway during prehospital care. The EOA is considered an airway management adjunct, not an advanced airway.
- 2. Use the esophageal obturator airway (EOA) only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.
- 3. **<u>Do not</u>** use the EOA for any of the patients listed below:
  - Conscious or semi-conscious patients;
  - Children, and adult patients <5 feet tall;
  - Patients known or suspected to have swallowed corrosive materials;
  - Patients known or suspected to have diseases of the esophagus;
  - Patients with inhalation burn injuries;
  - Trauma patients.
- 4. Do not interrupt ventilation for more than 30 seconds to insert the EOA.
- 5. Whenever possible, ventilate the patient with **OXYGEN** prior to EOA insertion.
- 6. Never use force to insert the EOA.
- 7. Always check to see that the chest rises with ventilation efforts after insertion of the EOA and that there are bilateral breath sounds, and recheck periodically thereafter. Whenever possible, confirm proper EOA placement using pulse oximetry and/or end-tidal CO<sub>2</sub> measurement if available.
- 8. Do not remove the EOA in the field unless the patient begins breathing spontaneously or assessment determines that the EOA is or has become incorrectly positioned.
- 9. If you do remove the EOA, be prepared for regurgitation with suction immediately available.
- 10. Procedure:
  - 10.1 Assemble EOA.

- 10.2 Flex the head slightly.
- 10.3 Grasp lower jaw and tongue between thumb and index fingers and lift upwards; or use head tilt but keep mouth open and do not hyperextend the neck.
- 10.4 With the mask attached, insert tube into mouth and place so that the curvature of the tube is the same as the curvature of pharynx.
- 10.5 Advance the tube into the esophagus and seal mask firmly over nose and mouth. It is best to have one EMT hold the mask seal and a second EMT operate the BVM attached to the EOA.
- 10.6 Ventilate and see if the chest rises.
- 10.7 If the chest does not rise, remove EOA. Ventilate with an alternate method and attempt reinsertion.
- 10.8 Once chest rise with ventilation is assured, inflate obturator cuff with 30-35 mL of air.
- 10.9 Ventilate with bag valve mask device to achieve chest rise.
- 10.10 Listen with stethoscope in at least 2 locations on each side of the chest to assess for bilateral breath sounds.
- 10.11 Listen for air escape over epigastrum with stethoscope.
- 10.12 Whenever possible, confirm proper EOA placement using pulse oximetry and/or end-tidal CO<sub>2</sub> measurement if available.
- 10.13 If, after listening to the lungs and over the epigastrum, there are inadequate breath sounds and there is air escape over the epigastrum and/or there are indications by pulse oximetry or end-tidal CO<sub>2</sub> measurement that the EOA is not correctly placed, the EOA should be removed. Ventilate the patient with an alternate method, check the balloon for leaks and reinsert.
- 10.14 Frequently recheck EOA position using all available means.
- 10.15 When an EOA is in place a qualified EMT must be in attendance continuously managing the airway.
- 11. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

# **Foreign Body Airway Obstruction**

# Unconscious patient

#### **RECOGNITION:**

A patient who has become unconscious during attempts to clear a foreign body airway obstruction, or who is found unconscious with a history of choking or who is found unconscious and found to have a foreign body airway obstruction upon assessment and treatment efforts.

### **TREATMENT**

- 1. Follow the *Airway Management and Respiratory Support* protocol to clear and maintain a patent airway. Any patient who is conscious and coughing forcefully is considered to have a mild airway obstruction and should be allowed to make their own efforts to clear their airway. Assist ventilation as necessary for unconscious patients.
  - 1.1 Hyperextend neck and establish airway by chin lift or triple airway maneuver.
    - 1.1.1 If head/neck injury is present or suspected, perform jaw thrust without head tilt. Extension of the neck is contraindicated in trauma.
  - 1.2 If the initial effort at inflation of the lungs is unsuccessful, clear any visible debris from oral cavity (well-fitting dentures excluded). Re-position the airway and again try to inflate the lungs. Do not perform finger sweeps unless foreign material is visible.
- 2. If patient still cannot be ventilated, follow current AHA guidelines for performance of chest or abdominal thrusts to attempt to clear the airway.
  - 2.1 Attempt the sequence specified above for up to 1 minute. If ventilation is still impossible, attempt to ventilate by applying positive pressure by mouth-to-mask or bag-valve-mask device.
  - 2.2 EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may utilize the laryngoscope and suction or long forceps to remove the obstructing foreign body if chest thrusts, finger sweep, and forceful ventilation are ineffective.
  - 2.3 If foreign body is removed and patient remains apneic, perform endotracheal intubation.

Effective: June 30, 2007

3. <u>EMT-Ps only</u>: perform cricothyrotomy if unable to relieve obstruction or perform endotracheal intubation following the *Cricothyrotomy* protocol.

- 4. <u>Contact Medical Control.</u>
- 5. Transport the patient without delay to the nearest HOSPITAL EMERGENCY FACILITY.
- 6. Document all incident information by completing the RI EMS Ambulance Run Report.

