State of Rhode Island and Providence Plantations

Division of Emergency Medical Services

Prehospital Care Protocols and Standing Orders

EFFECTIVE JUNE 30, 2007
These protocols and standing orders are established by the Division of Emergency Medical Services of the Rhode Island Department of Health, and the Rhode Island Ambulance Service Advisory Board, pursuant to the authority conferred under sections, 23-4.1-4 and 23-17.6-4 of the Rhode Island General Laws.

These protocols and standing orders shall supersede all protocols and standing orders previously established and promulgated by the Division of Emergency Medical Services of the Rhode Island Department of Health or the Rhode Island Ambulance Service Coordinating Board.

*Contains all protocols effective June 30, 2007*
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Supported in part by project MCH#H33MC02537 from the Emergency Medical Services for Children program (Section 1910 of the US Public Health Service Act), Health Resources Administration, Department of Health and Human Services.
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Instructions for Use of the Protocols

• **Levels of care**

Except as specifically indicated, each protocol represents the standard of care that applies to all EMTs. In general, each protocol begins with basic assessment and treatment measures required of all levels of prehospital personnel. In addition, there may be advanced care practices specified for "ALS personnel". A double-bordered box surrounds measures specific to the practice of an EMT-C or an EMT-P, as shown in the example below:

### ALS PERSONNEL

7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.  

<table>
<thead>
<tr>
<th>Monitor ECG</th>
</tr>
</thead>
</table>

Although most of the standards are intended for all EMTs, some entire protocols apply exclusively to ALS personnel. These are indicated by a title that includes [ALS]. In addition, a few measures are specific to the practice of EMT-Ps. Such practices are indicated by "**EMT-Ps only**", as shown in the example below:

7. **EMT-Ps only**: Consider transcutaneous pacing, if available.  

<table>
<thead>
<tr>
<th>(External Pacing)</th>
</tr>
</thead>
</table>

• **Consent**

A patient has the right to decide whether to consent to care or to refuse care. Under ordinary circumstances, the health care provider will inform the patient of the need for recommended care, and the possible risks to health if care is not provided. This enables the patient to make an informed decision to consent to, or to refuse, the recommended care. However, when EMTs recognize that a life-threatening medical emergency exists, they ordinarily start to treat the patient immediately, unless the patient actually refuses care. This "implied consent" permits prompt care to be delivered, without the time-consuming discussion required for the patient to make an informed decision.

Therefore, the first steps of the protocol for Standard Management of All Patients direct the EMT to secure a safe scene and "perform a primary survey, to identify and treat life-threatening problems", without requiring the EMT to obtain the patient's informed consent. For life-threatening emergencies, this directive applies to all patients. Further steps in the protocol direct the EMT to perform specified assessments, and to provide care following the protocols. With the exception of life-threatening emergencies, the protocols also direct the EMT to obtain valid consent (through contact with a parent or Medical Control) for further prehospital care and transportation of patients less than sixteen years of age.

• **Care of Pediatric Patients**

Throughout these protocols, whenever the care of pediatric patients differs from the care of adults (or requires special attention), the steps specific to pediatric management are identified by the national EMS for Children (EMS-C) logo and surrounded by a box, as shown in the example below. There are also a few protocols that apply only to pediatric patients. These are indicated by a title that includes the EMS-C logo and (Pediatric).

<table>
<thead>
<tr>
<th>9.3.2</th>
<th>Pediatric patients &lt;5 feet tall (&lt;35 kg/75 lbs): shock at 4 joules/kg (~2 joules/lb).</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 joules/kg</td>
<td></td>
</tr>
</tbody>
</table>

**RI EMS Prehospital Care Protocols and Standing Orders**  
**Effective: 1 July 1995**
• **Combining Protocols**
There are many occasions when care must be guided by more than one protocol. EMTs are expected to use common sense and reasonable judgement to apply more than one protocol in the care of a patient, and to begin at an appropriate step when switching among protocols or utilizing more than one.

• **Medical Control**
All patient care protocols require EMTs to “contact medical control” during prehospital care. Unless the communication is a routine pre-arrival *notification*, direct voice contact between the EMT and physician is required. In the rare circumstance in which direct access to a physician is not feasible, communication may be relayed *through a licensed health care professional*.

In addition to the standing orders for EMTs, many protocols provide suggested treatment measures that the Medical Control physician may choose to order. EMTs are expected to provide further care consistent with the verbal orders issued by the Medical Control physician, including treatment, medications, or dosages that differ from the measures suggested in the protocols. As always, EMTs are expected to provide care that is permitted by their education, training, and scope of practice, and to use common sense and reasonable judgement in following Medical Control direction.

• **Quick Reference notes**
Along the right edge of many protocols is a *Quick Reference* column. The brief notes in this area are intended to provide a rapid reminder for the field EMT, or a studying aid for those who are learning the protocols. Refer to the example below:

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>Quick Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Assess patient, obtain initial vital signs, and frequently reassess</td>
<td><em>Physical Exam</em> &amp; <em>Vital Signs</em></td>
</tr>
<tr>
<td>patient's condition.</td>
<td></td>
</tr>
</tbody>
</table>
Standard Management Of All Patients

1. Secure the scene and ensure that it is safe. Non-latex gloves and proper size N95 mask (or better) are required for assessment and care of all patients with possible infectious disease.

1.1 Determine the number of patients/potential patients.
   1.1.1 Determine whether the Comfort One protocol applies.
   1.1.2 Determine whether the Biological Death protocol applies.
   1.1.3 A pediatric patient is one who is less than 16 years of age. Determine whether adult or pediatric protocols and standards apply.

1.2 Consider mechanism(s) of injury.
1.3 Request assistance, as necessary.

2. Perform a primary survey, to identify and treat life-threatening problems.
   2.1 Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to identify and treat life-threatening and critical conditions.

3. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
   3.1 Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to perform the following:
     3.1.1 appropriate physical examination and medical history.
     3.1.2 assessment of vital signs (including respiratory rate, heart rate, and blood pressure), with frequent monitoring and/or reassessment.
     3.1.2.1 Abnormal vital signs for children and adults are shown in the table below.

### Abnormal Vital Signs

<table>
<thead>
<tr>
<th>Age</th>
<th>Respiratory Rate</th>
<th>Heart Rate</th>
<th>Systolic BP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TOO SLOW</td>
<td>TOO FAST</td>
<td>TOO SLOW</td>
</tr>
<tr>
<td>Newborn (birth–1 month)</td>
<td>&lt;30</td>
<td>&gt;80</td>
<td>&lt;100</td>
</tr>
<tr>
<td>Infant (1 month–1 year)</td>
<td>&lt;20</td>
<td>&gt;70</td>
<td>&lt;80</td>
</tr>
<tr>
<td>Pre-School (1–6 years)</td>
<td>&lt;16</td>
<td>&gt;40</td>
<td>&lt;70</td>
</tr>
<tr>
<td>School Age (6–12 years)</td>
<td>&lt;12</td>
<td>&gt;30</td>
<td>&lt;60</td>
</tr>
<tr>
<td>Adolescent (12–16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>&lt;60</td>
</tr>
<tr>
<td>Adult (= 16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>&lt;60</td>
</tr>
</tbody>
</table>

3.1.2.2 Core temperature measurement and regulation should be considered while caring for pediatric patients. Attempt to measure the temperature of any pediatric patient who may have a fever, cold exposure, or seizure. Pediatric patients, especially newborns, easily lose heat. Covering the head, heating the patient compartment, and using warmed IV fluids increase or maintain body temperature.

3.1.2.3 Use patient monitoring equipment, such as pulse oximeter and ECG monitor, if available.
4. Provide treatment, stabilizing or supportive care.

4.1 Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to provide indicated treatment and psychological support.

4.2 If a person who is (or appears to be) <16 years old presents to EMS personnel with a condition that may reasonably be believed to require prehospital care and/or care at a HOSPITAL EMERGENCY FACILITY, EMTs are to attempt to contact the child’s legal guardian in order to obtain the guardian’s informed consent to prehospital care and/or transportation of the child.

4.2.1 If unable to contact the legal guardian, or if child abuse or neglect is suspected, contact Medical Control for authorization to provide prehospital care and transportation, and request assistance from local or state police (per section 40-11-5 RIGL).

4.2.2 If child abuse or neglect is suspected, transfer the child to the care of HOSPITAL EMERGENCY FACILITY personnel; then notify the Rhode Island Department for Children, Youth and their Families (1-800-RI-CHILD), as required by section 40-11-3 RIGL.

4.3 For pediatric patients up to 5 feet tall (<35 kg/75 lbs), use the Broselow® tape approved by the Division of EMS to estimate patient weight; to determine appropriate equipment sizes; and to determine pre-calculated doses for most medications to be administered under standing orders.

4.3.1 Use adult protocols and standards for any pediatric patients beyond the range of the tape (>5 feet tall or >35 kg/75 lbs)

4.3.2 For small infants who weigh <3 kg/6.5 lbs, EMTs who are trained and licensed/certified by the RI Department of Health to perform endotracheal intubation are to use the following guidelines:

<table>
<thead>
<tr>
<th>Approximate Weight</th>
<th>Gestational Age</th>
<th>ET Tube Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1500 grams (&lt;3.5 lbs)</td>
<td>&lt;30 weeks</td>
<td>2.5 mm</td>
</tr>
<tr>
<td>1500–2500 grams (3.5–5.5 lbs)</td>
<td>30–36 weeks</td>
<td>3.0 mm</td>
</tr>
<tr>
<td>&gt;2500 grams (&gt;5.5 lbs)</td>
<td>&gt;36 weeks</td>
<td>3.5 mm</td>
</tr>
</tbody>
</table>

4.3.3 For the few medications not included on the Broselow® tape, and in case the tape is unavailable, pediatric drug dosages may be calculated using the patient’s weight. IV admixtures and infusion rates may be calculated using the appropriate "Pediatric Rule of Sixes" (the formulas on which the Broselow® tape’s calculations are based).

4.3.3.1 When necessary, the weight of a pediatric patient may be estimated, using the method shown below:

Weight (in kilograms) \(\approx 2 \times \text{age} \text{ (in years)} + 8\)

**Example:** Estimated weight of 4 year old: \((2\times4)+8 \approx 8+8 = 16\) kilograms
4.3.3.2 Estimated weight may then be used in the “Pediatric Rule of Sixes”, as follows:

**Pediatric Rule of Sixes for DOPAMINE**

# mg to mix with NORMAL SALINE for a total volume of 100 mL = 6 x weight (kilograms)
Administration rate of 1 mL/hour = 1 mcg/kg/min

**Example:** Preparation of a DOPAMINE infusion for 4 year old patient.

Weight of 4 year old? weight ≈ (2x4)+8 = 16 kg

# mg of DOPAMINE to mix with normal saline = 16 kg x 6 = **96** mg

Inject 96 mg DOPAMINE (2.4 mL of a 40 mg/mL solution) into 100 mL burette. Fill burette to 100 mL with NORMAL SALINE. Infusion rate of 5–20 mL/hour = 5–20 mcg/kg/min.

5. Communicate with Medical Control.

5.1 When the State of Rhode Island Prehospital Care Protocols and Standing Orders require the EMT to “contact Medical Control”, such “contact” is to be either consultation or notification, as differentiated below.

5.1.1 **Consultation** with Medical Control: Direct voice contact between the EMT and physician is required. In the rare circumstance in which direct access to a physician is not feasible, communication may be relayed through a licensed health care professional.

5.1.1.1 All EMTs are permitted to consult directly with a Medical Control physician at any time they feel such communication might be helpful in the care of a patient.

5.1.1.2 All EMTs are required to consult directly with a Medical Control physician when caring for any patient whose condition includes any of the following:

(a) impaired consciousness;
(b) any age-related abnormal heart rate, respiratory rate, or blood pressure, as defined in the table of Abnormal Vital Signs;
(c) poisoning or overdose;
(d) deterioration from a previously stable condition.

5.1.1.3 For any direct **consultation**, the EMT shall:

5.1.1.3.1 request Medical Control;
5.1.1.3.2 communicate directly with a designated Medical Control physician;
5.1.1.3.3 provide a brief report that includes at least the following:
(a) EMS unit identification and level (BLS or ALS)
(b) patient's sex, approximate age and weight
(c) a statement of the chief complaint or apparent problem(s)
(d) a brief history of the present illness or injury
(e) a brief summary of the patient's relevant medical history
(f) a report of the physical assessment, including vital and diagnostic signs
(g) a summary of prehospital care provided
(h) an estimated time until arrival

5.1.2. **Notification** of Medical Control

5.1.2.1 Many cases require only routine assessment, treatment, and transportation. For cases that meet all of the following criteria, direct consultation with a Medical Control physician is not required, and once en route the EMT may **notify** the destination hospital staff of the nature of the case and estimated time until arrival:
(a) the patient is fully conscious; and
(b) the patient has no age-related abnormal vital or diagnostic signs; and
(c) the patient's condition does not include poisoning or overdose; and
(d) the patient has not deteriorated from a previously stable condition.

5.1.2.2 The EMT responsible for such **notification** shall:
5.1.2.2.1 indicate that the contact is for notification;
5.1.2.2.2 communicate directly with the triage nurse or designated health care provider; and
5.1.2.2.3 provide a brief summary report that includes at least the following:
(a) EMS unit identification and level (BLS or ALS)
(b) patient's sex, approximate age, and approximate weight
(c) a statement of the chief complaint or apparent problem(s)
(d) a statement that the patient's vital signs are within normal age-related limits
(e) a summary of pre-hospital care provided
(f) an estimated time until arrival
6. Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to transport the patient without delay to the appropriate HOSPITAL EMERGENCY FACILITY, except as specified below:

6.1 Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the nearest HOSPITAL EMERGENCY FACILITY, unless specifically directed to another destination by Medical Control.

6.2 For all patients with unrelieved airway obstruction, contact Medical Control for guidance. Medical Control may direct transport to the nearest HOSPITAL or NON-HOSPITAL EMERGENCY FACILITY.

<table>
<thead>
<tr>
<th>6.3</th>
<th>The signs and symptoms of pediatric patients developing serious illness or injury are often subtle. Therefore, all EMTs are required to transport all pediatric patients to a HOSPITAL EMERGENCY FACILITY for further evaluation, except as specified below:</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.3.1</td>
<td>An informed refusal of EMS transport is provided by the patient (if = 16 years of age, or married, as provided by section 23-4.6-1 RIGL), or on the patient's behalf by a legal guardian (if patient &lt;16 years of age); or</td>
</tr>
<tr>
<td>6.3.2</td>
<td>Medical Control, in direct consultation with the EMT, specifically authorizes the EMT to release the patient; or</td>
</tr>
<tr>
<td>6.3.3</td>
<td>For all patients with unrelieved airway obstruction, contact Medical Control for guidance. Medical Control may direct transport to the nearest HOSPITAL or NON-HOSPITAL EMERGENCY FACILITY.</td>
</tr>
</tbody>
</table>

6.4 All EMTs are required to transport pediatric patients in an appropriate child passenger restraint system or safety belt, unless

| 6.4.1 | care of the patient requires immobilization of the spinal column, pelvis, or lower extremities; or |
| 6.4.2 | the patient requires resuscitation or active management of a critical problem. |

7. Document all incident information by completing the RI EMS Ambulance Run Report.
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Airway Management and Respiratory Support

RECOGNITION

Patients with decreased level of consciousness resulting in inability to protect the airway, increased or ineffective respiratory effort, hypoxia, respiratory arrest or other need for airway management. Airway obstruction, if suspected from history or efforts to ventilate, should be managed in conjunction with the Foreign Body Airway Obstruction protocol. Conditions causing need for airway management should be managed following all appropriate protocols.

TREATMENT

1. Provide initial airway management following the American Heart Association (AHA) BLS guidelines.
   1.1 If mild obstruction is present and the patient is coughing forcibly, do not interfere with the patient’s spontaneous coughing and breathing efforts. Attempt to relieve the obstruction only if signs of severe obstruction develop: the cough becomes silent, respiratory difficulty increases and is accompanied by stridor, or the victim becomes unresponsive.
   1.2 Assume cervical spinal injury for all patients with sustained or suspected trauma, or impaired consciousness. In such cases stabilize the patient’s head and cervical spine in the neutral position, and use the jaw-thrust maneuver without head-tilt.
   1.3 Insert an oropharyngeal airway or nasopharyngeal airway of the appropriate size as an airway maintenance adjunct.
      1.3.1 Attempt to insert a nasopharyngeal airway in patients who reject an oropharyngeal airway, unless contraindicated.
   1.4 Suction as necessary.

1.5 For pediatric patients <5 feet tall (<35kg/75lbs) who demonstrate respiratory distress from suspected upper airway swelling, administer EPINEPHRINE as indicated below. BLS personnel must contact Medical Control for authorization.
   1.5.1 Administer EPINEPHRINE 5 mL of 1:1000 solution, by nebulizer over 5-15 minutes. May repeat once if necessary.
1.6 If airway obstruction by a foreign body is suspected, perform basic life support maneuvers according to AHA guidelines and follow the Foreign Body Airway Obstruction protocol.

1.7 If epiglottitis or another medical cause (croup, abcess, etc.) is suspected in a patient who remains conscious, allow the patient to chose a comfortable position and avoid painful or anxiety-provoking procedures if possible.

2 Provide **OXYGEN** to all patients with signs of serious illness or injury. Use the administration device and flow rate that provide the highest concentration of **OXYGEN** available, as tolerated by the patient.

2.3 Pediatric patients <5 feet tall (<35kg / 75lbs): Use of warmed, humidified **OXYGEN** is preferred, whenever possible.

3 Ventilate (or assist the ventilations of) any patient with ineffective or absent respirations. Use high-flow supplemental **OXYGEN**, and ventilate at the appropriate rate, as shown in the table that follows.

3.3 All patients: ventilate using one or more of the following devices of the proper size and settings for the patient age and weight:

3.3.1 Mouth-to-mask.

3.3.2 Bag-valve-mask (BVM) device capable of providing >75% oxygen concentration; 2-EMT technique preferred.

3.3.3 Ventilation device designed for use with a mask or advanced airway device.
# Ventilation Guidelines

<table>
<thead>
<tr>
<th>Age</th>
<th>Respiratory Rate</th>
<th>Ventilation (To Chest Rise)</th>
<th>Suggested Bag Size</th>
<th>Approx. Tidal Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newborn (birth-1 month)</td>
<td>Too Slow</td>
<td>Too Fast</td>
<td>BREATHS/ MINUTE</td>
<td></td>
</tr>
<tr>
<td>Infant (1 month – 1 year)</td>
<td>&lt;20</td>
<td>&gt;70</td>
<td>30-40</td>
<td>Infant</td>
</tr>
<tr>
<td>Pre-School (1-6 years)</td>
<td>&lt;16</td>
<td>&gt;40</td>
<td>20-30</td>
<td>Child</td>
</tr>
<tr>
<td>School Age (6-12 years)</td>
<td>&lt;12</td>
<td>&gt;30</td>
<td>16-20</td>
<td>Child</td>
</tr>
<tr>
<td>Adolescent (12-16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>12-16</td>
<td>Adult</td>
</tr>
<tr>
<td>Adult ( ≥16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>12-16</td>
<td>Adult</td>
</tr>
</tbody>
</table>

4 EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may attempt to intubate any patient > 1 month of age who is in respiratory or cardiac arrest:

4.1 **EMT-Ps only** may attempt to intubate a patient for any of the conditions listed below. Other qualified EMTs must contact Medical Control for authorization:

4.1.1 Respiratory distress with:

(a) bradycardia

(b) cyanosis despite supplemental oxygen

(c) impaired consciousness

4.1.2 To protect the airway in cases of deep unconsciousness, absent gag reflex, or impending airway obstruction.

4.1.3 Newborn infants (<1 month of age).

4.1.4 In other situations as authorized by Medical Control.
5 *EMT-Ps only* may attempt cricothyrotomy *(surgical for patients ≥ 8 years of age; needle for patients <8 years of age)* if instrumental removal of the foreign body is unsuccessful, or if unable to ventilate, following the *Cricothyrotomy* protocol.

6 Contact Medical Control.

7 Transport the patient.

7.1 Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the **nearest** appropriate **HOSPITAL EMERGENCY FACILITY**, unless specifically directed to another destination by Medical Control.

7.2 For all patients with unrelieved airway obstruction contact Medical Control for guidance. Medical Control may direct transport to the **nearest** **HOSPITAL** or **NON-HOSPITAL EMERGENCY FACILITY**.

8 Document all incident information by completing the *RI EMS Ambulance Run Report*. 
Biological Death

RECOGNITION OF BIOLOGICAL DEATH

1. An adult patient may be considered biologically dead if there is a lack of vital signs and at least one of the following:
   1.1 rigor mortis (rigid stiffness of the body)
   1.2 dependent lividity (purple/blue discoloration of those body areas closest to the ground)
   1.3 obvious injury incompatible with life (eg: decapitation)
   1.4 palpably cold body in the absence of any of the following:
      1.4.1 hypothermia from cold exposure
      1.4.2 cold water drowning
      1.4.3 drug overdose
   1.5 obvious changes of decomposition (ie: bloating, skin slippage, extensive green or black skin discoloration)

2. A pediatric patient may be considered biologically dead if there is a lack of vital signs and at least one of the following:
   2.1 obvious injury incompatible with life (eg: decapitation)
   2.2 obvious changes of decomposition (ie: bloating, skin slippage, extensive green or black skin discoloration)

3. By recognizing the evidence of lifelessness (as specified in RECOGNITION items 1 and 2 above) the EMS rescue personnel have made the determination of death. This determination by a licensed EMT does not constitute a pronunciation or certification of death, which are the responsibilities of a licensed physician.

4. The responsibility for a patient who is biologically dead lies with the state or local Police Department. Accordingly, the police should be contacted immediately. The Police Department is responsible for contacting the Medical Examiner's Office. The body should not be removed from the scene and the scene should be disturbed as little as possible.

5. Document all incident information by completing the RI EMS Ambulance Run Report.

6. For patients who do not meet the criteria for biological death:
   6.1 Any adult patient who does not meet the criteria above for biological death should be considered alive and treated following the Cardiac Arrest protocol, and be transported to a HOSPITAL EMERGENCY FACILITY.
   6.2 Any pediatric patient without signs of life, including a newborn or potential SIDS fatality, who does not meet the criteria above for biological death should receive full resuscitative measures and be transported to a HOSPITAL EMERGENCY FACILITY.
6.3 For patients wearing a **COMFORT ONE** bracelet, follow the *Comfort One* protocol.

6.4 Transportation to a **HOSPITAL EMERGENCY FACILITY** is necessary only when resuscitation is undertaken. Follow the appropriate cardiac arrest protocol and contact Medical Control en route.

6.5 Document all incident information by completing the *RI EMS Ambulance Run Report*. 
Comfort One

INTRODUCTION

Advances in home health and hospice care have resulted in more chronically and terminally ill patients living in private residences or in nursing homes. Many of these patients do not wish to have CPR performed and have made formal Living Will Declarations; executed Durable Power of Attorney documents; or have a physician’s Do-Not-Resuscitate Order recorded in their medical records.

LEGAL AUTHORITY

23.4.1 to 23-4.1-14 RIGL (Emergency Medical Transportation Services)
23-4.10 to 23-4.10-12 RIGL (Health Care Power Of Attorney)
23-4.11-2 to 23-4.11-14 RIGL (Rights Of The Terminally Ill Act)

PURPOSE

(1) To provide symptom control, patient care and comfort measures during the dying process for COMFORT ONE patients.

(2) To avoid resuscitation of patients who have COMFORT ONE status.

(3) To clarify the role and responsibilities of prehospital care providers at the scene and/or while providing transportation for COMFORT ONE patients.

DEFINITIONS

(1) The COMFORT ONE protocol is a set of standardized, state-wide patient care orders to be followed by emergency medical services personnel when encountering a COMFORT ONE patient. The protocol emphasizes that the patient will receive palliative, supportive care; but no resuscitative measures.

(2) A COMFORT ONE patient is a patient who:

2.1 has executed a Living Will and/or Durable Power of Attorney, and

2.2 has been diagnosed as having a terminal condition, and

2.3 has been issued a COMFORT ONE Bracelet.

2.4 This designation also applies to patients having a physician authorized Do-Not-Resuscitate (DNR) Order recorded in the patient's medical record or a DNR order received directly from a physician in compliance with the Medical Control at the Emergency Scene protocol.

APPLICATION

The COMFORT ONE protocol is applicable to emergency medical services personnel acting in the non-hospital setting.

ACTIVATION/IDENTIFICATION

1. The COMFORT ONE status of a patient is confirmed and this protocol is activated when prehospital personnel have been presented with:

1.1 A COMFORT ONE Bracelet on the patient (no further COMFORT ONE identification is necessary).

1.1.1 Determine that COMFORT ONE Bracelet is intact and not defaced or damaged. Location of bracelet: wrist or ankle; necklace if extremities not available (sealed and closed bracelet on necklace chain).
1.2 A written Do-Not-Resuscitate Order authorized by a physician and documented in the patient's medical record.

1.3 A Do-Not-Resuscitate Order received directly from a physician in compliance with the Medical Control at an Emergency Scene protocol may activate the COMFORT ONE protocol.

**EMS PROVIDER ACTIONS**

1. Proceed with usual patient assessment and care including resuscitative measures UNTIL COMFORT ONE status is confirmed.

2. Upon verification of COMFORT ONE status:

   2.1 **DO NOT:**
   
   2.1.1 initiate CPR
   2.1.2 administer chest compressions
   2.1.3 intubate (ET or EOA)
   2.1.4 initiate cardiac monitoring
   2.1.5 start an IV for resuscitation
   2.1.6 administer cardiac resuscitation drugs
   2.1.7 defibrillate
   2.1.8 provide ventilatory assistance

   2.2 **DO** (as indicated by the patient's condition):
   
   2.2.1 suction airway
   2.2.2 administer oxygen
   2.2.3 position for comfort
   2.2.4 splint
   2.2.5 control bleeding
   2.2.6 provide emotional support
   2.2.7 if possible, determine if Hospice or Home Health Agency patient and contact appropriate agency
   2.2.8 contact the patient's attending physician or Medical Control for further orders

3. If efforts are begun prior to confirmation of COMFORT ONE status, discontinue the resuscitative measures upon verification of COMFORT ONE status. EMS personnel will not continue:

   3.1 CPR
   3.2 ventilatory assistance
   3.3 administration of cardiac medications
   3.4 Do not initiate IV lines, EOA or Endotracheal Intubation.

   3.4.1 Note: established IV lines, EOA or ET tube should remain in place.
REVOCATION

1. **BY THE PATIENT:** Regardless of mental or physical condition, the patient may revoke his/her **COMFORT ONE** status by:

   1.1 Physical cancellation or destruction of the **COMFORT ONE** Bracelet by:
      
      1.1.1 the patient; or
      
      1.1.2 the patient's surrogate decision maker; or
      
      1.1.3 another in the patient's presence and at the patient's direction.

   1.2 Direct communication with the prehospital care provider or other licensed health care provider by:
      
      1.2.1 the patient; or
      
      1.2.2 the patient's surrogate decision maker; or
      
      1.2.3 another in the patient's presence and at the patient's direction.

   1.3 Direct communication with the prehospital care provider, physician or other licensed health care provider by any person who witnesses the revocation of **COMFORT ONE** status by a qualified patient.

      1.3.1 A revocation communicated by family or by another who did not witness the revocation is **not valid** in the emergency or transport setting.

2. **BY A PHYSICIAN:** A physician may revoke a **Do-Not-Resuscitate Order** by writing such a revocation in the patient's medical record, provided there is no **COMFORT ONE** Bracelet present.

3. **BY MEDICAL CONTROL:** A **Do-Not-Resuscitate Order** may be revoked directly by a physician in compliance with the **Medical Control at an Emergency Scene** protocol, provided there is no **COMFORT ONE** Bracelet present.

4. EMS personnel or other licensed health care providers, upon witnessing or verifying a **COMFORT ONE** revocation, must communicate that revocation in writing so as to include this information in the patient's medical record. For prehospital care providers, the revocation shall be documented on the standard **RI EMS Ambulance Run Report**.