# Glasgow Coma Scale and "AVPU" Scale

# Glasgow Coma Scale

EYES	Adult	Child	Infant	Score
	Open <b>spontaneously</b> during initial assessment.	Open <b>spontaneously</b> during initial assessment.	Open <b>spontaneously</b> during initial assessment.	4
	Open to verbal stimulus.	Open to verbal stimulus.	Open to verbal stimulus.	3
	Open only to painful stimulus.	Open only to painful stimulus.	Open only to painful stimulus.	2
	Do not open during initial evaluation period.	<b>Do not open</b> during initial evaluation period.	<b>Do not open</b> during initial evaluation period.	1
VERBAL	Adult	Child	Infant	Score
	Oriented to person, place, time.	Oriented to person, place, time.	Coos and babbles.	5
	Converses, but is <b>disoriented</b> or <b>confused</b> .	Converses, but is <b>disoriented</b> or <b>confused</b> .	Irritable cries.	4
	<b>Disoriented</b> ; speech clear, but inappropriate.	<b>Disoriented</b> ; speech clear, but inappropriate.	Cries to pain.	3
r + .	<b>Garbled.</b> Includes grunting or moaning.	<b>Garbled</b> . Includes grunting, moaning, non-specific sounds.	Moans to pain.	2
	No verbal responses to any stimulation.	<b>No verbal responses</b> to any stimulation.	No verbal responses to any stimulation.	1
MOTOR	Adult	Child	Infant	Score
	<b>Obeys</b> verbal commands by moving extremities or facial muscles (if C-spine injuries).			6
	Can <b>localize</b> a painful stimulus by moving an extremity to an injured area in a purposeful manner.	Can <b>localize</b> a painful stimulus by moving an extremity to an injured area in a purposeful manner.	Withdraws to touch.	5
	Withdraws an extremity from painful stimulus, but unable to localize/prevent recurring pain.	<b>Withdraws</b> an extremity from painful stimulus, but unable to localize/prevent recurring pain.	Withdraws in response to painful stimulus.	4
	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	3
	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	2
	<b>No response</b> , no motion to any painful stimulus.	<b>No response</b> , no motion to any painful stimulus.	<b>No response</b> , no motion to any painful stimulus.	1

Glasgow Coma Score = "Eyes" score + "Verbal" score + "Motor" score:

# "AVPU" Scale

Α		Patient is conscious and <i>alert</i> .
V =		Patient is responsive to <i>verbal</i> stimuli.
Р	=	Patient is responsive to <i>painful</i> stimuli.
U	=	Patient is <i>unresponsive</i> to any stimuli.



Interfacility Transfer Page 50-1

# **Interfacility Transfer**

### **Purpose**

To clarify the staffing patterns, vehicle selection, and scope of authority of individuals attending patients during interfacility transfers.

### **Definitions**

#### **Infusion device:**

An IV infusion pump capable of strict mechanical control of an IV infusion drip rate <u>must</u> be used with all admixtures to ensure accurate dosage administration and prevent excessive flow rates. Passive or gravity-controlled flow rate devices are unacceptably inaccurate to control admixture medication administration.

### **Interfacility transfer:**

A patient transfer between licensed health care facilities.

### EMT-B, EMT-I, EMT-C, EMT-P:

As defined in the *Rules and Regulations Relating to Emergency Medical Services* (R23-4.1 –EMS), Rhode Island Department of Health.

**RN:** A Rhode Island licensed Registered Nurse meeting the appropriate standards of care pertinent to the patient's condition, as determined by the referring physician.

**PA:** A Rhode Island licensed Physician's Assistant meeting the appropriate standards of care pertinent to the patient's condition, as determined by the referring physician.

**Physician:** A Rhode Island licensed physician.

#### **Referring Physician:**

The physician at the point of origin of the transfer directly responsible for the patient's care.

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### **Classification Protocol**

The patient classification shall be determined by the referring physician. The following system shall be used to define classes of patients with their respective <u>minimum</u> vehicle and personnel requirements.

Class A: Clearly and completely stable patients with minimal potential to decompensate en route. Example: Patient with no running IV line, going for routine test. Staffing: EMT-B/I. Vehicle: BLS; Class: A-1, A-1A, A-2, B.

Interfacility Transfer Page 50-2

Class B: Stable as above with IV running, no medications in the fluids. Example: Cancer patient with maintenance fluids running. Staffing: EMT-B/I + EMT-C or EMT-P. Vehicle: ALS; Class: A-1, A-1A.

Class C: Has been stabilized as much as possible, but may deteriorate en route. Has no medications being administered or infusion devices in use, which are beyond the scope of the assigned EMTs. Approved medications are listed in the *RI EMS Prehospital Care Protocols and Standing Orders*. Dial-a-Flow® or similar devices are not approved for this purpose. *EMT-Cs* and *EMT-Ps* who have successfully completed Department-approved IV infusion pump training may transport patients within this protocol. Example: Cardiac patient on LIDOCAINE drip who can be given sublingual NITROGLYCERIN for chest pain. Staffing: *EMT-B/I + EMT-C* or *EMT-P*, depending on medications. Vehicle: ALS; Class: A-1, A-1A.

Class D: Patient with acute medical problem who may become unstable en route. Requires administration of drugs not in the approved *RI EMS Prehospital Care Protocols and Standing Orders*. In addition, the patient may develop complications where treatment is beyond the capabilities of the assigned EMTs. Example: ICU transfer with IV NITROGLYCERIN drip and receiving thrombolytic drug infusion en route. Staffing: EMT-B/I + EMT-C /EMT-P + RN/ PA / Physician Vehicle: ALS; Class: A-1, A-1A.

<u>EMT-Ps</u> who have successfully completed Department-approved training in IV **NITROGLYCERIN** and IV anticoagulants may transport patients within this protocol. <u>EMT-Cs</u> and <u>EMT-Ps</u> who have successfully completed Department-approved IV infusion pump training may transport patients within this protocol.

In cases where an ALS unit is required and the hospital makes a reasonable effort to utilize an ALS unit and is unable to access one due to time constraints or patient condition, a BLS unit may be utilized, providing that appropriate supplies, equipment (refer to Addendum A), qualified staff and written/verbal orders have been provided.

### **Scope of Authority**

### Class A, B, or C transfers:

The EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate *RI EMS Prehospital Care Protocols and Standing Orders*. Medical Control shall assume such responsibility when called for by the respective protocol.

#### Class D:

The ultimate authority rests with the referring physician, as defined above. If no physician is present during transport, the RN or PA shall assume ultimate authority for the case.

Notwithstanding the requirements of the regulations and the protocols, hospitals may elect to transport a patient with hospital staff. In such cases, the hospital has ultimate authority for patient management, providing written/verbal orders accompany the patient. In the absence of hospital staff, the EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate protocols. Medical Control shall assume such responsibility when called for by the respective protocol.

Interfacility Transfer Page 50-3

# Addendum A

1. Manual defibrillator unit with integral oscilloscope, strip chart recorder and synchronized cardioversion capability.

- 2. Sterile intravenous solutions of **NORMAL SALINE** or **LACTATED RINGER'S**, preferably in 500 mL plastic bags with administration kits (at least 2 of each), and **D5W** (100 or 200 ml) in appropriate bag and administration kit (PVC Free) for administration of **AMIODARONE**.
- 3. IV catheters (3 each of 14,16,18,20 gauge).
- 4. Supply of current ALS medications authorized by the RI Department of Health, as listed below:

Adenosine	Diltiazem	Glucagon	Nitro spray/nitroglycerin
Amiodarone	Diphenhydramine HCL(oral)	Hydrocortisne SS	Phenobarbital Sodium
Atropine Sulfate	Diphenhydramine HCL(injectable)	Lidocaine HCL	Phenytoin Sodium (Dilantin)*
Calcium Chloride	Dopamine HCL	Magnesium Sulfate	Sodium Bicarbonate
Dextrose 25%(D25W)	Epinephrine 1:1000	Midazolam	Thiamine Sulfate
Dextrose 50%(D50W)	Epinephrine 1:10,000	Morphine Sulfate	Verapamil HCL
	Furosemide	Naloxone	

<sup>\*</sup>Phenytoin Sodium (Dilantin) for *EMT-Ps only* (interfacility maintenance only).

5. Biohazardous waste: Disposable sharps (hypodermic needles, etc.) should be placed in a container designed for such purpose.



# IV Access and Admixtures [ALS]

# 1. General Principles:

- 1.1 If unable to establish an IV before beginning to transport and adult patient within two (2) attempts or five (5) minutes, any additional attempts must be undertaken en route.
- 1.2 IV access may be difficult to obtain in infants and children, particularly those who are cold or in shock. Although many pediatric patients will benefit from prehospital intravenous (IV) therapy, establishing an IV should not unnecessarily delay transport. In general, IV attempts on scene should be limited to less than five minutes for stable patients, and two minutes for unstable patients; further attempts may be made en route.
- 1.3 Attempts to establish IVs for both adult and pediatric patients should be made in the peripheral veins of the upper extremities, whenever possible.
  - 1.3.1 *EMT-Ps only* may attempt to establish an IV in the external jugular vein.
- 1.4 NORMAL SALINE (NS) and LACTATED RINGER'S (LR) solution are the IV fluids of choice for all prehospital patients.
  - 1.5 The "keep vein open" (KVO) rate for both adult and pediatric patients is approximately 20 mL/hour.
- 1.6 Fluid challenges for adult patients should be administered as 250-500 mL boluses of **NORMAL SALINE** or **LACTATED RINGER'S** solution, administered as rapidly as possible, or as ordered by Medical Control.
- 1.7 Fluid boluses for pediatric patients should be administered as 20 mL/kg of **NORMAL SALINE** or **LACTATED RINGER'S** solution over 5-10 minutes, or as ordered by Medical Control.
- 1.8 For patients who have poor circulation or are in cardiac arrest, follow each dose of IV medication with a rapid flush of **NORMAL SALINE** or **LACTATED RINGER'S** solution as indicated below.
  - 1.8.1 Adult patients: flush with 20 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.
  - 1.8.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): flush with 5-20 mL of **NORMAL SALINE** or **LACTATED RINGER'S** solution.