DOCUMENTATION

1. The minimum **COMFORT ONE** ambulance/rescue report information shall include:

   1.1 use of a standard **RI EMS Ambulance Run Report**. Indicate the use of **COMFORT ONE** in the space allotted.

   1.2 patient's name, gender, estimated age

   1.3 attending physician

   1.4 **COMFORT ONE** identification seen. Document method of identification (**COMFORT ONE** Bracelet or **Do-Not-Resuscitate Order** per medical record) that was used to confirm **COMFORT ONE** status. Note that **COMFORT ONE** Bracelet was intact, not defaced, not canceled, or not officially revoked. Include the name of the patient's attending physician.

   1.5 time, date, location of event

   1.6 description of event

   1.7 assessment findings

   1.8 care provided

   1.9 any **COMFORT ONE** revocation directly witnessed by EMS personnel or communicated to EMS personnel by family, surrogate decision maker or another who witnessed the revocation

**RI EMS Prehospital Care Protocols and Standing Orders**

**Effective:** 1 July 1995
2. If transporting the patient, keep COMFORT ONE Bracelet (intact or removed) and/or Interagency Referral Form with the patient.

3. If COMFORT ONE order was issued per Medical Control at the Emergency Scene protocol, provide date and physician's name as well as other pertinent information per protocol.

INTERACTION WITH FAMILY/BYSTANDER

1. If family/bystanders request resuscitative efforts for a patient with COMFORT ONE status:
   1.1 Provide explanation, reassurance and support to family/bystanders.
   1.2 Do not initiate CPR.
   1.3 Provide palliative care and comfort to patient.
   1.4 If possible, determine if Hospice or Home Health Agency patient and contact appropriate agency.
   1.5 Contact Medical Control for guidance.

GENERAL CONSIDERATIONS

1. COMFORT ONE status means providing all possible comfort care. Treat both the patient and family with care and concern.

2. Consider COMFORT ONE status invalid if:
   2.1 No COMFORT ONE Bracelet is present.
   2.2 The COMFORT ONE Bracelet is not attached or has been tampered with.
   2.3 A written Do-Not-Resuscitate Order authorized by a physician and documented in the patient's medical record is not presented to prehospital care personnel.

3. If the patient has expired on arrival, comfort family and follow Biological Death protocol. Document all incident information by completing the RI EMS Ambulance Run Report.
Assess responsiveness, airway, breathing, and circulation

Identify cardiac arrest

CPR or Defibrillation

Ventilate with high-concentration O₂
Consider advanced airway management

**BLS Units:** Transport to nearest hospital ED or obtain ALS unit

**ALS Units:** Follow appropriate protocols

Contact Medical Control

Document
Cardiac Arrest

TREATMENT

1. Quickly check for unresponsiveness, airway patency, spontaneous respirations, and carotid pulses.
2. If there is a cardio-pulmonary arrest, immediately begin the Basic Life Support (CPR) sequence of the American Heart Association.

2.1 ▼ BLS PERSONNEL
If defibrillation is available and indicated, follow the Defibrillation Procedure: Manual or Defibrillation Procedure: AED protocol.

2.2 ▼ ALS PERSONNEL
If defibrillation is available and indicated, follow the Ventricular Fibrillation and Pulseless Ventricular Tachycardia (ALS) protocol.

▼ ALL EMTs

DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFLIBRILATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVEMENT IF POSSIBLE.

3. CPR may be discontinued with authorization from a Medical Control physician.
4. Whenever possible, use high-concentration OXYGEN to ventilate the patient at the appropriate rate.
5. EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may consider advanced airway management as indicated in the Airway Management and Respiratory Support protocol.
   4.1 Use oropharyngeal, nasopharyngeal airway adjuncts or an EOA if unable to perform endotracheal intubation.
6. Basic Life Support units should transport the patient without delay to the nearest appropriate HOSPITAL EMERGENCY FACILITY or consider use of an Advanced Life Support unit, if one is available.

▼ ALS PERSONNEL
7. Follow all appropriate protocols

▼ ALL EMTs
8. Contact Medical Control.
Asystole (ALS) Flowchart

CPR
  ↓
Identify asystole
Confirm pulselessness and asystole on ECG
  ↓
Ventilate with high-concentration $O_2$
  ↓
IV: NS or LR
Consider advanced airway management
  ↓
EPINEPHRINE every 3-5 min
  ↓
ATROPINE every 3-5 min
  ↓
Transport to hospital ED
  ↓
Contact Medical Control
  ↓
Document
Asystole (ALS)

TREATMENT

1. Begin the Basic Life Support (CPR) sequence of the American Heart Association.
   1.1 Do not cease CPR for more than 5 seconds, except for a maximum of 30 seconds to intubate or move the patient, until the patient has been stabilized, or until authorized by Medical Control to do so.

2. For infants up to 1 month of age, follow the Newborn Resuscitation protocol.

3. Check the pulse. Follow the Asystole protocol only if the pulse is absent.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Check the leads and monitor to assure that the unit is functioning properly.

6. If rhythm is unclear and possibly low amplitude ventricular fibrillation, follow the Ventricular Fibrillation protocol.

7. Start at least one IV access of NORMAL SALINE or LACTATED RINGER’S solution:
   7.1 Administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (~20 ml/hr).
   7.2 If unable to establish IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the nearest HOSPITAL EMERGENCY FACILITY immediately. Any further attempt at IV placement must occur en route.
8 Consider advanced airway management. When using an endotracheal tube or using the esophageal obturator airway, follow the ET or EOA protocol.

8.1 Whenever possible, ventilate the patient at the appropriate rate, using high concentration OXYGEN.

9 Administer EPINEPHRINE as indicated below:

9.1 Adult patients: administer EPINEPHRINE 1:10,000 1.0 mg IV push; Repeat every 3-5 minutes if asystole persists.

9.1.1 If unable to establish an IV, administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube, Repeat every 3-5 minutes if asystole persists.

9.2 Pediatric patients <5 feet (<35 kg/75 lbs): administer EPINEPHRINE as indicated on Pediatric Dosing Device, and repeat every 3-5 minutes as necessary:

9.2.1 IV Push Dose: EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg).

9.2.2 Endotracheal doses: EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with NORMAL SALINE.

10 If still asystolic, administer ATROPINE SULFATE as indicated below:

10.1 Adult patients: administer ATROPINE SULFATE 1.0 mg IV push. Repeat every 3-5 minutes if asystole persists, to a maximum of 3.0 mg.

10.1.1 If unable to establish an IV, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if asystole persists, to a maximum of 3.0 mg.

11 Transport the patient without delay to nearest appropriate HOSPITAL EMERGENCY FACILITY.

12 Contact Medical Control

12.1 With authorization from Medical Control, consider administration of GLUCAGON.

12.2 EMT-Ps only with authorization from Medical Control may consider administration of CALCIUM CHLORIDE.

Bradycardia (Symptomatic) [ALS]

Flowchart

Assess patient and obtain initial VS Reassess frequently

↓

High-concentration O₂

↓

Monitor and document ECG

↓

IV: NS or LR

↓

ATROPINE every 3-5 min

↓

Transport to hospital ED

↓

Consider transcutaneous pacing,

↓

EMT-Ps only: Consider DOPAMINE drip

↓

Contact Medical Control

↓

EMT-Cs: Per Med Control, DOPAMINE drip

↓

EMT-Ps only: Per Med Control, EPINEPHRINE drip
Bradycardia (Symptomatic) [ALS]
For pediatric patients < 5 feet tall (< 35 kg/75 lbs.) follow Bradycardia (Pediatric) protocol.

RECOGNITION

Ventricular rate < 60 per minute in a suspected cardiac patient, with any of the following: chest pain; dyspnea; decreased level of consciousness; hypotension; shock; ventricular escape beats; or CHF.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.

3. Administer OXYGEN with the highest-concentration device tolerated.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Start at least one IV of NORMAL SALINE or LACTATED RINGER’S solution to run at KVO rate (~20 mL/hour).

  5.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

6. Administer ATROPINE SULFATE 0.5 mg IV push. Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 3.0 mg.

  6.1 If unable to establish an IV and there is an endotracheal tube in place, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 3.0 mg.
7. Transport the patient without delay to a hospital emergency facility.

8. Consider use of either or both of the following:

8.1 Perform transcutaneous pacing, if available. Consider sedation following pain management protocol.

**EMT-Ps only:**

8.2 Administer dopamine HCl by IV infusion. Due to the high risk of side effects with incorrect dosage, dopamine infusions may only be administered by IV infusion pump as indicated below:

8.2.1 Administer dopamine HCl at 2-20 mcg/kg/min IV (400 mg in 250 mL D5W or normal saline = 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure > 90 mm Hg.

9. Contact Medical Control

9.1 With authorization from Medical Control, EMT-Cs may administer dopamine HCl by IV infusion. Due to the high risk of side effects with incorrect dosage, dopamine infusions may only be administered by IV infusion pump as indicated below:

9.1.1 Administer dopamine HCl at 2-20 mcg/kg/min IV (400 mg in 250 mL D5W or normal saline = 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure > 90 mm Hg.

9.2 **EMT-Ps only:** With authorization from Medical Control, may administer epinephrine by IV infusion. Due to the high risk of side effects with incorrect dosage, epinephrine infusions may only be administered by IV infusion pump as indicated below:

9.2.1 Infuse epinephrine 0.05-0.20 mcg/kg/min. (Typical adult dose: 2-10 mcg/min.)

10. Document all incident information by completing the RI EMS Ambulance Run Report.
Bradycardia (Pediatric) Flowchart

(For newborns, infants, refer to Newborn Resuscitation protocol)

Assess patient; obtain initial VS / Treat shock, following Shock protocol

Airway Management
High-concentration O₂, Assist with BVM

Consider advanced airway management

HR ≥60: BVM or supplemental O₂
HR <60 with shock: CPR _ HR ≥60

Monitor and document S_pO₂ (if able) and ECG

IV: NS or LR

EPINEPHRINE every 3-5 min

Consider ATROPINE every 3-5 min

Consider transcutaneous pacing

Contact Medical Control
Bradycardia (Pediatric)

RECOGNITION
A slow ventricular rate (as shown in the following table) accompanied by any of the following: chest pain; respiratory distress; decreased level of consciousness; hypotension; shock; CHF.

Note: Pediatric bradycardia is usually due to hypoxemia.

<table>
<thead>
<tr>
<th>Age</th>
<th>Respiratory Rate</th>
<th>Heart Rate</th>
<th>Systolic BP</th>
<th>NOTE:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Too Slow</td>
<td>Too Fast</td>
<td>Too Slow</td>
<td>Too Fast</td>
</tr>
<tr>
<td>Newborn (birth-1month)</td>
<td>&lt;30</td>
<td>&gt;80</td>
<td>&lt;100</td>
<td>&gt;200</td>
</tr>
<tr>
<td>Infant (1 month – 1 year)</td>
<td>&lt;20</td>
<td>&gt;70</td>
<td>&lt;80</td>
<td>&gt;180</td>
</tr>
<tr>
<td>Pre-School (1-6 years)</td>
<td>&lt;16</td>
<td>&gt;40</td>
<td>&lt;70</td>
<td>&gt;160</td>
</tr>
<tr>
<td>School Age (6-12 years)</td>
<td>&lt;12</td>
<td>&gt;30</td>
<td>&lt;60</td>
<td>&gt;140</td>
</tr>
<tr>
<td>Adolescent (12-16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>&lt;60</td>
<td>&gt;120</td>
</tr>
</tbody>
</table>

TREATMENT
1. For newborn infants, refer to the Newborn Resuscitation protocol.
2. Perform a rapid exam, including assessment of the following:
   a. Level of consciousness/responsiveness, airway maintenance;
   b. Respiratory rate and effort, skin/mucous membrane color;
   c. Heart rate, distal pulses, temperature, capillary refill, BP.
3. If there is evidence of shock, follow the Shock protocol.
4. Administer OXYGEN with the highest-concentration device tolerated.
   4.1 Children with impaired consciousness, cyanosis, or signs of shock require assisted ventilations with high-concentration OXYGEN and airway adjuncts.
      4.1.1 Consider advanced airway management, as indicated in the Airway Management and Respiratory Support protocol.
4.2 Whenever possible, use high-concentration oxygen to ventilate the patient at the appropriate rate shown in the following table:

<table>
<thead>
<tr>
<th>Age</th>
<th>Ventilation BREATHS/MINUTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newborn (birth – 1 month)</td>
<td>-60</td>
</tr>
<tr>
<td>Infant (1 month – 1 year)</td>
<td>-45</td>
</tr>
<tr>
<td>Pre-School (1-6 years)</td>
<td>-45</td>
</tr>
<tr>
<td>School Age (6 – 12 years)</td>
<td>-30</td>
</tr>
<tr>
<td>Adolescent (12 – 16 years)</td>
<td>-30</td>
</tr>
</tbody>
</table>

5. Re-evaluate heart rate (monitor ECG, if able).

5.1 If heart rate is ≥60/minute, continue assisted ventilations and/or resuscitation as needed for breathing (i.e., BVM ventilations or supplemental OXYGEN).

5.2 If heart rate is <60/minute and there is evidence of shock despite supplemental oxygenation and ventilation, perform chest compressions at rate of at least 100/minute (infants <1 year old) or 80-100/minute (children ≥ 1 year old). Continue CPR until spontaneous heart rate ≥60/minute.

6. Monitor patient’s oxygen saturation, if pulse oximeter is available.

7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

8. Establish at least one IV of NORMAL SALINE or LACTATED RINGER’S solution at keep vein open rate (~20 mL/hour).

8.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY immediately. Any further attempt at IV placement must occur en route.

8.2 Prior to administration of any medication to a patient with an intracranial shunt, contact Medical Control.

9. Administer EPINEPHRINE as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:

9.1 IV push dose: EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg)

9.2 Endotracheal dose EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg)
10. If bradycardia continues, consider **ATROPINE SULFATE**, as indicated on Pediatric Dosing device, to treat increased vagal tone:

10.1 IV push dose: **ATROPINE SULFATE** 0.02 mg/kg (0.02 mL/kg); may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 1.0 mg (child) or 2.0 mg (adolescent).

10.2 Endotracheal dose: **ATROPINE SULFATE** 0.05 mg/kg (0.05 mL/kg) IV; may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 1.0 mg (child) or 2.0 mg (adolescent).

11. Consider transcutaneous pacing, if available.

▼ **ALL EMTs**

12. **Contact Medical Control.**

13. Transport the patient without delay to a **HOSPITAL EMERGENCY FACILITY**.

14. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Chest Pain in a Suspected Cardiac Patient

RECOGNITION
Patient may exhibit severe, crushing chest pain; mild to severe substernal chest pain; diaphoresis; nausea; or vomiting. Pain may radiate to jaw, arms, or neck. Patient may have history of prior MI, cocaine/stimulant use, HTN, etc.

TREATMENT
1. Assess patient, obtain initial vital signs, place patient on cardiac monitor and frequently reassess patient’s condition.

2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.

3. Administer OXYGEN with the highest-concentration device tolerated.

4. Adult patients: administer ASPIRIN (160-325 mg).

▼ BLS PERSONNEL

5. Contact Medical Control for authorization to perform the following:

   5.1 Adult patients with systolic BP ≥90 mm Hg: administer NITROGLYCERIN 0.4 mg (1/150 grain) sublingually, by tablet or oral spray, of the patient’s own medication only. Monitor blood pressure every 3 minutes.

▼ ALS PERSONNEL

6. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

   6.1 If trained and equipped to perform 12 lead ECG, and ECG indicates high likelihood of MI, contact Medical Control.

7. Start an IV access device or at least one IV of NORMAL SALINE or LACTATED RINGER’S to run at KVO rate.

   7.1 If an IV has been started, administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (~ 20ml/ hour).

   7.2 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.
\section*{TLS PERSONNEL}

8. Adult patients with systolic BP $\geq 90$ mm Hg: administer \textbf{NITROGLYCERIN} 0.4 mg (1/150 grain) sublingually, by tablet or oral spray. Repeat every 5 minutes, as long as patient has chest pain and systolic blood pressure $\geq 90$ mm Hg. Monitor blood pressure every 3 minutes.

8.1 If unable to establish an IV, EMTs may still administer \textbf{NITROGLYCERIN} for patient with systolic BP > 150 mm Hg.

8.2 If chest pain is unchanged, EMTs may administer \textbf{MYLANTA®} 30 mL, if available, by mouth after third dose of \textbf{NITROGLYCERIN}.

\begin{tcolorbox}
8.3 Pediatric patients < 5 feet tall (<35 kg/75 lbs): administration of \textbf{NITROGLYCERIN} requires authorization from Medical Control
\end{tcolorbox}

9. Treat specific dysrhythmias, following all appropriate protocols.

10. Contact Medical Control for authorization to perform any of the following:

10.1 Provide pain relief, following the \textit{Pain Management and Sedation} protocol.

10.2 Administer \textbf{LIDOCAINE HCL} 1.0-1.5 mg/kg IV push. Repeat at 10-minute intervals x2, at 0.5-0.75 mg/kg. Maximum total dose: 3 mg/kg.

10.3 To administer \textbf{MYLANTA®} 30 mL, if available, by mouth, prior to administration of first three \textbf{NITROGLYCERIN} doses.

\section*{ALL EMTs}

11. Transport the patient without delay to a \textit{HOSPITAL EMERGENCY FACILITY}.

12. Document all incident information by completing the \textit{RI EMS Ambulance Run Report}.
Congestive Heart Failure (Pulmonary Edema)

RECOGNITION

Respiratory distress with one or more of the following: heart rate > 120 (adult); respiratory rate > 30 (adult), hypoxia, jugular venous distention, rales, diaphoresis, past history of congestive heart failure but without upper airway obstruction or stridor.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.
2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.
3. Administer OXYGEN with the highest-concentration device tolerate. Assist ventilation as indicated.
4. Adult patients: administer ASPIRIN (160-325 mg)

▼ BLS PERSONNEL

5. Contact Medical Control for authorization to perform any or all of the following:
   5.1 Adult patients with systolic BP ≥ 90 mmHg: administer NITROGLYCERIN 0.4 mg (1/150 grain) sublingually, by tablet, or by oral spray, of the patient’s own medication only. Monitor blood pressure every 5 minutes.
   5.2 For patients who are wheezing, administer ALBUTEROL as indicated below:
      5.2.1 Adult Patients: administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
      5.2.2 Patients ≥ 6 months of age: administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
      5.2.3. Patients < 6 months of age: administer 1.25 mg of ALBUTEROL 0.083% solution (or 0.25 mL 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
**ALS PERSONNEL**

6. For patients who are wheezing and have a history of COPD/Asthma, consider administration of **ALBUTEROL** as indicated below:

6.1 Adult Patients: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

6.2 Patients ≥ 6 months of age: administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

6.3 Patients < 6 months of age: administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the **RI EMS Ambulance Run Report**.

8. Start an IV access device and run at KVO rate (~20 ml/hour).

8.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a **HOSPITAL EMERGENCY FACILITY**. Any further attempt at IV placement must occur en route.

9. Adult patients with systolic BP ≥ 90 mmHg: administer **NITROGLYCERIN** 0.4 mg (1/150 grain) sublingually, by tablet or by oral spray. Repeat every 5 minutes, for as long as patient has respiratory distress and systolic blood pressure ≥ 90 mmHg. Monitor blood pressure every 3 minutes.

9.1 If unable to establish an IV, EMTs may still administer **NITROGLYCERIN** for patient with systolic BP > 150 mmHg.

9.2 Pediatric patients <5 feet tall (<35 kg/75 lbs); administration of **NITROGLYCERIN** requires authorization from Medical Control.
10. Treat specific dysrhythmias following all appropriate protocols.

11. Administer **FUROSEMIDE** (Lasix®) as indicated below:

   11.1 Adult patients who **do not** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) 40 mg IV over 2 minutes.

   11.2 Adult patients who **do** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) IV at double the daily oral dose (not to exceed 240 mg); administer up to 100 mg IV push; administer the remainder (up to 140 mg) at a rate < 20 mg/minute.

   11.3 Pediatric patients < 5 feet tall (<35 kg/75 lbs) who **do not** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) per Pediatric Dosing device: 1 mg/kg (not to exceed 20 mg), IV over 2 minutes.

   11.4 Pediatric patients < 5 feet tall (<35 kg/75 lbs) who **do** take daily oral **FUROSEMIDE** (Lasix®): administer **FUROSEMIDE** (Lasix®) at double the daily oral dose (not to exceed 40 mg), IV over 2 minutes.

12. **Contact Medical Control.**

   12.1 For patients exhibiting significant respiratory distress, administer **MORPHINE SULFATE**, following the **Pain Management and Sedation** protocol.

   12.2 For patients exhibiting signs of shock consider administration of **DOPAMINE** and IV bolus of **NORMAL SALINE** or **RINGER'S LACTATE** solution as per Medical Control.

\[\text{\textbf{\textit{\textcolor{red}{\textbf{ALL EMTs}}}}}\]

13. Transport the patient without delay to a **HOSPITAL EMERGENCY FACILITY**

14. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Pulseless Electrical Activity (PEA) [ALS] Flowchart

CPR / Airway Management

Monitor ECG; identify PEA
Confirm pulselessness and PEA on ECG

Ventilate with high-concentration O₂

IV: NS or LR

Consider Advanced Airway Management

EPINEPHRINE every 3-5 min

If ventricular rate is slow: ATROPINE every 3-5 min

If VFib occurs, follow VFib protocol

EMT-Ps only: pleural decompression

Transport to nearest hospital ED

Contact Medical Control

Document
Pulseless Electrical Activity (PEA) [ALS]

RECOGNITION
Unresponsive, apneic, pulseless patient with electrical activity other than ventricular fibrillation (VF) or ventricular tachycardia (VT).

Note: Causes of PEA include: acidosis; cardiac tamponade; hypothermia; hypovolemia; hypoxia; myocardial infarction; overdose; pulmonary embolus; shock; and tension pneumothorax.

TREATMENT
1. Begin Basic Life Support (CPR) using the current sequence of the American Heart Association.

1.1 Do not interrupt CPR for more than 5 seconds, except for a maximum of 30 seconds to intubate or move the patient until the patient has been stabilized, or until authorized by Medical Control to do so.

2. Check the pulse. Follow the PEA protocol only if the pulse is absent.

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

4. Start at least one IV access of NORMAL SALINE or LACTATED RINGER’S solution to run at KVO rate (~20 ml/hour) for cardiac arrest not caused by hypovolemia.

4.1 If hypovolemia is suspected, administer 500ml NORMAL SALINE or LACTATED RINGER’S solution to run at wide-open rate.

4.2 If unable to establish IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the nearest appropriate HOSPITAL EMERGENCY FACILITY immediately. Any further attempt at IV placement must occur en route.
4.3 Pediatric patients < 5 feet tall (<35 kg/ 75 lbs.) administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (~20 ml/hr.); or administer boluses of 20 ml/kg by rapid IV push if hypovolemia is suspected. Assess and re-bolus if indicated.

5. Consider advanced airway management as indicated in the Airway Management and Respiratory Support protocol.

6. Administer EPINEPHRINE as indicated below:

6.1 Adult patients: administer EPINEPHRINE 1:10,000 1.0 mg IV push. Repeat every 3-5 minutes if PEA persists.

   6.1.1 If unable to establish an IV, administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if PEA persists.

6.2 Pediatric patients <5 feet tall (<35 kg/75lbs): administer EPINEPHRINE as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:

   6.2.1 IV Push Dose: EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg)

   6.2.2 Endotracheal doses: EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with NORMAL SALINE.

7. If PEA involves a bradycardic rhythm, administer ATROPINE SULFATE as indicated below:

7.1 Adult patients: administer ATROPINE SULFATE 1.0 mg IV push. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 3.0 mg

   7.1.1 If unable to establish an IV, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 3.0 mg.

8. If ventricular fibrillation occurs, follow Ventricular Fibrillation protocol.
9. **EMT-Ps only:** If PEA persists, may perform pleural decompression.

10. Transport the patient without delay to the nearest appropriate *HOSPITAL EMERGENCY FACILITY*.

11. Contact Medical Control.

   11.1 For certain conditions, Medical Control may authorize administration of **SODIUM BICARBONATE** 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.

12. Document all incident information by completing the *RI EMS Ambulance Run Report*. 
Premature Ventricular Complexes (PVCs) [ALS]

RECOGNITION

Frequent PVCs (>6 per minute) with chest pain; dyspnea; decreased level of consciousness; hypotension; shock; or CHF in a suspected cardiac patient.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.

3. Administer OXYGEN with the highest-concentration device tolerated.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Start an IV of NORMAL SALINE or LACTATED RINGER’S solution and run at KVO rate (~20 ml/hour):

   5.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

6. Administer LIDOCAINE HCL as indicated below:

   6.1 Administer LIDOCAINE HCL 1.0-1.5 mg/kg IV push.

7. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

8. Repeat LIDOCAINE HCL at 10-minute intervals at 0.5-0.75 mg/kg. Maximum total dose: 3 mg/kg.
8.1 **EMT-Ps only:** may administer **LIDOCAINE HCL** infusion at 30-50 mcg/kg/minute. (2-4 mg/min).

8.1.1 **EMT-Ps** with IV pump training **ONLY:** May administer **LIDOCAINE HCL** by Infusion Pump. Lower dosages should be used in patients with hepatic dysfunction or >70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.

9. **Contact Medical Control.**

9.1 With authorization from Medical Control, **EMT-Cs** may administer **LIDOCAINE HCL** infusion at 30-50 mcg/kg/minute. (2-4 mg/min).

9.1.1 **EMT-Cs** with Medical Control and IV Pump training **ONLY:** May administer **LIDOCAINE HCL** by Infusion Pump. Lower dosages should be used in patients with hepatic dysfunction or >70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.

10. Document all incident information by completing the **RI EMS Ambulance Run Report.**
Supraventricular Tachycardia (SVT) [ALS]
Flowchart
Adult Patient, Conscious with Stable Vital Signs

Assess patient and obtain initial VS
Reassess frequently
↓
High-concentration O₂
↓
Monitor and document ECG
↓
IV: NS or LR
↓
ADENOSINE
↓
Contact Medical Control
↓
EMT-Ps only: Per Med Control, VERAPAMIL HCL or DILTIAZEM
↓
If SVT continues EMT-Ps only per Medical Control
AMIODARONE
↓
Transport to hospital ED
↓
Document
Supraventricular Tachycardia (SVT) [ALS]

Patient Conscious, with Stable Vital Signs
For Pediatric patients <5 feet tall (35 kg/75 lbs), follow SVT (Pediatric) protocol.

RECOGNITION

Conscious patient with heart rate of 140-220 beats per minute; QRS width <0.12 seconds.

Note: If the QRS width >0.12 seconds, consider ventricular tachycardia.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

2. Loosen tight clothing and allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.

3. Administer OXYGEN with the highest-concentration device tolerated.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Encourage the patient to perform vagal maneuvers (e.g., bearing down, etc.).

6. Start at least one IV of NORMAL SALINE or LACTATED RINGER’S solution to run at KVO rate (~20 mL/hour).

   6.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

7. Administer ADENOSINE (Adenocard®) as indicated below:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants as the effects may be prolonged and unpredictable.
7.1 Administer **ADENOSINE** 6 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RINGER’S** solution.

7.2 If 6 mg dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RINGER’S** solution. If 12 mg dose does not convert rhythm, repeat once in 1-2 minutes.

8. Contact Medical Control. **With authorization from Medical Control, EMT-Ps may perform the following:**

8.1 Administer **VERAPAMIL HCl** (Calan®, Isoptin®) or **DILTIAZEM** (Cardizem®) as indicated below:

8.1.1 Administer **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes if the adenosine did not work and the patient does not have CHF or significant ventricular dysfunction. If this dose does not convert rhythm within 15 minutes, repeat **VERAPAMIL HCL** 2.5-5.0 mg IV over 1-2 minutes or,

8.1.2 Administer **DILTIAZEM** 10-20 mg IV over 2 minutes. If this does not slow or convert rhythm within 15 minutes, repeat **DILTIAZEM** 10-20 mg IV over 2 minutes.