- 2. The medications listed in the following table may be administered by IV bolus and followed by an IV infusion ("drip"), as indicated in the *RI EMS Prehospital Care Protocols and Standing Orders. All IV infusions* ("drips") must be delivered by IV Pump
  - 2.1 The table below also shows the recommended admixture rations and yields for adult patients.

Medication	Preparation	Yield
AMIODARONE	150mg in 100 mL D5W	1.5mg/mL
DOPAMINE	400 mg in 250 mL NS	1600 micrograms/mL
EPINEPHRINE	1 mg in 250 mL NS	4 micrograms/mL
LIDOCAINE	1 gm in 250 mL NS	4 mg/mL

- 2.2 For pediatric patients < 5 feet tall (<35 kg/75lbs), a pediatric dosing device provides rate and admixture information.
- 2.3 Procedure:
  - 2.3.1 Contact Medical Control
  - 2.3.2 Identify medication to be given by name, dosage and route.
  - 2.3.3 Set up new IV bag and drip regulation device.
  - 2.3.4 Wipe injection site with antiseptic swab.
  - 2.3.5 Recheck medication and dosage, inject it into IV bag while maintaining aseptic technique.
  - 2.3.6 Admixtures are to be "piggy-backed" into an established IV of NORMAL SALINE or LACTATED RINGER'S solution with the exception of AMIODARONE, which requires an isolated IV of D5W and appropriate IV administration kit (PVC free).
  - 2.3.7 An IV infusion pump capable of strict mechanical control of an IV infusion drip rate <u>must</u> be used with all admixtures to ensure accurate dosage administrant and prevent excessive flow rates. Passive or gravity-controlled flow rate devices are unacceptably inaccurate to control admixture medication administration.
  - 2.3.8 With special attention to maintaining proper infusion rate, the patient must be placed on a cardiac monitor, and vital signs must be re-assessed frequently during transport to a *HOSPITAL EMERGENCY FACILITY*.

3. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

IV Access [EMT-Ps only] Page 52-1

# IV Access (EMT-Ps Only)

## 1. Intraosseous (IO) access:

- 1.1 Intraosseous (IO) infusion is indicated for patients with shock, respiratory or cardiac arrest or as directed by Medical Control for whom attempts to establish IV access have been unsuccessful or are inappropriate.
- 1.2 Use of an IO infusion is contraindicated by trauma to, or infection of, the extremity under consideration, and by preexisting bone disease.
- 1.3 The intraosseous route for IV fluids and/or IV medications may be substituted for the intravenouse route, whenever IV access is indicated.

### 1.4 Procedure:

- 1.4.1 Locate an appropriate site (usually the anteromedial surface of the proximal tibia, inferior to the tibial tuberosity or the lateral humerus) and prepare the site with an antiseptic solution, using aseptic or sterile technique. Sternal IO access is not allowed.
- 1.4.2 Use a commercially available intraosseous cannulation device according to the manufacturer's instructions. Check the site for evidence of infiltration, and re-check frequently. Stabilize and secure the IO device and IV tubing.
- 1.5 Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

### 2. Central Venous Cannulation

- 2.1 Central venous cannulation is indicated in any of the following circumstances.
  - 2.1.1 When attempts to establish peripheral IV or IO access are unsuccessful for a patient in cardiac arrest.

- 2.1.2 After peripheral IV access is established for a patient in cardiac arrest
- 2.1.3 With authorization from Medical Control.
- 2.2 Attempt to cannulate any of the central veins listed below:
  - 2.2.1 Internal jugular vein
  - 2.2.2 Femoral vein
  - 2.2.3 Subclavian vein

IV Access [EMT-Ps only] Page 52-2

2.3 Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

#### 3. Umbilical Venous Catherization

3.1 Umbilical venous access is indicated for newborns who require resuscitation with medications or fluids which cannot be administered by the endotracheal route, and for whom attempts to establish IV or IO access have been unsuccessful.

#### 3.2 Procedures:

- 3.2.1 Apply a ligature at the base of the cord to control bleeding, and locate the umbilical vein. Prepare the cord with an antiseptic solution using aspectic or sterile technique.
- 3.2.2 Use a commercially available umbilical catheter (or an IV catheter without a needle if nothing else is available). Attach a syringe, then flush and fill the catheter with **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 3.2.3 Introduce the catheter so that the distal tip is just dep to the abdominal wall. Aspirate blood to confirm placement, then flush with 1-2 mL or **NORMAL SALINE** or **LACTATED RINGER'S** solution.
- 3.2.4 Connect IV administration set and infuse fluids and/or medications at the desired rate.

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- 3.2.5 Stabilize and secure the catheter and IV tubing.
- 4. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

### Mass Casualty Incident (Disaster)

#### **OVERVIEW**

- Triage, or sorting of victims in a mass casualty incident, is performed several times by different people at different places. Each time victims are sorted, more sophisticated decisions can be made.
- 2. The major triage points are as follows:

Primary Triage —at position victim is found.

Secondary Triage —at treatment area on-site.

Tertiary Triage –at hospital door.

The treatment priorities of victims are:

First priority (RED) Severe injuries with shock, needing stabilization

and treatment as soon as possible.

Second priority (YELLOW) Severe to moderate injuries requiring treatment

soon, but shock not present.

Third priority (GREEN) Injuries requiring minor treatment; these patients

could ride to the hospital in a bus.

Zero priority (BLACK) Obviously dead (dismembered, decomposed,

etc.)

4. Each disaster scene presents its own unique hazards and difficulties. This plan is a general guide to the handling of mass casualty incidents. It should be understood that modifications will need to be made by command personnel on scene as such changes are needed.

#### DETAIL

#### PRIMARY TRIAGE

This first step in sorting of victims is begun by the EMT(s) arriving in the first rescue unit(s). The actual number of EMTs assigned to this task will depend on the size of the incident; selection of the individuals to do this will be done by the senior EMT acting as Secondary Triage (see below). The purpose of this level of triage is two-fold:

- 1.1 To prevent victims from dying of problems such as airway obstruction and/or hemorrhage.
- 1.2 To assign priorities for evacuation of victims from the positions found to the treatment area.

REV. 8-1-95

Effective: 1 July 1995

#### 2. SECONDARY TRIAGE

Victims should be evacuated from the primary site and be brought to the Secondary Triage position at the head of the treatment areas. Here, the Secondary Triage EMT *briefly* reevaluates the victims and assigns each to a treatment area; this triage may not agree with the tag color. One upper corner of the tag is also torn off and saved by the Secondary Triage EMT to help account for all the victims later.

A more advanced guide to victim severity is as follows:

#### 0. Zero Priority (Black)

These victims have ceased both respirations and heartbeat and no EMT personnel are available to perform CPR without compromising the remainder of the victims.

#### First Priority (Red)

Respiratory distress.

Sucking and/or flail chest wounds.

Severe maxillofacial wounds.

Shock/severe bleeding.

Severe burns greater than 20 percent.

#### Second Priority (Yellow)

Abdominal injuries (without shock).

Genitourinary injuries.

Thoracic wounds without asphyxia.

Head Injuries/Cervical Spine Injuries.

Major fractures without shock.

Burns less than 20 percent (critical locations).

#### 3. Third Priority (Green)

Soft tissue wounds.

Extremity fractures and dislocations.

Facial and eye injuries without airway difficulty.

General burns under 20 percent.

Psychological shock without agitation.

#### 3. TRANSPORT TRIAGE

An individual should be appointed to this position by the Secondary Triage EMT if the scene is too large in scope for the Secondary Triage EMT to handle this function.

### Medical Control at the Emergency Scene

- Control of a medical emergency scene is the responsibility of the individual in attendance who is most appropriately trained and knowledgeable in providing prehospital emergency stabilization and transport.
- 2. If the patient's private physician is present and assumes responsibility for the patient's care:

The EMT should defer to the orders of the private physician. Local medical control should be contacted. The EMT reverts to following prehospital protocols and on-line medical direction at any time when the patient's private physician is no longer in attendance.

3. <u>If a physician is present who is not the patient's physician and on-line medical direction by radio contact cannot be established</u>:

An EMT on an emergency scene should relinquish responsibility for patient management when the physician has identified himself and has demonstrated his willingness to assume responsibility and document his intervention. When these conditions exist, the EMT should defer to the wishes of the physician on the scene. If the treatment at the emergency scene differs from that outlined in the prehospital protocols, the physician should agree in advance to accompany the patient to the hospital. However, in the event of a mass casualty incident or disaster, patient care needs may require the physician to remain at the scene.

4. <u>If a physician is present who is not the patient's physician and on-line medical direction by</u> radio contact does exist:

The on-line physician is ultimately responsible. If there is any disagreement between the physician at the scene and the on-line physician, the EMT should take orders from the on-line physician and place the intervenor physician in radio contact with the on-line physician.

The on-line physician has the option of managing the case entirely, working with the physician, or allowing him to assume responsibility.

5. Document all incident information by completing the RI EMS Ambulance Run Report.



### Medical Control at the Emergency Scene

- Control of a medical emergency scene is the responsibility of the individual in attendance who is most appropriately trained and knowledgeable in providing prehospital emergency stabilization and transport.
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The on-line physician has the option of managing the case entirely, working with the physician, or allowing him to assume responsibility.

5. Document all incident information by completing the RI EMS Ambulance Run Report.



## Nasogastric/Orogastric Tube [EMT-Ps only]

- 1. Indications:
  - 1.1 impaired consciousness
  - 1.2 poisoning/overdose
  - 1.3 respiratory and cardiorespiratory arrest
  - 1.4 as ordered by Medical Control.
- Contraindications to use of nasogastric tube: significant trauma to the head or face; suspected basilar skull fracture.
- 3. Procedure:
  - 3.1 Lubricate the distal tip of an appropriately-sized nasogastric/orogastric tube.
  - 3.2 Coach conscious patients to swallow as the tube is advanced to the stomach.
  - 3.3 Verify placement by auscultating the epigastrium, while injecting 15–30 mL of air into the tube.
  - 3.4 Stabilize and secure the tube.
  - 3.5 Withdraw and save a sample of gastric aspirate for analysis.
- 4. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.