8.1.3 If, following dose of **VERAPAMIL** or **DILTIAZEM** the patient’s systolic blood pressure drops below 100mgHG, administer **CALCIUM CHLORIDE** 500 mg IV slowly.

8.1.4 If SVT continues following dose of **VERAPAMIL HCL** or **DILTIAZEM**, Medical Control may authorize administration of **AMIODARONE** 150 mg IV over 10 minutes. Due to the high risk of side effects **AMIODARONE** may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with DsW using a “PVC-free” bag and tubing and run as an isolated IV, not piggybacked into **NORMAL SALINE** or **LACTATED RINGER’S** solution (Use caution if patient has history of CHF or ventricular dysfunction).

8.1.4.1 **EMT-Ps** with IV pump training **ONLY**: May administer **AMIODARONE** by Infusion Pump at a rate as directed by Medical Control (typically 1- 15 mg/min. Faster rates are associated with a higher risk of hypotension).

9. Transport the patient without delay to a **HOSPITAL EMERGENCY FACILITY**.

10. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Supraventricular Tachycardia (SVT) [ALS] Flowchart

Adult Patient, Unconscious or with Unstable Vital Signs

Assess patient and obtain initial VS; reassess frequently

↓

High-concentration O₂

↓

Monitor and document ECG

↓

(Consider sedation; contact Med Control) Synchronized cardioversion

↓

IV: NS or LR

↓

ADENOSINE

↓

Contact Medical Control

↓

EMT-Ps only, per Med Control: VERAPAMIL HCL or DILTIAZEM

↓

If SVT continues, EMT-Ps only: Per Medical Control, AMIODARONE

↓

Transport to nearest appropriate hospital ED

↓

Document
**Supraventricular Tachycardia (SVT) [ALS]**

*Patient Unconscious, or with Unstable Vital Signs*

For pediatric patients <5 feet tall (<35 kg/75lbs), follow SVT (Pediatric) protocol.

---

**RECOGNITION**

- Patient with heart rate of 140-220 beats per minute; QRS width <0.12 seconds.
- **NOTE:** If the QRS width >0.12 seconds, consider ventricular tachycardia.

**TREATMENT**

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

2. Administer **OXYGEN** with the highest-concentration device tolerated.

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

4. Attempt to cardiovert the patient, as indicated below:

   4.1 For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation Protocol*.

   4.2 Record initial ECG rhythm and attempted cardioversions; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.

   4.3 Attempt synchronized cardioversion at 50 joules or manufacturer’s biphasic setting. If unsuccessful, may repeat at increasing energy levels: 100 joules; 200 joules; 300 joules; 360 joules (or maximum energy) or manufacturer’s biphasic setting.

5. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER’S** solution to run at KVO rate (~20 mL/hour).

   5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to nearest appropriate *HOSPITAL EMERGENCY FACILITY*. Any further attempt at IV placement must occur en route.
6. Administer **ADENOSINE** (Adenocard®) as indicated below:

---

**Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants as the effects may be prolonged and unpredictable**

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6.1 Administer **ADENOSINE 12 mg**, rapid IV push (over 1-3 seconds), followed by rapid flush with 20mL **NORMAL SALINE** or **LACTATED RINGER’S** solution.

6.2 If 12 mg dose does not convert rhythm within 1-2 minutes, repeat **ADENOSINE 12 mg**, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL **NORMAL SALINE** or **LACTATED RINGER’S** solution.

7. Contact Medical Control

7.1 With authorization from Medical Control, **EMT-Ps only** may perform the following:

7.1.1 Administer **VERAPAMIL HCL 2.5-5.0 mg IV** over 1-2 minutes. If this dose does not convert rhythm within 15 minutes, repeat **VERAPAMIL HCL 2.5-5.0 mg IV** over 1-2 minutes or

7.1.2 Administer **DILTIAZEM 10-20mg IV** over 2 minutes. If this does not slow or convert rhythm within 15 minutes, repeat **DILTIAZEM 10-20mg IV** over 2 minutes.

7.1.3 If, following dose of **VERAPAMIL HCL** or **DILTIAZEM** the patient’s systolic blood pressure drops below 100mgHG, administer **CALCIUM CHLORIDE 500mg IV** slowly.

7.1.4 If SVT continues following dose of **VERAPAMIL HCL** or **DILTIAZEM**, Medical Control may authorize administration of **AMIODARONE 150 mg IV** over 10 minutes. (Use caution if patient has history of CHF or ventricular dysfunction). Due to the high risk of side effects with incorrect dosage, **AMIODARONE** infusions may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with **D5W** using a “PVC-free” bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER’S** solution).

8. Transport the patient without delay to the nearest appropriate **HOSPITAL EMERGENCY FACILITY**.

9. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Supraventricular Tachycardia (SVT) (Pediatric)-Stable [ALS]

Flowchart
Stable Pediatric Patient without Impaired Consciousness, Respiratory Distress or Shock

Assess patient; obtain initial VS
↓
High-concentration O₂
↓
Monitor and document ECG
↓
Vagal maneuvers
↓
IV: NS or LR
↓
Contact Medical Control
↓
Per Med Control, ADENOSINE
↓
Transport to hospital ED
↓
Document
Supraventricular Tachycardia (SVT) (Pediatric)-Stable  [ALS]

Stable Patient without Impaired Consciousness, Respiratory Distress, or Shock

RECOGNITION:

1. Clinical Indicators:
   
   1.1 Infant: Poor feeding, diaphoresis, irritability;
   
   1.2 Child: Rapid heart rate, fatigue, exercise intolerance;

2. ECG Recognition:

   2.1 If narrow complex tachycardia with regular and consistent rate >230/minute, suspect SVT.

   2.2 If narrow complex tachycardia with varied rate <200 minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

TREATMENT:

1. Assess the patient, including:
   
   a. Level of consciousness/responsiveness, airway maintenance;
   
   b. Respiratory rate and effort, skin/mucous membrane color;
   
   c. Heart rate, distal pulses, temperature, capillary refill, BP;

2. Administer OXYGEN with the highest-concentration device tolerated.

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.
4. As appropriate given patient age, encourage the patient to perform vagal maneuvers (e.g., bearing down or blowing through a small straw).

4.1 In infants and children <8 years old: apply ice or ice water to the patient’s face without occluding the airway for 30 seconds to 1 minute.

5. If SVT persists:

5.1 Start at least one IV of NORMAL SALINE or LACTATED RINGER’S solution to run at KVO rate (~20mL/hour).

5.1.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

6. Contact Medical Control, for authorization to administer ADENOSINE:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.

6.1 Administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER’S solution.

6.2 If the initial dose does not convert rhythm in 1-2 minutes, administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum dose 12 mg.), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER’S solution

7. If there is evidence of shock, follow the SVT-Unstable (Pediatric) and/or Shock Protocol.

8. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

Supraventricular Tachycardia (SVT)
(Pediatric)-UnStable [ALS] Flowchart
Unstable Pediatric Patient: Impaired Consciousness, Respiratory Distress, or Shock

Assess patient; Obtain initial VS; Treat shock following Shock protocol

↓

High-concentration O₂, Assist with BVM
Consider advanced airway management

↓

Monitor and document ECG

↓

(Consider sedation: Contact Med Control) Synchronized cardioversion

↓

IV: NS or LR

↓

Treat shock, following Shock protocol

↓

Contact Medical Control

↓

Per Med Control: ADENOSINE

↓

Per Med Control: EMT-Ps: AMIODARONE HCL

↓

Transport to hospital ED

↓

Document
Supraventricular Tachycardia (SVT) (Pediatric)-Unstable [ALS]

Unstable Patient, with Impaired Consciousness, Respiratory Distress, or Shock

RECOGNITION:

1. Clinical Indicators:
   1.1 Infant: Poor feeding, diaphoresis, irritability, respiratory distress, impaired consciousness, CHF, or evidence of shock;
   1.2 Child: Rapid heart rate, fatigue, exercise intolerance, impaired consciousness, syncope, respiratory distress, CHF, or evidence of shock.

2. ECG Recognition:
   2.1 If narrow complex tachycardia with regular and consistent rate >230/minute, suspect SVT.
   2.2 If narrow complex tachycardia with varied rate <200/minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

TREATMENT

1. Perform a rapid assessment to include the following:
   a. level of consciousness/responsiveness, airway maintenance;
   b. respiratory rate and effort, skin/mucous membrane color;
   c. heart rate, distal pulses, temperature, capillary refill, BP.

2. Administer OXYGEN with the highest-concentration device tolerated.
2.1 Children with impaired consciousness, cyanosis, respiratory distress, or evidence of shock require assisted ventilations with high-concentration \textbf{OXYGEN} and airway adjuncts.

\hspace{1cm} \textbf{EMT-Ps only:} consider advanced airway mangement, as indicated in the \\
\hspace{1.2cm} \textit{Airway Management and Respiratory Support} protocol.

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the \textit{RI EMS Ambulance Run Report}.

4. Attempt synchronized cardioversion at \textbf{0.5 to 1 joule/kg} or at manufacturer’s biphasic setting. If unsuccessful, may repeat at \textbf{2 joule/kg} or at manufacturer’s biphasic setting.

4.1 For patients who are conscious, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the \textit{Pain Management and Sedation} protocol.

4.2 Record ECG during attempted cardioversions, and attach copies of the rhythm strips to the hospital copy of the \textit{RI EMS Ambulance Run Report}, as part of required documentation.

5. Start at least one IV of \textbf{NORMAL SALINE} or \textbf{LACTATED RINGER’S} solution to run at KVO rate (~20 mL/hour).

5.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate \textit{HOSPITAL EMERGENCY FACILITY}. Any further attempt at IV placement must occur en route.

6. If there is evidence of shock, follow the \textit{Shock} protocol.

7. \textbf{Contact Medical Control}, for authorization to administer \textbf{ADENOSINE}:

\begin{boxedtext}
\textbf{Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.}
\end{boxedtext}

7.1 Administer \textbf{ADENOSINE} (Adenocard\textsuperscript{®}) 0.2 mg/kg (maximum first dose: 12 mg), \textbf{rapid} IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of \textbf{NORMAL SALINE} or \textbf{LACTATED RINGER’S} solution.

7.2 If initial dose does not convert rhythm within 1-2 minutes, administer \textbf{ADENOSINE} 0.2 mg/kg (maximum dose: 12 mg), \textbf{rapid} IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of \textbf{NORMAL SALINE} or \textbf{LACTATED RINGER’S} solution.
8. **EMT-Ps ONLY:** with authorization from Medical Control, may administer **AMIODARONE** as indicated below:

8.1 **EMT-Ps with IV pump training ONLY:** May administer **AMIODARONE** at 5 mg/kg IV by Infusion Pump, **slowly** (over 20-60 minutes). Give more slowly if a perfusing rhythm is present. Faster rates are associated with a higher risk of hypotension. Due to the high risk of side effects with incorrect dosage, **AMIODARONE** infusions may only be administered by IV Infusion Pump. **AMIODARONE** must be mixed with DI Wass using a “PVC-free” bag and tubing and run as an isolated IV (not piggybacked into **NORMAL SALINE** or **LACTATED RINGER’s** solution).

9. Transport the patient without delay to the nearest appropriate **HOSPITAL EMERGENCY FACILITY**.

10. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia (VT) [ALS] Flowchart

Confirm pulselessness and VFib/VTach on ECG

**Witnessed Cardiac Arrest:** Defibrillate using current sequence of the American Heart Association

**Unwitnessed Cardiac Arrest:** CPR using the current sequence of the American Heart Association

Cycles of Defibrillation/CPR

Attach cardiac monitor if not previously done and document ECG

IV: NS or LR

If unable to establish IV, **TRANSPORT**
If able to perform uninterrupted CPR and IV established, **TRANSPORT**

Consider advanced airway management

**EPINEPHRINE**/ Defibrillate

Cycles of **EPINEPHRINE**/ Defibrillation/ CPR

**AMIODARONE** or **LIDOCAINE HCL**

Medical Control

Consider maintenance doses of **AMIODARONE** or **LIDOCAINE HCL**
Consider **SODIUM BICARBONATE**
EMT-Ps only: Consider **MAGNESIUM SULFATE**

**TRANSPORT**

Document
Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia (VT) [ALS]

Ventricular Fibrillation

Ventricular Tachycardia

RECOGNITION
Unconscious, pulseless patient with ventricular fibrillation (VF) or ventricular tachycardia (VT) on ECG and where the cardiac arrest may be witnessed or unwitnessed.

EMS witnessed arrest: In keeping with the time-to-defibrillation focus of the 2005 AHA Guidelines, a “Witnessed Cardiac Arrest” is one where the patient’s collapse and pulslessness occur in the presence of the EMT and a defibrillator shock can be delivered within 30 seconds

Unwitnessed arrest: Other cardiac arrest situations where a defibrillator shock cannot be delivered within 30 seconds.

TREATMENT
1. Check the pulse. Follow the VF/Pulseless VT protocol only if the pulse is absent. If at any time the patient shows signs of recovery and there is a return of pulse, follow all appropriate protocols.
2. If Unwitnessed Cardiac Arrest, begin CPR using the current sequence recommended by the American Heart Association and deliver about 5 cycles per 2 minutes of CPR while obtaining and preparing defibrillator.

2.1 Continue cycles of CPR/defibrillation according to AHA Guidelines.

2.2 If Witnessed Cardiac Arrest, proceed to immediate defibrillation.

3. Confirm VF/VT on monitor/defibrillator.

3.1 Immediately apply “quick-look” paddles or “hands-free” electrodes. Use adult standard paddles/pads for all patients ≥ 1 year old (10 kg.) and ensure adequate spacing (>3 cm.) between paddles/pads. Use infant paddles/pads on patients < 1 year old. Anterior/posterior placement where possible is preferred.

3.2 Identify VF or VT. Changing the location of the electrodes may reveal VF that at first appears to be asystole.

3.3 Record initial ECG rhythm and attempted defibrillations; attach copies of the rhythm strips to the hospital copy of the RI EMS Ambulance Run Report, as part of required documentation.

4. Attempt to defibrillate.

4.1 Adult patients:

4.1.1 Check pulse and identify rhythm. If VF/VT persists, defibrillate at 360 joules monophasic or manufacturer’s biphasic setting.

4.2 Pediatric patients: defibrillate as indicated below. Use Pediatric Dosing Device to determine patient weight in kg.

4.2.1 Check pulse and identify rhythm. If VF/VT persists, defibrillate at 2 joules/kg (~1 joule/lb) monophasic or manufacturer’s biphasic setting.

4.2.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.

4.2.3 All subsequent defibrillations to be at 4 joules/kg (~2 joules/lb) monophasic or manufacturer’s biphasic setting.
5. Check rhythm after performance of cycles of defibrillation and CPR according to the AHA Guidelines.

5.1 If VF/VT is converted to another perfusing rhythm check pulse and reassess the patient and follow all appropriate protocols.

5.2 If VF/VT persists, continue treatment as indicated below.

6. Begin or continue CPR sequence following current American Heart Association guidelines.

6.1 DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVEMENT IF POSSIBLE.

7. Place the patient on a cardiac monitor, if not previously done. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

8. Establish at least one IV of NORMAL SALINE or LACTATED RINGER’S solution to run at KVO rate, as indicated below:

8.1 Administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (~20 mL/hour).

8.2 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

8.3 If unable to establish an IV and patient movement/transport will require CPR interruption, perform ALS interventions prior to patient movement. If patient movement/transport will not interrupt CPR, perform ALS interventions during patient transport.


9.1 Whenever possible, ventilate the patient using high-concentration oxygen.
10. Administer **EPINEPHRINE** as indicated below (Use Pediatric Dosing device to determine pediatric patient weight in kg):

10.1 Adult patients: administer **EPINEPHRINE 1:10,000** 1.0 mg IV push. Repeat every 3-5 minutes if VF/pulseless VT persists.

10.1.1 If unable to establish an IV administer **EPINEPHRINE 1:1,000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube. Repeat every 3-5 minutes if VF/pulseless VT persists.

10.2 Pediatric patients: administer **EPINEPHRINE** as indicated below and repeat every 3-5 minutes as necessary (Use Pediatric Dosing device to determine patient weight in kg):

10.2.1 Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg (0.1 mL/kg) IV push.

10.2.2 Endotracheal doses: **EPINEPHRINE 1:1,000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE**

10.3 Continue CPR for 30-60 seconds after administration of **EPINEPHRINE**.

11. Attempt to defibrillate as indicated below:

11.1.1 Adult patients: defibrillate at **360 joules** (maximum energy) monophasic or at manufacturer’s biphasic setting.

11.1.2 Pediatric patients defibrillate as indicated on pediatric dosing device: **4 joules/kg (~2 joules/lb)** monophasic or at manufacturer’s biphasic setting.

12. If VF/VT persists, continue sequence of **EPINEPHRINE** administration –then Defibrillation every 3-5 minutes. While continuing this sequence, administer **AMIODARONE** or **LIDOCAINE HCL** as indicated below:

12.1 Adult patients: **EMT-Ps only** (or **EMT-Cs** with Medical Control) administer **AMIODARONE** 300 mg IV bolus once.

12.2 Pediatric Patients: **EMT-Ps only** (or **EMT-Cs** with Medical Control) administer **AMIODARONE** 5 mg/kg IV bolus once (maximum dose: 300mg).
OR

12.3 All patients: Administer LIDOCAINE HCL 1.0-1.5 mg/kg IV push (or 2.0-3.0 mg/kg by endotrachael tube), followed by NORMAL SALINE flush.

12.4 If VF/VT persists, repeat administration of LIDOCAINE HCL every 3-5 minutes to a maximum total of 3mg/kg of LIDOCAINE HCL.

13. For all patients: If VF/VT is converted to a perfusing rhythm contact Medical Control for permission to administer AMIODARONE or LIDOCAINE HCL. A loading dose may be considered if not already given with careful attention to the risk of side effects. Typically if a drug has already been administered, that same drug should be continued if maintenance infusion is administered. Due to the high risk of side effects with incorrect dosage, AMIODARONE or LIDOCAINE HCL infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W using a “PVC-free” bag and tubing and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER’s solution).

13.1 EMT-Cs and EMT-Ps with IV pump training ONLY: May administer AMIODARONE by Infusion Pump at a rate as directed by Medical Control (typically 1-15 mg/min – faster rates are associated with a higher risk of hypotension).

OR

13.2 EMT-Cs and EMT-Ps with IV pump training ONLY: May administer LIDOCAINE HCL by IV Infusion Pump at a rate as directed by Medical Control (typically 1-4 mg/min/30-50 mcg/kg/min). Lower doses should be used in patients with hepatic dysfunction or >70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.

14. For certain conditions, Medical Control may authorize administration of SODIUM BICARBONATE 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.

15. EMT-Ps only: For Torsades de Pointes, Medical Control may authorize administration of MAGNESIUM SULFATE 1 gram IV. Dose may be repeated once (max. dosage: 2 grams)

16. Transport the patient without delay to the nearest HOSPITAL EMERGENCY FACILITY.

17. Document all incident information by completing the RI EMS Ambulance Run Report.
Ventricular Tachycardia (VT) [ALS] Flowchart
Patient Conscious, with Stable Vital Signs

Assess patient and obtain initial VS
Reassess frequently

↓
High-concentration O₂

↓
Monitor and document ECG

↓
IV: NS or LR

↓
**AMIODARONE**
(By IV Infusion Pump Only)

↓
Transport to hospital ED

↓
Document
Ventricular Tachycardia (VT) [ALS]
Patient conscious, with stable vital signs

RECOGNITION

Wide-complex tachycardia (ventricular rate usually <150 per minute) on ECG of patient who is conscious, without a history of SVT or any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension or shock.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition. If patient develops chest pain, dyspnea, decreased level of consciousness, hypotension or shock, follow all appropriate Protocols.

2. Allow the patient to chose a comfortable position unless hypotensive. Hypotensive patients should be supine.

3. Administer OXYGEN with the highest-concentration device tolerated.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Start at least one IV of NORMAL SALINE or LACTATED RINGER’S solution:

   5.1 Administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (~20mL/hour).

   5.2 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.
6. Contact Medical Control:

6.1 With authorization from Medical Control, EMT-Cs and EMT-Ps with IV Pump training ONLY may administer AMIODARONE by infusion pump. AMIODARONE must be mixed with D₅W using a “PVC-free” bag and tubing and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER’S solution). Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by Infusion Pump as indicated below:

6.1.1 Adult patients: EMT-Cs and EMT-Ps with IV pump training ONLY may administer AMIODARONE: 150 mg over 10 minutes (15 mg/minute) by IV Infusion Pump.

6.1.2 Pediatric Patients: EMT-Cs and EMT-Ps with IV pump training ONLY may administer AMIODARONE: 5 mg/kg over 20-60 minutes by IV Infusion Pump (maximum dose 150 mg).

7. If VT is converted to another rhythm, follow all appropriate protocols.

8. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

Ventricular Tachycardia (VT) [ALS]
Flowchart
Patient Unconscious, or with Unstable Vital Signs

Assess patient and obtain initial VS
Reassess frequently
↓
High-concentration O₂
↓
Monitor and document ECG
↓
(Consider sedation)
Synchronized cardioversion
↓
IV: NS or LR
↓
Transport to hospital ED
↓
AMIODARONE or LIDOCAINE HCL
↓
ADENOSINE
↓
If VTach persists:
Contact Medical Control
↓
Document
Ventricular Tachycardia (VT) [ALS]
Patient unconscious, with a pulse, or with unstable vital signs

RECOGNITION

Wide-complex tachycardia (ventricular rate usually >150 per minute) on ECG of patient who is unconscious, or who has any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension, or shock.

TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

2. Administer OXYGEN with the highest-concentration device tolerated. Assist ventilations as indicated.

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

4. Attempt to cardiovert the patient, as indicated below:

   4.1 For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the Pain Management and Sedation protocol.

   4.2 Record initial ECG rhythm and attempted cardioversions. Attach copies of the rhythm strips to the hospital copy of the RI EMS Ambulance Run Report, as part of required documentation.

   4.3 Attempt synchronized cardioversion; as indicated below:

      4.3.1 Adult patient: cardiovert at 50 joules. If unsuccessful, may repeat at increasing energy levels: 100 joules; 200 joules; 300 joules; 360 joules (or maximum energy) or manufacturer’s biphasic equivalent.
4.3.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): attempt synchronized cardioversion at 0.5 joule/kg (0.25 joule/lb). If unsuccessful, may repeat at increasing energy levels: 1.0 joule/kg (0.5 joule/lb); 2 joules/kg (1 joule/lb); 4 joules/kg (2 joules/lb) or manufacturer’s biphasic equivalent.

5 Start at least one IV of NORMAL SALINE or LACTATED RINGER’S solution at KVO (~20 ml/hour):

   5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

6 Transport the patient without delay to the nearest appropriate HOSPITAL EMERGENCY FACILITY.

7 Contact Medical Control.

8 If VT persists, administer AMIODARONE or LIDOCAINE HCL as indicated below:

   8.1 Adult patients: **EMT-Ps only** (or **EMT-Cs** with Medical Control) administer AMIODARONE 150 mg IV bolus once.

   OR

   8.2 Pediatric Patients: **EMT-Ps only** (or **EMT-Cs** with Medical Control) administer AMIODARONE 5 mg/kg IV bolus once (maximum dose: 150mg).

   OR

   8.3 All patients: Administer LIDOCAINE HCL 1.0–1.5 mg/kg IV push (or 2.0–3.0 mg/kg by endotracheal tube), followed by NORMAL SALINE flush.

   8.4 If VF/VT persists, repeat administration of LIDOCAINE HCL every 3-5 minutes to a maximum total of 3mg/kg of LIDOCAINE HCL.
9 For all patients: If VT is converted to a perfusing rhythm contact Medical Control for permission to administer AMIODARONE or LIDOCAINE HCL. A loading dose may be considered if not already given with careful attention to the risk of side effects. Typically if a drug has already been administered, that same drug should be continued if maintenance infusion is administered. Due to the high risk of side effects with incorrect dosage, AMIODARONE or LIDOCAINE HCL infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W using a “PVC-free” bag and tubing and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER’S solution).

9.1 EMT-Cs and EMT-Ps with IV pump training ONLY: May administer AMIODARONE by Infusion Pump at a rate as directed by Medical Control (typically 1-15 mg/min – faster rates are associated with a higher risk of hypotension).

OR

9.2 EMT-Cs and EMT-Ps with IV pump training ONLY: May administer LIDOCAINE HCL by IV Infusion Pump at a rate as directed by Medical Control (typically 1-4 mg/min/ 30-50 mcg/kg/min). Lower doses should be used in patients with hepatic dysfunction or > 70 years of age. Infusion should be discontinued if any signs of toxicity or decompensation appear.

10 With authorization from Medical Control, administer ADENOSINE (Adenocard®) as indicated below:

Adenosine should not be given to patients taking Persantine or Aggrenox, or patients who have had heart transplants, as the effects may be prolonged and unpredictable.

10.1 Adult patients: administer ADENOSINE 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER’S solution.

10.1.1 If initial dose does not convert rhythm within 1-2 minutes, administer ADENOSINE 12 mg, rapid push (1-3 seconds), followed by rapid flush with 20 ml NORMAL SALINE or LACTATED RINGER’S solution.
10.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer **ADENOSINE** (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER’S** solution.

10.2.1 If initial dose does not convert rhythm within 1-2 minutes, administer **ADENOSINE** 0.2 mg/kg (maximum dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of **NORMAL SALINE** or **LACTATED RINGER’S** solution.

11 If VT is converted to another rhythm, follow all appropriate protocols.

12 Document all incident information by completing the **RI EMS Ambulance Run Report**.
Abdominal Pain

**TREATMENT**

1. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.
   1.1 Attempt to determine the following:
      1.1.1 nature, duration, location and radiation of pain
      1.1.2 associated symptoms or complaints
      1.1.3 related history (e.g. trauma, ingestion, pregnancy, surgery)
   1.2 Examine abdomen for tenderness, guarding, masses.
2. If abdominal pain is associated with abdominal trauma, follow the *Trauma* protocol, with specific reference to Further Care of Abdominal Trauma.
3. Allow the patient to assume a comfortable position, unless contraindicated. Flexion of the knees and hips may help decrease pain.
4. If there is evidence of shock, follow the *Shock* protocol.
5. Administer OXYGEN with the highest-concentration device tolerated.

**ALS PERSONNEL**

6. Consider placing the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

7. Consider starting an IV access device or an IV of NORMAL SALINE or LACTATED RINGER’S to run at KVO rate.
   7.1 Adult patients: If an IV has been started, administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (20–30 mL/hour).
   7.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): If an IV has been started, administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (10–20 mL/hour).
   7.3 If unable to establish IV in <2 attempts (<5 minutes) transport the patient to a *HOSPITAL EMERGENCY FACILITY*. Any further attempt at IV placement must occur en route.

**ALL EMTs**

8. Contact Medical Control.
9. Transport the patient without delay to a *HOSPITAL EMERGENCY FACILITY*.
10. Document all incident information by completing the RI EMS Ambulance Run Report.
Anaphylaxis and Severe Bee Sting Allergy

RECOGNITION

Exposure to a substance (e.g., bee sting, peanuts, penicillin, etc) to which the patient is profoundly sensitive, causing signs of shock, wheezing, respiratory distress or hives.

TREATMENT

1. Maintain a patent airway; assist ventilation as necessary.

2. Administer OXYGEN with the highest-concentration device tolerated.

3. For patients with severe respiratory distress: Administer EPINEPHRINE 1:1000 (1mg/mL) as indicated below. For patients over 50 years of age, or who have a known cardiac history, contact Medical Control prior to administration of EPINEPHRINE.

   3.1 Adult patients: Administer EPINEPHRINE 1:1000 0.3 mg (0.3mL) SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector.

   3.2 Pediatric patients: Administer EPINEPHRINE 1:1000 SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector, as specified below:

      3.2.1 Pediatric patients >20 kg (50 lbs): Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.3 mL (0.3 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector.

      3.2.2 Pediatric patients 10-20 kg (25-50 lbs): Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.2 mL (0.2 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or by an EpiPen® Jr. auto injector.