### Pleural Decompression [EMT-Ps only]

- 1. Indication: pleural decompression may be performed with authorization from Medical Control, <u>and as a standing order if unable to contact Medical Control</u>, for a patient with a suspected tension pneumothorax.
- 2. Procedure for needle thoracostomy:
  - 2.1 Locate the appropriate site for decompressing the affected hemithorax:
    - 2.1.1 the second or third intercostal space in the mid-clavicular line; or
    - 2.1.2 the fourth or fifth intercostal space in the mid-axillary line
  - 2.2 Prepare the site with an antiseptic solution, using aseptic or sterile technique.
  - 2.3 Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.
  - 2.4 Stabilize the site. While applying gentle suction to the syringe, insert the needle over the superior border of the rib perpendicular to the chest wall, and puncture the skin.
  - 2.5 Advance the needle while applying gentle suction to the syringe. Confirm entry into the pleural space by aspirating air. Advance the catheter while withdrawing the needle.
  - 2.6 Confirm placement by observing clinical improvements.
  - 2.7 Fit a stopcock/syringe assembly or flutter valve to the hub of the catheter.
  - 2.8 Stabilize and secure the cannulating device.
- 3. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.



### Pneumatic Anti-Shock Garment (PASG)

- Indications for use of the PASG:
  - 1.1 Hypotension due to ruptured abdominal aortic aneurysm or similar abdominal hemorrhage
  - 1.2 Hypotension due to suspected pelvic fracture
  - 1.3 Anaphylactic shock
  - 1.4 Otherwise uncontrollable lower extremity hemorrhage
  - 1.5 Severe traumatic hypotension (shock) when the transportation time to a <u>HOSPITAL EMERGENCY FACILITY</u> is longer than five (5) minutes. For other patients, or in situations in which there is any cause for doubt, the EMT should <u>contact Medical Control</u> prior to inflation of the garment. **Do not delay transport to apply the garment.**
- When used for shock, the garment should be inflated to produce a systolic blood pressure that exceeds the age-related hypotensive values shown in the table below:

#### **Abnormal Vital Signs**

Age		Systolic BP	
			NOTE:
Pre-School	(1–6 years)	<75	absent radial
School Age	(6–12 years)	<85	pulse may
Adolescent	(12–16 years)	<90	indicate
Adult	(≥16 years)	<90	hypotension

- 3. In most circumstances, the Pneumatic Anti-Shock Garment should be deflated slowly and only with an order from Medical Control. Deflation should occur while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.
  - 3.1 If evidence of pulmonary edema develops after inflation, deflate the garment immediately without requesting Medical Control authorization.
- 4. Contraindications to use of the PASG:
  - 4.1 Adjunct to CPR
  - 4.2 Penetrating chest injury
  - 4.3 Pulmonary edema
  - 4.4 Isolated extremity injury or fracture without shock
  - 4.5 Acute myocardial infarction, cardiac tamponade or cardiogenic shock
  - 4.6 Pregnancy
- 5. In other situations, if use is considered, contact Medical Control.

#### 6. Inflation Procedure:

- Assess patient for shock and record sign/symptoms. If spinal injury is suspected. 6.1 maintain spinal immobilization.
- Determine the patient's blood pressure by palpation or auscultation. 6.2
- 6.3 Auscultate breath sounds.
- Check patient for bulky/sharp objects in pockets or remove clothing from patient's 6.4 abdomen and lower extremities.
- 6.5 Open trouser and arrange garment.
- 6.6 Apply garment:
  - 6.6.1 Log roll patient, maintaining spinal immobilization.
  - 6.6.2 Locate the superior edge of garment just below the lower margin of the ribs.
  - Attach the Velcro® straps with maximum contact, in order to fasten the 6.6.3 garment securely.
  - 6.6.4 Attach inflation pump lines to garment and open all in-line valves.
- 6.7 Inflate garment as follows:
  - 6.7.1 When used as indicated, inflate all compartments simultaneously to produce a level of consciousness and/or vital signs that are within normal limits, as identified in the following table, or until fully inflated per garment specifications.

#### **Normal Vital Signs**

Age		Respiratory Rate	Heart Rate	Systolic BP	
					NOTE:
Pre-School	(1-6 years)	16–40	70–160	>75	absent radial
School Age	(6-12 years)	12–30	60–140	>85	pulse may
Adolescent	(12-16 years)	10–24	60-120	>90	indicate
Adult	(≥16 years)	10–24	60-120	>90	hypotension

- Close all in-line valves. 6.8
- Frequently reassess and record blood pressure, pulse, breath sounds, respiratory 6.9 rate, and patient's level of consciousness, while en route to a HOSPITAL EMERGENCY FACILITY.