      3.2.3 Pediatric patients <10 kg (25 lbs): Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.1 mL (0.1 mg) by drawing from ampules or vials or with a prefilled syringe (eg: Ana-Kit®).

4. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
5 Transport should not be delayed; administration of **EPINEPHRINE** and other interventions can be undertaken en route to a *HOSPITAL EMERGENCY FACILITY*.

▼ **ALS PERSONNEL**

6 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

7 Start an IV of **NORMAL SALINE** or **LACTATED RINGER’S** solution to run at **KVO** rate (~20 ml/hr). If unable to start an IV in 2 attempts or 5 minutes, transport to a *HOSPITAL EMERGENCY FACILITY*. Any further attempts must occur en route.

8 If respiratory distress or shock do not improve, repeat **EPINEPHRINE 1:1000** (1 mg/mL):

8.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg SQ.

8.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE 1:1000** as indicated below:

8.2.1 Patients >20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.3 mL (0.3 mg).

8.2.2 Patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.2 mL (0.2 mg).

8.2.3 Patients <10 kg (25 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.1 mL (0.1 mg).

8.3 Alternate doses/routes of administration of **EPINEPHRINE** for patients with severe respiratory distress or hypotension:

8.3.1 Adult patients: Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg to a maximum of 0.5 mg IV over 5-10 minutes.

8.3.2 If unable to establish an IV, administer **EPINEPHRINE 1:1,000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube.
9. Administer **DIPHENHYDRAMINE** (Benadryl®) as indicated below:

9.1 Adult patients: Administer **DIPHENHYDRAMINE** (Benadryl®) 20-50 mg PO, IM, or IV.

9.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **DIPHENHYDRAMINE** (Benadryl®) 1 mg/kg PO, IM, or IV.

10. Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), as indicated below:

10.1 Adult patients: Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 100 mg IV.

10.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 1-2 mg/kg IV.
\textbf{ALS PERSONNEL (CONT’D.)}

11 \textbf{EMT-Ps only} (with Infusion Pump training) may perform either or both of the following. \textbf{EMT-Cs} (with Infusion Pump training) must contact Medical Control for authorization to administer \textbf{DOPAMINE HCL} as indicated below. Due to the high risk of side effects due to incorrect dosages, \textbf{DOPAMINE HCL} may only be administered by Infusion Pump.

11.1 Administer \textbf{DOPAMINE HCL} by IV infusion as indicated below:

11.1.1 Adult patients: Administer \textbf{DOPAMINE HCL} at 2-20 mcg/kg/min IV by Infusion Pump (preparation: 400 mg in 250 mL NS yields 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure >90 mm Hg.

11.1.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer \textbf{DOPAMINE HCL} as indicated on a pediatric dosing device, at 2-20 mcg/kg/min by IV Infusion Pump and titrate the rate to achieve a systolic blood pressure above the appropriate age-related value (refer to the following table).

<table>
<thead>
<tr>
<th>AGE</th>
<th>Systolic BP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newborn (birth-1 month)</td>
<td>&gt;40</td>
</tr>
<tr>
<td>Infant (1 month – 1 year)</td>
<td>&gt;60</td>
</tr>
<tr>
<td>Pre-School (1-6 years)</td>
<td>&gt;75</td>
</tr>
<tr>
<td>School Age (6-12 years)</td>
<td>&gt;85</td>
</tr>
<tr>
<td>Adolescent (12-16 years)</td>
<td>&gt;90</td>
</tr>
</tbody>
</table>

\textbf{NOTE:} absent radial pulse suggests hypotension.

11.2 \textbf{EMT-Ps only} (with Infusion Pump training and with authorization from Medical Control) may administer \textbf{EPINEPHRINE} by IV infusion. Due to the high risk of side effects due to incorrect dosages, \textbf{EPINEPHRINE} may only be administered by an IV Infusion Pump as indicated below:

11.2.1 Infuse \textbf{EPINEPHRINE} 0.05-0.20 mcg/kg/min by IV Infusion Pump. Typical adult dose: 2-10 mcg/min.

11.2.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Infuse \textbf{EPINEPHRINE} 0.05-0.20 mcg/kg/min by IV Infusion Pump. Typical pediatric dose: 0.1-1 mcg/min.
\textbf{ALL EMTs}

12 Contact Medical Control.

13 Transport the patient without delay to a \textit{HOSPITAL EMERGENCY FACILITY}.

14 If further respiratory or ventilatory problems arise, follow the \textit{Airway Management and Respiratory Support} protocol.

15 If signs of shock are present, follow the \textit{Shock} protocol.

16 Document all incident information by completing the \textit{RI EMS Ambulance Run Report}.
Asthma (COPD)

RECOGNITION

Shortness of breath; difficulty breathing manifested by use of ancillary muscles of respiration; flaring nostrils, intercostal, supra-clavicular, or sternal retractions (child); musical wheezes; respiratory rate >30 (adult); prolonged expiratory phase of respiration; previous history of asthma or COPD (Chronic Obstructive Pulmonary Disease).

TREATMENT

1. Maintain a patent airway; assist ventilation if needed.
2. Administer OXYGEN with the highest-concentration device tolerated.
3. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.
4. For patients with severe respiratory distress, administer EPINEPHRINE 1:1000 (1 mg/mL) as indicated below. For patients over 50 years of age, or who have a known cardiac history, contact Medical Control prior to administration of EPINEPHRINE.

4.1 Adult patients: Administer EPINEPHRINE 1:1000 0.3 mg (0.3 mL) SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector.

4.2 Pediatric patients: Administer EPINEPHRINE 1:1000 SQ by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector, as specified below:

4.2.1 Pediatric patients >20 kg (50 lbs): Administer EPINEPHRINE 1:1000 0.01mL/kg (0.01 mg/kg) SQ, to a maximum of 0.3 mL (0.3 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector.

4.2.2 Pediatric patients 10-20 kg (25-50 lbs): Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.2 mL (0.2 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or by an EpiPen® Jr. auto injector.

4.2.3 Pediatric patients <10 kg (25 lbs): Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) SQ, to a maximum of 0.1 mL (0.1 mg) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana Kit®)
5. If further respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.

6. Contact Medical Control, for authorization to administer bronchodilator therapy as indicated below:

6.1 All patients $\geq 6$ months of age: Administer 2.5 mg of **ALBUTEROL** (Proventil®, Ventolin®) 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5-15 minutes. May repeat x 2 en route.

6.2 For pediatric patients < 6 months: Administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

---

**ALS PERSONNEL**

7. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

8. Start at least one IV of **NORMAL SALINE** or **LACTATED RINGER’S** solution at KVO (~20 ml/hour)

8.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a **HOSPITAL EMERGENCY FACILITY**.

---

**ALL EMTS**

9. If respiratory distress or shock do not improve, repeat **EPINEPHRINE 1:1000** (1 mg/mL).

9.1 Adult patients: Administer **EPINEPHRINE 1:1000** 0.3 mg SQ.
9.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE 1:1000**, as indicated below:

9.2.1 Patients > 20 kg (50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.3 mL (0.3 mg).

9.2.2 Patients 10-20 kg (25-50 lbs): Administer **EPINEPHRINE 1:1000** 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.2 mL (0.2 mg).

9.2.3 Patients < 10 kg (25 lbs): Administer **EPINEPHRINE 1:1000**, 0.01 mL/kg (0.01 mg/kg) SQ to a maximum of 0.1 mL (0.1 mg).

**ALS PERSONNEL**

10. Alternate doses/routes of administration of **EPINEPHRINE** for patients with severe respiratory distress or hypotension:

10.1 Adult patients: Administer **EPINEPHRINE 1:10,000** 0.01 mg/kg to a maximum of 0.5 mg IV over 5-10 minutes.

10.1.1 If unable to establish an IV, administer **EPINEPHRINE 1:1000** 2.0-2.5 mg diluted in 10 mL **NORMAL SALINE** by endotracheal tube.

10.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **EPINEPHRINE 1:10,000** 0.005-0.020 mg/kg (to a maximum of 0.5 mg) IV over 5-10 minutes.

10.2.1 If unable to establish an IV, administer **EPINEPHRINE 1:1000** 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with **NORMAL SALINE** by endotracheal tube.

11. As an alternative to **EPINEPHRINE**, administer **TERBUTALINE** (Brethine®, Bricanyl®) as indicated below:

11.1 Adult patients: Administer **TERBUTALINE** (Brethine®, Bricanyl®) 0.25 mg SQ.

11.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer **TERBUTALINE** (Brethine®, Bricanyl®) 0.01 mg/kg SQ, to a maximum of 0.25 mg/dose.
12. Administer **ALBUTEROL** (Proventil®, Ventolin®) as indicated below:

12.1 All patients ≥ 6 months of age: Administer 2.5 mg of **ALBUTEROL** 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5-15 minutes. May repeat x 2 en route.

12.2 For pediatric patients < 6 months: Administer 1.25 mg of **ALBUTEROL** 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL **NORMAL SALINE**) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

13. Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), as indicated below:

13.1 Adult patients: Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®) 100 mg IV.

13.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer **HYDROCORTISONE SODIUM SUCCINATE** (Solu-Cortef®), 1-2 mg/kg IV.

**ALS PERSONNEL**

14. Contact Medical Control.

14.1 With authorization from Medical Control, **EMT-Ps only** with IV pump training **ONLY** may administer **EPINEPHRINE** by Infusion Pump. Due to the high risk of side effects with incorrect dosages **EPINEPHRINE** infusions may only be administered by IV Infusion Pump as indicated below:

14.1.1 Infuse **EPINEPHRINE** 2-10 mcg /min by IV Infusion Pump.

**ALL EMTs**

15. Transport the patient without delay to a **HOSPITAL EMERGENCY FACILITY**.

16. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Burns

TREATMENT

1. **Stop the burning process.** Remove smoldering, non-adherent clothing.

2. Assess the airway and follow the *Airway Management and Respiratory Support* protocol, if necessary. Check for breathing and pulse. If not present, start CPR.

3. Remove the patient’s clothing and rings (but **do not** pull off skin or tissue).

4. Suspect an inhalation injury if any of the following is present on assessment:
   
   4.1 Closed space burn (facial burn; singed nasal hairs, beard or mustache)
   
   4.2 Sooty or bloody sputum
   
   4.3 Difficulty breathing or brassy cough

5. Assist ventilation with a bag-valve-mask device and high-flow **OXYGEN**, if necessary; or administer **OXYGEN** by highest-concentration device tolerated if respirations are normal.

   5.1 Do not use an esophageal obturator airway.

   5.2 **EMT-Ps only:** Consider early intubation for patients with signs of inhalation injury or respiratory distress due to increased incidence of obstruction from airway edema.

   
   5.1 For pediatric patients <5 feet tall (<35 kg/75 lbs) who demonstrate respiratory distress from suspected upper airway swelling, administer **EPINEPHRINE** 1:1000 as indicated below. BLS personnel must contact *Medical Control* for authorization.

   5.1.1 Administer **EPINEPHRINE** 5 mL of 1:1000 solution by nebulizer over 5-15 minutes. May repeat once if necessary.

6. Assess for any trauma that may not have been suspected initially.

7. Wash chemical burns with copious amounts of clean water, **NORMAL SALINE** or other appropriate solutions/decontaminants.

   7.1 For exposure to hydrofluoric acid (HF), apply **CALCIUM GLUCONATE** 2.5% topical gel, if available, directly to the exposed area.
8 In burns of <10% of body surface area, apply moist saline dressings to comfort the patient. (Third degree burns are not usually painful).

8.1 Use aseptic technique as much as possible.

8.2 Cover burned areas >10% of body surface area with sterile dressings or sheets.

9 Do not allow the patient to consume any food or liquids.

▼ALS PERSONNEL

10 For any patient with a serious burn (2nd and/or 3rd degree >20% of the body surface area), start a large bore IV of NORMAL SALINE or LACTATED RINGER’S solution, as indicated below.

10.1 Adult patients: Administer NORMAL SALINE or LACTATED RINGER’S solution at 300mL/hour; or “wide open” if there is evidence of shock.

10.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer NORMAL SALINE or LACTATED RINGER’S solution, 20 mL/kg/hr; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.

10.3 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

11 Contact Medical Control. For patients exhibiting moderate to severe pain, Medical Control may authorize ALS personnel to administer MORPHINE SULFATE, following the Pain Management and Sedation protocol.

▼ALL EMTs

12 Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY. Under certain circumstances, transport by air ambulance may be indicated. Refer to Air Ambulance protocol.

13 For any serious burn of the body and for all inhalation injuries, contact Medical Control en route. Refer to Burn Injury Chart.

14 Re-evaluate and monitor for airway distress.

15 Document all incident information by completing the RI EMS Ambulance Run Report.
Burn Injury Chart

Numbers represent percentage of body surface area (BSA).
The area of the patient’s palm (hand without fingers) = 1% of the body surface area.
Cold Exposure - Frostbite

TREATMENT

1. Assess patient; obtain initial vital signs; determine mental status; frequently reassess patient’s condition. If patient may be hypothermic, follow the Cold Exposure-Hypothermia protocol.

2. Avoid trauma to injured areas (do not rub; do not break blisters).

3. Apply dry sterile dressings as padding over injured areas and splint, avoiding pressure or constriction. Do not allow the patient to use injured parts.

4. Do not apply snow or ice; but do not thaw injured areas if there is a chance that they may refreeze before reaching the hospital.

5. Keep the frozen part away from direct heat, but keep the patient warm.

6. Contact Medical Control.

7. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

8. Document all incident information by completing the RI EMS Ambulance Run Report.
Cold Exposure – Hypothermia

RECOGNITION

Patients with history of or exposure to conditions that may lead to local (extremities, ears, tip of nose etc.) or generalized drop in body temperature sufficient to cause alteration in mental status, vital signs, or damage to body tissues. Note that hypothermia and cold injury often occur at temperatures above freezing and that patients at extremes of age and patients taking some medications are at particular risk for cold injury and hypothermia.

TREATMENT

1. Perform a primary survey. Handle hypothermic patients gently; jarring movements can cause cardiac arrest.

   1.1 If the patient is unconscious, not breathing, and pulseless (check for 30-45 seconds as hypothermia may cause extreme bradycardia), follow the Cardiac Arrest protocol and the current guidelines of the American Heart Association for care of hypothermic patients. Note that defibrillation sequence may be different for patients with severe hypothermia (Defibrillation may be delayed until the patient is warmed).

   1.2 Secure the airway. Suction as necessary. If the patient has signs of respiratory distress follow the Airway Management and Respiratory Support protocol.

   1.3 Administer OXYGEN with the highest concentration device tolerated; assist ventilations as necessary. When ever possible, use warmed (40-42° C, 104-107° F) humidified OXYGEN.

2. Assess the patient, obtain initial vital signs, and frequently reassess the patient’s condition.

   2.1 If indicated, remove wet clothing by cutting to limit patient movement.

   2.2 Prevent heat loss by covering the patient with dry blankets (or sleeping bags, etc.) and providing a warmed environment for the patient as soon as possible. If available, place heat sources (warmed IV bags, wrapped hot packs, etc.) at the patient’s neck, armpits, and groin.

▼ ALS PERSONNEL

3. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.
4. Start an IV of **NORMAL SALINE** or **LACTATED RINGER’S** solution, to run at KVO (~20ml/hour). Use warmed IV fluids (40-42º C, 104-107º F) whenever possible.

   4.1 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

5. **Contact Medical Control prior to** any drug administration in cases of severe hypothermia (core temperature <29.4º C [85ºF]).

6. **Contact Medical Control**.

7. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

8. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Dyspnea (Shortness of Breath)  
Without Airway Obstruction

TREATMENT

1. Allow patient to chose a comfortable position, unless hypotensive. Hypotensive patients should be supine. Assist ventilation, as necessary.
2. Administer OXYGEN with the highest-concentration device tolerated.
3. Assess patient; obtain initial vital signs; frequently reassess patient’s condition.
   3.1 If dyspnea is secondary to another apparent condition, such as asthma, COPD, CHF, trauma, chest pain or, allergic reaction, follow all appropriate protocols.
   3.2 For patients who demonstrate severe dyspnea with stridor from suspected upper airway swelling, administer EPINEPHRINE 1:1000 as indicated below:
      3.1.2. (BLS personnel with Medical Control ONLY) Administer EPINEPHRINE 1:1000 5 ml by nebulizer over 5-15 minutes. May repeat once if necessary.

▼ ALS PERSONNEL

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Start and IV access device or at least one IV of NORMAL SALINE or LACATATED RINGER’S to run at KVO rate (~20ml/hour).
   5.1 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

▼ ALL EMTs

6. If there is evidence of respiratory failure (adult respiratory rate <10 or >30, marked effort to breathe, cyanosis, change in mental status, or lethargy), follow the Airway Management and Respiratory Support protocol:
   6.1 Assist ventilations.
   6.2 Consider advanced airway management.

7. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

8. Contact Medical Control.

Heat Cramps and Heat Exhaustion

RECOGNITION

1. Profuse sweating with or without adequate replacement of water but with inadequate replacement of salt.
2. Severe painful muscular cramping of leg and abdominal muscles.
3. The mental state is clear in heat cramps; mental status may be agitated (but not confused) in heat exhaustion.
4. Skin wet and warm with normal color, progressing to moist, cool and pale in heat exhaustion.
5. Core temperature normal or slightly elevated.
6. Generalized weakness, headache, and nausea/vomiting may be present with heat exhaustion.

TREATMENT

1. Assess patient; obtain initial vital signs; determine mental status; frequently reassess patient's condition.
2. Move patient to a cooler area.
3. Loosen or remove non-essential clothing.
4. If there is evidence of shock, elevate the patient's legs and follow the Shock protocol.
5. Give water or oral rehydration/electrolyte solution (e.g., Gatorade®) PO, if patient is alert and swallows easily.
6. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.
7. Contact Medical Control.
8. Document all incident information by completing the RI EMS Ambulance Run Report.

Quick Reference

Physical Exam
Mental Status & Vital Signs
Move patient
Aid heat loss
Treat shock
PO fluids
Transport
Med Control
Document
Heat Stroke

RECOGNITION
1. Air temperature usually 90°F (32.2°C) or above, with high humidity.
2. Usually affects elderly people or those with medical problems.
3. Core temperature 103°F (39.4°C) to 106°F (41.1°C).
4. Absence of sweating (but patients with exertional heat stroke may still be sweating).
5. Skin warm, red and dry (except in exertional heat stroke).
6. Blood pressure is low in 50% of patients.
7. Patients demonstrate confusion or impaired consciousness, or become comatose.
8. Rapid breathing.

TREATMENT
1. Assess patient; obtain initial vital signs; determine mental status; frequently reassess patient's condition.
2. Provide rapid cooling as soon as possible.
   2.1 Remove to cool place; open windows; use fans if available.
   2.2 Keep patient wet with cool water.
3. Administer OXYGEN with the highest-concentration device tolerated.

Quick Reference
Physical Exam, VS & Mental Status
Rapid cooling
Convection
Evaporation
High conc O₂

▼ ALS PERSONNEL
4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

5. Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:
   5.1 Adult patients: administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.
   5.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour, or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.

5.3 If unable to establish IV in ≤2 attempts, (<5 minutes) transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

▼ ALL EMTS
6. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.
7. Contact Medical Control.
8. Document all incident information by completing the RI EMS Ambulance Run Report.

Transport
Med Control
Document

RI EMS Prehospital Care Protocols and Standing Orders Effective: 1 July 1995
Impaired Consciousness

TREATMENT

1. Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.

2. Perform initial assessment while protecting the airway with appropriate maneuver.

3. Position on left side (unless contraindicated), and remove secretions if needed.

4. Administer OXYGEN with the highest-concentration device tolerated; assist ventilations as necessary.

5. If further respiratory or ventilatory problems arise, follow the Airway Management and Respiratory Support protocol.

6. Obtain history from family and/or bystanders including medications.

7. Assess the patient; determine level of consciousness with the AVPU method or Glasgow Coma Scale.
   7.1 Obtain initial vital signs; frequently reassess patient's condition.
     7.1.1 Evaluate pupillary response and size.
     7.1.2 Check for breath odors (alcohol or acetone).
     7.1.3 Examine for needle tracks.
     7.1.4 Examine for medic-alert tags.

8. If signs of shock are present, follow the Shock protocol.

Quick Reference

? Trauma: Immobilize
Initial Survey
Left lateral Position.
High conc O₂
Obtain history
Physical Exam LOC
Vital Signs
Pupils
Breath odors
Needle tracks
Medic-alert
Treat Shock

∇ BLS PERSONNEL

9. If electronic glucose meter is available, determine blood glucose (bG) concentration. Contact Medical Control and report bG level. If bG is <60 mg/dl or unknown, with authorization from Medical Control, EMTs may administer GLUCAGON, as indicated below:

9.1 Adult patients administer GLUCAGON, if available, 1 mg (1 unit) IM or SQ.

9.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer GLUCAGON, if available, 0.1 mg/kg, to a maximum of 1 mg (1 unit), IM or SQ.

Med Control (Glucagon)
Adult: 1 mg
Pedi: 0.1 mg/kg
**ALS PERSONNEL**

10. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

<table>
<thead>
<tr>
<th>Monitor ECG</th>
</tr>
</thead>
<tbody>
<tr>
<td>IV: NS or LR</td>
</tr>
</tbody>
</table>

11. Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution:

<table>
<thead>
<tr>
<th>11.1 Adult patients: administer <strong>NORMAL SALINE</strong> or <strong>LACTATED RINGER'S</strong> solution at KVO (20–30 mL/hour).</th>
</tr>
</thead>
</table>

11.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (10–20 mL/hour); or administer boluses of 20 mL/kg over 5–10 minutes for patients in shock.

11.3 If unable to establish IV in ≤ 2 attempts, (<5 minutes) transport the patient to a **HOSPITAL EMERGENCY FACILITY**. Any further attempt at IV placement must occur en route.

<table>
<thead>
<tr>
<th>Draw blood</th>
</tr>
</thead>
</table>

12. Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.

13. If electronic glucose meter is available, determine blood glucose (bG) concentration.

14. Adult patients with bG <60 mg/dL, as determined by electronic glucose meter, or unknown:

<table>
<thead>
<tr>
<th>Adult Pt:</th>
</tr>
</thead>
</table>

14.1 Administer **THIAMINE HCl** 100 mg IV push or IM.

<table>
<thead>
<tr>
<th>Thiamine</th>
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</thead>
</table>

14.2 Administer **DEXTROSE** (D$_{50}$W) 25 gm (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.

14.2.1 *Do not administer DEXTROSE to a pregnant patient.*

| (Pregnant Patient: Glucagon) |

14.2.2 If unable to establish an IV, administer **GLUCAGON** 1 mg (1 unit) IM or SQ.

| Glucagon (P) |

15. Adult patients: administer **NALOXONE HCl** (Narcan®) 2.0 mg IV push (or IM, SQ). Repeat at 3 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.

| Adult Pt: Naloxone |

15.1 Alternative method of administration: administer **NALOXONE HCl** (Narcan®) 0.4 mg IV push (or IM, SQ). Repeat at 1 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.

15.2 Alternative route of administration, if an endotracheal tube is in place; administer **NALOXONE HCl** (Narcan®) 2.0 mg diluted in 10 mL **NORMAL SALINE**, by endotracheal tube.
16. Pediatric patients <5 feet tall (<35 kg/75 lbs) with bG <60 mg/dL or unknown:
   16.1 Administer DEXTROSE. Use D$_{25}$W (may be prepared by diluting D$_{50}$W 1:1 with sterile water or NS) and administer as indicated on Broselow® Tape, at 2 mL/kg (0.5 gm/kg) over 5 minutes.
   16.2 If narcotic overdose is suspected, administer NALOXONE HCl (Narcan®) as indicated on Broselow® Tape, at 0.1 mg/kg IV push (or IM, SQ, by ETT). Repeat at 3 minute intervals until narcotic overdose is reversed, to a maximum total dose of 10 mg.

**ALL EMTS**

17. Contact Medical Control.
18. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY, bringing all available medications, vials, and needles.

<table>
<thead>
<tr>
<th>Pediatric Pt:</th>
<th>D$_{25}$W per Broselow® Tape</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Naloxone per Broselow® Tape)</td>
<td></td>
</tr>
</tbody>
</table>
Drowning

RECOGNITION

Water submersion with an altered mental status and respiratory distress or a cessation of vital functions. **Note: for hypothermic patients, the carotid pulse should be palpated for 30-45 seconds prior to initiation of CPR. If a slow pulse is present, CPR is not necessary.**

TREATMENT

1. Coordinate the rescue response to rapidly gain access and remove the victim from the water utilizing sufficient personnel and equipment to ensure safe adherence to protocol.

2. If the victim is unresponsive, not breathing, and has no carotid pulse, rapidly remove the victim from the water while controlling the cervical-spine with manual stabilization. Place victim on a long spineboard, clear the airway, begin cardiopulmonary resuscitation, and apply a cervical collar. Follow the **Cardiac Arrest** protocol.

3. Spinal injury should be suspected for an unwitnessed event, an unconscious patient, or if traumatic water entry occurred prior to the event. If there is any question of water entry injury, and adequate resources are available, utilize manual stabilization to immobilize and C-spine while in the water and place victim on a submerged long spineboard. Apply a cervical collar.

4. Maintain a patent airway; be prepared for vomiting; suction the patient as required.

4.1 If signs of upper airway obstruction are present, follow the **Airway Management and Respiratory Support** protocol.

5. Administer **OXYGEN** with the highest-concentration device tolerated; assist ventilations as necessary.

6. If the victim was subject to cold-water immersion, follow the **Cold Exposure-Hypothermia** protocol.

7. If the victim was involved in underwater diving with diving equipment, contact Medical Control.

7.1 With authorization from Medical Control, contact the National **Divers’ Alert Network** (919-684-8111 or 919-684-2948) for consideration of transport to a **HYPERBARIC TREATMENT FACILITY**.
7.1.1 Evaluate pupillary response and size.

7.1.2 Check for breath odors (alcohol or acetone).

7.1.3 Examine for needle tracks.

7.1.4 Examine for Medic-Alert® tags.

8. **Contact Medical Control**

9. Transport patient without delay to the appropriate *HOSPITAL EMERGENCY FACILITY* or *HYPERBARIC TREATMENT FACILITY* as directed by Medical Control.

10. Document all incident information by completing the *RI EMS Ambulance Run Report*
RECOGNITION

Infants NOT in need of resuscitation can usually be identified by having ALL of the following: Full-term gestation, clear amniotic fluid, breathing or crying, good muscle tone. Infants missing ANY of these four characteristics, or with other signs of distress, should be evaluated and treated as indicated below.

TREATMENT

1. Provide warmth and minimize heat loss from the infant.

2. If infant is not vigorous (HR<100, poor muscle tone, poor respiratory effort or color), and the amniotic fluid is not clear, manage the airway as below:
   
   2.1 Suction the infant’s mouth then nose using a bulb syringe. Suctioning should be limited to less than 5 seconds to avoid hypoxia or bradycardia.
   
   2.2 Provide positive pressure ventilation using BVM technique following the American Heart Association (AHA) guidelines.
   
   2.3 EMT-Ps only: Perform endotracheal intubation and tracheal aspiration prior to stimulating the infant. Use Pediatric Dosing Device to estimate patient weight based upon length and the following table guidelines for proper endotracheal tube size and depth of insertion.

<table>
<thead>
<tr>
<th>Weight kg</th>
<th>Gestational Age weeks</th>
<th>Laryngoscope Blade Size</th>
<th>Endotracheal Tube Size</th>
<th>Depth of Insertion from Upper Lip</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1</td>
<td>&lt;28</td>
<td>0</td>
<td>2.5</td>
<td>6.5-7.0</td>
</tr>
<tr>
<td>1-2</td>
<td>28-34</td>
<td>0</td>
<td>3.0</td>
<td>7.0-8.0</td>
</tr>
<tr>
<td>2-3</td>
<td>34-38</td>
<td>0-1</td>
<td>3.5</td>
<td>8.0-9.0</td>
</tr>
<tr>
<td>&gt;3</td>
<td>&gt;38</td>
<td>1</td>
<td>3.5-4.0</td>
<td>&gt;9.0</td>
</tr>
</tbody>
</table>
3. Further minimize heat loss from the infant:

3.1 Dry the infant thoroughly.

3.2 Cover the infant’s head.

3.3 Wrap the infant in plastic wrap and blankets or towels.

3.4 Increase the temperature in the room (and ambulance) as much as possible.

4. Position the infant to establish and maintain a patent airway.

5. Evaluate respiratory rate, skin color and heart rate.

5.1 If the infant is apneic or has weak or gasping respirations, provide positive pressure ventilations with BVM and 100% \textit{OXYGEN} at 40-60 respirations/minute according to the American Heart Association (AHA) guidelines.

5.2 If breathing is adequate, evaluate color. If cyanotic or in respiratory distress, administer \textit{OXYGEN} by “blow-by” method and monitor continuously.

5.3 Evaluate heart rate (brachial, umbilical, or apical pulse) and monitor \textit{continuously} to guide resuscitation.

5.3.1 If the heart rate is <60, provide positive pressure ventilation with 100% \textit{OXYGEN} and chest compressions according to the American Heart Association (AHA) guidelines.

5.3.1.1 \textit{EMT-Ps only:} Consider endotracheal intubation if chest compressions or assisted ventilations are required for more than 90 seconds. Use the table above in section 2.3 as a guide.

5.3.2 If the heart rate is between 60 and 100, provide positive pressure ventilation with BVM and 100% \textit{OXYGEN} according to the American Heart Association (AHA) guidelines.

5.3.3 If the heart rate is >100, maintain warmth and reassess frequently.

\textbf{ALS PERSONNEL}

6. Place the patient on a cardiac monitor (and pulse oximeter if available). Observe and record the initial ECG rhythm, and any rhythm changes (and pulse oximetry reading if available). Attach a copy of the initial rhythm strip to the hospital copy of the \textit{RI EMS Ambulance Run Report}. 
6.1 If heart rate remains <100 or the patient has signs of shock or as directed by Medical Control, consider obtaining IV access according to the *IV Access and Admixtures (ALS)* protocol.

6.1.2 **EMT-Ps only:** consider obtaining IV or IO access according to the *IV Access* protocol. IO is the preferred route, followed by umbilical vein and then peripheral vein.

6.2 If the infant has signs of shock, administer **NORMAL SALINE** 10 mL/kg IV push. This may be repeated twice if signs of shock persist.

6.3 If the heart rate remains <60 despite assisted ventilations and chest compressions, administer **EPINEPHRINE 1:10,000** 0.01-0.03 mg/kg IV. May repeat every 3-5 minutes, if bradycardia or asystole persist.

6.3.1 **EMT-Ps only:** If the heart rate remains <60 despite assisted ventilations and chest compressions, administer **EPINEPHRINE 1:10,000** 0.01-0.03 mg/kg IV or IO (preferred route) OR 0.1 mg/kg by endotracheal tube. May repeat every 3-5 minutes, if bradycardia or asystole.

**ALL EMTs**

7. Assess patient; obtain initial vital signs; frequently reassess patient’s condition en route.

7.1 Calculate the APGAR scores at 1 and 5 minutes of life. Determination of the APGAR scores should not delay resuscitation.

**APGAR Scoring System**

<table>
<thead>
<tr>
<th>PHYSICAL SIGN</th>
<th>0 POINTS</th>
<th>1 POINT</th>
<th>2 POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart rate</td>
<td>Absent</td>
<td>Slow, irregular (or weak cry)</td>
<td>Normal (or strong cry)</td>
</tr>
<tr>
<td>Respiratory effort</td>
<td>Absent</td>
<td>Some flexion</td>
<td>Active motion</td>
</tr>
<tr>
<td>Muscle tone</td>
<td>Limp</td>
<td>Grimace; some motion</td>
<td>Cough or sneeze; vigorous cry</td>
</tr>
<tr>
<td>Reflex irritability</td>
<td>No response</td>
<td>Mucus membranes and nail beds pink</td>
<td>Mucus membranes and nail beds pink</td>
</tr>
<tr>
<td>Color</td>
<td>Blue, pale</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

8. Contact Medical Control.

9. Transport the infant to the nearest appropriate *HOSPITAL EMERGENCY FACILITY* without delay.

10. Document all incident information by completing the *RI EMS Ambulance Run Report*. 
TREATMENT

1. Assess patient; obtain initial vital signs; frequently reassess patient's condition.

   1.1 Evaluate the vital signs, especially blood pressure.
      1.1.1 If there is evidence of shock, follow the Shock protocol.
      1.1.2 If swelling and/or high blood pressure are present, be prepared for possible seizure activity (eclampsia).

   1.2 Examine the perineum:
      1.2.1 Check for vaginal bleeding.
      1.2.2 Check for crowning during contraction.
      1.2.3 Check for abnormal presentation (e.g., hand, umbilical cord).

   1.3 Attempt to determine the following information about labor:
      1.3.1 What is the length of time between contractions?
      1.3.2 Have the membranes ruptured? When?
      1.3.3 Is there any bleeding? How much?
      1.3.4 Has the baby's head or any other part appeared?

   1.4 Attempt to determine the following information about the pregnancy:
      1.4.1 Have there been any problems or complications?
      1.4.2 Has the mother delivered any other babies?
      1.4.3 How close to the due date?
      1.4.4 Is there more than one fetus?
      1.4.5 Has there been any drug use?

2. Determine whether to assist at scene, or transport.

   2.1 If patient is not pushing or bleeding, transport without delay in position of comfort to a HOSPITAL EMERGENCY FACILITY.

   2.2 If delivery is in progress or imminent, assist at scene unless complications occur.

\(\text{ALS PERSONNEL}\)

2.3. Consider starting an IV access device or an IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (20–30 mL/hour).

Quick Reference

Physical Exam & Vital Signs
- Evaluate VS
- Treat shock
- Possible seizures

Exam:
- ? bleeding
- ? crowning
- ? abnormal presentation

Labor info

Pregnancy info

Stay or transport

IV Access or IV: NS or LR
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ALL EMTs</td>
<td></td>
</tr>
<tr>
<td>3. To assist in a normal delivery, follow the <em>Newborn Resuscitation protocol</em>, and provide the following care:</td>
<td>Follow Newborn Resuscitation</td>
</tr>
<tr>
<td>3.1. Administer <strong>OXYGEN</strong> with the highest-concentration device tolerated.</td>
<td><em>High conc O₂</em></td>
</tr>
<tr>
<td>3.2. Position mother for delivery</td>
<td><em>Position</em></td>
</tr>
<tr>
<td>3.3. Whenever possible, use sterile or aseptic technique.</td>
<td><em>Aseptic tech.</em></td>
</tr>
<tr>
<td>3.4. Apply gentle pressure against the baby’s head to guide and control delivery.</td>
<td><em>Gentle pressure</em></td>
</tr>
<tr>
<td>3.5. Support the head and thorax as they appear.</td>
<td><em>Support body</em></td>
</tr>
<tr>
<td>3.6. Apply two clamps to cord, approximately 8 inches from baby’s abdomen. Cut cord between the clamps.</td>
<td><em>Clamp and cut umbilical cord</em></td>
</tr>
<tr>
<td>3.7. If no active resuscitation is required:</td>
<td></td>
</tr>
<tr>
<td>3.7.1. Dry the infant, cover its head, and wrap the baby to minimize heat loss.</td>
<td><em>Dry and warm infant</em></td>
</tr>
<tr>
<td>3.7.2. Encourage the mother to nurse, to assist uterine contractions.</td>
<td><em>Mother to nurse</em></td>
</tr>
<tr>
<td>4. Transport the mother and the infant(s) without delay to a <strong>HOSPITAL EMERGENCY FACILITY</strong>.</td>
<td><em>Transport</em></td>
</tr>
<tr>
<td>4.1. Unless active resuscitation is required, the infant(s) is (are) to be transported in an appropriate child passenger restraint system.</td>
<td></td>
</tr>
<tr>
<td>5. Contact <strong>Medical Control</strong>.</td>
<td><em>Med Control</em></td>
</tr>
<tr>
<td>6. Document all incident information by completing the <strong>RI EMS Ambulance Run Report</strong>.</td>
<td><em>Document</em></td>
</tr>
</tbody>
</table>
Pain Management and Sedation (Optional) [ALS]

TREATMENT

1. For patients exhibiting moderate to severe pain or pulmonary congestion, and with authorization from Medical Control, provide treatment as follows:

1.1 Assess and record the following signs, and reassess frequently:
   (a) level of consciousness
   (b) heart rate, respiratory rate, blood pressure
   (c) ECG
   (d) oxygen saturation, if pulse oximeter is available

1.2 Administer MORPHINE SULFATE (MSO₄) as indicated below:

   1.2.1 All patients ≥ 6 months of age (~7 kg/15 lbs): administer MORPHINE SULFATE 0.1 mg/kg IV over 2 minutes, with a maximum initial dose of 6 mg.

       1.2.1.1 If unable to establish an IV, administer MORPHINE SULFATE 0.1 mg/kg SQ or IM, with a maximum initial dose of 6 mg.

       1.2.1.2 Administer additional doses of 0.05 mg/kg (adult patients: 1–3 mg) IV over 2 minutes (or SQ, IM) at 5–30 minute intervals, until pain is relieved.

   1.2.2 Pediatric patients <6 months of age (~7 kg/15 lbs): administer MORPHINE SULFATE 0.05 mg/kg IV over 2 minutes.

       1.2.2.1 If unable to establish an IV, administer MORPHINE SULFATE 0.05 mg/kg SQ or IM.

       1.2.2.2 Administer additional doses of 0.05 mg/kg IV over 2 minutes (or SQ, IM) at 5–30 minute intervals, until pain is relieved.

1.3 Medical Control may authorize the administration of subsequent doses at 5 minute intervals, to achieve effect.

1.4 Standing order if patient develops respiratory depression, hypotension, or depressed consciousness:

   1.4.1 Provide appropriate airway and ventilatory support.

   1.4.2 Administer NALOXONE HCl 0.01 mg/kg IV push (or IM, SQ, or (diluted in NORMAL SALINE) by endotracheal tube, PRN). (Note: This dose is appropriate to reduce the side effects induced by therapeutic narcotic use, in contrast to the dose used to reverse narcotic overdose, 0.1 mg/kg.)

Quick Reference

| Med Control |
| Monitor: LOC |
| HR, RR, BP |
| ECG |
| (SpO₂) |
| IV over 2 min |
| Morphine |
| SQ or IM |
| (Repeat doses) |
| IV over 2 min |
| SQ or IM |
| (Repeat doses) |
| (Additional doses) |
| Treat respiratory depression, LOC |
| Manage A-B-C |
| Naloxone: Low doses to reduce side effects |
2. For patients who are to be cardioverted or intubated; or others who would benefit from sedation; and with authorization from Medical Control, provide treatment as follows:

2.1 Assess and record the following signs, and reassess frequently:
   
   (a) level of consciousness,
   
   (b) heart rate, respiratory rate, blood pressure
   
   (c) ECG
   
   (d) oxygen saturation, if pulse oximeter is available

2.2 Administer DIAZEPAM (Valium®) as indicated below:

2.2.1 Adult patients: administer DIAZEPAM 5–15 mg IV, at a rate not to exceed 5 mg per minute.

2.2.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer DIAZEPAM as indicated on Broselow® Tape, at 0.05–0.2 mg/kg IV, at a rate not to exceed 5 mg per minute.

2.2.3 Allow 5–10 minutes for effect.

2.3 As an alternative to DIAZEPAM, administer MIDAZOLAM HCl (Versed®) as indicated below:

2.3.1 Administer MIDAZOLAM 0.05–0.1 mg/kg IV over 1 minute, or IM. Adult maximum: 5 mg; pediatric maximum: 2.5 mg.

2.3.2 Allow 2 minutes for effect (10 minutes for IM). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.

2.4 If patient develops respiratory depression or hypotension, provide appropriate airway, respiratory and ventilatory support.

3. With authorization from Medical Control for certain patients, administer both MORPHINE SULFATE and MIDAZOLAM (which may be combined in the same syringe).

4. Document procedures to provide pain management and sedation by completing the RI EMS Ambulance Run Report.
Poisoning and Overdose

TREATMENT

1. If the patient is unconscious or has impaired consciousness, follow the Impaired Consciousness protocol.

2. Contact the Regional Center for Poison Control & Prevention (1-800-682-9211), or contact Medical Control. As directed, perform one of the following:

2.1 Administer ACTIVATED CHARCOAL 1 gm/kg (0.5 gm/lb) PO, mixed with water or sorbitol.

2.1.1 Administer ACTIVATED CHARCOAL only if the patient is fully conscious, or has an endotracheal tube in place.

2.1.2 EMT-Ps only: administer ACTIVATED CHARCOAL by orogastric or nasogastric tube, if unable to administer PO.

2.1.3 Do not administer ACTIVATED CHARCOAL if patient has ingested a hydrocarbon, petroleum distillate, or a caustic substance.

2.2 Administer SYRUP OF IPECAC as indicated below:

2.2.1 Patients 8 years of age: administer SYRUP OF IPECAC 30 mL (2 tablespoons) PO, followed by at least 8 ounces of water.

2.2.2 For patients <8 years of age, SYRUP OF IPECAC 15 mL (1 tablespoon) PO, followed by at least 4 ounces of water.

2.2.3 Do not administer SYRUP OF IPECAC if:

2.2.3.1 the patient has no gag reflex, or is actively seizing or vomiting.

2.2.3.2 the patient has ingested a sharp object; hydrocarbon; petroleum distillate; or a caustic substance (acid or alkali).

2.2.3.3 the patient has a bleeding disorder.

2.2.4 Prepare for vomiting by having large emesis container and suction equipment ready.
## ALS PERSONNEL

3. Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution:

   3.1 Adult patients: administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (20–30 mL/hour), or "wide open" if there is evidence of shock.

   3.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at KVO (10–20 mL/hour); or administer boluses of 20 mL/kg boluses by rapid IV push if there is evidence of shock.

   3.3 If unable to establish IV in 2 attempts, (<5 minutes) transport the patient to a **HOSPITAL EMERGENCY FACILITY**. Any further attempt at IV placement must occur en route.

4. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the **RI EMS Ambulance Run Report**.

## ALL EMTS

5. Transport the patient without delay to a **HOSPITAL EMERGENCY FACILITY** bringing all available medications, vials, and needles.

6. Contact Medical Control.

7. Document all incident information by completing the **RI EMS Ambulance Run Report**.
Radiation Exposure

TREATMENT

1. **Contact Medical Control** by radio or telephone while en route to the scene. Relay the available information and estimated time of arrival of your unit. Further instructions for decontamination of the patient, your vehicle and yourself will be given to you by Medical Control.

2. Use common sense. The time you are exposed and the distance you are away from the source are the exposure factors for contaminants. Once separated from the source, an exposed (not contaminated) person is not a risk to you.

3. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.

4. If patient's clothing has not been removed by the initial responders, **contact Medical Control** for guidance on removal of clothing.

5. Responsibility for patient:
   1. Give lifesaving emergency assistance, as needed.
   2. Secure pertinent information from appropriate bystanders.
   3. If patient has a wound, cover it with clean dressings using gauze or elastic bandage (not adhesive tape).
   4. Cover stretcher, including pillow, with an open blanket, then wrap the patient in the blanket to limit spread of contamination.

6. Transport the patient without delay to a **HOSPITAL, EMERGENCY FACILITY**.

7. Document all incident information by completing the **RI EMS Ambulance Run Report**.

<table>
<thead>
<tr>
<th>Quick Reference</th>
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</thead>
<tbody>
<tr>
<td>Contact Medical Control while en route to scene</td>
</tr>
<tr>
<td>Common sense: time, distance</td>
</tr>
<tr>
<td>Physical Exam &amp; Vital Signs</td>
</tr>
<tr>
<td>? Pt's Clothing</td>
</tr>
<tr>
<td>Manage A-B-C</td>
</tr>
<tr>
<td>Bystander info</td>
</tr>
<tr>
<td>Bandage without tape</td>
</tr>
<tr>
<td>Contain contamination</td>
</tr>
<tr>
<td>Transport</td>
</tr>
<tr>
<td>Document</td>
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</tbody>
</table>
Seizures/Postictal State

For pediatric patients <5 feet tall (<35 kg/75 lbs.), follow Seizures (Pediatric) protocol.

RECOGNITION

Seizure: A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal muscles.

Postictal: Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy or remain unconscious for hours.

TREATMENT

1. Unless unable to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.

2. Perform initial assessment while protecting the airway with an appropriate airway.

3. Protect patient from sustaining any injuries.

4. Position on left side (unless contraindicated), and remove secretions if needed.

5. Administer OXYGEN with the highest concentration device tolerated; assist ventilation's as necessary.

6. If signs of ventilatory problems arise, follow the Airway Management and Respiratory Support protocol.

7. Obtain history from family and/or bystanders including medications. Determine, if possible, any previous history of seizure activity.

8. Assess the patient; determine the level of consciousness with the AVPU method or Glasgow Coma Scale.

9. If electronic glucose meter is available, determine blood glucose (bG) concentration

10. If the bG concentration is <60 mg/dl or if the patient has signs and/or symptoms of hypoglycemia regardless of the availability of bG measurement, and the patient's mental status is "alert" A or becomes alert to "verbal" V stimuli, then administer an ORAL GLUCOSE product, if available, as indicated below:

   10.1 Administer an ORAL GLUCOSE with approximately 15 grams of GLUCOSE (e.g. Glucola, Glutose 15™, InstaGlucose).

   10.2 **Do not** administer an ORAL GLUCOSE product to a patient who is vomiting, nauseated, or not fully awake.

   10.3 Repeat administration of ORAL GLUCOSE product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after the first dose.

   10.4 **Contact Medical Control** for authorization to administer GLUCAGON 1 mg (1 unit) IM or SQ, if available.

Quick Reference

? Trauma: Immobilize

Initial Survey

Protect Patient

Left Lateral Position

High conc O2

Obtain history

Physical Exam, LOC

Glucose Meter

Oral Glucose

Glucagon Adult

1 mg

RI EMS Prehospital Care Protocols and Standing Orders

Effective May 1, 2003
ALS PERSONNEL

11. If seizure activity persists, or if the patient has impaired consciousness:

11.1 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

11.2 Start an IV of NORMAL SALINE or LACTATED RINGER’S solution at KVO rate (20-30 ml per hour).

11.2.1 If unable to start an IV in ≤ 2 attempts, (< 5 minutes) transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

11.3 Draw a sample of the patients blood for blood glucose (bG) analysis. This may be done while starting the IV.

11.4 Patients with bG <60 mg/dL as determined by electronic glucose meter, or unknown:

11.4.1 Administer THIAMINE HCI 100 mg IV push or IM.
11.4.2 Administer DEXTROSE (D50W) 25 gm (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.

11.4.2.1 Do not administer DEXTROSE to a pregnant patient. Administer GLUCAGON 1 mg (1 unit) IM or SQ, in place of DEXTROSE.
11.4.2.2 If unable to establish an IV, administer GLUCAGON 1 mg (1 unit) IM or SQ.

11.5 Administer NALOXONE HCI (Narcan®) 2.0 mg IV push (or IM, SQ). Repeat at 3 minute intervals until narcotic overdose is reversed or to a maximum total dose of 10 mg.

11.5.1 Alternative method of administration: administer NAXOLONE HCI (Narcan®) 0.4 mg IV push (or IM, SQ). Repeat at 1 minute intervals until narcotic overdose is reversed or to a maximum total dose of 10 mg.
11.5.2 Alternative method of administration: If endotracheal tube is in place, administer NAXOLONE HCI (Narcan®) 2.0 mg diluted in 10 ml NORMAL SALINE, by endotracheal tube.

11.6 EMT-P’s: If seizures continue, administer DIAZEPAM (Valium®) or MIDAZOLAM (Versed®) as indicated below. EMT-C’s must contact Medical Control for authorization to administer DIAZEPAM (Valium®) or MIDAZOLAM (Versed®).

11.6.1 Administer DIAZEPAM (Valium®), if available, 5-10 mg IV over 1-2 minutes. Repeat at 5-15 minutes X2, as needed or to a maximum total dose of 30 mg, or
11.6.2 Administer MIDAZOLAM (Versed®), if available, 2.5-5.0 mg IV over 1-2 minutes or IM (or 2.5-5.0 mg by ETT diluted in 10 ml NORMAL SALINE). Repeat at 5-15 minutes X2, as needed or to a maximum total dose of 10 mg.

? Unstable
Monitor ECG
IV: NS or LR
Draw blood
? Hypoglycemia
Thiamine
D50W
(Pregnant Pt: Glucagon)
Glucagon
(Pregnant Pt: Naloxone)
(Diazepam)
Midazolam
(Diazepam)
(Midazolam)
ALL EMT'S

12. Contact Medical Control

13. Transport patient without delay to a Hospital Emergency Facility.

RECOGNITION
Seizure: A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal muscles.
Postictal: Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy or remain unconscious for hours.

TREATMENT

1. Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.

2. Perform initial assessment while protecting the airway with an appropriate maneuver.

3. Protect patient from sustaining any injuries.

4. Position on left side (unless contraindicated), and remove secretions if needed.

5. Administer OXYGEN with the highest-concentration device tolerated; assist ventilations as necessary.

6. If signs of ventilatory problems arise, follow the Airway Management and Respiratory Support protocol.

7. Obtain history from family and/or bystanders, including medications. Determine, if possible, any previous history of seizure activity.

8. Assess the patient; determine level of consciousness with the AVPU method or Pediatric Glasgow Coma Scale.

9. If rectal temperature exceeds 38.9°C (102°F) rectal or equivalent, administer ACETAMINOPHEN (Tylenol®) suppository per rectum, 15 mg/kg (7 mg/lb).

10. If electronic Glucose meter is available, determine blood Glucose (bG) Concentration.

11. If the bG concentration is <60 mg/dl or if the patient has signs and/or symptoms of hypoglycemia, and the patient's mental status is "alert" A or becomes alert to "verbal" V stimuli, then administer an ORAL GLUCOSE product, if available, as indicated:

11.1 Administer an ORAL GLUCOSE product with approximately 15 grams of GLUCOSE (e.g. Glucola, Glucose 15™, InstaGlucose).

11.2 For pediatric patients younger than 1 year of age (<10 kg). Contact Medical Control. With authorization from Medical Control, EMTs may administer an ORAL GLUCOSE product as directed by Medical Control.

Quick Reference

- ? Trauma: Immobilize
- Initial Survey
- Protect patient
- Left lateral position.
- High conc O₂
- Obtain history
- Physical Exam LOC
- (Acetaminophen)
- Glucose meter
- Oral glucose
- Medical Control

RI EMS Prehospital Care Protocols and Standing Orders Effective May 1, 2003
### Seizures (Pediatric)

11.3 **Do not** administer an **ORAL GLUCOSE** product to a patient who is vomiting, nauseated, or not fully awake.

11.4 Repeat administration of **ORAL GLUCOSE** product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after first dose.

11.5 **Contact Medical Control** for authorization to administer **GLUCAGON**

1 mg (1 unit) IM or SQ, if available.

11.5.1 Pediatric patients <5 feet tall (<35 kg/75 lbs) administer **GLUCAGON** 0.1 mg/kg, to a maximum of 1 mg (1 unit), IM or SQ.

<table>
<thead>
<tr>
<th>V ALS PERSONNEL</th>
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</thead>
<tbody>
<tr>
<td>12. If seizure activity persists, or if the patient has impaired consciousness:</td>
</tr>
<tr>
<td>12.1. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the <strong>RI EMS Ambulance Run Report</strong>.</td>
</tr>
<tr>
<td>12.2. Start an IV of <strong>NORMAL SALINE</strong> or <strong>LACTATED RINGER'S</strong> solution:</td>
</tr>
<tr>
<td>12.2.1 <strong>Administer</strong> <strong>NORMAL SALINE</strong> or <strong>LACTATED RINGER'S</strong> solution at KVO rate (10–20 mL/hour); or administer boluses of 20 mL/kg over 5–10 minutes for patients in shock.</td>
</tr>
<tr>
<td>12.2.2 If unable to establish IV in ≤ 2 attempts, (&lt;5 minutes) transport the patient to a <strong>HOSPITAL EMERGENCY FACILITY</strong>. Any further attempt at IV placement must occur en route.</td>
</tr>
<tr>
<td>12.3. Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.</td>
</tr>
</tbody>
</table>

13. **EMT-Ps** If patient has demonstrated persistent seizure activity for more than 15 minutes; or has airway compromise with cyanosis or bradycardia, administer **DIAZEPAM** (Valium®) or **MIDAZOLAM** (Versed®) as indicated below. **EMT-Cs** must **contact Medical Control** for authorization to administer **DIAZEPAM** (Valium®) or **MIDAZOLAM** (Versed®).

| 13.1 Administer **DIAZEPAM** (Valium®), if available, as indicated on Broselow® Tape: 0.1–0.3 mg/kg IV over 2 minutes to a maximum of 10 mg, or |
| 13.2 Administer **MIDAZOLAM** (Versed®), if available, as indicated on Broselow® Tape: 0.05–0.1 mg/kg IV over 1-2 minutes or IM, (or 0.05-0.1 mg/kg by ETT diluted in 5 ml **NORMAL SALINE**) to a maximum of 2.5 mg, or |
| 13.3 Administer **DIAZEPAM SOLUTION** (Valium®) or **GEL** (Diastat), if available, 0.5 mg/kg per rectum to a maximum of 20 mg. |
| 13.4 If seizure activity persists, repeat administration of **DIAZEPAM** (Valium®), if available, (IV preferred, rectal, if IV not available) once in 5 minutes to a maximum of 10 mg, or |
| 13.5 Repeat administration of **MIDAZOLAM** (Versed®) 0.05-0.1 mg once in 5 minutes to a maximum of 2.5 mg. |

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*RI EMS Prehospital Care Protocols and Standing Orders* Effective May 1, 2003
14. If seizure activity persists; or if patient has bG <60 mg/dL or unknown:

14.1 Administer DEXTROSE. Use D25W (may be prepared by diluting D50W 1:1 with sterile water or NS), and administer as indicated on Broselow® Tape, at 2 mL/kg (0.5 gm/kg) over 5 minutes.

14.1.1 Do not administer DEXTROSE to a pregnant patient. Administer GLUCAGON 1 mg (1 unit) IM or SQ, in place of DEXTROSE.

14.1.2 If unable to establish an IV, administer GLUCAGON 0.1 mg/kg, to a maximum dose of 1 mg (1 unit) IM or SQ.

\[ \text{Cont Sz or low bG} \]
\[ \text{D25W per Broselow® Tape} \]
\[ \text{(Pregnant Pt: Glucagon)} \]
\[ \text{(Glucagon)} \]

\[ \text{EMT-PS ONLY:} \]
15. If seizures continue, contact Medical Control for authorization to administer PHENOBARBITAL, as indicated on Broselow® Tape:

15.1 Administer PHENOBARBITAL 20 mg/kg IV, at a rate <50 mg/min.

15.1.1 May administer additional doses of 5 mg/kg every 20 minutes, as necessary, to control seizure activity.

15.2 Be prepared to provide appropriate airway management and ventilatory support.

\[ \text{? Continued Sz Med Control} \]
\[ \text{(Phenobarb per Broselow® Tape)} \]
\[ \text{Monitor airway and breathing} \]

\[ \text{ALL EMTs} \]
16. Contact Medical Control.

17. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.

18. Document all incident information by completing the RI EMS Ambulance Run Report.

\[ \text{Med Control} \]
\[ \text{Transport} \]
\[ \text{Document} \]
SPECIALIZED PATIENT CARE

RECOGNITION

1. A patient who needs specialized healthcare should have an Emergency Care Plan developed in conjunction with their physician and filed with the Department of Health. The patient should make the plan available to responding EMS providers through various means and the EMS provider should refer to the treatment described in the Emergency Care Plan.

2. If an Emergency Care Plan is not provided, then a patient who needs specialized care may be recognized through the presence of equipment, medications or other circumstances not familiar to the EMT through training or protocol.