#### 7. **Deflation Procedure:**

- 7.1 Assess and record patient's vital signs.
- Slowly deflate the abdominal segment while monitoring the blood pressure to insure 7.2 that the blood pressure continues to be greater than the age-related value for hypotension.
- After abdominal deflation is achieved, gradually deflate both legs while monitoring 7.3 the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.
- Document the procedure (and attempts to perform the procedure) by completing the RI EMS 8. Ambulance Run Report.

RI EMS Prehospital Care Protocols and Standing Orders Effective: 1 July 1995

#### PREHOSPITAL STROKE SCALE

ASSESSMENT	NORMAL FINDING(S)	ABNORMAL FINDING(S)
Facial Droop (ask patient to smile or show teeth)	Both sides of the face move equally well.	One side of the face does not move as well as the other
Arm Drift (ask the patient to close eyes and hold arms straight out for 10 seconds)	Both arms move the same or both arms do not move at all.	One arm does not move or one arm drifts down.
Speech (ask the patient to say " you can't teach an old dog new tricks")	Patient uses correct words with no slurring.	Patient slurs words, uses the wrong words, or is unable to speak.
Vision (ask the patient to read your name tag with one eye at a time)	Patient is able to read equally well with both eyes.	Patient is unable to read with one eye or it is blurry.
Coordination (ask the patient to place their index finger from their nose to the examiners finger, held at a distance of 12-18". Test one side, then the other)	Patient is able to complete the task as indicated	Patient is unable to complete the task as indicated.

Note: Abnormality in <u>any one</u> assessment area is strongly suggestive of stroke.

Some patients with stroke symptoms may benefit from medications administered at the hospital within a few hours of symptom onset.

#### Recognition:

Unilateral paralysis: Weakness, clumsiness or heaviness, usually involving one side of the

body.

Unilateral numbness: Sensory loss, tingling or abnormal sensation, usually involving one side of

the body.

Language Disturbance: Trouble understanding or speaking (aphasia) or slurred speech

(dysarthia).

Monocular blindness: Painless visual loss in one eye often described as a curtain dropping.

Vertigo: Sense of spinning or whirling that persists at rest.

Ataxia: Poor balance, stumbling gait, staggering, or incoordination of one side of

the body.



<u>Telephone Reference</u> Page 59-1

# **Telephone Reference**

### AIR AMBULANCE (Helicopter)

Air Ambulance Service	Telephone
Life Flight UMASS-Memorial (Worcester, Massachusetts)	1-800-343-4354
Life Star (Hartford and Norwich, Connecticut)	1-800-221-2569
Med Flight (Bedford and Plymouth, Massachusetts)	1-800-233-8998

#### **HOSPITAL EMERGENCY DEPARTMENTS**

HOSPITAL	NOTIFICATION	MEDICAL CONTROL
Butler Hospital	401-455-6215	-N/A-
Hasbro Children's Hospital	401-444-6874	401-444-6874
Kent County Memorial Hospital	401-736-4288	401-737-3320
Landmark Medical Center - Woonsocket	401-769-1125	401-769-1125
Memorial Hospital	401-729-2191	401-729-2191
Miriam Hospital	401-413-8267	401-274-3333
	401-793-3333 (backup)	
Newport Hospital	401-845-1120	401-845-1211
Rhode Island Hospital	401-444-4220	401-444-5731
Roger Williams Medical Center	401-456-2132	401-456-2132
St. Joseph Hospital – Fatima Unit	401-456-3418	401-456-3402
South County Hospital	401-782-8010	401-782-8010
Veteran's Administration Hospital	401-457-3050	401-457-3050
Westerly Hospital	401-348-3325	401-348-3325
Women & Infants Hospital	401-453-7605	401-453-7605

#### **OTHER AGENCIES**

919-684-8111
919-684-2948
800-222-1222
401-421-4100 (24 hours)
401-763-2778 (pager)
401-222-2231
401-222-2401
401-272-5952
401-946-9996 (24 hours)
401-222-5500 (8:30 – 4:30)
401-222-2948
401-444-1111 (24 hours)
401-841-3771
401-846-3675
401-789-0444

Effective Date: June 30, 2007

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## **Telephone Reference**

RHODE ISLAND MUTUAL AID PLAN REGIONAL CONTROL CENTERS POC

#### NORTHERN CONTROL

Smithfield Fire Department 401-949-1233 Alt: N. Smithfield Fire Department 401-762-1414

### **METRO CONTROL**

Cranston Fire Department 401-461-5000 Alt: Providence Fire Department 401-274-3344 2<sup>nd</sup> Alt: Warwick Fire Department 401-468-4005

#### **SOUTHERN CONTROL**

Exeter Emergency Dispatch 401-294-2233 Alt: Westerly Emergency Dispatch 401-539-2211

#### EAST BAY CONTROL

Effective Date: June 30, 2007

Portsmouth Fire Department 401-683-1155 Alt: Newport Fire Department 401-846-2211