TREATMENT – EMERGENCY CARE PLAN PRESENT

1. An Emergency Care Plan should be sought in patients with observed need for specialized care. The Plan may be referred to in bracelet, wallet card or other EMS notification. It must include:
   1. Patient identification, including photograph
   2. A brief description of the patient’s specialized care needs
   3. Instructions for care in anticipated emergency situations
   4. Reference numbers for further information
   5. Filing and effective date from the Department of Health

2. The EMS provider should follow the Emergency Care Plan. While reviewing the Plan, CONTACT MEDICAL CONTROL and other references noted in the Plan. MEDICAL CONTROL should be requested to provide guidance and an explanation of equipment and medications referenced in the Emergency Care Plan. If available, attempt to contact or locate the person most knowledgeable about the patient’s specialized health care needs.

3. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY, maintaining contact with MEDICAL CONTROL. In transporting the patient, keep the Emergency Care Plan with the patient. If available, transport should include the person most knowledgeable about the patient’s specialized health care needs.

4. Document all incident information by completing the RI EMS Ambulance Run Report.

QUICK REFERENCE

EMERGENCY CARE PLAN?

IDENTIFICATION

DESCRIPTION

INSTRUCTION

REFERENCE

FILED WITH DOH

FOLLOW PLAN

MED CONTROL

TRANSPORT

DOCUMENT

RI EMS Prehospital Care Protocols and Standing Orders Effective January 31, 2004
TREATMENT – NO EMERGENCY CARE PLAN

1. **CONTACT MEDICAL CONTROL.** Attempt to contact or locate the person most knowledgeable about the patient’s specialized healthcare needs in order to obtain advice during the care and transport process.

2. If the patient is attached to portable special medical equipment that appears to be working properly, transport it with the patient.

3. If the patient is attached to specialized medical equipment that is either too large to transport or does not appear to be working properly, disconnect it as safely as possible from the patient and provide alternative support as indicated.

4. If a patient has a specialized health care need not related to equipment, follow the instructions of the person most knowledgeable with the advice of MEDICAL CONTROL in providing treatment and transport.

5. Transport the patient without delay to a Hospital Emergency Facility, maintaining contact with Medical Control. If available, transport should include the person most knowledgeable about the patient’s specialized health care needs.

STROKE (CVA)

RECOGNITION
Unilateral paralysis, unilateral numbness, language disturbance, monocular blindness, vertigo or ataxia without impaired consciousness.

Note: If a patient is suspected of having a stroke, DO NOT ADMINISTER ASPIRIN; no further medications should be administered without contacting MEDICAL CONTROL.

TREATMENT
1. Perform initial assessment while protecting the airway.

2. If the patient has any impaired consciousness, follow the Impaired Consciousness Protocol.

3. Obtain vital signs and frequently reassess patient's condition.

4. Obtain history from patient, family and/or bystanders to include:
   4.1 When was the patient last known to be without symptoms?
   4.2 Did the patient have a seizure or head injury at the time of onset?
   4.3 Did the patient complain of a headache, neck pain or neck stiffness prior to onset?
   4.4 Did the patient undergo any recent surgery?
   4.5 Does the patient take any anticoagulant medications?

5. Perform the Prehospital Stroke Scale to determine treatment priority.

6. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY and CONTACT MEDICAL CONTROL. Every effort should be made to notify the receiving facility as soon as possible.

7. Administer OXYGEN with the highest concentration device tolerated, assist ventilation's as necessary.

Quick Reference

- Initial Survey
- LOC
- Vital signs
- Reassessment
- Obtain History
  - ? Onset
  - ? Seizures/Trauma
  - ? Headache
  - ? Neck Pain or Stiffness
  - ? Surgery
  - ? Anticoagulants

- Prehospital Stroke Scale
- Transport
- Med Control
- High Concentration O2
## ALS PERSONEL

8. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

9. Start an IV access device or an IV of **NORMAL SALINE** solution only. *Attempts should occur during transport.*

9.1 Adult patients: start an IV of **NORMAL SALINE** solution at KVO (20-30 ml/hr).

9.2 Pediatric Patients < 5 feet tall (<35kg/75 lbs.): Start an IV of **NORMAL SALINE** solution at KVO (10-20 ml/hour).

10. Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.

11. If electronic glucose is available, determine blood glucose concentration. Patients with bG < 60 mg/dl, as determined by electronic glucose meter, refer to the *Impaired Consciousness Protocol.*

## ALL EMTS

Shock

RECOGNITION

Shock is a state of decreased tissue perfusion that can result from a large variety of causes. Consider the diagnosis of shock for any patient with:

1. Altered mental status
2. Impaired consciousness; restlessness; coma
3. Pale, cool, clammy (diaphoretic) skin
4. Abnormal vital signs, as shown in the table below:

<table>
<thead>
<tr>
<th>Age</th>
<th>Respiratory Rate</th>
<th>Heart Rate</th>
<th>Systolic BP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Too Slow</td>
<td>Too Fast</td>
<td>Too Slow</td>
</tr>
<tr>
<td>Newborn (birth-1 month)</td>
<td>&lt;30</td>
<td>&gt;80</td>
<td>&lt;100</td>
</tr>
<tr>
<td>Infant (1 month – 1 year)</td>
<td>&lt;20</td>
<td>&gt;70</td>
<td>&lt;80</td>
</tr>
<tr>
<td>Pre-School (1-6 years)</td>
<td>&lt;16</td>
<td>&gt;40</td>
<td>&lt;70</td>
</tr>
<tr>
<td>School Age (6-12 years)</td>
<td>&lt;12</td>
<td>&gt;30</td>
<td>&lt;60</td>
</tr>
<tr>
<td>Adolescent (12-16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>&lt;60</td>
</tr>
<tr>
<td>Adult (≥ 16 years)</td>
<td>&lt;10</td>
<td>&gt;24</td>
<td>&lt;60</td>
</tr>
</tbody>
</table>

5. Significant hypotension, as indicated for adult patients in the table below:

<table>
<thead>
<tr>
<th>If unable to palpate pulse at:</th>
<th>Systolic BP is probably:</th>
</tr>
</thead>
<tbody>
<tr>
<td>radial artery</td>
<td>&lt;90 mm Hg</td>
</tr>
<tr>
<td>brachial artery</td>
<td>&lt;80 mm Hg</td>
</tr>
<tr>
<td>femoral artery</td>
<td>&lt;70 mm Hg</td>
</tr>
<tr>
<td>carotid artery</td>
<td>&lt;60 mm Hg</td>
</tr>
</tbody>
</table>

TREATMENT

1. Perform initial assessment while protecting the airway with appropriate maneuver.
2. Control external bleeding by direct pressure or pressure points.
3. Administer OXYGEN with the highest-concentration device tolerated; assist ventilations necessary.
4. If respiratory or ventilatory problems arise, follow the Airway Management and Respiratory Support protocol.
5. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.
6. Attempt to determine cause of shock:
6.1 If shock is secondary to trauma: Transport as soon as possible; contact Medical Control; and follow the Trauma protocol. Elevate patient’s legs, unless contraindicated.

6.2 If shock is secondary to anaphylaxis (eg: bee sting allergy), follow the Anaphylaxis protocol, and then continue as below. Elevate patient’s legs, unless contraindicated.

7 Consider use of pneumatic anti-shock garment following the PASG protocol.

**ALS PERSONNEL**

8 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

9 Start a large bore IV of NORMAL SALINE or LACTATED RINGER’S solution:

9.1 For all forms of shock except cardiogenic:

9.1.1 Adult patients: Administer IV “wide open” until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.

9.1.1.1 If transport time will be longer than 15 minutes, start a second IV at a different site.

9.1.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).

9.1.2.1 For pediatric patients with evident or suspected intra-abdominal injury, attempts to start IVs should be made above the diaphragm.

9.1.2.2 If transport time will be longer than 15 minutes, start a second IV.

9.1.3 If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a HOSPITAL EMERGENCY FACILITY. any further attempt at IV placement must occur enroute.
ALS PERSONNEL (CONT’D.)

9.2 For cardiogenic shock:

9.2.1 Adult patients: Administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (20-30 mL/hour).

9.2.1.1 If transport time will be longer than 15 minutes, start a second IV at a different site.

9.2.2 Pediatric patients <5 feet tall (<35 kg/75 lbs.): Administer NORMAL SALINE or LACTATED RINGER’S solution at KVO (10-20 ml/hour).

9.2.2.1 If transport time will be longer than 15 minutes, start a second IV at a different site.

9.2.3 If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur enroute.

9.2.4 Consider a fluid challenge of NORMAL SALINE or LACTATED RINGER’S solution IV:

9.2.4.1 Administer 500mL “wide open” until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.

9.2.4.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).

9.3 EMT-Ps only (with Infusion Pump training): May administer DOPAMINE HCL by IV infusion as indicated below. EMT-Cs (with Infusion Pump training) may administer DOPAMINE HCL by IV infusion pump with authorization from Medical Control. Due to the high risk of side effects due to incorrect dosing, DOPAMINE HCL may only be administered by Infusion Pump as indicated below:
\textbf{ALS PERSONNEL (CONT'D.)}

9.3.1 Adult patients: Administer \textbf{DOPAMINE HCL} (400 mg in 250 mL NS) by IV Infusion Pump at 5-20 mcg/kg/min. Titrate the rate to achieve a systolic blood pressure >90 mm Hg.

9.3.2 Pediatric patients <5 feet tall (<35 kg/75 lbs.): Administer \textbf{DOPAMINE HCL} as indicated on a pediatric dosing device at 2-20 mcg/kg/min by IV Infusion Pump, and then titrate the rate to achieve a systolic blood pressure above the age –related value (refer to table).

10 If patient is wearing a Medic Alert® or equivalent identification stating “adrenal insufficiency”, administer \textbf{HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®)} as indicated below:

10.1 Adult patients: Administer \textbf{HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®)} 100mg IV.

10.2 Pediatric patients < 5 feet tall (<35 kg/75 lbs): Administer \textbf{HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®)}, 1-2 mg/kg IV.

\textbf{ALL EMTs}

11 Contact Medical Control.
12 Transport the patient without delay to a \textit{HOSPITAL EMERGENCY FACILITY}.
13 Document all incident information by completing the \textit{RI EMS Ambulance Run Report}.
Trauma

DEFINITIONS

Level I Trauma Center: A hospital emergency facility verified by the American College of Surgeons as a Level I Trauma Center for adult and/or pediatric patients. For a list of ACS-verified Level I Centers in or near Rhode Island, see Appendix (pp. 39-7).

PRINCIPLES

1. Rapid initial assessment is essential. Access to the patient for the initial assessment and initial treatment should take precedence over complete extrication.

2. Transport should always occur as soon as possible after immobilization (ideally, in less than 10 minutes at the scene). Further treatment should be given en route.

TREATMENT

1. Stabilize the patient’s neck and spine and immobilize with cervical collar and spineboard as soon as possible.

2. Follow the Airway Management and Respiratory Support protocol to manage the airway and to ensure oxygenation and ventilation.
   2.1 Use the jaw-thrust without head-tilt, taking care to avoid movement of the cervical spine.
   2.2 Clear upper airway manually or by suction, as necessary.
   2.3 Administer OXYGEN with the highest-concentration device tolerated.
   2.4 If respirations are absent or ineffective, ventilate or assist, as needed.
   2.5 Control bleeding by direct pressure. Do not remove penetrating objects unless authorized by Medical Control.

3. If the patient is unconscious and pulseless, determine if the Biological Death or Comfort One protocol applies. If criteria for Biological Death or Comfort One are not met, start basic life support and follow Cardiac Arrest protocol.

4. Assess patient, obtain initial vital signs, and frequently reassess patient’s condition.

5. Determine the patient’s initial trauma score. Refer to Revised Trauma Score (Adult) and Trauma Score (Pediatric) tables.
   5.1 Transport without delay and contact Medical Control as soon as possible.
   5.2 Adult patients: If the trauma score <11, or the patient’s “situation of injury” includes any of the trauma factors identified on the RI EMS Ambulance Run Report, and you are within 30 minutes ground transport time to an Adult Level I Trauma Center, transport to that trauma center’s emergency
department, unless an airway emergency exists. If an airway emergency exists, follow the *Airway Management and Respiratory Support* protocol.

5.2.1 If the scene time and/or ground transport time will be more than 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to an Adult Level I Trauma Center. Follow the *Air Ambulance* protocol.

5.2.2 If you are beyond 30 minutes ground transport time to an Adult Level I Trauma Center, transport to the nearest *HOSPITAL EMERGENCY FACILITY*.

5.3 If a pediatric patient’s trauma score $\leq 10$, transport without delay; contact Medical Control as soon as possible.

5.4 Pediatric patients $<5$ feet tall ($<35$ kg/75 lbs): If the pediatric trauma score is $<9$ or the patient’s “situation of injury” includes any of the trauma factors identified on the *RI EMS Ambulance Run Report*, and you are within 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to that trauma center’s emergency department, unless an airway emergency exists. If an airway emergency exists, follow the *Airway Management and Respiratory Support* protocol.

5.4.1 If the scene time and/or ground transport time will be more than 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to a Pediatric Level I Trauma Center. Follow the *Air Ambulance* protocol.

5.4.2 If you are beyond 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to the nearest *HOSPITAL EMERGENCY FACILITY*.

6 Transport the patient without delay to an appropriate *HOSPITAL EMERGENCY FACILITY* and contact Medical Control en route.

7 If the patient is pregnant and no contraindications exist, elevate the patient’s right side (or tilt spineboard to the left) during transport.

8 If signs of shock are present, priority should be given to early contact with Medical Control and to rapid transport to the appropriate facility. Follow the *Shock* protocol en route.

8.1 Apply and inflate the Pneumatic Anti-Shock Garment, following the *PASG* protocol.
ALS PERSONNEL

8.2 Start at least one large-bore IV of NORMAL SALINE or LACTATED RINGER’S solution:

8.2.1 Adult patients: Administer IV “wide open” until there is an improvement in systolic BP to a value >90 mm Hg or until clinical signs of CHF develop.

8.2.1.1 If transport time will be longer than 15 minutes, start a second IV at a different site.

8.2.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses, as necessary, to achieve systolic BP above age-related hypotensive value (refer to table).

8.2.2.1 For pediatric patients with evident or suspected intra-abdominal injury, attempts to start IVs should be made above the diaphragm.

8.2.2.2 If transport time will be longer than 15 minutes, start a second IV at a different site.

9 Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

ALL EMTS

10 Continue further therapy as indicated for specific injuries.

11 Document all incident information by completing the RI EMS Ambulance Run Report.

FURTHER TREATMENT OF CHEST TRAUMA

12 Administer OXYGEN with the highest-concentration device tolerated; assist ventilations as necessary.

13 Flail chest (paradoxical movement of a portion of the chest wall).

13.1 Position patient with injured side down, unless contraindicated.

13.2 Provide manual stabilization of flail segment or splint, as needed.

14 Open pneumothorax (sucking chest wound)

14.1 Close on three sides by any appropriate means available (eg: gauze pad with Vaseline®, plastic wrap; defibrillator pad; etc.)
14.2 Monitor the patient closely for evidence of developing tension pneumothorax.

15 Tension pneumothorax (increasing ventilatory impairment; distended neck veins; absent breath sounds with hyper-resonance on one side of the chest; tracheal deviation away from the side without breath sounds)

15.1 If present, after closure of a sucking chest wound, remove the dressing to convert it to a simple open pneumothorax again.

15.2 *EMT-Ps only* may attempt pleural decompression.

**FURTHER TREATMENT OF ABDOMINAL TRAUMA**

16. Closed (blunt)

16.1 Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated.

17. Open (penetrating)

17.1 Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated

17.2 Cover wound with sterile dressing and stabilize any impaled object.

17.2.1 If evisceration is present, moisten sterile dressing with sterile saline.

**FURTHER TREATMENT OF HEAD/SPINAL INJURIES**

18. Establish airway, and maintain with appropriate maneuver following the *Airway Management and Respiratory Support* protocol.

19. Stabilize neck and spine with cervical collar and spineboard as soon as possible.

20. Control scalp bleeding by direct pressure unless obvious fracture of skull is present.

21. Assess the patient’s neurologic status using the AVPU method or Glasgow Coma Scale, and repeat en route.

22. For an unconscious patient, ventilate with high-concentration OXYGEN following the *Airway Management and Respiratory Support* protocol. Hyperventilate only if there are signs of impending brain herniation.

▼ *ALS PERSONNEL*

23. Maintain IV of NORMAL SALINE or LACTATED RINGER’S solution as indicated below:

23.1 Adult patients: In the absence of shock, reduce NORMAL SALINE or LACTATED RINGER’S IV to KVO rate (20-30mL/hour). If there is evidence of shock, administer IV fluid “wide open.”
FURTHER TREATMENT OF EXTREMITY TRAUMA (Amputation, Fracture)

24. Document any unusual circumstance involving the injury (e.g. Gross contamination; movement from the original position prior to your arrival) by completing the RI EMS Ambulance Run Report.

25. Cover open (compound) fractures or amputation stumps with sterile dressings, then immobilize the limb. Elevation of an immobilized extremity is often helpful in controlling bleeding.

26. Immobilize an apparent fracture, dislocation, or amputation in the position found with appropriate splinting devices, unless:
   26.1. There are no pulses distal to injury site. Contact Medical Control if distal pulses are absent. Medical Control may authorize movement of the extremity.
   26.2. The extremity is angulated and interferes with safe transport.
   26.3. There is an apparent fracture of the shaft of the femur.
       26.3.1. Adult patients: Apply a traction splint.
       26.3.2. Pediatric patients <5 feet tall (<35 kg/75 lbs): Apply a pediatric traction splint, if available.

27. Place amputated parts in a sterile dressing moistened with STERILE SALINE. Place the dressing that contains the amputated part(s) in a towel or a plastic bag, then on an ice pack, if available. Do not place the amputated parts directly on ice or in any liquids.

▼ ALS PERSONNEL

28. Maintain IV of NORMAL SALINE or LACTATED RINGER'S solution as indicated below:
   28.1. Start IV(s) in uninvolved extremities or proximal to fracture sites (in cases of multiple fractures).
28.1.1. Adult patients: In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER’S** solution IV to KVO rate (20-3 ml/hour). If there is evidence of shock, administer IV fluid “wide open.”

28.2. Pediatric patients <5 feet tall (<35 kg/75 lbs): In the absence of shock, reduce **NORMAL SALINE** or **LACTATED RINGER’S** solution IV to KVO rate (10-20 mL/hour). If there is evidence of shock, administer boluses of 20mL/kg/dose by rapid IV push.

**FURTHER TREATMENT OF EYE TRAUMA**

29. Check for pain, loss of vision, and eye muscle function (side-to-side and up-and-down motions of the eyes).

30. Manage eye trauma by:

   30.1. Irrigation of chemical or small foreign body injuries for at least 15 minutes, using at least 500 mL of **LACTATED RINGER’S** or **NORMAL SALINE**.

   30.1.1. **EMT-Ps only**: For chemical or small foreign body injuries only, may instill **TETRACAINE HCL** 0.5% solution, 1-2 drops into affected eye. May repeat every 5-10 minutes to a maximum of 3 doses.

   30.2. Only in cases where irrigation of liquid injuries (chemical or hot liquids) is required, trained personnel may use a soft contact lens-type irrigation system (Morgan Lens® or equivalent) using at least 500ml of **LACTATED RINGER’S** or **NORMAL SALINE** solution.

   30.3. Protecting traumatized eye by applying an appropriate dressing and protective eye shield. **Do not apply pressure or dressings directly to the eyeball (globe).**

   30.4. Covering both eyes to limit sympathetic movement of the injured eye.

31. Document the type of injury (e.g., Contusion, laceration, chemical, foreign body) by completing the **RI EMS Ambulance Run Report**.
## APPENDIX

### Level I Trauma Centers

**Rhode Island and Contiguous Massachusetts and Connecticut**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hospital Name</th>
<th>Specialty</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Providence, RI</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rhode Island Hospital</td>
<td>Adult &amp; Pediatric</td>
</tr>
<tr>
<td><strong>Boston, MA</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Beth Israel Deaconess Medical Center</td>
<td>Adult</td>
</tr>
<tr>
<td></td>
<td>Boston Medical Center</td>
<td>Adult</td>
</tr>
<tr>
<td></td>
<td>Brigham &amp; Women’s Hospital</td>
<td>Adult</td>
</tr>
<tr>
<td></td>
<td>Children’s Hospital of Boston</td>
<td>Pediatric</td>
</tr>
<tr>
<td></td>
<td>Massachusetts General Hospital</td>
<td>Adult</td>
</tr>
<tr>
<td></td>
<td>Massachusetts General Hospital for Children</td>
<td>Pediatric</td>
</tr>
<tr>
<td></td>
<td>The Floating Hospital for Children</td>
<td>Pediatric</td>
</tr>
<tr>
<td><strong>New Haven, CT</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yale New Haven Medical Center</td>
<td>Adult &amp; Pediatric</td>
</tr>
<tr>
<td><strong>Hartford, CT</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hartford Hospital</td>
<td>Adult</td>
</tr>
</tbody>
</table>
# Medications

(Listed by Generic Names)

*Including Optional Medications*

<table>
<thead>
<tr>
<th>Generic Name (Familiar Chemical Name)</th>
<th>Common Trade Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acetaminophen (APAP)</td>
<td>Tylenol®</td>
</tr>
<tr>
<td>Activated charcoal</td>
<td>Actidose®, Charcodote®</td>
</tr>
<tr>
<td>Adenosine</td>
<td>Adenocard®</td>
</tr>
<tr>
<td>Albuterol</td>
<td>Ventolin®, Proventil®</td>
</tr>
<tr>
<td>Amiodarone</td>
<td>Cordarone®</td>
</tr>
<tr>
<td>Antacid</td>
<td>Mylanta®</td>
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<tr>
<td>Aspirin (ASA)</td>
<td>(aspirin)</td>
</tr>
<tr>
<td>Atropine (atropine sulfate)</td>
<td>(atropine)</td>
</tr>
<tr>
<td>Calcium chloride</td>
<td>Calcium Chloride®</td>
</tr>
<tr>
<td>Calcium Gluconate</td>
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</tr>
<tr>
<td>Dextrose 25% (D25W, D25)</td>
<td>(25% dextrose)</td>
</tr>
<tr>
<td>Dextrose 50% (D50W, D50)</td>
<td>(50% dextrose)</td>
</tr>
<tr>
<td>Diazepam rectal gel preparation</td>
<td>Diastat®</td>
</tr>
<tr>
<td>Diazepam</td>
<td>Valium®</td>
</tr>
<tr>
<td>Diltiazem</td>
<td>Cardizem®</td>
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<tr>
<td>Diphenhydramine (Diphenhydramine HCL) [injectable]</td>
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<tr>
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<td>Benadryl®</td>
</tr>
<tr>
<td>Dopamine (dopamine HCL)</td>
<td>Intropin®</td>
</tr>
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<td>Epinephrine 1:10,000 (epinephrine HCL)</td>
<td>Adrenalin® 1:10,000</td>
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<tr>
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<td>Lasix®</td>
</tr>
<tr>
<td>Glucagon</td>
<td>(glucagon)</td>
</tr>
<tr>
<td>Glucose, oral</td>
<td>Glucola®, Glutose®, InstaGlucose®</td>
</tr>
<tr>
<td>Hydrocortisone Sodium Succinate</td>
<td>Solu -Cortef®</td>
</tr>
<tr>
<td>Ipecac (syrup of ipecac)</td>
<td>(syrup of ipecac)</td>
</tr>
<tr>
<td>Lidocaine (lidocaine HCL)</td>
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<tr>
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## Pediatric Drug Reference

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<tr>
<th>Generic Name</th>
<th>Protocol</th>
<th>Initial Dose Pediatric</th>
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<th>5 Kg</th>
<th>10 Kg</th>
<th>15 Kg</th>
<th>20 Kg</th>
<th>25 Kg</th>
<th>30 Kg</th>
<th>35 Kg</th>
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<td>225</td>
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<td>5.0</td>
<td>5.0</td>
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<td>1</td>
<td>1</td>
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<td>Glucagon</td>
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<td>0.5</td>
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<td>1</td>
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<td>15-30</td>
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<td>mg/kg</td>
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<td>23-37.5</td>
<td>30-45</td>
<td>35-52.5</td>
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<td>1.5</td>
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<td>0.35</td>
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<td>400</td>
<td>500</td>
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<td>700</td>
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<td>mg/kg</td>
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<td>10</td>
<td>15</td>
<td>20</td>
<td>25</td>
<td>30</td>
<td>35</td>
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<tr>
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<td>Tetracaine</td>
<td>Eye Trauma</td>
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<td>0.15</td>
<td>0.2</td>
<td>0.25</td>
<td>0.3</td>
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**Dose per Med Control**

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<th>Medication</th>
<th>Dose per Med Control</th>
<th>Units</th>
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<th>10 Kg</th>
<th>15 Kg</th>
<th>20 Kg</th>
<th>25 Kg</th>
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<th>35 Kg</th>
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<td>6</td>
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<td>0.25</td>
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<td>15-22.5</td>
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<td>0.25</td>
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<td>700</td>
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<td>0.2</td>
<td>0.25</td>
<td>0.3</td>
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</table>

**Notes:**
- Dose per Med Control indicates the maximum dose that can be administered per patient
- Units may vary depending on the specific protocol or circumstance

**Effective:** June 30, 2007
Air Ambulance (Helicopter)

1. An air ambulance may be called to the scene in severe trauma cases if scene time and transport time will be prolonged and if a landing site is available. The air crew will determine which trauma center is appropriate to receive the patient.

2. An air ambulance may be called with authorization from Medical Control in cases of critical illness or injury. The air crew will determine which specialized care center is appropriate to receive the patient.

3. Listed below are the air ambulance services that are available for scene response. Their aircraft bases are noted to provide geographic reference, but estimated time of arrival to a request should be obtained by calling the individual service.

<table>
<thead>
<tr>
<th>Air Ambulance Service</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life Flight UMASS-Memorial (Worcester, Massachusetts)</td>
<td>1-800-343-4354</td>
</tr>
<tr>
<td>Life Star (Hartford and Norwich, Connecticut)</td>
<td>1-800-221-2569</td>
</tr>
<tr>
<td>Med Flight (Bedford and Plymouth, Massachusetts)</td>
<td>1-800-233-8998</td>
</tr>
</tbody>
</table>

PROCEDURE

1. Contact air ambulance service. **Note:** If transport by air ambulance is to be undertaken, early contact with an air ambulance service is essential. Care of the patient should not be interrupted.

2. Select, prepare, and approach the landing site only as directed by the air ambulance service.

3. Identify a landing area with a minimum open space of 60 feet by 60 feet (100 feet by 100 feet for night landings).

4. Inform the air ambulance service of any obstacles at the landing site (trees, telephone lines, antennas, etc.).

5. Secure the landing area to prevent unauthorized persons from approaching the air ambulance.

6. Keep the landing zone clear of loose articles and hazardous debris, and protect the patient from rotor wash.

7. Keep well clear of the landing area when the air ambulance is approaching or taking off.

8. Do not approach the air ambulance unless requested by the flight crew.

9. If requested, approach within the pilot’s field of vision.

10. Carry equipment horizontally, below your waist level; **never upright or over your shoulder.**

11. Follow the suggestions of the flight crew when assisting near the air ambulance.

12. **No smoking** in or within 50 feet of the air ambulance.
Cricothyrotomy [EMT-Ps only]

1. Indications: cricothyrotomy may be performed with authorization from Medical Control, and as a standing order if unable to contact Medical Control, in the following circumstances:
   1.1 for a patient with evidence of respiratory failure or apnea, when all other methods of opening and maintaining a patent airway have been attempted and have failed;
   1.2 when there is severe laryngeal trauma;
   1.3 when there is foreign body upper airway obstruction that cannot be removed with direct laryngoscopy.

2. Under no circumstances should transportation be delayed.

3. Unless contraindicated, place and maintain the patient's head in hyperextension to position the larynx as far anterior as possible.

4. Locate the cricothyroid membrane, between the thyroid and cricoid cartilages, and prepare the site with an antiseptic solution, using aseptic or sterile technique.