# Revised Trauma Score (Adult)

Component	Method	Values	Score
Respiratory Rate	Count respirations in 15 seconds, then multiply by 4.	$     \begin{array}{rcl}       10-24 & = & 4 \\       25-35 & = & 3 \\       \geq 36 & = & 2 \\       1-9 & = & 1 \\       none & = & 0     \end{array} $	
Systolic Blood Pressure	Measure systolic BP with stethoscope or by palpation.	≥90 = 4 70–89 = 3 50–69 = 2 1–49 = 1 no pulse = 0	
Glasgow Coma Scale Obtain sub-scores for each assessment (Eyes, Verbal, Motor). Total these sub-scores, then convert the sum as indicated.	2 Eyes open to verbal commar 2 Eyes open only to painful sti 1 Eyes do not open during initial  VERBAL 5 Patient is oriented to person, 4 Patient converses, but is diso 3 Patient is disoriented; speech 2 Speech is garbled. Includes of 1 No verbal responses to any  MOTOR 6 Obeys verbal commands by muscles (if C-spine injuries). 5 Can localize a painful stimula an injured area in a purposeful withdraws an extremity from to localize/prevent recurring particular and decorticate (flexion) posturing. 2 Abnormal flexor responsed decerebrate (extension) posture 1 No response, no motion to an Sum of three sections (EYES + VERBAL + MOTOR)	nd or speech. mulus. al evaluation period.  place, time; converses. riented or confused. h clear, but inappropriate. grunting or moaning. stimulation.  moving extremities or facial us by moving an extremity to al manner. n painful stimulus, but unable ain. se to painful stimulus, ie: ring.	
	Converted Score	<4 = 0	
Revised Trauma Score:		<b>→</b>	

Revised Trauma Score:

Sum of RR + BP + converted Glasgow Coma scores





# Trauma Score (Pediatric)

Component	+2 points	+ 1 point	- 1 point	Score
Weight	>20 kg	10–20 kg	<10 kg	
Airway	open/no assist	assist needed	intubated	
Systolic BP	>90 mm Hg	50–90 mm Hg	<50 mm Hg	
	(+ radial pulse)	(+ femoral/carotid)	(no palpable pulse)	
Consciousness	awake, alert	obtunded	unresponsive	
Fractures	none	closed fracture	multiple or open	
Wounds	none	minor wounds	major/penetrating	
	-		TOTAL:	

Effective: 1 July 1995 Revised: 1 January 1996



Effective: June 30, 2007

# **Management of Patient Subdued by Taser®**

#### Introduction

State and local police departments may use a conductive energy weapon called a Taser®. The Taser is designed to restrain violent/potentially violent individuals when alternative restraint tactics have failed or are reasonably likely to fail and/or where it would be unsafe for law enforcement officers to approach a subject to apply restraints. When used, the Taser® discharges a thin, insulated, high-voltage wire(s), that at the distal end contains arrow-like barbed projectiles (probes) that penetrate the subject's skin and embed themselves, resulting in a short incapacitating electric shock to be administered. Depending on the agency, law enforcement officers may initiate an EMS response when the device is discharged on a suspect.

#### **▼** ALL EMTS:

- 1. Ensure the officer has disconnected the wires from the hand held unit before contact with patient.
- 2. Confer with the officer and determine the patient's condition prior to the Taser's deployment. Further, determine the patient's condition from the time of the Taser discharge until EMS arrival. Any report of extreme irrational behavior prior to the tasing is significant, regardless of the patient's current presentation.
- 3. Initiate routine patient care per the *Standard Management of all Patients Protocol*.
  - 3.1 "Tased" patients may fall without the ability to protect themselves. Beware of head, neck and musculoskeletal injuries. Consider immobilization with cervical collar and spine board.



- 3.2 Consider that children may be more susceptible to nerve or muscle damage from a Taser® due to their smaller size.
- 3.3 Consider the potential for fetal trauma if the patient is pregnant.
- 4. Obtain history from the patient including the date of last tetanus shot and any cardiac history.
- 5. Identify location of probes on the patient's body.
- 6. Cut the wires no closer than 12" from the patient.
- 7. Do not remove the probes from the patient's body. Consider the probe an impaled object that should be left in place. Pad and secure as needed.
- 8. Probes that have been removed should be handled and disposed of like contaminated sharps in a designated sharp container.
- 9. Clean puncture sites and bandage.

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- 10. Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to identify and treat life-threatening and critical conditions.
- 11. Contact Medical Control.
- 12. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.
- 13. Document all incident information by completing the RI EMS Ambulance Run Report.

#### **▼** ALS PERSONNEL:

- 14. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.
- 15. Start an IV access device or at least one IV of **Normal Saline** or **Lactated Ringer's** solution to run at KVO rate (~20ml):
  - 15.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a <u>HOSPITAL EMERGENCY FACILITY</u>. Any further attempt at IV placement must occur en route.
- 16. If there is evidence of shock, follow the *Shock Protocol*.
- 17. Consider pain management if necessary and appropriate following the *Pain Management and Sedation Protocol*.

#### **MISCELLANEOUS INFORMATION:**

- 18. Electrical outputs of the Taser® fall within safe levels defined by international standards. There is no increased risk to patients with either pacemakers or implantable defibrillators.
- 19. The Taser® has the ability to ignite flammable liquids or vapors. Beware of environments where flammables are obviously present.