5. Surgical technique, for patients ≥8 years of age:
   5.1 Stabilize the site. Use a scalpel to make a small midline incision through the overlying skin.
   5.2 Within the surgical wound, use the scalpel to make a transverse incision through the cricothyroid membrane, taking care not to incise too deeply or too laterally.
   5.3 If necessary to widen the incision, invert the knife and rotate the handle.
   5.4 Insert an appropriate cannulating device (eg: tracheostomy or endotracheal tube) to maintain the patency of the surgical opening.
   5.5 Confirm placement and patency by observing chest rise with ventilation/inspiration; listening for air exchange through the surgical airway; and observing clinical improvements.
   5.6 Stabilize and secure the cannulating device.

6. Percutaneous ("needle") technique for patients <8 years of age:
   6.1 Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.
   6.2 Stabilize the site. While applying gentle suction to the syringe, angle the needle caudally, and puncture the skin and cricothyroid membrane.
   6.3 Confirm entry into the trachea by aspirating air. Advance the catheter while withdrawing the needle.
   6.4 Fit an adapter to the hub of the catheter (eg: a 3.0 or 3.5 mm ET tube adapter, or the barrel of a syringe).
   6.5 Confirm placement and patency by observing chest rise with ventilation/inspiration and observing clinical improvements.
   6.6 Apply intermittent positive-pressure or continuous high-flow oxygen, as indicated; pause for "passive exhalation" as indicated.

7. Stabilize and secure the cannulating device.

8. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
Defibrillation Procedure: AED

EMTs trained to use a semi-automatic or automatic external defibrillator (AED) are authorized to perform automated external defibrillation.

1. Use of fully automatic or semi-automatic defibrillators is permitted for all patients \( \geq 1 \) year of age. Infant paddles and a manual defibrillator are indicated for patients <1 year of age (see Defibrillation Procedure: Manual Defibrillation protocol).

   1.1 For patients between 1 and 8 years of age, it is highly recommended that fully automatic or semi-automatic defibrillators with a pediatric attenuator system be used. This decreases the delivered energy to doses suitable for children, and with particular capability that includes sensitivity and specificity for pediatric shockable rhythms.

2. Immediately upon arrival, verify cardiac arrest (unresponsive, no respirations, no pulse)

3. Initiate CPR if there is a delay in attaching the AED or if the cardiac arrest was not witnessed by the EMT. A Witnessed Cardiac Arrest is one where the patient’s collapse and pulselessness occur in the presence of the EMT and a defibrillator shock can be delivered within 30 seconds.

4. Initiate AED when recommended by the 2005 AHA Guidelines (see appropriate protocols, may be after 2 minutes of CPR)

   4.1 Turn defibrillator power on (Note: recorder may be turned on separately).

   4.2 Begin verbal report, if applicable.

5. Attach electrode pads.

   5.1 Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes).

   5.2 Use pediatric paddles or self-adhering electrodes, if available, for patients between the ages of 1 and 8. Infant paddles and a manual defibrillator are indicated for patients <1 year of age. Use adult standard paddles/pads for all patients \( \geq 1 \) year old (10 kg) and ensure adequate spacing (>3 cm) between paddles/pads. Anterior/posterior placement where possible is preferred.
5.3 Clear the patient.

5.4 Switch to “assess” mode

5.5 Follow directions of AED and the 2005 AHA Guidelines to deliver shocks.

6. If a pulse is restored after defibrillation, follow the *Chest Pain in a Suspected Cardiac Patient* or other appropriate protocol.

7. If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* or other appropriate protocol.

8. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

**Safety Consideration:** Stop the vehicle prior to all defibrillations using hand-held paddles and if necessary to assess the patient rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.
Defibrillation Procedure: Manual Defibrillation

Ventricular Fibrillation

RECOGNITION

Unresponsive, apneic, pulseless patient with either ventricular fibrillation (VF) or ventricular tachycardia (VT) on a cardiac monitor.

PROCEDURE

1. Only EMTs who are trained and currently licensed/certified by the RI Department of Health to use a manual defibrillator may perform manual defibrillation during prehospital care.

   1.1 Use of defibrillators without low energy levels (5-200 joules monophasic) is permitted only for patients ≥ 8 years of age or whose weight is ≥ 25 kg/55 lbs.

   1.2 Use standard (adult) size paddles for all patient who weigh more than 10 kg (25 lbs); use “pedi” (ie: infant) paddles only for patients who weight less than 10 kg/25 lbs (about 1 year of age). Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes). Anterior/posterior placement where possible is preferred.
2. Check the pulse. Defibrillate only if the pulse is absent and the rhythm is ventricular fibrillation (VF) or ventricular tachycardia (VT).

2.1 Record initial ECG rhythm and attempted defibrillations; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.

3. Immediately attempt defibrillation as indicated below:

3.1 Adult patients:

3.1.1 Defibrillate at 360 joules monophasic or manufacturer’s biphasic setting (typically 200 Joules).

3.1.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.

3.2 Pediatric patients defibrillate as indicated below. Use Pediatric Dosing Device to determine patient weight in kg.

3.2.1 Defibrillate at 2 joules/kg (~1 joule/lb) monophasic or manufacturer’s biphasic setting.

3.2.2 Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.

3.2.3 All subsequent defibrillations to be at ≥4 joules/kg (~ 2 joules/lb) monophasic or manufacturer’s biphasic setting.

4. If the pulse is restored after defibrillation, follow the *Chest Pain in a Suspected Cardiac Patient* or other appropriate protocols.

5. If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* protocol.

6. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

Safety Consideration: Stop the vehicle prior to all defibrillations using hand-held paddles or if necessary to interpret the patient’s rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.
EMS Scene Photographs (Optional Procedure)

Purpose:

Research shows that there is a direct correlation between severity of injury to car crash trauma patients and the amount and type of motor vehicle damage. This damage provides invaluable information about the mechanism of injury and can help medical personnel better diagnose and treat a victim's injuries.

Procedure:

1. EMS personnel respond to call.
2. Provide patient care per protocol and transfer patient to rescue/ambulance.
3. Photograph maximum points of impact.
4. Photograph interior specifically where patient was located. **DO NOT PHOTOGRAPH THE PATIENT.**
5. Continue care and transport patient without delay to a **HOSPITAL, EMERGENCY FACILITY.**
7. Present *RI EMS Ambulance Run Report* and attached photos to medical personnel.
8. Check film status in camera and reload film if necessary.
Endotracheal Intubation

1. **Only EMTs** who are licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation during prehospital care. **EMT-Ps only** may attempt to intubate newborn infants (<1 month old).

2. Use the following guidelines to select the appropriate size tube. When using cuffed endotracheal tubes, check to ensure that the cuff is intact, and does not leak air.

2.1 **Adult Patients ≥ 16 years of Age**

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Endotracheal Tube Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>≥ 16 years of age</td>
<td>8.0 mm</td>
</tr>
<tr>
<td>Female</td>
<td>≥ 16 years of age</td>
<td>7.0 mm</td>
</tr>
</tbody>
</table>

2.2 **Pediatric Patients (Toddlers-Children <35 kg/75 lbs)**

Use the endotracheal tube size recommended by the Pediatric Dosing Device. If the device is unavailable, use the following formula to determine the correct size:

\[
ETT \text{ size (mm ID)} = \frac{age \text{ (in years)}}{4} + 4
\]

**Example:**

ETT size for 6 year old

\[
= \frac{6}{4} + 4
\]

\[
= 1.5 + 4
\]

5.5 mm ID

2.3 **EMT-Ps only** **Newborn Patients (Premature-Full Term Infants)**

<table>
<thead>
<tr>
<th>Weight kg</th>
<th>Gestational Age weeks</th>
<th>Laryngoscope Blade Size</th>
<th>Endotracheal Tube Size</th>
<th>Depth of Insertion from Upper Lip</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1</td>
<td>&lt;28</td>
<td>0</td>
<td>2.5</td>
<td>6.5-7.0</td>
</tr>
<tr>
<td>1-2</td>
<td>28-34</td>
<td>0</td>
<td>3.0</td>
<td>7.0-8.0</td>
</tr>
<tr>
<td>2-3</td>
<td>34-38</td>
<td>0-1</td>
<td>3.5</td>
<td>8.0-9.0</td>
</tr>
<tr>
<td>&gt;3</td>
<td>&gt;38</td>
<td>1</td>
<td>3.5-4.0</td>
<td>&gt;9.0</td>
</tr>
</tbody>
</table>
3. If using a stylette, it should be placed inside the tube to one-half inch from end. It must not protrude beyond the end of the tube.

4. Prior to intubation, ventilate and oxygenate the patient whenever possible. Suction equipment should be available during intubation, and used to remove debris when necessary.

5. Unless C-spine trauma is suspected, place the patient in the “sniffing position”. In this position, the neck is flexed (to elevate the occipital region), and the head is hyperextended. Insert the laryngoscope with the left hand. Place the blade to the right of the midline and push the tongue to the left, so that the blade rests in the midline.

5.1 If C-spine trauma is suspected, an assistant should maintain the patient’s head in the neutral anatomical position and perform a jaw thrust to open the patient’s mouth. Attempt to intubate with care, to avoid moving the patient’s head or neck.

6. Slowly advance the blade. A curved blade should enter the vallecula; a straight blade should rest beneath the epiglottis. Exert gentle traction upward; do not use the teeth as a fulcrum.

7. Visualize the vocal cords and insert the appropriate size endotracheal tube between the cords. Use the right hand to guide the tube from the right side of the mouth into the midline, and pass the tube through the vocal cords. Tube placement efforts may be repeated once during each intubation attempt. Each intubation attempt should not take more than 30 seconds. A second person should time the procedure and call out when 30 seconds have passed. After unsuccessful attempt resume ventilation with a bag-valve-mask device using high flow OXYGEN. This is best performed as a two-person procedure with one person assuring a mask seal while the other provides adequate ventilation volume. After the patient is re-oxygenated, a second attempt is permitted. Any further attempts at endotracheal intubation require the approval of Medical Control and must be undertaken while en route.

8. If a cuffed tube is used, inflate the cuff with enough air to occlude back flow when ventilating the patient. Avoid over-inflation as it causes tracheal damage.

9. Confirm proper tube placement through a combination of clinical and objective means. Observe the chest for a rise and fall with ventilations and observe the tube for condensation with each ventilation. Auscultate in six locations:
   • over the epigastrum to check for esophageal placement,
   • over both sides of the chest in two positions each to check for main stem intubation and other complications such as pneumothorax, and
   • over the lower anterior neck to check for air leak at the cuff.

All endotracheal intubations must also have placement confirmed with an objective tube placement verification device (Easy-Cap®, Tube-Check®, or end-tidal carbon dioxide detector) to confirm endotracheal placement.
10. Insert an oropharyngeal airway or other appropriate device as a bite-block to protect the tube. Secure the tube to prevent displacement and stabilize the head and neck to prevent motion that may dislodge the endotracheal tube (i.e. cervical collar and backboard).

11. When an endotracheal tube is in place, an EMT licensed/certified by the RI Department of Health to perform endotracheal intubation on patients of similar age must be in attendance continuously managing the airway.

▼ **ALS PERSONNEL**

12. Medication may be administered through the endotracheal tube, as indicated in the *RI EMS Prehospital Care Protocols and Standing Orders*, using one of the following techniques. For medications to be administered through the ET tube, use 2.0-2.5 times the usual IV dose.

12.1 **Dilution technique:**

12.1.1 Adult patients: Add enough **NORMAL SALINE** to the medication to make a total volume of 10 mL. Inject the diluted medication down the ET tube.

12.1.2 Pediatric patients <5 feet tall (<35 kg/75lbs): Add enough **NORMAL SALINE** to the medication to make a total volume of 3-5 mL. Inject the diluted medication down the ET tube.

12.2. **Flush technique:**

12.2.1. Adult patients: After injection of the medication down the ET tube, inject 10 mL of **NORMAL SALINE** down the ET tube to flush the medication and then ventilate.

12.2.2. Pediatric patients <5 feet tall (<35 kg/75lbs): After injection of the medication down the ET tube, inject 3-5 mL of **NORMAL SALINE** down the ET tube to flush the medication and then ventilate.

13. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.
Esophageal Obturator Airway (EOA)

1. **Only EMTs** who are trained and licensed/certified by the RI Department of Health to use the Esophageal Obturator Airway (EOA) may insert an esophageal obturator airway during prehospital care. The EOA is considered an airway management adjunct, not an advanced airway.

2. Use the esophageal obturator airway (EOA) only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.

3. **Do not** use the EOA for any of the patients listed below:
   - Conscious or semi-conscious patients;
   - Children, and adult patients <5 feet tall;
   - Patients known or suspected to have swallowed corrosive materials;
   - Patients known or suspected to have diseases of the esophagus;
   - Patients with inhalation burn injuries;
   - Trauma patients.

4. Do not interrupt ventilation for more than 30 seconds to insert the EOA.

5. Whenever possible, ventilate the patient with **OXYGEN** prior to EOA insertion.

6. Never use force to insert the EOA.

7. Always check to see that the chest rises with ventilation efforts after insertion of the EOA and that there are bilateral breath sounds, and recheck periodically thereafter. Whenever possible, confirm proper EOA placement using pulse oximetry and/or end-tidal CO\(_2\) measurement if available.

8. Do not remove the EOA in the field unless the patient begins breathing spontaneously or assessment determines that the EOA is or has become incorrectly positioned.

9. If you do remove the EOA, be prepared for regurgitation with suction immediately available.

10. Procedure:
   
   10.1 Assemble EOA.
10.2 Flex the head slightly.

10.3 Grasp lower jaw and tongue between thumb and index fingers and lift upwards; or use head tilt but keep mouth open and do not hyperextend the neck.

10.4 With the mask attached, insert tube into mouth and place so that the curvature of the tube is the same as the curvature of pharynx.

10.5 Advance the tube into the esophagus and seal mask firmly over nose and mouth. It is best to have one EMT hold the mask seal and a second EMT operate the BVM attached to the EOA.

10.6 Ventilate and see if the chest rises.

10.7 If the chest does not rise, remove EOA. Ventilate with an alternate method and attempt reinsertion.

10.8 Once chest rise with ventilation is assured, inflate obturator cuff with 30-35 mL of air.

10.9 Ventilate with bag valve mask device to achieve chest rise.

10.10 Listen with stethoscope in at least 2 locations on each side of the chest to assess for bilateral breath sounds.

10.11 Listen for air escape over epigastrum with stethoscope.

10.12 Whenever possible, confirm proper EOA placement using pulse oximetry and/or end-tidal CO$_2$ measurement if available.

10.13 If, after listening to the lungs and over the epigastrum, there are inadequate breath sounds and there is air escape over the epigastrum and/or there are indications by pulse oximetry or end-tidal CO$_2$ measurement that the EOA is not correctly placed, the EOA should be removed. Ventilate the patient with an alternate method, check the balloon for leaks and reinsert.

10.14 Frequently recheck EOA position using all available means.

10.15 When an EOA is in place a qualified EMT must be in attendance continuously managing the airway.

11. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
Foreign Body Airway Obstruction

Unconscious patient

RECOGNITION:

A patient who has become unconscious during attempts to clear a foreign body airway obstruction, or who is found unconscious with a history of choking or who is found unconscious and found to have a foreign body airway obstruction upon assessment and treatment efforts.

TREATMENT

1. Follow the Airway Management and Respiratory Support protocol to clear and maintain a patent airway. Any patient who is conscious and coughing forcefully is considered to have a mild airway obstruction and should be allowed to make their own efforts to clear their airway. Assist ventilation as necessary for unconscious patients.

   1.1 Hyperextend neck and establish airway by chin lift or triple airway maneuver.

      1.1.1 If head/neck injury is present or suspected, perform jaw thrust without head tilt. Extension of the neck is contraindicated in trauma.

   1.2 If the initial effort at inflation of the lungs is unsuccessful, clear any visible debris from oral cavity (well-fitting dentures excluded). Re-position the airway and again try to inflate the lungs. Do not perform finger sweeps unless foreign material is visible.

2. If patient still cannot be ventilated, follow current AHA guidelines for performance of chest or abdominal thrusts to attempt to clear the airway.

   2.1 Attempt the sequence specified above for up to 1 minute. If ventilation is still impossible, attempt to ventilate by applying positive pressure by mouth-to-mask or bag-valve-mask device.

   2.2 EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may utilize the laryngoscope and suction or long forceps to remove the obstructing foreign body if chest thrusts, finger sweep, and forceful ventilation are ineffective.

   2.3 If foreign body is removed and patient remains apneic, perform endotracheal intubation.

3. **EMT-Ps only**: perform cricothyrotomy if unable to relieve obstruction or perform endotracheal intubation following the Cricothyrotomy protocol.
4. **Contact Medical Control.**

5. Transport the patient without delay to the nearest *HOSPITAL EMERGENCY FACILITY.*

6. Document all incident information by completing the *RI EMS Ambulance Run Report.*
Glasgow Coma Scale and “AVPU” Scale

### Glasgow Coma Scale

<table>
<thead>
<tr>
<th>EYES</th>
<th>Adult</th>
<th>Child</th>
<th>Infant</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open spontaneously during initial assessment.</td>
<td>Open spontaneously during initial assessment.</td>
<td>Open spontaneously during initial assessment.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Open to verbal stimulus.</td>
<td>Open to verbal stimulus.</td>
<td>Open to verbal stimulus.</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Open only to painful stimulus.</td>
<td>Open only to painful stimulus.</td>
<td>Open only to painful stimulus.</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Do not open during initial evaluation period.</td>
<td>Do not open during initial evaluation period.</td>
<td>Do not open during initial evaluation period.</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VERBAL</th>
<th>Adult</th>
<th>Child</th>
<th>Infant</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oriented to person, place, time.</td>
<td>Oriented to person, place, time.</td>
<td>Coos and babbles.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Convereses, but is disoriented or confused.</td>
<td>Convereses, but is disoriented or confused.</td>
<td>Irritable cries.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Disoriented; speech clear, but inappropriate.</td>
<td>Disoriented; speech clear, but inappropriate.</td>
<td>Cries to pain.</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Garbled. Includes grunting or moaning.</td>
<td>Garbled. Includes grunting, moaning, non-specific sounds.</td>
<td>Moans to pain.</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>No verbal responses to any stimulation.</td>
<td>No verbal responses to any stimulation.</td>
<td>No verbal responses to any stimulation.</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MOTOR</th>
<th>Adult</th>
<th>Child</th>
<th>Infant</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obeys verbal commands by moving extremities or facial muscles (if C-spine injuries).</td>
<td>Obeys verbal commands by moving extremities or facial muscles (if C-spine injuries).</td>
<td>Moves spontaneously and purposely.</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>Can localize a painful stimulus by moving an extremity to an injured area in a purposeful manner.</td>
<td>Can localize a painful stimulus by moving an extremity to an injured area in a purposeful manner.</td>
<td>Withdraws to touch.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Withdraws an extremity from painful stimulus, but unable to localize/prevent recurring pain.</td>
<td>Withdraws an extremity from painful stimulus, but unable to localize/prevent recurring pain.</td>
<td>Withdraws in response to painful stimulus.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Abnormal flexor response to painful stimulus, ie: decorticate (flexion) posturing.</td>
<td>Abnormal flexor response to painful stimulus, ie: decorticate (flexion) posturing.</td>
<td>Abnormal flexor response to painful stimulus, ie: decorticate (flexion) posturing.</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Abnormal extensor response to painful stimulus, ie: decerebrate (extension) posturing.</td>
<td>Abnormal extensor response to painful stimulus, ie: decerebrate (extension) posturing.</td>
<td>Abnormal extensor response to painful stimulus, ie: decerebrate (extension) posturing.</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>No response, no motion to any painful stimulus.</td>
<td>No response, no motion to any painful stimulus.</td>
<td>No response, no motion to any painful stimulus.</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

Glasgow Coma Score = “Eyes” score + “Verbal” score + “Motor” score:

### “AVPU” Scale

<table>
<thead>
<tr>
<th>A</th>
<th>Patient is conscious and alert.</th>
</tr>
</thead>
<tbody>
<tr>
<td>V</td>
<td>Patient is responsive to verbal stimuli.</td>
</tr>
<tr>
<td>P</td>
<td>Patient is responsive to painful stimuli.</td>
</tr>
<tr>
<td>U</td>
<td>Patient is unresponsive to any stimuli.</td>
</tr>
</tbody>
</table>
Interfacility Transfer

Purpose

To clarify the staffing patterns, vehicle selection, and scope of authority of individuals attending patients during interfacility transfers.

Definitions

Infusion device:

An IV infusion pump capable of strict mechanical control of an IV infusion drip rate must be used with all admixtures to ensure accurate dosage administration and prevent excessive flow rates. Passive or gravity-controlled flow rate devices are unacceptably inaccurate to control admixture medication administration.

Interfacility transfer:

A patient transfer between licensed health care facilities.

EMT-B, EMT-I, EMT-C, EMT-P:

As defined in the Rules and Regulations Relating to Emergency Medical Services (R23-4.1 –EMS), Rhode Island Department of Health.

RN:

A Rhode Island licensed Registered Nurse meeting the appropriate standards of care pertinent to the patient’s condition, as determined by the referring physician.

PA:

A Rhode Island licensed Physician’s Assistant meeting the appropriate standards of care pertinent to the patient’s condition, as determined by the referring physician.

Physician:

A Rhode Island licensed physician.

Referring Physician:

The physician at the point of origin of the transfer directly responsible for the patient’s care.

Classification Protocol

The patient classification shall be determined by the referring physician. The following system shall be used to define classes of patients with their respective minimum vehicle and personnel requirements.

Class A:

Clearly and completely stable patients with minimal potential to decompensate en route. Example: Patient with no running IV line, going for routine test. Staffing: EMT-B/I.

Vehicle: BLS; Class: A-1, A-1A, A-2, B.
Class B: Stable as above with IV running, no medications in the fluids. Example: Cancer patient with maintenance fluids running. **Staffing:** EMT-B/I + EMT-C or EMT-P. **Vehicle:** ALS; Class: A-1, A-1A.

Class C: Has been stabilized as much as possible, but may deteriorate en route. Has no medications being administered or infusion devices in use, which are beyond the scope of the assigned EMTs. Approved medications are listed in the RI EMS Prehospital Care Protocols and Standing Orders. Dial-a-Flow® or similar devices are not approved for this purpose. EMT-Cs and EMT-Ps who have successfully completed Department-approved IV infusion pump training may transport patients within this protocol. Example: Cardiac patient on LIDOCAINE drip who can be given sublingual NITROGLYCERIN for chest pain. **Staffing:** EMT-B/I + EMT-C or EMT-P, depending on medications. **Vehicle:** ALS; Class: A-1, A-1A.

Class D: Patient with acute medical problem who may become unstable en route. Requires administration of drugs not in the approved RI EMS Prehospital Care Protocols and Standing Orders. In addition, the patient may develop complications where treatment is beyond the capabilities of the assigned EMTs. Example: ICU transfer with IV NITROGLYCERIN drip and receiving thrombolytic drug infusion en route. **Staffing:** EMT-B/I + EMT-C /EMT-P + RN/ PA / Physician **Vehicle:** ALS; Class: A-1, A-1A.

EMT-Ps who have successfully completed Department-approved training in IV NITROGLYCERIN and IV anticoagulants may transport patients within this protocol. EMT-Cs and EMT-Ps who have successfully completed Department-approved IV infusion pump training may transport patients within this protocol.

In cases where an ALS unit is required and the hospital makes a reasonable effort to utilize an ALS unit and is unable to access one due to time constraints or patient condition, a BLS unit may be utilized, providing that appropriate supplies, equipment (refer to Addendum A), qualified staff and written/verbal orders have been provided.

**Scope of Authority**

Class A, B, or C transfers:

The EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate RI EMS Prehospital Care Protocols and Standing Orders. Medical Control shall assume such responsibility when called for by the respective protocol.

Class D:

The ultimate authority rests with the referring physician, as defined above. If no physician is present during transport, the RN or PA shall assume ultimate authority for the case.

Notwithstanding the requirements of the regulations and the protocols, hospitals may elect to transport a patient with hospital staff. In such cases, the hospital has ultimate authority for patient management, providing written/verbal orders accompany the patient. In the absence of hospital staff, the EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate protocols. Medical Control shall assume such responsibility when called for by the respective protocol.
Addendum A

1. Manual defibrillator unit with integral oscilloscope, strip chart recorder and synchronized cardioversion capability.

2. Sterile intravenous solutions of NORMAL SALINE or LACTATED RINGER’S, preferably in 500 mL plastic bags with administration kits (at least 2 of each), and D5W (100 or 200 ml) in appropriate bag and administration kit (PVC Free) for administration of AMIODARONE.

3. IV catheters (3 each of 14,16,18,20 gauge).

4. Supply of current ALS medications authorized by the RI Department of Health, as listed below:

<table>
<thead>
<tr>
<th>Medication</th>
<th>Medication</th>
<th>Medication</th>
<th>Medication</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adenosine</td>
<td>Diltiazem</td>
<td>Glucagon</td>
<td>Nitro spray/nitroglycerin</td>
</tr>
<tr>
<td>Amiodarone</td>
<td>Diphenhydramine HCL(oral)</td>
<td>Hydrocortisne SS</td>
<td>Phenobarbital Sodium</td>
</tr>
<tr>
<td>Atropine Sulfate</td>
<td>Diphenhydramine HCL(injectable)</td>
<td>Lidocaine HCL</td>
<td>Phenytin Sodium (Dilantin)*</td>
</tr>
<tr>
<td>Calcium Chloride</td>
<td>Dopamine HCL</td>
<td>Magnesium Sulfate</td>
<td>Sodium Bicarbonate</td>
</tr>
<tr>
<td>Dextrose 25%(D25W)</td>
<td>Epinephrine 1:1000</td>
<td>Midazolam</td>
<td>Thiamine Sulfate</td>
</tr>
<tr>
<td>Dextrose 50%(D50W)</td>
<td>Epinephrine 1:10,000</td>
<td>Morphine Sulfate</td>
<td>Verapamil HCL</td>
</tr>
<tr>
<td></td>
<td>Furosemide</td>
<td>Naloxone</td>
<td></td>
</tr>
</tbody>
</table>

*Phenytoin Sodium (Dilantin) for EMT-Ps only (interfacility maintenance only).

5. Biohazardous waste: Disposable sharps (hypodermic needles, etc.) should be placed in a container designed for such purpose.
IV Access and Admixtures [ALS]

1. General Principles:

1.1 If unable to establish an IV before beginning to transport and adult patient within two (2) attempts or five (5) minutes, any additional attempts must be undertaken en route.

1.2 IV access may be difficult to obtain in infants and children, particularly those who are cold or in shock. Although many pediatric patients will benefit from prehospital intravenous (IV) therapy, establishing an IV should not unnecessarily delay transport. In general, IV attempts on scene should be limited to less than five minutes for stable patients, and two minutes for unstable patients; further attempts may be made en route.

1.3 Attempts to establish IVs for both adult and pediatric patients should be made in the peripheral veins of the upper extremities, whenever possible.

1.3.1 **EMT-Ps only** may attempt to establish an IV in the external jugular vein.

1.4 **NORMAL SALINE (NS) and LACTATED RINGER’S (LR) solution are the IV fluids of choice for all prehospital patients.**

1.5 The “keep vein open” (KVO) rate for both adult and pediatric patients is approximately 20 mL/hour.

1.6 Fluid challenges for adult patients should be administered as 250-500 mL boluses of **NORMAL SALINE** or **LACTATED RINGER’S** solution, administered as rapidly as possible, or as ordered by Medical Control.

1.7 Fluid boluses for pediatric patients should be administered as 20 mL/kg of **NORMAL SALINE** or **LACTATED RINGER’S** solution over 5-10 minutes, or as ordered by Medical Control.

1.8 For patients who have poor circulation or are in cardiac arrest, follow each dose of IV medication with a rapid flush of **NORMAL SALINE** or **LACTATED RINGER’S** solution as indicated below.

1.8.1 Adult patients: flush with 20 mL of **NORMAL SALINE** or **LACTATED RINGER’S** solution.

1.8.2 Pediatric patients <5 feet tall (<35 kg/75 lbs): flush with 5-20 mL of **NORMAL SALINE** or **LACTATED RINGER’S** solution.
2. The medications listed in the following table may be administered by IV bolus and followed by an IV infusion (“drip”), as indicated in the RI EMS Prehospital Care Protocols and Standing Orders. All IV infusions (“drips”) must be delivered by IV Pump.

2.1 The table below also shows the recommended admixture ratios and yields for adult patients.

<table>
<thead>
<tr>
<th>Medication</th>
<th>Preparation</th>
<th>Yield</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMIODARONE</td>
<td>150mg in 100 mL D5W</td>
<td>1.5mg/mL</td>
</tr>
<tr>
<td>DOPAMINE</td>
<td>400 mg in 250 mL NS</td>
<td>1600 micrograms/mL</td>
</tr>
<tr>
<td>EPINEPHRINE</td>
<td>1 mg in 250 mL NS</td>
<td>4 micrograms/mL</td>
</tr>
<tr>
<td>LIDOCAINE</td>
<td>1 gm in 250 mL NS</td>
<td>4 mg/mL</td>
</tr>
</tbody>
</table>

2.2 For pediatric patients < 5 feet tall (<35 kg/75lbs), a pediatric dosing device provides rate and admixture information.

2.3 Procedure:

2.3.1 Contact Medical Control

2.3.2 Identify medication to be given by name, dosage and route.

2.3.3 Set up new IV bag and drip regulation device.

2.3.4 Wipe injection site with antiseptic swab.

2.3.5 Recheck medication and dosage, inject it into IV bag while maintaining aseptic technique.

2.3.6 Admixtures are to be “piggy-backed” into an established IV of NORMAL SALINE or LACTATED RINGER’S solution with the exception of AMIODARONE, which requires an isolated IV of D5W and appropriate IV administration kit (PVC free).

2.3.7 An IV infusion pump capable of strict mechanical control of an IV infusion drip rate must be used with all admixtures to ensure accurate dosage administrant and prevent excessive flow rates. Passive or gravity-controlled flow rate devices are unacceptably inaccurate to control admixture medication administration.

2.3.8 With special attention to maintaining proper infusion rate, the patient must be placed on a cardiac monitor, and vital signs must be re-assessed frequently during transport to a HOSPITAL EMERGENCY FACILITY.

3. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
IV Access (EMT-Ps Only)

1. Intraosseous (IO) access:

   1.1 Intraosseous (IO) infusion is indicated for patients with shock, respiratory or cardiac arrest or as directed by Medical Control for whom attempts to establish IV access have been unsuccessful or are inappropriate.

   1.2 Use of an IO infusion is contraindicated by trauma to, or infection of, the extremity under consideration, and by preexisting bone disease.

   1.3 The intraosseous route for IV fluids and/or IV medications may be substituted for the intravenous route, whenever IV access is indicated.

   1.4 Procedure:

      1.4.1 Locate an appropriate site (usually the anteromedial surface of the proximal tibia, inferior to the tibial tuberosity or the lateral humerus) and prepare the site with an antiseptic solution, using aseptic or sterile technique. Sternal IO access is not allowed.

      1.4.2 Use a commercially available intraosseous cannulation device according to the manufacturer’s instructions. Check the site for evidence of infiltration, and re-check frequently. Stabilize and secure the IO device and IV tubing.

   1.5 Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.

2. Central Venous Cannulation

2.1 Central venous cannulation is indicated in any of the following circumstances.

   2.1.1 When attempts to establish peripheral IV or IO access are unsuccessful for a patient in cardiac arrest.

   2.1.2 After peripheral IV access is established for a patient in cardiac arrest

   2.1.3 With authorization from Medical Control.

2.2 Attempt to cannulate any of the central veins listed below:

   2.2.1 Internal jugular vein

   2.2.2 Femoral vein

   2.2.3 Subclavian vein
2.3 Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.

3. Umbilical Venous Catheterization

3.1 Umbilical venous access is indicated for newborns who require resuscitation with medications or fluids which cannot be administered by the endotracheal route, and for whom attempts to establish IV or IO access have been unsuccessful.

3.2 Procedures:

3.2.1 Apply a ligature at the base of the cord to control bleeding, and locate the umbilical vein. Prepare the cord with an antiseptic solution using aseptic or sterile technique.

3.2.2 Use a commercially available umbilical catheter (or an IV catheter without a needle if nothing else is available). Attach a syringe, then flush and fill the catheter with NORMAL SALINE or LACTATED RINGER’S solution.

3.2.3 Introduce the catheter so that the distal tip is just deep to the abdominal wall. Aspirate blood to confirm placement, then flush with 1-2 mL or NORMAL SALINE or LACTATED RINGER’S solution.

3.2.4 Connect IV administration set and infuse fluids and/or medications at the desired rate.

3.2.5 Stabilize and secure the catheter and IV tubing.

4. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
Mass Casualty Incident (Disaster)

OVERVIEW

1. Triage, or sorting of victims in a mass casualty incident, is performed several times by different people at different places. Each time victims are sorted, more sophisticated decisions can be made.

2. The major triage points are as follows:
   - Primary Triage — at position victim is found.
   - Secondary Triage — at treatment area on-site.
   - Tertiary Triage — at hospital door.

3. The treatment priorities of victims are:
   - First priority (RED) — Severe injuries with shock, needing stabilization and treatment as soon as possible.
   - Second priority (YELLOW) — Severe to moderate injuries requiring treatment soon, but shock not present.
   - Third priority (GREEN) — Injuries requiring minor treatment; these patients could ride to the hospital in a bus.
   - Zero priority (BLACK) — Obviously dead (dismembered, decomposed, etc.)

4. Each disaster scene presents its own unique hazards and difficulties. This plan is a general guide to the handling of mass casualty incidents. It should be understood that modifications will need to be made by command personnel on scene as such changes are needed.

DETAIL

1. PRIMARY TRIAGE

   This first step in sorting of victims is begun by the EMT(s) arriving in the first rescue unit(s). The actual number of EMTs assigned to this task will depend on the size of the incident; selection of the individuals to do this will be done by the senior EMT acting as Secondary Triage (see below). The purpose of this level of triage is two-fold:

   1.1 To prevent victims from dying of problems such as airway obstruction and/or hemorrhage.

   1.2 To assign priorities for evacuation of victims from the positions found to the treatment area.

REV. 8-1-95
2. SECONDARY TRIAGE

Victims should be evacuated from the primary site and be brought to the Secondary Triage position at the head of the treatment areas. Here, the Secondary Triage EMT briefly reevaluates the victims and assigns each to a treatment area; this triage may not agree with the tag color. One upper corner of the tag is also torn off and saved by the Secondary Triage EMT to help account for all the victims later.

A more advanced guide to victim severity is as follows:

0. Zero Priority (Black)

These victims have ceased both respirations and heartbeat and no EMT personnel are available to perform CPR without compromising the remainder of the victims.

1. First Priority (Red)
   Respiratory distress.
   Sucking and/or flail chest wounds.
   Severe maxillofacial wounds.
   Shock/severe bleeding.
   Severe burns greater than 20 percent.

2. Second Priority (Yellow)
   Abdominal injuries (without shock).
   Genitourinary injuries.
   Thoracic wounds without asphyxia.
   Head Injuries/Cervical Spine Injuries.
   Major fractures without shock.
   Burns less than 20 percent (critical locations).

3. Third Priority (Green)
   Soft tissue wounds.
   Extremity fractures and dislocations.
   Facial and eye injuries without airway difficulty.
   General burns under 20 percent.
   Psychological shock without agitation.

3. TRANSPORT TRIAGE

An individual should be appointed to this position by the Secondary Triage EMT if the scene is too large in scope for the Secondary Triage EMT to handle this function.
Medical Control at the Emergency Scene

1. Control of a medical emergency scene is the responsibility of the individual in attendance who is most appropriately trained and knowledgeable in providing prehospital emergency stabilization and transport.

2. If the patient's private physician is present and assumes responsibility for the patient's care:

   The EMT should defer to the orders of the private physician. Local medical control should be contacted. The EMT reverts to following prehospital protocols and on-line medical direction at any time when the patient's private physician is no longer in attendance.

3. If a physician is present who is not the patient's physician and on-line medical direction by radio contact cannot be established:

   An EMT on an emergency scene should relinquish responsibility for patient management when the physician has identified himself and has demonstrated his willingness to assume responsibility and document his intervention. When these conditions exist, the EMT should defer to the wishes of the physician on the scene. If the treatment at the emergency scene differs from that outlined in the prehospital protocols, the physician should agree in advance to accompany the patient to the hospital. However, in the event of a mass casualty incident or disaster, patient care needs may require the physician to remain at the scene.

4. If a physician is present who is not the patient's physician and on-line medical direction by radio contact does exist:

   The on-line physician is ultimately responsible. If there is any disagreement between the physician at the scene and the on-line physician, the EMT should take orders from the on-line physician and place the intervenor physician in radio contact with the on-line physician.

   The on-line physician has the option of managing the case entirely, working with the physician, or allowing him to assume responsibility.

5. Document all incident information by completing the RI EMS Ambulance Run Report.
Medical Control at the Emergency Scene

1. Control of a medical emergency scene is the responsibility of the individual in attendance who is most appropriately trained and knowledgeable in providing prehospital emergency stabilization and transport.

2. If the patient's private physician is present and assumes responsibility for the patient's care:

   The EMT should defer to the orders of the private physician. Local medical control should be contacted. The EMT reverts to following prehospital protocols and on-line medical direction at any time when the patient's private physician is no longer in attendance.

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   The on-line physician has the option of managing the case entirely, working with the physician, or allowing him to assume responsibility.

5. Document all incident information by completing the RI EMS Ambulance Run Report.
Nasogastric/Orogastric Tube [EMT-Ps only]

1. Indications:
   1.1 impaired consciousness
   1.2 poisoning/overdose
   1.3 respiratory and cardiorespiratory arrest
   1.4 as ordered by Medical Control.

2. Contraindications to use of nasogastric tube: significant trauma to the head or face; suspected basilar skull fracture.

3. Procedure:
   3.1 Lubricate the distal tip of an appropriately-sized nasogastric/orogastric tube.
   3.2 Coach conscious patients to swallow as the tube is advanced to the stomach.
   3.3 Verify placement by auscultating the epigastrium, while injecting 15–30 mL of air into the tube.
   3.4 Stabilize and secure the tube.
   3.5 Withdraw and save a sample of gastric aspirate for analysis.

4. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
Pleural Decompression \textit{[EMT-Ps only]}

1. Indication: pleural decompression may be performed with authorization from Medical Control, \textbf{and as a standing order if unable to contact Medical Control}, for a patient with a suspected tension pneumothorax.

2. Procedure for needle thoracostomy:

   2.1 Locate the appropriate site for decompressing the affected hemithorax:
       \hspace{1em} 2.1.1 the second or third intercostal space in the mid-clavicular line; or
       \hspace{1em} 2.1.2 the fourth or fifth intercostal space in the mid-axillary line

   2.2 Prepare the site with an antiseptic solution, using aseptic or sterile technique.

   2.3 Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.

   2.4 Stabilize the site. While applying gentle suction to the syringe, insert the needle over the superior border of the rib perpendicular to the chest wall, and puncture the skin.

   2.5 Advance the needle while applying gentle suction to the syringe. Confirm entry into the pleural space by aspirating air. Advance the catheter while withdrawing the needle.

   2.6 Confirm placement by observing clinical improvements.

   2.7 Fit a stopcock/syringe assembly or flutter valve to the hub of the catheter.

   2.8 Stabilize and secure the cannulating device.

3. Document the procedure (and attempts to perform the procedure) by completing the \textit{RI EMS Ambulance Run Report}. 
Pneumatic Anti-Shock Garment (PASG)

1. Indications for use of the PASG:
   1.1 Hypotension due to ruptured abdominal aortic aneurysm or similar abdominal hemorrhage
   1.2 Hypotension due to suspected pelvic fracture
   1.3 Anaphylactic shock
   1.4 Otherwise uncontrollable lower extremity hemorrhage
   1.5 Severe traumatic hypotension (shock) when the transportation time to a HOSPITAL EMERGENCY FACILITY is longer than five (5) minutes. For other patients, or in situations in which there is any cause for doubt, the EMT should contact Medical Control prior to inflation of the garment. Do not delay transport to apply the garment.

2. When used for shock, the garment should be inflated to produce a systolic blood pressure that exceeds the age-related hypotensive values shown in the table below:

<table>
<thead>
<tr>
<th>Age</th>
<th>Systolic BP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-School (1–6 years)</td>
<td>&lt;75</td>
</tr>
<tr>
<td>School Age (6–12 years)</td>
<td>&lt;85</td>
</tr>
<tr>
<td>Adolescent (12–16 years)</td>
<td>&lt;90</td>
</tr>
<tr>
<td>Adult (≥16 years)</td>
<td>&lt;90</td>
</tr>
</tbody>
</table>

   NOTE: absent radial pulse may indicate hypotension

3. In most circumstances, the Pneumatic Anti-Shock Garment should be deflated slowly and only with an order from Medical Control. Deflation should occur while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.
   3.1 If evidence of pulmonary edema develops after inflation, deflate the garment immediately without requesting Medical Control authorization.

4. Contraindications to use of the PASG:
   4.1 Adjunct to CPR
   4.2 Penetrating chest injury
   4.3 Pulmonary edema
   4.4 Isolated extremity injury or fracture without shock
   4.5 Acute myocardial infarction, cardiac tamponade or cardiogenic shock
   4.6 Pregnancy

5. In other situations, if use is considered, contact Medical Control.
6. Inflation Procedure:

6.1 Assess patient for shock and record sign/symptoms. If spinal injury is suspected, maintain spinal immobilization.

6.2 Determine the patient's blood pressure by palpation or auscultation.

6.3 Auscultate breath sounds.

6.4 Check patient for bulky/sharp objects in pockets or remove clothing from patient's abdomen and lower extremities.

6.5 Open trouser and arrange garment.

6.6 Apply garment:

6.6.1 Log roll patient, maintaining spinal immobilization.

6.6.2 Locate the superior edge of garment just below the lower margin of the ribs.

6.6.3 Attach the Velcro® straps with maximum contact, in order to fasten the garment securely.

6.6.4 Attach inflation pump lines to garment and open all in-line valves.

6.7 Inflate garment as follows:

6.7.1 When used as indicated, inflate all compartments simultaneously to produce a level of consciousness and/or vital signs that are within normal limits, as identified in the following table, or until fully inflated per garment specifications.

<table>
<thead>
<tr>
<th>Normal Vital Signs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
</tr>
<tr>
<td>Pre-School (1–6 years)</td>
</tr>
<tr>
<td>School Age (6–12 years)</td>
</tr>
<tr>
<td>Adolescent (12–16 years)</td>
</tr>
<tr>
<td>Adult (≥16 years)</td>
</tr>
</tbody>
</table>

NOTE: absent radial pulse may indicate hypotension

6.8 Close all in-line valves.

6.9 Frequently reassess and record blood pressure, pulse, breath sounds, respiratory rate, and patient's level of consciousness, while en route to a hospital emergency facility.

7. Deflation Procedure:

7.1 Assess and record patient's vital signs.

7.2 Slowly deflate the abdominal segment while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.

7.3 After abdominal deflation is achieved, gradually deflate both legs while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.

8. Document the procedure (and attempts to perform the procedure) by completing the RI EMS Ambulance Run Report.
### PREHOSPITAL STROKE SCALE

<table>
<thead>
<tr>
<th>ASSESSMENT</th>
<th>NORMAL FINDING(S)</th>
<th>ABNORMAL FINDING(S)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facial Droop (ask patient to smile or show teeth)</td>
<td>Both sides of the face move equally well.</td>
<td>One side of the face does not move as well as the other</td>
</tr>
<tr>
<td>Arm Drift (ask the patient to close eyes and hold arms straight out for 10 seconds)</td>
<td>Both arms move the same or both arms do not move at all.</td>
<td>One arm does not move or one arm drifts down.</td>
</tr>
<tr>
<td>Speech (ask the patient to say &quot;you can't teach an old dog new tricks&quot;)</td>
<td>Patient uses correct words with no slurring.</td>
<td>Patient slurs words, uses the wrong words, or is unable to speak.</td>
</tr>
<tr>
<td>Vision (ask the patient to read your name tag with one eye at a time)</td>
<td>Patient is able to read equally well with both eyes.</td>
<td>Patient is unable to read with one eye or it is blurry.</td>
</tr>
<tr>
<td>Coordination (ask the patient to place their index finger from their nose to the examiners finger, held at a distance of 12-18&quot;. Test one side, then the other)</td>
<td>Patient is able to complete the task as indicated</td>
<td>Patient is unable to complete the task as indicated.</td>
</tr>
</tbody>
</table>

Note: Abnormality in any one assessment area is strongly suggestive of stroke.

Some patients with stroke symptoms may benefit from medications administered at the hospital within a few hours of symptom onset.

### Recognition:

- **Unilateral paralysis:** Weakness, clumsiness or heaviness, usually involving one side of the body.
- **Unilateral numbness:** Sensory loss, tingling or abnormal sensation, usually involving one side of the body.
- **Language Disturbance:** Trouble understanding or speaking (aphasia) or slurred speech (dysarthria).
- **Monocular blindness:** Painless visual loss in one eye often described as a curtain dropping.
- **Vertigo:** Sense of spinning or whirling that persists at rest.
- **Ataxia:** Poor balance, stumbling gait, staggering, or incoordination of one side of the body.
Telephone Reference

AIR AMBULANCE (Helicopter)

<table>
<thead>
<tr>
<th>Air Ambulance Service</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life Flight UMASS-Memorial (Worcester, Massachusetts)</td>
<td>1-800-343-4354</td>
</tr>
<tr>
<td>Life Star (Hartford and Norwich, Connecticut)</td>
<td>1-800-221-2569</td>
</tr>
<tr>
<td>Med Flight (Bedford and Plymouth, Massachusetts)</td>
<td>1-800-233-8998</td>
</tr>
</tbody>
</table>

HOSPITAL EMERGENCY DEPARTMENTS

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>NOTIFICATION</th>
<th>MEDICAL CONTROL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butler Hospital</td>
<td>401-455-6215</td>
<td>-N/A-</td>
</tr>
<tr>
<td>Hasbro Children’s Hospital</td>
<td>401-444-6874</td>
<td>401-444-6874</td>
</tr>
<tr>
<td>Kent County Memorial Hospital</td>
<td>401-736-4288</td>
<td>401-737-3320</td>
</tr>
<tr>
<td>Landmark Medical Center - Woonsocket</td>
<td>401-769-1125</td>
<td>401-769-1125</td>
</tr>
<tr>
<td>Memorial Hospital</td>
<td>401-729-2191</td>
<td>401-729-2191</td>
</tr>
<tr>
<td>Miriam Hospital</td>
<td>401-413-8267</td>
<td>401-274-3333</td>
</tr>
<tr>
<td></td>
<td>401-793-3333 (backup)</td>
<td></td>
</tr>
<tr>
<td>Newport Hospital</td>
<td>401-845-1120</td>
<td>401-845-1211</td>
</tr>
<tr>
<td>Rhode Island Hospital</td>
<td>401-444-4220</td>
<td>401-444-5731</td>
</tr>
<tr>
<td>Roger Williams Medical Center</td>
<td>401-456-2132</td>
<td>401-456-2132</td>
</tr>
<tr>
<td>St. Joseph Hospital – Fatima Unit</td>
<td>401-456-3418</td>
<td>401-456-3402</td>
</tr>
<tr>
<td>South County Hospital</td>
<td>401-782-8010</td>
<td>401-782-8010</td>
</tr>
<tr>
<td>Veteran’s Administration Hospital</td>
<td>401-457-3050</td>
<td>401-457-3050</td>
</tr>
<tr>
<td>Westerly Hospital</td>
<td>401-348-3325</td>
<td>401-348-3325</td>
</tr>
<tr>
<td>Women &amp; Infants Hospital</td>
<td>401-453-7605</td>
<td>401-453-7605</td>
</tr>
</tbody>
</table>

OTHER AGENCIES

- Diver’s Alert Network (D·A·N) 919-684-8111
  Emergency Number 919-684-2948
- Regional Center for Poison Control & Prevention (Boston) 800-222-1222
- Rape Crisis Center 401-421-4100 (24 hours)
- Rhode Island Critical Incident Stress Management Team 401-763-2778 (pager)
- Rhode Island Department of Health 401-222-2231
  Division of Emergency Medical Services 401-222-2401
  After hours, weekends, and holidays 401-272-5952
- Rhode Island Emergency Management Agency 401-946-9996 (24 hours)
- Rhode Island Medical Examiner’s Office 401-222-5500 (8:30 – 4:30)
  After hours, weekends, and holidays 401-222-2948
- Rhode Island State Police 401-444-1111 (24 hours)
- US Naval Ambulatory Care Center – Newport 401-841-3771
- US Coast Guard-SAR (Castle Hill) 401-846-3675
  SAR (Pt. Judith) 401-789-0444
Telephone Reference

RHODE ISLAND MUTUAL AID PLAN
REGIONAL CONTROL CENTERS
POC

NORTHERN CONTROL
Smithfield Fire Department
401-949-1233
Alt: N. Smithfield Fire Department
401-762-1414

SOUTHERN CONTROL
Exeter Emergency Dispatch
401-294-2233
Alt: Westerly Emergency Dispatch
401-539-2211

METRO CONTROL
Cranston Fire Department
401-461-5000
Alt: Providence Fire Department
401-274-3344
2nd Alt: Warwick Fire Department
401-468-4005

EAST BAY CONTROL
Portsmouth Fire Department
401-683-1155
Alt: Newport Fire Department
401-846-2211
## Revised Trauma Score (Adult)

<table>
<thead>
<tr>
<th>Component</th>
<th>Method</th>
<th>Values</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Respiratory Rate</strong></td>
<td>Count respirations in 15 seconds, then multiply by 4.</td>
<td>10–24  = 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>25–35  = 3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>≥36    = 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1–9    = 1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>none   = 0</td>
<td></td>
</tr>
<tr>
<td><strong>Systolic Blood Pressure</strong></td>
<td>Measure systolic BP with stethoscope or by palpation.</td>
<td>≥90    = 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>70–89  = 3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>50–69  = 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1–49   = 1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>no pulse = 0</td>
<td></td>
</tr>
</tbody>
</table>

### Glasgow Coma Scale

Obtain sub-scores for each assessment (Eyes, Verbal, Motor). Total these sub-scores, then convert the sum as indicated.

**EYES**

4. Eyes open spontaneously during initial assessment.
3. Eyes open to verbal command or speech.
2. Eyes open only to painful stimulus.
1. Eyes do not open during initial evaluation period.

**VERBAL**

5. Patient is oriented to person, place, time; converses.
4. Patient converses, but is disoriented or confused.
3. Patient is disoriented; speech clear, but inappropriate.
2. Speech is garbled. Includes grunting or moaning.
1. No verbal responses to any stimulation.

**MOTOR**

6. Obey verbal commands by moving extremities or facial muscles (if C-spine injuries).
5. Can localize a painful stimulus by moving an extremity to an injured area in a purposeful manner.
4. Withdraws an extremity from painful stimulus, but unable to localize/prevent recurring pain.
3. Abnormal flexor response to painful stimulus, ie: decorticate (flexion) posturing.
2. Abnormal extensor response to painful stimulus, ie: decerebrate (extension) posturing.
1. No response, no motion to any painful stimulus.

### Conversion

<table>
<thead>
<tr>
<th>Sum</th>
<th>Conversion</th>
</tr>
</thead>
<tbody>
<tr>
<td>13–15</td>
<td>= 4</td>
</tr>
<tr>
<td>9–12</td>
<td>= 3</td>
</tr>
<tr>
<td>6–8</td>
<td>= 2</td>
</tr>
<tr>
<td>4–5</td>
<td>= 1</td>
</tr>
<tr>
<td>&lt;4</td>
<td>= 0</td>
</tr>
</tbody>
</table>

**Converted Score**

### Revised Trauma Score:

Sum of RR + BP + converted Glasgow Coma scores
## Trauma Score (Pediatric)

<table>
<thead>
<tr>
<th>Component</th>
<th>+2 points</th>
<th>+ 1 point</th>
<th>- 1 point</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight</td>
<td>&gt;20 kg</td>
<td>10–20 kg</td>
<td>&lt;10 kg</td>
<td></td>
</tr>
<tr>
<td>Airway</td>
<td>open/no assist</td>
<td>assist needed</td>
<td>intubated</td>
<td></td>
</tr>
<tr>
<td>Systolic BP</td>
<td>&gt;90 mm Hg (+ radial pulse)</td>
<td>50–90 mm Hg (+ femoral/carotid)</td>
<td>&lt;50 mm Hg (no palpable pulse)</td>
<td></td>
</tr>
<tr>
<td>Consciousness</td>
<td>awake, alert</td>
<td>obtunded</td>
<td>unresponsive</td>
<td></td>
</tr>
<tr>
<td>Fractures</td>
<td>none</td>
<td>closed fracture</td>
<td>multiple or open</td>
<td></td>
</tr>
<tr>
<td>Wounds</td>
<td>none</td>
<td>minor wounds</td>
<td>major/penetrating</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL:**
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Management of Patient Subdued by Taser®

Introduction

State and local police departments may use a conductive energy weapon called a Taser®. The Taser is designed to restrain violent/potentially violent individuals when alternative restraint tactics have failed or are reasonably likely to fail and/or where it would be unsafe for law enforcement officers to approach a subject to apply restraints. When used, the Taser® discharges a thin, insulated, high-voltage wire(s), that at the distal end contains arrow-like barbed projectiles (probes) that penetrate the subject’s skin and embed themselves, resulting in a short incapacitating electric shock to be administered. Depending on the agency, law enforcement officers may initiate an EMS response when the device is discharged on a suspect.

ALL EMTS:

1. Ensure the officer has disconnected the wires from the hand held unit before contact with patient.

2. Confer with the officer and determine the patient’s condition prior to the Taser’s deployment. Further, determine the patient’s condition from the time of the Taser discharge until EMS arrival. Any report of extreme irrational behavior prior to the tasing is significant, regardless of the patient’s current presentation.


   3.1 “Tased” patients may fall without the ability to protect themselves. Beware of head, neck and musculoskeletal injuries. Consider immobilization with cervical collar and spine board.

   3.2 Consider that children may be more susceptible to nerve or muscle damage from a Taser® due to their smaller size.

   3.3 Consider the potential for fetal trauma if the patient is pregnant.

4. Obtain history from the patient including the date of last tetanus shot and any cardiac history.

5. Identify location of probes on the patient’s body.

6. Cut the wires no closer than 12” from the patient.

7. Do not remove the probes from the patient’s body. Consider the probe an impaled object that should be left in place. Pad and secure as needed.

8. Probes that have been removed should be handled and disposed of like contaminated sharps in a designated sharp container.

9. Clean puncture sites and bandage.
10. Follow all appropriate RI EMS Prehospital Care Protocols and Standing Orders to identify and treat life-threatening and critical conditions.

11. Contact Medical Control.

12. Transport the patient without delay to a HOSPITAL EMERGENCY FACILITY.


**ALS PERSONNEL:**

14. Place the patient on a cardiac monitor. Observe and record the initial ECG rhythm, and any rhythm changes. Attach a copy of the initial rhythm strip to the hospital copy of the RI EMS Ambulance Run Report.

15. Start an IV access device or at least one IV of Normal Saline or Lactated Ringer’s solution to run at KVO rate (~20ml):

15.1 If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a HOSPITAL EMERGENCY FACILITY. Any further attempt at IV placement must occur en route.

16. If there is evidence of shock, follow the Shock Protocol.

17. Consider pain management if necessary and appropriate following the Pain Management and Sedation Protocol.

**MISCELLANEOUS INFORMATION:**

18. Electrical outputs of the Taser® fall within safe levels defined by international standards. There is no increased risk to patients with either pacemakers or implantable defibrillators.

19. The Taser® has the ability to ignite flammable liquids or vapors. Beware of environments where flammables are obviously present.